

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
CALIFORNIA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1-800-524-4765 Domestic Violence Statewide Toll Free Hotline.</p>	<p>California Partnership to End Domestic Violence</p>	<p>www.cpedv.org info@cpedv.org</p>
Statewide	<p>Network of Care. The Network of Care is a website resource for individuals and agencies concerned with behavioral health. It provides information about behavioral health, services, laws and related news, as well as communication tools and other features.</p>	<p>Network of Care 1101 Fifth Avenue Suite 250 San Rafael CA 94901 415-458-5900 nocinformation@networkofcare.org</p>	<p>www.networkofcare.org</p>
Agoura Hills	<p>ASTA- Adult Survivors of Trauma Anonymous. Meetings will be held on Tuesdays 5pm to 6pm. This is a 12 Step based group for trauma survivors - Of all types of trauma. We started this group after the Las Vegas Tragedy and wanted to do something for people suffering from trauma. We are fellow travelers that are working the Steps to help find a spiritual solution to our various traumas including: abuse, violence, sexual abuse, rape, emotional trauma and the group is open to all family members affected by a loved ones trauma's. For further details call Matt on 323-875-3592 cell. Or email at address given.</p>	<p>ASTA- Adult Survivors of Trauma Anonymous. 28720 Roadside Drive Suite 200 Agoura Hills CA91301 Matt@AwakeningsTreatment.com</p>	<p>www.awakeningstreatment.com/</p>

Albany	<p>Phase 1 - Thrivers Women's Support Group for Trauma. We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings and somatic experiences. Sessions last 90 mins with an 8 week or 12 week commitment. For further details Call Laine Demtria 415-705-0776 or emai lainedemtria@gmail.com</p>	<p>Laine Demetria 1398 Solano Ave Albany CA 94706 415-705-0776 Office</p>	<p>www.mindbodymend.net/ lainedemtria@gmail.com</p>
Albany	<p>Phase 2 - Thrivers Women's Support Group for Trauma. We empower ourselves to address negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Sessions last 90 minutes with an 8 or 12 week commitment. For further details call Laine Demtria on 415-705-0776 or email Laine at lainedemtria@gmail.com</p>	<p>Laine Demetria 1398 Solano Ave Albany CA 94706 415-705-0776 Office</p>	<p>www.mindbodymend.net/ lainedemtria@gmail.com</p>
Alturas	<p>530-233-3311 Victim witness 530-233-3357 Child Abuse Our program services are provided FREE of charge and there is no legal citizenship requirement to receive assistance. We offer counseling referrals, court escort and court support.</p>	<p>Modoc County Distric Attorney Victim Services 204 S. Court Street Alturas CA 96101</p>	<p>www.co.modoc.ca.us victimservices@co.modoc.ca.us</p>
Alturas	<p>Hotlines 530-291-2156 Or 1-800-291-2156 We were formed in 1979 and are the only broad-based, multi funded non-profit in Modoc County. We offer domestic violence shelter and sexual assault victim services.</p>	<p>T.E.A.C.H. Modoc County Crisis Center 112 East Second Street Alturas CA 96101 530-233-4575 Office www.facebook.com/ModocCrisisCenter</p>	<p>www.teachinc.org info@teachinc.org</p>
Angels Camp	<p>Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling.</p>	<p>The Resource Connection Angels Camp CA 95222 209-736-2470 Office</p>	<p>www.trcac.org</p>
Antioch	<p>Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center</p>	<p>Community Violence Solutions Antioch CA 94509 925-706-4290 Office</p>	<p>www.cvsolutions.org admin@cvsolutions.org</p>

Anti trafficking project

Artesia	Hotline 562-402-4888 Our outreach center serves men, women, teens and children who are victims of domestic violence. We offer group and individual counseling, legal advocacy, court preparation and accompaniment.	Su Casa Family Crisis and Support Center PO Box 998 Artesia CA 90702 562-402-7081 Office	www.sucasadv.org/ info@sucasadv.org
Auburn	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups.	Peace for Families 11985 Heritage Oaks Suite 200 Auburn CA 95603 530-885-0443 Office	www.standupplacer.org/
Auburn	Hotline 916-543-2505 Our program of services are provided FREE of charge and there is no legal citizenship requirement to receive our assistance. Counseling referrals Court escort, preparation and support.	Placer County District Attorney Victim Services 11562 B Avenue Auburn CA 95603 530-998-7021 Office	www.placer.ca.gov Click Departments then District Attorney
Bakersfield	Hotline 661-372-1091 or 800-273-7713 toll free 24 hour crisis intervention Domestic abuse response team Sexual assault response team Domestic violence emergency shelter Individual counseling for adults and children Bilingual peer counseling groups	Alliance Against Family Violence and Sexual Assault 1921 19th Street Bakersfield CA 93301 661-322-0931 Office	www.kernalliance.org/ info@kernalliance.org
Bakersfield	Provides one on one assistance to unrepresented parties in child and spousal support cases.	Family Law Facilitator for Kern County 1215 Truxton Avenue 1st Floor Bakersfield CA 93301 661-868-4815 Office	www.kern.courts.ca.gov/divisions/family_law/contact_information
Barstow	Our staff offer crime related court accompaniment, counseling referrals, We can also arrange temporary shelter and transportation to the shelter.	Victim / Witness Services. 235 East Mountain View Barstow CA 92311 760-265-4802 Office	www.sbcountyda.org/HelpingVictims/ServicesForVictimsAndWitnesses.aspx
Berkeley	Male Survivors Support Group This is a 12 week group with the option to continue longer term Contact Bill Burmester for details Meets Wednesdays 7 pm	Bill Burmester Berkeley California 510-644-0419 Office	bburm6@gmail.com www.billburmester.com/Home.html

Cost \$ 40 per session

Beverly Hills	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 3 - 4.30 pm Contact Michelle	Survivors of Incest Anonymous Beverly Hills California 310-281-9730	www.slawso.org BevHillsSIA@gmail.com
Big Bear Lake	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley 41943 Big Bear Blvd Big Bear Lake CA 92315 909-866-1546 Office www.facebook.com/DOVES4HELP/	info@doves4help.org
Bishop	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available	Wild Iris 386 W Line Street Bishop CA 93514 760-873-6601 office	www.wild-iris.org/ wildiris@wild-iris.org
Bridgeport	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available.	Wild Iris 1000 Twin lakes Road Bridgeport CA 93517 760-934-2491 office	www.wild-iris.org/ wildiris@wild-iris.org
Burbank	The Lamplighters Movement provide support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.	The Lamplighters Movement Burbank California margie@thelamplighters.org	www.thelamplighters.org
Burlingame	Hotline 1-800-300-1080 We are San Mateo County's only provider of comprehensive domestic violence services. To access our services please call our 24 hour hotline 1-800-300-1080.	Community Overcoming Relationship Abuse PO Box 4245 Burlingame CA 94011 650-652-0800 Office.	www.corasupport.org info@corasupport.org
Burlingame	Hotline 650-692-RAPE (7273) 24/7 free crisis hotline Crisis and long term counseling Adolescents group for those sexually abuse as children Women's groups for survivors of sexual abuse in childhood	Rape Trauma Services 1860 El Camino Real Suit 406 Burlingame CA 94010 650-652-0598 Office	www.rapetraumaservices.org info@rapetraumaservices.org

Mandarin and Spanish spoken

Cabazon	The Lamplighters Movement provide support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.	The Lamplighters Movement Cabazon California margie@thelamplighters.org	www.thelamplighters.org
Camarillo	Adults Molested as Children a 12 week group that addresses the experience and resulting issues of childhood molestation and in a gentle and supportive way help facilitate closure and healing. Each 12 week group is closed but new ones are forming	Julie A Cast Camarillo CA 93010 805-214-8932 Office	www.juliecast.net/
Camarillo	Hotlines 1-800-339-9597 Or 1-800-636-6738 We provide a comprehensive family violence program that aims to prevent, interrupt and end the cycle of violence within the family. Emergency shelter Safe Journey transitional shelter Weekly support groups for victims of domestic violence. For more details call 1-800-636-6738.	Interface Children and Family Services 1305 Del Norte Road Suite 130 Camarillo CA 93010 805-485-6114 Office	www.icfs.org esternad@icfs.org
Canoga Park	Hotline 818-877-6589 Providing safety and support to victims of domestic violence while working to break the cycle of abuse. Counseling groups Individual and group support Drop in clinic Mon - Fri at 10 am Our groups meet both day & night Spanish and English groups Special Survivors group is on going.	Haven Hills Inc PO Box 260 Canoga Park CA 91305 818-887-7481 Office www.facebook.com/HavenHills/	safe@havenhills.org
Carlsbad	Trauma Support Group Dr McAlister has created this group specifically for those afflicted with previous trauma experiences. Specifically focused on childhood sexual, emotional and physical abuse Meets Forth Sat 11 - 12.30 \$20-\$40 some insurance accepted	Dr Robert W McAlister Carlsbad CA 92008 760-684-8836 Office	www.drboobmac.com
Chico	Hotline 1-800-895-8476 We are a non profit organization committed to serving the needs of all victims of domestic violence. Emergency shelter Domestic Violence Response Prog Legal advocacy services Drop-in service (1-800-895-8476) Education and prevention program	Catalyst Domestic Violence Services PO Box 4184 Chico CA 95927 530-343-7711 Office	www.catalystdvservices.org catalyst@catalystdvservices.org

Individual and group counseling available by appointment in Chico, Oroville and Paradise

Chico	Hotline 530-324-RAPE (7273) Child assault prevention Program Workshops surrounding sexual assault and incest Child safety outreach program Serving Butte, Glenn and Tehama Counties.	Rape Crisis Intervention and Prevention PO Box 423 Chico CA 95927 530-891-1331 Office	www.rapecrisis.org info@rapecrisis.org
Chula Vista	Sexual Abuse Survivors Group for Teens A brand new group for teenagers who have been sexually abused Meet on Thursday Cost \$30 - \$40	Lori Linn Pele Chula Vista CA 91914 619-324-3659 Office Lori@eastlakefamilycounseling.com www.eastlakefamilycounseling.com	
Chula Vista	Healing from Within-Adult Survivor Group For adults who were sexually abused as children. Group will run for 10 weeks Cost \$30 - \$40	Lori Linn Pele Chula Vista CA 91914 619-324-3659 Office Lori@eastlakefamilycounseling.com www.eastlakefamilycounseling.com	
Chula Vista	Hotline 1-800-640-2933 We provide shelter, housing and support for victims of family violence Domestic Violence Response Team Counseling for victims and children exposed to violence.	South Bay Community Services Chula Vista CA 91911 619-420-3620 Office www.facebook.com/SouthBayCommunityServices.org/	ejohnson@csbcs.org
Claremont	Hotline 909-988-5559 We advocate for and assist women and children victimized by domestic violence in transforming their lives by providing culturally competent shelter, programs, education and opportunities. Community services include, legal advocacy and career counseling and individual and group counseling for victims of domestic violence.	House of Ruth PO Box 459 Claremont CA 91711 909-623-4364 Office	www.houseofruthinc.org
Coalinga	Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-934-0915	Resource Center for Survivors of Sexual Assault 143 N 5th Street Coalinga CA 93210 559-934-0915 Office	
Compton	Hotline 1-877-943-5778 We honor survivors who have broken their silence and support victims who have yet to find their voice.	YWCA of Greater LA Sexual Assault Crisis Program Compton CA 90221 877-943-5778 Office / Hotline	

Crisis intervention www.ywcagla.org/sexual-assault/
Accompaniment to hospital, law enforcement agencies and at court.
Individual and group counseling
Healing Art Services
Services are offered FREE of charge

Concord Hotline 1-888-215-5555 STAND! Against Violence www.standagainstdv.org
We provide 24 hour help and peer support by telephone seven days a week. 1410 Danzig Plaza info@standffov.org
County wide support groups visit our web site for more details Suite 100
Concord
CA 94520
925-676-2845 Office

Copperopolis Hotline 209-736-4011 or 209-754-4011 The Resource Connection www.trcac.org
Services for survivors/victims of domestic violence, sexual assault CA 95228 info@trcac.org
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling
209-785-3738 Office

Corona Male Survivors of Sexual Abuse Alan Wager LMFT lawagermft@gmail.com
Open group will offer support to men sexually abused as children Corona CA 92882
Cost up to \$40 951-427-6001 Office
www.facebook.com/AlanWagerTherapy/

Crescent City Hotline 707-465-2851 North Coast Rape Crisis Team www.ncrct.org/
Crescent City CA 95531
707-465-6961 Office

Crescent City Hotline 707-465-3013 Rural Human Services www.ruralhumanservices.org
Harrington House shelter 286 M Street rhswfc@gmail.com
Legal advocacy Crescent City CA 95531
Advocacy through legal, medical and social service system 707-464-7441 Office
Individual and group counseling
Support groups through the week

Crestline Hotline 1-800-851-7601 DOVES of Big Bear Valley www.doves4help.org/
We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.
Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups
Plus outreach services.
Crestline CA 02325
909-337-5300 Office

Culver City Adult Children of Alcoholics / Dysfunctional Families (ACA). SoCal ACA www.SoCalACA.org
Intergroup meets First Sunday of each month at 8pm. Please see 6666 Green Valley Circle
Culver City CA 90230

website for further details.

LosAngelesACAIntergroup@gmail.com

Culver City

Male Survivor Support Group
A peer to peer support group for men 18+ who have been sexually abused. The meeting follows a structured format, not a 12 step. Being part of a group of men who are in recovery reinforces that we are not alone.
Meets 1st & 4rd Sundays 4-6pm
Cost Optional donation.

Culver City
California
323-250-6116 Office
www.malesurvivor.org/support-groups/

Davis

Childhood Sexual Abuse
Psychotherapy Group
This women's supportive group is also open to survivors with a diagnosis of Dissociative Identity Disorder. There is an 8 week commitment and size is limited to 6 women.
Cost \$40

Dr Jan Chess
Davis
CA 95616
530-645-3796 Office

www.janchessmft.com
janchess@janchessmft.com

Davis

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meets on Sunday

Survivors of Incest Anonymous
Davis
California
530-304-2576 Office
www.siawso.org/Sys/PublicProfile/39268/7166

www.siawso.org
andrear500@gmail.com

Downey

Hotline 323-780-4357
Making the choice to enter a shelter is not easy. If you are unsure about your options, please contact the Hotline 323-780-4357
Individual and group counseling for residence of our shelter.

Angel Step Inn Domestic
Violence Emergency Shelter
11500 Paramount Blvd
Downey
CA 90241
323-780-4357 Office / Hotline

www.angelstepinn.org

El Cajon

Hotline 619-444-1194
Crisis information and referrals
Emergency shelter
Legal help and advice
Mobile medical unit visits Mondays from 9am - noon.

Crisis House Family Shelter
El Cajon
CA 92020
619-444-9926 Office

www.crisishouse.org

El Centro

Hotline 760-352-7873 crisis line or 760-352-7273 SA line
24 Hour advocate support
Intervention and advocacy
Prevention & education workshop

Sure Helpline Crisis Center
210 Wake Avenue
Suite B
El Centro
CA 92243
760 352 7878 Office
info@SureHelplineCrisisCenter.org

www.surehelplinecrisiscenter.org

El Centro

Hotline 760-353-8530
Our mission is to promote and provide a comprehensive response to domestic violence, stalking and human trafficking through outreach and education within the community

Woman Haven, Inc
El Centro
CA 92243
760-353-6922 Office

www.womanhaven.org
info@womanhaven.org

Emergency shelter for women and children, men have separate house. Legal services and assistance.

El Monte	626-455-0026 Office Hours Emergency and transition shelters Serving those fleeing from family violence in the communities of El Monte, Baldwin Park and South El Monte. www.homelessshelterdirectory.org/cgi-bin/id/city.cgi?city=El%20Monte&state=CA	Pathways Domestic Violence Shelter El Monte CA 91731 626-455-0026 Office / Hotline
Encinitas	Hotline 877-633-1112 "Carol's House" domestic violence emergency shelter for those fleeing any form of family violence Individual and group counseling FREE to residents of the shelter and open to the community on a sliding fee scale.	Community Resource Center Encinitas CA 92024 760-753-1156 Office www.communityresourcecenter.org info@crcncc.org
Escondido	Hotline 1-888-385-4657 Emergency shelter available Domestic violence advocacy Sexual assault advocacy FREE legal services We specialize in psychotherapy to address sexual assault and sexual abuse issues, fees are on sliding scale. Day and evening sessions of group or individual therapy at Pacific Beach, Escondido and La Mesa. Call 1-888-385-4657 for more details or to make an appointment.	Center for Community Solutions 106 Grape Street Escondido CA 92025 760-747-6282 Office. www.ccssd.org
Eureka	We are a lead agency for the Family Violence Project which offers a comprehensive program serving families involved in domestic violence Weekly support and therapy groups Mens education groups There is a low cost for groups, along with a \$65 assesment fee.	Humboldt Family Violence Project 1802 California Street Eureka CA 95501 707-443-7358 Office www.humboldtfamilysevice.org/family-violence-project.html
Eureka	TollFree Crisis Line 866-668-6543 24 Hr Crisis Line 707-443-6042 We have been serving the North coast for over 30 years. Our mission is to create an environment that supports individuals safely and breaks the cycle of violence. We provide a crisis support line open 24 hours where you will be put in touch with a trained crisis worker. We will listen, we will not judge, we will provide you with information and we can meet you at a doctor's office, a clinic or a hospital. We provide emergency shelter for clients and	Humboldt Domestic Violence Services PO Box 969 Eureka CA TollFree 866-668-6543 24 Hr Line 707-443-6042 www.facebook.com/HumboldtDVS/ dvservices@hdvs.org

their children. Please see our web site link.

Eureka	Hotline 707-445-2881 Humboldt Hotline 707-465-2851 Del Norte Immediate support services to child/adult survivors of all genders of sexual assault. Individual counseling Support groups for adult survivors of sexual assault.	North Coast Rape Crisis Team Eureka CA 95502 707-443-2737 Office	www.ncrct.org/
Fairfield	Hotline 1-866-487-7233 Emergency shelter Domestic violence programs Sexual assault programs Group counseling Support groups	Safequest Solano Fairfield 707-422-7345 Office www.facebook.com/SafeQuestSolano/	
Fairfield-Suisun	Fairfield Support Group for Survivors of Sexual Assault Walk-ins welcome Not a 12 step Meets every Tuesday 10 - 11.30 am For more details contact Dolly on 422-7345	Sexual Assault Survivors Support Group Fairfield-Suisun California 422-7345	
Firebaugh	Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-659-0232	Resource Center for Survivors of Sexual Assault 838 "O" Street Firebaugh CA 93622 559-659-0232 Office	www.rcsfresno.org/
Fort Bragg	Hotline 463-HELP (4357) Inland or 964-HELP for coastal region Help and planning for leaving an abusive relationship.	Project Sanctuary 461 N Franklin Fort Bragg CA 95437 707-961-1507 Office	www.projectsanctuary.org info@projectsanctuary.org
Fremont	Hotline 510-794-6055 SAVE helps anyone who is, or has been in an abusive intimate partner relationship recently or in the past. Emergency and longer term shelter Court accompaniment Individual counseling Drop-in support groups, SAVE offer free and confidential groups Tuesdays & Thursday 7 - 9 pm Fridays at 9.15 - 11 am. For more details call 510-574-2250.	Shelter Against Violent Environments (S.A.V.E.) 1900 Mowry Avenue Fremont CA 94538 510-574-2250 Office	www.save-dv.org info@save-dv.org
French Camp	Our air is to show the women and children of our shelter that forgiveness and the love of Jesus Christ will foster good decision	Haven of Peace Shelter for Women and Children French Camp CA 95231	

making and healthy living.
Domestic and sexual abuse support referrals.

209-982-0396 Office
www.facebook.com/havenofpeace/

Fresno	Hotline 1-800-355-8989 Services for victims of sexual assault and domestic violence Shelter for battered women Advocacy and support Historic sexual assault services All services are free of charge	Community Action Partnership of Madera County CAPMC 4610 W. Jacqueline Avenue Suite 101 Fresno CA 93722 559-276-5831 Office	www.maderacap.org
Fresno	Hotline 1-800-640-0333 Marjaree Mason has worked since 1979 to provide safe and supportive environments for individuals who are exposed to family violence. Emergency shelter Legal advice and assistance Court accompaniment & advocacy 12 Week therapy groups Women's DV support groups: Wednesdays 10-11.30am Spanish Thursdays 6 - 7.30pm in English these support groups are open to the community. For more details call 559-237-4704.	Marjaree Mason Center, Inc 1600 M Street Fresno CA 93721 559-237-4706 Office	www.mmcenter.org mmc@mmcenter.org
Fresno	Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-497-2900.	Resource Center for Survivors of Sexual Assault 259 N Blackstone Avenue Fresno CA 93701 559-497-2900 Office	www.rcsfresno.com mjewell@rcsfresno.org
Gardena	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth educaion & outreach Domestic and sexual violence education programs All services are free of charge.	Center for the Pacific Asian Family Gardena CA 90249 323-653-4045 Office	www.nurturingchange.org
Garden Grove	This group is a safe place to talk confidentially about being abused	Orange County Male Survivors of Sexual Abuse Garden Grove CA	www.meetup.com/OCMales/
Gilroy	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults.	Community Solutions 9015 Murray Avenue Gilroy CA 95020 408-842-7138 Office	www.communitysolutions.org cs@communitysolutions.org
Glendale	Grief Recovery Workshops "There are 3 needs of the griever:	Grief Recovery Workshops Rubi Zuniga	www.freedomfromgrief.com rzunigahz@gmail.com

To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
300 Vallejo Drive
Glendale
CA
323-513-5060

There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken Meets Thursdays 7.30 - 9.30 Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist

Glendale

Hotline 1-888-999-7511
We offer counseling, community referrals, support groups and an emergency shelter through our Domestic Violence Program.

YWCA - Domestic Violence Program
735 East Lexington Drive
Glendale
CA 91206
818-242-1106 Office

www.glendaleywca.org/programs/domestic-violence-program/

Grass Valley

Hotline 530-272-3467
24/7 365 Day crisis line
Shelter and safe housing
Sexual assault response team
Legal and advocacy services
Bilingual womans support group
Women's domestic violence group wed 1-2pm
Free adults molested as children group for men and women wed 6 - 7.30pm
Walk in support group for women Tue 11-12.30, Thur 5.30- 7pm
Contact office for more info

Domestic Violence & Sexual Assault Coalition DVSA
PO Box 484
Grass Valley
CA 95945
530-272-2046 Office

www.dvsac.org
info@dvsac.org

Hanford

Hotline 1-877-727-3225
Trained peer counselors are available 24/7 to provide support and guidance for men, women, children and teenagers.
Emergency shelter
Court room accompaniment
Legal advocacy program
Rape / sexual assault counseling by a professional licensed therapist
Sexual Assault Forensic Examiners

Kings Community Action Org.
1130 N. 11th Avenue
Hanford
CA 93230
559-582-4386 Office

www.facebook.com/Kings-Community-Action-Organization-346984201996469/

Hemet

Hotline 866-373-8300
We are a non profit community based agency striving to provide intervention and counseling services for survivors of sexual assault

Center Against Sexual Assault
Hemet
CA 92546
951-652-8300 Office

www.swcasa.org
info@swcasa.org

Emergency shelter
Individual counseling
Support groups

Hermosa Beach

Psychotherapy provides you an opportunity to share your thoughts and feelings with someone you trust in order to make progress and find change in your life. A large part of psychotherapy is simply the relationship you build with your therapist and how safe you feel to truly discuss important aspects of your life. The relationship should be collaborative, supportive, yet also challenging and helpful for you in order to create change and move forward with goals you have set for yourself. Please take a moment to look around the website and read more about our professional backgrounds and the group practice so that you may see whether one of our therapists might be the right fit for you. Feel free to call or email with any questions you might have or to set up a consultation appointment by phone or in person.

Beach Cities Psychological Services
934 Hermosa Avenue
Suite 11
Hermosa Beach
CA 90254
310-957-2122 Office

www.beachcitiespsych.com
info@beachcitiespsych.com

Hollister

Hotline 1-877-363-7238
For sexual assault and domestic violence victims
Programs for children & adults

Community Solutions
310 Fourth Street
105
Hollister
CA 95023
831-637-1094 Office

www.communitysolutions.org
cs@communitysolutions.org

Huntington Beach

Men Molested as Children
This therapy group is an adjunct to individual therapy for issues stemming from childhood sexual abuse. Members have not abused a child themselves. Both straight and gay men are welcome
Every Tuesday 5.30 - 7 pm
Cost \$50 - \$70

Dr Lee Blackwell
Huntington Beach
CA 92647
714-584-4901 Office

www.drblackwell.net
lee@drblackwell.net

Irvine

Hotline 1-877-854-3594
We listen to our clients and find out exactly what they need to become free from domestic violence. Emergency shelter, men have a separate shelter. Counseling and support groups for women after they have graduated from our emergency shelter.
Walk-in service available but we recommend calling before attending counseling or the legal clinic.

Human Options Inc
PO Box 53745
Irvine
CA 92201
949-373-5242 Office

www.humanoptions.org
info@humanoptions.org

Jackson

Hotline 209-223-2600

Operation Care

www.operationcare.org

or 800-675-3392
Help finding emergency shelter
Individual / group counseling for
survivors of sexual assault or
domestic violence

619 New York Ranch Road
Jackson
CA 95642
209-223-2897 Office

info@operationcare.org

Joshua Tree

Hotline 760-366-9663
Our mission is to provide a safe
haven for victims of domestic
violence, to educate and assist
them through counseling, legal
advocacy and building self-esteem.
Emergency shelter
Legal advocacy and court support
Our shelter runs 10 DV support
groups throughout the week.
Outreach support groups and
counseling in the community. See
our website for more details or
Call us on 760-366-9663.

Morongo Basin Unity Home Inc
61740 Palms Highway
Joshua Tree
CA 92252
760-366-9663 Office / Hotline
www.facebook.com/1662MBUH/

Kelseyville

Hotline 1-888-485-7733
24 Hour community crisis line
Domestic violence shelter house
Counseling and therapy
Services for sexual assault
survivors recent and past.
Workshops and support groups
tba call office for more info.

Lake Family Resource Center
5350 Main Street
Kelseyville
CA 95451
707-279-0563 Office

www.lakefrc.org
ginap@lakefrc.org

Kings Beach

Hotline 1-800-736-1060
For survivors of sexual assault
or domestic violence
Trained advocates can help obtain
a temporary protective order
Women's bilingual support groups
on Mon, Tues, and Thurs. Please
contact office for more info
Chidrens program

Tahoe Safe Alliance
PO Box 1232
8321 Steelhead Avenue
Kings Beach
CA 96143
530-546-7804 Office.

www.tahoosafealliance.org

Ladera Ranch

Hotline 866-498-1511
Through the comprehensive
domestic violence programs and
sevices we offer, victims receive the
time and tools necessary to live
healthy, independent and violence
free lives.
Emergency shelter
Court accompaniment
Legal advocacy services
10 week personal empwerment
Individual and group therapy
Various groups now running please
.Please see website for details.

Laura's House
Ladera Ranch
CA 92694
946-361-3775 Office

www.laurashouse.org
info@laurashouse.org

La Habra

Sexual Abuse Survivors Group
This is a group for women survivors
of sexual abuse meeting on Monday
nights from 6.30 - 7.30 in La Habra.
We use the curriculum : Healing The

Sharie Stines PsyD, Catc-V LPCI
Lifeline Counseling and
Educational Services
1701 Lambert Road, Suite C
La Habra

counselingfordays@gmail.com

Wounded Heart, by Dan Allender. CA 90531
Please not - Curriculum is Christian 562-706-4251
based. Cost \$100 per month. www.facebook.com/LifelineCounselingServices/
I am also willing to start a group for
MEN that would meet on Thursdays
6.30-7.30pm.

Lakeport	Hotline 1-888-485-7733 24 Hour community crisis line Domestic violence shelter house Counseling and therapy Services for sexual assault survivors recent and past. Workshops and support groups tba call office for more info.	Lake Family Resource Center 896 Lakeport Boulevard Lakeport CA 95453 707-262-1611 Office	www.lakefrc.org ginap@lakefrc.org
Lancaster	Hotline 661-945-6736 We are a community based organization dedicated to ending domestic violence. We create and maintain a safe environment where all can re new their lives. 60 Day emergency shelter Sexual Assault Response Services Call 661-949-6143 for SARS support Adults molested as children therapy groups, call office for details	Antelope Valley Domestic Violence Council PO Box 2980 Lancaster CA 93539 661-949-1916 Office	www.valleyoasis.org info@avdvc.org
La Jolla	For adult survivors of child abuse PTSD support group trauma survivors	Survivors PTSD Group La Jolla CA	www.meetup.com/San-Diego-Emotional-Trauma-and-PTSD/
La Mesa	Counseling on an individual or group basis for men women and children. Spanish and English spoken Sexual assault including incest Sliding fee scale based on income.	Minto Counseling 7339 El Cajon Boulevard Stite J La Mesa CA 91941 619-697-7477 Office	www.ccssd.org info@ccssd.org
La Quinta	Partners supporting Molested Partners This group is designed for partners who are supporting partners who have experienced sexual molestation. The group is open to men and women Meets second Tues 7 - 8.30 pm Cost \$20 - \$70	Dr Sally Diane La Quinta CA 92253 760-621-3229 Office	www.drallydiane.com pointhappy245@gmail.com
Livermore	Hotline 925-449-5842 or 800-884-8119 24 / 7 Crisis line Legal restraining order service Individual counseling for sexual assault or domestic violence Domestic violence support groups Sexual assault support groups	Tri-Valley Haven 3663 Pacific Avenue Livermore CA 94550 925-449-5845 Office	www.trivalleyhaven.org
Lodi	209-465-4878 Domestic violence	Women's Center	www.womenscenteryfs.org

209-465-4997 Sexual assault
800-769-4357 Youth line toll free
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in
English and in Spanish
Adult survivors of sexual assault
group for women
Adults molested as children
support group meets once a week
for a 13 week contact Robin
Petersen on 209-941-2611.

29 S. Washington Street
Lodi
CA 95240
209-368-3406 Office.

Lompoc Hotline 805-736-0965
Domestic violence hotline and
information

Lompoc Shelter Hotline
PO Box 1366
Lompoc
CA 93438
805-736-8535 Office
www.dvsolutions.org/en/
www.facebook.com/DomesticViolenceSolutions/

Lompoc Hotline 805-736-7273
Services for adult and child
survivors of sexual assault and
child abuse.
24 Hour Crisis line
Crisis intervention and advocacy
counseling for victims of sexual
assault or violence.

North County Rape Crisis and
Child Protection Center
Lompoc Office
CA 93438
805-736-8535 Office
www.sbcountyrapecrisis.org

Lone Pine Hotline 1-877-873-7384
Emergency shelter
Trained peer counselors
Crisis counseling support
One on one peer counseling
support groups available.

Wild Iris
120 S Main Street
Unit 12
Lone Pine
CA 93545
760-873-6601 Office
www.wild-iris.org
wildiris@wild-iris.org

Long Beach ASCA Meeting / Support Group
Adult Survivors of Child Abuse
Meetings on Saturdays From 9am
until 10.30am
Meeting is FREE but donations are
welcome. The contact person is
Matt Alquiza if texting please mention
ASCA in the text. 562-225-5780
Or you may wish to email for more
information. Secondary contact
Person is V 714-330-6280 if texting
please mention ASCA in text.

ASCA Meeting
St Luke's Lutheran Church
5633 East Wardlow Road
Long Beach
CA 90808
Call or Text 562-225-5780
The meeting takes place in the
Pre School Room
ASCA4LB@gmail.com

Long Beach Male Survivors of Sexual Assault
Healing the hurt from sexual
assault requires bravery and
Strength. This group seeks to
create that confidential, trusting
safe place where men who have
experienced sexual assault can
find support.
Meets on Sundays

Dr Jonathan Brady
Long Beach
CA 90802
323-456-3010 Office
www.bradyesque.com
drbrady@bradyesque.com

Cost \$20 - \$30

Long Beach	<p>Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Meets Thursdays 7.30 - 9.30 pm Call Sherri Lugo 562-400-2573 Certified Grief Recovery Specialist</p>	<p>Grief Recovery Workshops Sherri Lugo All Saints Episcopal Church 346 Termino Avenue Long Beach CA 562-400-2573</p>	<p>www.freedomfromgrief.com www.griefunchained.com</p>
Long Beach	<p>Hotlines 562-594-4555 Or 714-891-8121 We have been providing services to individuals and families affected by domestic violence since 1979. Emergency shelter Legal assistance and advice Human trafficking awareness Individual or group counseling</p>	<p>Interval House 6615 East Pacific Coast Hwy Long Beach CA 90803 562-594-9492 Office</p>	<p>www.intervalhouse.org admin@intervalhouse.org</p>
Long Beach	<p>Hotlines 562-597-2002 1-800-656-4673 Crisis support and advocacy</p>	<p>Sexual Assault Crisis Agency Long Beach CA 90807 562-989-0309 Office</p>	<p>www.hispanicaccess.org/service-provider-directory/sexual-assault-crisis-agency-long-beach-youth-center</p>
Long Beach	<p>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Women only please meets on Saturday 9 - 10.30 am</p>	<p>Survivors of Incest Anonymous Long Beach California 562-596-7907 Office www.siawso.org/Sys/PublicProfile/3515986/7166</p>	<p>www.siawso.org amcmurri@yahoo.com</p>
Long Beach	<p>Hotline 562-437-4663 Since 1977 we have helped thousands of families overcome the trauma caused by domestic abuse. Emergency shelter where you will receive legal advocacy, individual and group support and all the tools necessary towards building a life free from violence.</p>	<p>Women Shelter of Long Beach Long Beach CA 90806 562 473-7233 office.</p>	<p>www.womenshelterlb.org info@womenshelterlb.org</p>
Los Angeles	<p>Childhood Sexual Trauma Men's Support Group</p>	<p>Raphael Bonchek Soul Development Center</p>	<p>raphael@lctla.com</p>

This is a safe confidential group for men who are still suffering due childhood sexual trauma. You will be guided through experiential processes which are effective in relieving trauma.
Group meets every other Tuesday the session cost is \$50. Please call Raphael for further details.

3162 Los Feliz Blvd.
Los Angeles
CA 90027
Contact No. 323-457-1167
www.lifecenteredtherapy.com/about-us/find-a-practitioner/

Los Angeles

Adult Children of Alcoholics / Dysfunctional Families.
Group meetings throughout the week. Please see website

SoCal ACA www.SoCalACA.org
Southern California
LosAngelesACAIntergroup@gmail.com

Los Angeles

Hotline 310-570-5902
Emergency room response
Domestic violence shelter
Individual and group counseling
In-house legal service

1736 Family Crisis Center www.1736familycrisiscenter.org
2116 Arlington Avenue
Suite 200
Los Angeles
CA 90018
327-737-3900 Office

Los Angeles

Adult Women Molested as Children
Group therapy for sexual abuse survivors. Allowing the survivor to work on issues of trust, guilt, shame and isolation.
Group of 5 women meeting on Wed evening for 16 weeks
Cost \$100

Dr Veronica Abney
Los Angeles
CA 90048
424-625-2956 Office
www.icpla.edu/member-search/veronica-abney-ph-d/

Los Angeles

We provide FREE and confidential legal services to young people who have been abused. Se habla Espanol.

Break the Cycle www.breakthecycle.org
5777 West Century Blvd
Suite 1150
Los Angeles
CA 90045
310-286-3386 Office
legalservices@breakthecycle.org

Los Angeles

Hotline 1-800-339-3940
24 hour multi lingual hotline
Emergency shelter
Childrens programs
Youth education & outreach
Domestic and sexual violence education programs
All services are free of charge

Center for the Pacific Asian www.nurturingchange.org
Family
543 N. Fairfax Avenue
Room 108
Los Angeles
CA 90036
323-653-4045 Office

Los Angeles East

Rape & DV Hotline 800-585-6231
24 Hour 7 day Hotline
Bilingual services for those affected by sexual or domestic violence
Crisis intervention service
Individual, family or group therapy
Support services for friends/family

East Los Angeles Women's Ctn www.elawc.org
1255 South Atlantic Boulevard
Los Angeles
CA 90022
323-526-5819 Office

Los Angeles

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say

Grief Recovery Workshops
Rubi Zuniga
Los Angeles
www.freedomfromgrief.com
rzunigahz@gmail.com

the words aloud and to know that their words have been heard." CA
323-513-5060

Victoria Alexander

There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken For meeting details and times Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist

Los Angeles

Several Trauma & Sexual Abuse Assault Groups
these groups are for women who have survived childhood abuse, adult abuse including physical abuse neglect and emotional abuse
Every Mon, Wed, Sat and Sun at 12-2 pm
Cost \$40 -\$50

Ms Cynthia Henrie
Los Angeles
CA 90042
323-739-4987 Office
323-829-3548

www.psychology.com/therapist/extended.php?aid=299

Los Angeles

Hotline 1-800-479-7328
Our overall goal is to change the pattern of abuse in the lives of women and children. Our programs and services include: Emergency shelter, counseling and help with the legal system.

Jenesse Center Inc
PO Box 8476
Los Angeles
CA 90008
323-299-9496 Office

www.jenesse.org
kearl@jenesse.org

Los Angeles

PTSD, Sexual Abuse Survivors Group
Ptsd, trauma, sexual abuse survivors long term process support group for women only
Every Wed & Fri 6 - 7.30 pm
Cost \$50

Mrs Judy Mclaughlin-Ryan
Los Angeles
CA 90024
310-692-9680 Office

www.asrtherapy.com
judy@asrtherapy.com

Los Angeles (West)

Domestic Violence Support Group
We are a support group for those affected by domestic abuse in the west Los Angeles district.

West Los Angeles
California

www.meetup.com/topics/abusesurvivors/all/
www.meetup.com/Los-Angeles-Support-for-Victims-of-Domestic-Violence-Meetup/

Los Angeles

310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse.

Peace Over Violence
1015 Wilshire Boulevard
Suite 200
Los Angeles
CA 90017
213-955-9090 Office

www.peaceoverviolence.org
info@peaceoverviolence.org

Los Angeles	<p>Trauma Group Psychotherapy On going group for trauma survivors. Including domestic violence, sexual and physical abuse experienced as a child ritual abuse and emotional and verbal abuse. An intake interview is required and an eight week commitment is requested Meets every Wed/Fri 7 - 9 pm</p>	<p>William Randle Los Angeles CA 90028 323-243-8082 Office</p>	<p>www.willrandle.com will@willrandle.com</p>
Los Angeles	<p>213-626-3393 for Central LA 310-392-8381 for South LA 626-793-3385 for W. San Gabriel 877-633-0044 for Stalking helpline We are a rape crisis center in South Central Los Angeles with a special emphasis on sexual assault crisis counseling and domestic violence services for men and women. On going crisis counseling Accompaniment to hospital & court Prevention and education program Support groups available. Please see our website for further details.</p>	<p>S.A.F.E. Los Angeles</p>	<p>www.safela.org/</p>
Los Angeles	<p>Hotline 323-860-5806 Our services are provided by LGBT domestic violence specialists, including certified domestic violence counselors and mental health professionals who are trained in LGBT-domestic violence issues. Referrals to LGBT sensitive shelters Advocacy with law enforcement and criminal justice systems Survivors support groups www.lalgbtcenter.org/health-services/mental-health/intimate-partner-domestic-violence</p>	<p>STOP Domestic Violence - Gay and Lesbian Center 1625 N. Schrader Boulevard Los Angeles CA 90028 323-993-7400 Office</p>	<p>domesticviolence@lalgbtcenter.org</p>
Los Angeles	<p>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Women only please Meets Saturday 2 - 3.30 pm Contact Diane</p>	<p>Survivors of Incest Anonymous Los Angeles CA 213-213-0100 Office</p>	<p>www.siawso.org On website click Meetings and groups directory and scrole down to CA.</p>
Los Angeles	<p>Hotline 323-226-3961 the VIP Sexual Assault Center is internationally recognized as the standard of care for victims of sexual assault. Groups therapy covers topics such as: Child sexual abuse recovery Child physical abuse recovery and child emotional abuse recovery. Please call for more details</p>	<p>Violence Intervention Program 1721 Griffin Avenue Los Angeles CA 90031 323-221-4134 Office</p>	<p>www.violenceinterventionprogram.org</p>

Los Angeles	Men Molested as Children The aim of this group is to be supportive Group meets for 10 week increments Wed 7 -8.30 pm One free screening evaluation Cost \$50 - \$70	Dr Lisa Victoria Youngman Los Angeles CA 90025 424-570-1173 Office	www.lisayoungman.com/
Los Angeles	Free after school programs Youth club violence prevention Techgyrls program Individual / group counseling Clothesline project	YWCA Greater Los Angeles 1020 S Olive Street 7th Floor Los Angeles CA 90015 213-365-2991 Office www.ywcaqla.org/what-we-do/programs/sexual-assault/	www.ywcaqla.org/ www.facebook.com/ywcaqla/
Lucerne Valley	Hotline 760-248-2064 We provide an emergency shelter, counseling, assistance with legal paperwork, support in the court and a community outreach program.	Lucerne Valley Domestic Violence Outreach, Inc PO Box 2003 Lucerne Valley CA 92356 760-248-2377 Office. www.lucernevalley.net/orgs/domestic/info.htm	
Madera	Hotline 1-800-355-8989 Services for victims of sexual assault and domestic violence Shelter for battered women Advocacy and support Historic sexual assault services All services are free of charge	Community Action Partnership of Madera County CAPMC 1225 Gill Avenue Madera County CAPMC CA 93637 559-661-1000 Office.	www.maderacap.org
Mammoth Lakes	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling Support groups available.	Wild Iris 635 Mammoth Road Suite 201 Mammoth Lakes CA 93546 760-934-2491 Office	www.wild-iris.org wildiris@wild-iris.org
Marina	Our mission is to lead in ending the cycle of homelessness or violence by providing safe housing and compassionate support and opportunities for self sufficiency through outreach, emergency shelter, transitional housing and supportiveservices throughout Monterey County.	Shelter Outreach Plus PO Box 1340 Marina CA 93933 831-384-3388 Office. www.shelterlistings.org/details/36391/	info@shelteroutreachplus.org
Mariposa	Hotline 1-888-966-2350 We offer hope, support and recovery for those who are or have been victims of domestic violence. Providing emergency shelter Assistance with legal matters Accompaniment to the courts Counseling and support groups	Mountain Crisis Services PO Box 2075 5079 Highway 140 Mariposa CA 95338 209-742-5865 Office	www.mountaincrisiservices.org
Martinez	Hotline 1-800-670-7273	Community Violence Solutions	www.cvsolutions.org

	<p>24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project</p>	<p>Martinez CA 94553 925-646-2305 Childrens Center</p>	<p>admin@cvsolutions.org</p>
McKinleyville	<p>Hotline 1-800-341-9454 Our mission is to promote the stability and security of families and to protect the best interests of indian children. Please visit our website for more details on family and individual counseling.</p>	<p>Two Feathers Native American Family Services 2355 Central Avenue Suite C McKinleyville CA 95519 707-839-1933 Office</p>	<p>www.twofeathers-nafs.org frontdesk@twofeathers-nafs.org</p>
Merced	<p>Hotline 209-722-4357 We provide service to victims of domestic violence and sexual assault, including: Emergency shelter Individual and group counseling Advocacy services Assistance with legal matters and court appearances.</p>	<p>A Woman's Place of Merced PO Box 822 Merced CA 95341 209-725-7900 Office www.facebook.com/ValleyCrisisCenterMerced/</p>	<p>dhaines@mcoe.org</p>
Merced	<p>Hotline 209-722-4357 We can help you and your kids get safe today. We can provide a safe, confidential shelter, help you to develop a safety plan, help you with all the legal paperwork and help you to access local counseling and support groups.</p>	<p>Valley Crisis Center 1960 P Street Merced CA 95340 209-725-7099 Office</p>	<p>www.valleycrisiscenter.org</p>
Mission Viejo	<p>Adults Sexually Abused As Children Groups to address issues resulting from childhood sexual abuse, this may or may not included incest. The group is safe and I interview every member to ensure group safety. Men and women welcome Meets Every thurs 10.30 - 12.30 Cost \$60 - \$70</p>	<p>Dr Evan Fewsmith Mission Viejo CA 92691 949-249-9040 Office</p>	<p>www.orangecountytherapy.com info@orangecountytherapy.com</p>
Modesto	<p>Hotline 209-577-5980 or 1-888-45HAVEN (42836) 24 Hour Crisis line Support groups for domestic violence and sexual assault Legal advocacy, help with restraining orders Peer counseling Individual therapy Referrals to trusted professionals Serving Ceres, Turlock & Patterson.</p>	<p>Haven Women's Center 618 13th Street Modesto CA 95354 209-524-4331 Office</p>	<p>www.havenwcs.org/ info@havenwcs.org</p>
Monterey	<p>Male Survivor Support Group In this group men will find a safe</p>	<p>Stephen L Braveman Monterey</p>	<p>stephen@bravemantherapy.com www.isgcmonterey.com/</p>

nurturing place to move beyond the pain related to sexual abuse. Participants will find help working through isolation, fear, low self esteem with other men with the same experiences. This is a 10 week long committed group. Meets Monday 6 - 8 pm Low fee sliding scale

California
831-375-7553 Office

Monterey

Hotline 831-375-4357
24 Hour hotline
Rape prevention education for 7th grade, 8th grade & high sch
Safety awareness 1st grade 3rd grade and 6th grade
Also drug and alcohol education

Monterey Rape Crisis Center
PO Box 2630
Monterey
CA 93942
831-373-3955 Office

www.mtryrapecrisis.org
info@mtryrapecrisis.org

Monterey

Hotlines 831-372-6300
Or 831-757-1001
Since 1971 we have worked to empower women, families and individuals by providing a domestic violence program including:
Emergency shelter and legal and court advocacy.

YWCA - Monterey
457 Webster Street
Monterey
CA 93940
831-655-9222 Office

mail@ywcamc.org
www.ywca.org/site/pp.asp?c=anJHKMnrFqG&b=483519

Morgan Hill

Hotline 1-877-363-7238
For sexual assault and domestic violence victims
Programs for children & adults

Community Solutions
16264 Church Street
103
Morgan Hill
CA 95037
408-779-2113 Office

www.communitysolutions.org
cs@communitysolutions.org

Murphys

Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

The Resource Connection
Murphys
CA 95247
209-728-9946 Office

www.trcac.org
info@trcac.org

Napa

Hotline 707-225-6397
or 1-800-799-7233
24 Hour Crisis line
Se habla Espanol
Safe house for those fleeing domestic or sexual violence
Advocates and shelter for children survivors of violence
Counseling services
Group counseling free of charge

Napa Emergency Women's Services
1141 Pear Tree Lane
Suite 220
Napa
CA 94558
707-252-3687 Office

www.napanews.org
info@napanews.org

Newhall

Hotline 661-259-4357
Safe shelter referrals
Help with safety planning
Accompaniment to the court
Counseling and support groups.

DVC of Santa Clarita Valley
PO Box 220037
Newhall
CA 91322
661-259-8175 Office

www.dvc-scv.com/

Newhall	<p>Adult Survivors of Child Abuse Group We are a community based support group for adult survivors of child abuse. This is a peer led group and not a therapy or counseling group.</p>	<p>Santa Clarita ASCA Newhall California www.meetup.com/Santa-Clarita-ASCA/</p>	
Newport Beach	<p>Hotline 877-854-3594 Our mission is to provide a safe haven and life changing programs to help abused women and their children and families. We work with the community to break the cycle of domestic violence. Emergency women's shelter 24 Hour crisis and support line Community education program Counseling and support groups</p>	<p>Human Options PO Box 9376 Newport Beach CA 92658</p>	www.humanoptions.org/
North Hollywood	<p>Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Meets Thursdays 7 - 9 pm Call Sandi Atmore 323-698-5570 Certified Grief Recovery Specialist</p>	<p>Grief Recovery Workshops Sandi Atmore Summers Chiropractic 4418 Vineland Ave Suite 208 North Hollywood CA 323-698-5570</p>	<p>www.freedomfromgrief.com www.griefunchained.com</p>
North Hollywood	<p>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Wednesday 7.30 - 9 pm Contact Denise</p>	<p>Survivors of Incest Anonymous North Hollywood CA</p>	bluedolphin96@gmail.com
Northridge	<p>Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief</p>	<p>Grief Recovery Workshops Natasha Jackson 18341 Sherman Way Suite 204 Northridge CA 213-880-9917</p>	<p>www.freedomfromgrief.com nmjackson24@gmail.com</p>

Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.

Meets Mondays 7 - 9 pm
Natasha Jackson 213-880-9917
Certified Grief Recovery Specialist

Northridge

818-886-0453 San Fernando Vly
661-253-0258 San Clarita Valley
24 hour Crisis team
Services for adults abused as
children
Child maltreatment treatment
Community counseling
Family support services
Male survivors welcome

Strength United
California State University
Northridge
818-787-9700
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/?fref=ts

Oakland

Hotline 510-536-7233
A Safe Place exists to break the
cycle of domestic violence.
We offer programs for women, men
and teens.
Advocacy at court & social services
Help with legal documents
Individual or group counseling with
a licensed professional.

A Safe Place
PO Box 23006
Oakland
CA 94623
510-986-8600 Office

www.asafeplacedvs.org

Oakland

Hotline 510-845-7273
24 Hour Crisis hotline
Se habla Espanol
Advocacy & legal services
Community education
Individual counseling for survivors
Services are free & confidential

Bay Area Women Against Rape
Oakland
CA 94612
510-430-1298 Office

www.bawar.org
vicki@bawar.org

Oakland

Survivors of Childhood Sexual
Abuse
A therapy group for survivors of
childhood sexual abuse. The
group work deeply with each other
to gently work through the trauma
of childhood sexual abuse
including incest. Three month
commitment
Meets every Wed 6.30 - 8 pm
cost \$50 +

Rose Phelps
Oakland
CA 94610
510-658-4344 Office
www.rosephelpsmarriagefamilytherapist.com

Oakland

Adult Incest Survivors
this adult incest survivors therapy
support group treats self blame,
anger, addiction, relationship
issues, sexual issues and other
symptoms of PTSD
Meets every Wed 7.30 - 9 pm
Cost \$50

Ms Karen E Spinkel
Oakland
CA 94610
510-878-4177 Office

www.karensprinkel.com/

Oakland

We empower those who have

Survivors of Incest Anonymous

www.siawso.org

survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meets Wednesdays 6.15 - 7.30pm
See website for further Details

Okaland
CA
www.slawso.org/Sys/PublicProfile/1255534/7166

Oceanside

760-754-5500 Information hotline
Providing a residential shelter for abused, neglected or abandoned children.
Therapy for children
Counseling and daily discussion
On site schooling for pre school to 12th grade.

Casa de Amparo Shelter for Children
4070 Mission Avenue
Oceanside
CA 92057
760-754-5500 Office / intake

www.casadeamparo.org/

Oceanside

Survivors of Domestic Abuse Support Group.
For abuse survivors, survivors of domestic violence and trauma survivors

Oceanside Survivors - Domestic Violence Support Group
Oceanside.
CA

www.meetup.com/find/?allMeetups=false&keywords=Abuse+Survivors&radius=25&userFreeform=Oceanside&mcld=c92049&mcName=Oceanside%2C+CA&sort=recommended&eventFilter=mysugg

Oceanside

The Brother Bennos Foundation provides a transitional living house for women with children who are in need of shelter.

The House of Martha, Ann, Mary and Ida. (MAMI)
Oceanside
CA 92054
760-439-1244 ext 109

www.brotherbenno.org

Oceanside

Hotline 760-757-3500
24 Hour hotline
Se habla Espanol
Temporary emergency shelter for battered women and children
Crisis intervention
Group and peer counseling.

Women's Resource Center
1963 Apple Street
Oceanside
CA 92054
760-757-3500

www.wrcsd.org

Orange

Hotline 877-577-7267 Toll Free
We offer child / youth services, child abuse counseling, emergency shelters, and transitional housing in multiple communities throughout Southern California.
Serving Camaillo, Crestline, Garden Grove, Hueneme, Long Beach, Pasedna, Riverside, Santa Clarita, San Diego, Santee, South Bay, Thousand Oaks, Van Nuysm Ventura. Also Apple Valley and Big Bear.

Lutheran Social Services of Southern California
2560 North Santiago Blvd
Orange
CA 92867
714-685-1800 Office .

[www.lsssc.org/
info@lsssc.org](http://www.lsssc.org/info@lsssc.org)

Orange

Hotline 714-237-1444
Or 877-743-3736 Toll Free
We first opened our doors in 1979,

The Sheepfold
PO Box 4487
Orange

[www.thesheepfold.org/
mail@thesheepfold.org](http://www.thesheepfold.org/mail@thesheepfold.org)

since that time thousands of women and their children have found shelter, safe refuge and a new beginning as a result of The Sheepfold Ministry.

CA 92863
714-237-1444 Office / Hotline

Orange

Hotline 714-992-1931
Emergency shelter
Transitional housing program
Immigration clinic and services
Court advocacy
Legal assessments and referrals
Outreach services to all survivors of domestic violence and human trafficking. A legal clinic is held every 1st Wednesday.

Women's Transitional Living Center Inc
PO Box 6103
Orange
CA 92863
714-992-1939 Ext 101 Office

www.wtlc.org
info@wtlc.org

Orinda

SNAP Support Meeting
Meets Sundays 3pm to 5pm
First meeting Sunday February 5th.
Contact Melanie on 925-708-6175

SNAP Support Meeting
Orinda Library, Room A
26 Orinda Way
Orinda
Melanie Sakoda 925-708-6175

www.snapnetwork.org/
melanie.sakoda@gmail.com

Oxnard

Hotline 800-300-2181
or 805-656-1111
805-656-4439 Hearing impaired
Hotlines available 24/7
Crisis intervention program
Emergency shelter
Support groups for victims of domestic violence, sexual assault and incest call office for info.

Coalition for Family Harmony
1030 North Ventura Road
Oxnard
CA 93030
805-983-6014 Office

www.thecoalition.org
j.campbell@thecoalition.org

Palm Desert

Hotline 1-800-656-4673
We provide a 24 Hour hotline for victims of sexual assault.
Outreach counselors are able to go with the victim to the hospital or the police station.
Individual and group counseling
Accompaniment - legal process
Bilingual counselors on call
Serves Coachella Valley and the Morongo Basin

Coachella Valley Sexual Assault Services
24 - 333 Highway 111
Suite 103
Palm Desert
CA 92260
760-568-9071 Office

www.facebook.com/Coachella-Valley-Sexual-Assault-Services-128535360625188/

Palm Desert

Adults Molested as Children
this group is for those who have been sexually abused as children
Meets on Tuesdays
Cost \$20 - \$30

Dr Jamie D Kirkpatrick
Palm Desert
CA 92260
760-933-9841 Office

www.drjamiekirkpatrick.com
drjamie4u@yahoo.com

Palm Desert

Hotlines 760-328-7233
Or 1-800-775-6055
We provide comprehensive services to victims of domestic violence - Professionally, ethically and compassionately.
Emergency shelter
Tranistional housing

Shelter from the Storm
73555 Alessandro Drive
Suite D
Palm Desert
CA 92260
760-674-0400 Office

www.shelterfromthestorm.com

Individual and group counseling at
the Edra Blixseth community center
Outreach centers in Hot Springs,
Palm Desert and Palm Springs
Se habla Espanol

Pasadena

We were established in 1995 as an independent non profit organization with a mission to stop family or domestic violence. We help men women and children through legal advocacy, accompaniments to court proceedings. We offer empowerment groups and outreach and education
for details of our empowerment group please call 626-355-4545

Grace Center
PO Box 40250
Pasadena
CA 91114
626-355-4545 Office

www.grace-inc.org/

Pasadena

Hotline 323-681-2626
We are the first domestic violence shelter of it's kind in the country. We are dedicated to helping abused women and their children on their way towards a violence free life. We are proud to be a program of the Jewish Family Services of LA.
Emergency shelter
Prevention and education program
Individual and group counseling within the local community.

Haven House
PO Box 50007
Pasadena
CA 91115
626-564-8880 Office

www.jfsla.org/havenhouse
communications@jfsla.org

Pasadena

Survivor: A Mens Psychtherapy Group
Are you a man who was sexually abused as a child? Do you struggle to overcome the scars from this abuse? This is a 20 week group where these issues can be discussed in a safe and confidential environment
Meets on Mondays
Cost \$50

Dr Ellen Miller Kwon
Pasadena
CA 91101
626-807-5451 Office

www.drmlerkwon.com/home

Pasadena

Sexual Abuse Survivors Group for Women
This group is targeted to sexual abuse, incest, assault and rape issues
Meets every other Mon 7 - 8.30
2 Sexual abuse survivors groups Mondays and Thursdays 7 - 8.30pm
Also a Co-Ed Sexual Abuse Survivors group that meets Wednesdays.
Male Sexual Abuse Survivors group
Please call 818-434-6051 for more details.

Ms Cristina Noelle Mardrossian
Pasadena
CA 91106
818434-6051 Therapy Info
www.pasadenatraumatherapy.com

cnm.therapy@gmail.com

Pasadena

310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel

Peace Over Violence
892 N Fair Oak Avenue
Suite D

www.peaceoverviolence.org
info@peaceoverviolence.org

24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual
assault domestic violence and
child abuse

Pasadena
CA 91103-3046
626-584--6191 Office

Pasadena

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meet Monday 7.30 - 9 pm
Contact John

Survivors of Incest Anonymous www.siawso.org
Pasadena
CA
626-305-9113 Office
www.siawso.org/Sys/PublicProfile/3515978/7166

Pasadena

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meets Saturday 10.30 - 12 noon
Contact Tina.

Survivors of Incest Anonymous www.siawso.org
Pasadena pasadenasia@yahoo.com
CA
626-768-0825 Office

Paso Robles

24/7 Crisis Line 855-866-7473
Counseling (Individual or Group)
Crisis Services (available in Spanish
and English)
Emergency Safe Houses
Advocacy / Accompaniment
Temporary Restraining Orders
Weekly Support Groups
Services for Survivors, and family /
friends / loved ones.

RISE
1030 Vine Street
Paso Robles
CA 93446
805-226-5400 Office

www.riseslo.org
contact@RISEslo.org

Placerville

Hotline 530-626-1131
or 916-939-6616
24 Hour Crisis hotline
for survivors of sexual assault and
domestic violence
Support groups for adults
molested as children for 14 weeks
2 hour sessions. There is a
charge but something can be
worked out.

The Center for Violence Free
Relationships
344 Placerville Drive
Suite 11
Placerville
CA 95667
530-626-1450 Office

www.thecenternow.org
info@thecenternow.org

Pomona

Hotline 909-626-4357
or 626-966-4155
Professional counseling to
survivors of sexual assault or
child abuse The first ten sessions
are free with proof of income.
Support groups of peers for adults
& adolescent survivors of sexual
assault and abuse.

Project Sister Family Services
PO Box 1369
Pomona
CA 91769-1369
909-623-1619 Office

www.projectsister.org
info@projectsister.org

Porterville

Hotline 559-784-0192
The central California Family Crisis
center is a multi cultural organization

Family Crisis Center
770 North Main Street
Porterville

www.ccfamilycrisis.org

which exists to protect individuals and families from domestic violence
Emergency shelter 559-781-7468
Transitional housing
Legal advocacy
Accompaniment to the courts
Domestic violence counseling
Community outreach & education.

CA 93258
559-784-0192 Office / Hotline

Quincy

877-215-7273 Rape Crisis Line
or 1-877-332-2754 toll free
24 Hour crisis help line
Crisis intervention and prevention
Serving Portola and Greenville.

Plumas Crisis Intervention and Resource Center
591 West Main Street
Quincy
CA 95971
530-283-5515 Office

www.facebook.com/PlumasCrisisInterventionandResourceCenter/timeline?ref=page_internal

Rancho Mirage

It Happens To Boys
Free group for men who were abused as children. There is no cost other than a willingness to work on the healing process
Meets second Tues 7 - 9 pm
Free of charge

Carol Teitelbaum
Rancho Mirage
CA 92270
760-332-8987 Office

www.therapists.psychologytoday.com/rms/name/Carol_Teitelbaum_MFT_Rancho+Mirage_California_35853

Red Bluff

Hotline 530-528-0226
Or 1-800-324-6473 Toll Free
Whether you are currently in an abusive relationship or recovering from domestic violence we have trained staff available to help you.
Emergency shelter
Crisis counseling
Prevention and intervention
Power to Choose support group
Untangling Relationships 12 week group to cope with problem areas
Counseling services

Alternatives to Violence
717 Pine Street
Red Bluff
CA 96080
530-528-0300 Office

www.facebook.com/ATVRB/info@atvrb.org

Redding

Hotline 530-244-0117 toll free
24 Hour Crisis hotline
Free services for victims of domestic violence & sexual assault. Assistance to men and women regardless of age, race or sexual preference.
Individual / group counseling
Programs for children in shelter
Emergency transportation
Legal assistance and advocacy

Shasta women's Refuge
2280 Benton Drive
Building A
Redding
CA 96003
530-244-0118 Office

crisisline@scwr.org

www.facebook.com/OneSafePlaceShasta?filter=2

Redondo Beach

The Lamplighters Movement provides support for adult survivors of child sexual abuse, rape, incest, sexual assault and domestic violence. For further details please see our website.

The Lamplighters Movement
Redondo Beach
California
margie@thelamplighters.org

www.thelamplighters.org

Redwood City

Adults Abused as Children

Ms Pat A Grabianowski

www.sequoiacounseling.com

This group explores the long term effects of sexual, physical and emotional abuse
Meets every Tues 6 - 7.30 pm
Cost \$40

Redwood City
CA 94062
650-204-3563 ext 114 Office

info@sequoiacounseling.com

Reseda

Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Saturdays 10am - noon
Call Vicki Hagadorn 818-415-4568
Certified Grief Recovery Specialist

Grief Recovery Workshops
Vicki Hagadorn
Kirk O'The Valley Church
19620 Vanowen Street
Reseda
CA
818-415-4568

www.freedomfromgrief.com
vanhagadorn@gmail.com

www.griefunchained.com

Ridgecrest

760-375-7525 domestic violence
760-375-0745 sexual violence
760-375-7100 Report child abuse
24 Hour hotline numbers
All services open to men, women and children
Emergency room support
Advocacy and legal help
Group counseling re drugs and alcohol in a violent home
One to one peer counseling

Women's Center - High Desert
134 South China Lake Blvd
Ridgecrest
CA 93555
760-371-1969 Office
www.womenscenterhighdesert.org/

Riverside

951-683-0829 Riverside City
800-339-7233 Riverside County
Our mission is to improve the quality of life and create hope by ending the cycle of domestic abuse through services and education.
Emergency shelter
Court advocacy
Community education
Educational support groups
Outreach offices in Riverside, Corona and Hemet providing support, counseling and advocacy.
www.domesticshelters.org/riverside-ca-domestic-violence-help?page=1

Alternatives to Domestic Violence
PO Box 910
Riverside
CA 92502
951-320-1370 Office

Riverside

Hotline 951-686-7273
for men, women and teenage survivors
Individual and group counseling
Support groups
Community education

Riverside Area Rape Crisis Ctn
1845 Chicago Avenue
Suite A
Riverside
CA 92507
951-686-7273 .

www.rarcc.org
info@rarcc.org

Services for adults molested as children.

Roseville	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups	Peace for Families 700 Sunrise Avenue Suite N Roseville CA 95661 916-773-7273 Office	www.standupplacer.org/
Sacramento	CASH provides services to victims of sexual exploitation, sex trafficking and prostitution. Outreach and education Peer counseling Health information Assistance with housing/healthcare Support groups.	Communités Against Sexual Harm (CASH) PO Box 160022 Sacramento CA 95816 916-856-2900 Office	www.cashsac.org info@cashsac.org
Sacramento	Our shelter program for women and children assists families in transition from crisis to self sustainability. Emergency shelter.	St. John's Shelter Program Sacramento CA 95814 916-453-1482	www.stjohnsshelter.org
Sacramento	Hotlines 916-920-2952 Or 866-920-2952 Toll Free 24 Hour support & information Se habla Espanol Services for teens, men & women Crisis intervention counseling Temporary safe house Evening support groups.	WEAVE Inc 1900 K Street Sacramento CA 95811 916-448-2321 Office	www.weaveinc.org info@weaveinc.org
Saint Helena	Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session. www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD,JD_Saint+Helena_California_119752	Patricia Gray psyD. JD St Helena CA 94574 707-889-4066 Cell 707-539-2825 Main Number 707-539-5612 FAX	drpatriciagray@vom.com
Saint Helena	Women: Adult Survivor of Childhood Sexual Abuse.	Patricia Gray psyD. JD St Helena	drpatriciagray@vom.com

Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.
 Issues: Sexual abuse, neglect
 Adults only. Session cost \$50 -\$60 per session.

CA 94574
 707-889-4066 Cell
 707-539-2825 Main Number
 707-539-5612 FAX

www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD,JD_Saint+Helena_California_119752

Salinas Hotline 831-424-4357
 24 Hour hotline
 Rape prevention education for 7th grade, 8th grade & high sch
 Safety awareness 1st grade 3rd grade and 6th grade
 Also drug and alcohol education.

Monterey Rape Crisis Center
 PO Box 2401
 Salinas
 CA 93902
 831-771-0411

www.mtryrapecrisis.org
info@mtryrapecrisis.org

San Andreas Hotline 209-736-4011
 or 209-754-4011
 Services for survivors/victims of domestic violence, sexual assault
 Temporary emergency shelter
 Temp restraining order assistance
 Peer counseling
 Limited free counseling.

The Resource Connection
 San Andreas
 CA 95249
 209-772-3980 Office

www.trcac.org
info@trcac.org

San Bernardino Counseling programs for victims of family violence. Serving Riverside and San Bernardino Counties

Family Service Agency of San Bernardino
 1669 North East Street
 San Bernardino
 CA 92405
 909-886-6737 Office

www.facebook.com/FSASB

San Bernardino Hotline 909-381-3471
 We provide shelter, transitional housing, outreach services, legal services, information and education to victims of family violence.

Option House
 PO Box 970
 San Bernardino
 CA 92402
 909-383-1602 Office

www.optionhouseinc.org/

San Bernardino Hotline 1-800-656-4673 toll free
 24 hour crisis intervention hotline
 Bilingual services
 Hospital / court advocacy
 Community education
 Individual & group counseling
 All services free of charge
 Serving Redlands, Yucaipa, Coachella Valley & Morongo Basin.

San Bernardino Sexual Assault Services
 444 North Arrowhead Avenue
 Suite 101
 San Bernardino
 CA 92401-1221
 909-885-8884 Office

www.sbsas.org

San Diego Female Survivors Group
 Peer group for adult women sexually abused as children
 Male groups are forming

Svava Brooks
 Peer group facilitator
 San Diego
 CA 92117

svava@educate4change.com
www.educate4change.com/

Screening interview is required
Please call for more information
Meets every Saturday
Cost \$25

619-889-6366 Office

San Diego

Hotline 1-888-385-4657 toll free
858-272-5777 Coastal location
619-697-7477 East County
760-747-6282 North County
619-378-5115 Mountain Empire Region
24 Hour hotline
Specialist in psychotherapy
addressing the emotional aspects
of sexual assault, sexual abuse
and domestic violence.
Group and individual sessions.
Day and evening appointments,
most services available in English
or Spanish
Fees based on income, FREE 30
day safe shelter.

Center for Community Solutions
4508 Mission Bay Drive
San Diego
CA 92109

www.ccssd.org
info@ccssd.org

San Diego

Healing from Childhood Sexual
Abuse
A group that will combine
personal sharing and support with
education and information. Topics
covered included understanding
feelings of guilt, shame, anger
and grief. Understanding the
dysfunctional coping strategies
such as denial and addiction.
Meets every Monday at Noon
Cost \$40 - \$60

Dr Aimee Cornelius Pearson
San Diego
CA 92110
619-456-0259 Office

www.aimeepearson.com
draimeepearson@yahoo.com

San Diego

Counseling on an individual or
group basis. Services for sexual
assault including incest. Men
women and children welcome
Spanish and English spoken
Fee based on income

Counseling Mission Bay
4508 Mission Bay Drive
San Diego
CA 92109
858-272-5777 Office

www.ccssd.org
info@ccssd.org

San Diego

ECSP provides comprehensive
social services to low income
families and individuals. We have
a program for those who find them
selves dealing with domestic
violence.

Episcopal Community Services
of San Diego
4305 University Avenue
Suite 400
San Diego
CA 92105
619-228-2800 Office.

www.ecscalifornia.org
info@ecscalifornia.org

San Diego

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of

Grief Recovery Workshops
Pamela Blomdal
Hillside Club House
12979 Community Road
Poway
CA
858-213-3997

www.freedomfromgrief.com
pamelablomdal@yahoo.com
www.griefunchained.com

trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.

Meets Saturdays 9am - 11am
Pamela Blomdal 858-213-3997
Certified Grief Recovery Specialist

San Diego

Sexual Abuse/Assault and Adolescent Girls
Therapy for girls 13-18 year.
Group addresses self esteem body issues, depression, anxiety and PTSD
cost \$40-\$50

Dr Azmaira Maker
San Diego
CA 92130
858-531-1122 Office

www.drmaker.net
azmairamaker@gmail.com

San Diego

This emergency shelter for women and children under 16 provides a secure place to sleep when fleeing domestic violence.

San Diego Rescue Mission
PO Box 80427
San Diego
CA 92138
619-687-3720 Office

www.sdrescue.org
sdrminfo@sdrescue.org

San Diego

Support Group for Adults Molested as Children.
My Group is an AMAC (Adults Molested as Children) Group and is currently being held on Tuesdays at 5.30 pm to 7 pm. Cost is \$30, but we work with those who don't have means of payment. This current group is women only. Other groups will be offered as the demand necessitates.

Dr Sandra G Smith
San Diego
CA 92108
619-537-8965 Office

drsmithcounseling@gmail.com

San Diego

Male Survivors Group
This is a group for high functioning adult males who have had a history of childhood abuse. Screening interview required
Meets every other Monday
Cost \$60

Dr Paul R Sussman
San Diego
CA 92103
619-663-5916 Office

www.paulsussmanphd.com
paulsussmanphd@gmail.com

San Diego

Hotline 619-234-3164
Becky's House domestic violence program supports the individual from victim to survivor to thrive.
30 Day emergency shelter
Group therapy
Legal assistance

YWCA of San Diego County
1012 C Street
San Diego
CA 92101
619-239-0355 Office

www.ywcasandiego.org

San Francisco

Women' Group for Survivors of Sexual Trauma
this group provides a safe space for female survivors to heal
12 week initial commitment
Space is limited

Christina Arguello
San Francisco
CA 94118
650-282-3418 Office
Christina_arguello@hotmail.com

www.mindfultherapysf.com

Every Wednesday 6 - 8 pm
Cost \$30 - \$60

San Francisco

Hotline 1-877-751-0880
A resident of AWS is provided with safe housing, multi lingual support legal advocacy plus individual and group support. We also have a Queer Asian Womens and Trans gender support program QAWTS. For those in need in the community we offer direct intervention, public awareness and Chit Chat support groups. Call 415-751-7110 for more details.

Asian Women's Shelter
San Francisco
CA 94110
415-751-7110 Office

www.sfaws.org
info@sfaws.org

San Francisco

Hotline 415-441-KIDS (5437)
The only way to reach us with an urgent concern is through our 24 Hour hotline.
Our center offers FREE ongoing support groups and workshops for children and parents.
Low cost counseling individually or as a family.

Safe And Sound
711 Van Ness Avenue
Suite 305
San Francisco
CA 94109
415-668-0494 Office.

www.safeandsound.org/
info@safeandsound.org

San Francisco

Hotline 415-333-4357
Founded in 1979 CUAV works to build the power of LGBTQ communities to transform violence and oppression.
Short term advocacy-based peer counseling for LGBTQ's dealing with abuse and violence.
Healing trauma support groups.

Community United Against
Violence
427 South Van Ness Avenue
San Francisco
CA 94103
415-777-5500 Office

www.cuav.org
info@cuav.org

San Francisco

Thrivers - Phase 1 - Women's Support Group for Trauma.
Tuesdays 5 - 6.30pm
We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings, beliefs and somatic experiences. Cost is \$65 per session with an 8 week or 12 week commitment. For further details call Laine - 415-705-0776
Or email lainedemtria@gmail.com

Laine Demtria LMFT
2120 Market Street
Suite 209
San Francisco
Contact No. 415-705-0776

www.mindbodymend.net/
lainedemtria@gmail.com

San Francisco

Thrivers - Phase 2 - Women's Support Group for Trauma
Tuesdays 7 - 8.30pm
We empower ovrselfes to address Negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Cost is \$65 per session with an 8 week or 12 week

Laine Demtria LMFT
2120 Market Street
Suite 209
San Francisco
Contact No 415-705-0776

www.mindbodymend.net/
lainedemtria@gmail.com

commitment. For further details call Laine on 415-705-0776 or email lainedemtria@gmail.com

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|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| San Francisco | Sexual Abuse Recovery Program
Rachel Grant is the owner and founder of Rachel Grant Coaching and is a sexual abuse recovery coach. Also the author of "Beyond Surviving" dealing with the final stage of recovery from sexual abuse. Rachel works with survivors of childhood sexual abuse who are beyond sick and tired of feeling broken, unfixable and burdened by the past. Email sessions are available. Month to month program. 8 month program offering maximum support. Please see the website for further details or call 415-513-0700 | Rachel Grant Recovery
San Francisco
415-513-0700 Office/ Advice
coach@rachelgrantcoaching.com | www.rachelgrantcoaching.com |
| San Francisco | Art Therapy for Adult Survivors of Sexual Abuse
Art therapy is amazing for working through healing and transforming the trauma of Sex abuse. If you are not an artist don't worry!
Meets on Thursday
Cost \$40 - \$50 | Dr Lissa Friedman
San Francisco
CA 94102
352-478-3092 Office | www.lissafriedman.com
lissafriedman@gmail.com |
| San Francisco | 1-877-503-1850 Hotline - Adults
1-877-923-0700 Hotline - Teens
Our mission is to respond to calls for help from domestic violence victims.
Emergency shelter
Advocacy and legal assistance counseling and support groups | La Casa de Las Madres
1663 Mission Street
Suite 225
San Francisco
CA 94103 | www.lacasa.org
info@lacasa.org |
| San Francisco | Hotline 415-255-0165
We offer a safe and confidential range of services for survivors of domestic violence along with their children. Emergency shelter, drop-in service, community outreach and support groups.
Drop-in hours: Monday - Thursday
9am - noon and 1.30 - 4 pm | The Riley Center
1237 Van Ness Avenue
Suite 200
San Francisco
CA 94109
415-977-1270 Office
www.facebook.com/RileyCenterSF/ | info@svdp-sf.org |
| San Francisco | Hotline 415-647-RAPE (7273)
We provide resource, support, advocacy and education to those healing from or struggling to end sexual violence. We offer:
Legal advocacy
Medical accompaniment
Individual peer counseling
SFWAR counselors offer an 8 week support group several times a year.
Peer to Peer outreach program. | San Francisco Women Against Rape
3548 18th Street
Suite 7
San Francisco
CA 94110
415-861-2024 Office | www.sfwar.org
info@sfwar.org |

San Francisco	SNAP support meeting for survivors abused by priests. City College of San Francisco Mission Campus on Valencia Third Tuesday of Month 7 - 9 pm For more details and directions call Tim Lennon on 415-312-5820 or survivorsnetworksf@gmail.com	SNAP Survivors Network of those Abused by Priests. San Francisco CA 415-312-5820 Contact no.	survivorsnetworksf@gmail.com www.snapnetwork.org/
San Francisco	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Contact Kelly	Survivors of Incest Anonymous San Francisco CA 713-857-0834 Office	www.siaawso.org bryankd2020@gmail.com
San Francisco	Gay Mens Survivor Support Group Therapy group for men molested as children or adolescents Meets Wednesdays 7.30 - 9.30 pm Cost \$200 per month some sliding scale available	Susan Wachob San Francisco California 415-626-5415 Office	
San Francisco	Hotlines 415-864-4722 or 1-877-384-3578 Women Organized to Make Abuse Nonexistent is a community based multi service agency. support groups for survivors of domestic violence On going therapy in Spanish/English Weekly sessions based on a sliding fee scale schedule Programa Latina Community education/presentations	W.O.M.A.N. Inc 333 Valencia Street Suite 450 San Francisco CA 94103 415-864-4777 Office	www.womaninc.org
San Jose	Hotline 408-975-2739 We offer vital life saving services to individuals and families affected by domestic violence. 24 Hour emergency shelter Individual or group peer counseling Help with restraining orders, court accompaniment and immigration issues. Employment, housing, medical and social services advocacy Support groups in the community	Asian Americans for Community Involment 2400 Moorpark Avenue Suite 300 San Jose CA 95128 408-975-2730 Office	www.aaci.org info@aaci.org
San Jose	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults	Community Solutions 5671 Santa Teresa Blvd Suite 104 San Jose CA 95123 408-225-9163 Office	www.communitysolutions.org cs@communitysolutions.org
San Jose	Hotline 408-279-2962 We seek to end domestic violence	Next Door Solutions to Domestic Violence	www.nextdoor.org info@nextdoor.org

in the moment and for all time.
Emergency 24 Hour shelter
Victim advocacy
Individual counseling
Youth and childrens services
2 English support groups at office
Mondays & Tuesdays 6.30 - 8.30pm
2 Spanish groups at the office
Mondays & Tuesdays 6.30 - 8.30pm
For further details on our 12 support
groups please see our website or
call our office.

234 East Gish Road
Suite 200
San Jose
CA 95112
408-501-7550 Office

San Jose

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meet Thursday at 7 pm
Women only please
Contact Liz

Survivors of Incest Anonymous www.siaawso.org
San Jose
CA
408-472-9051
www.siaawso.org/Sys/PublicProfile/39275/7166

San Jose

408-287-3000 for Sexual assault
1-800-572-2782 Domestic violence
24 Hour hotlines
Services for adults and children
exposed to violence or sexual
assault
Emergency shelter
Legal and advocacy programs
Peer support groups for domestic
violence, rape and childhood
sexual abuse survivors, for more
info call 408-295-4011 ext 259.

YWCA Silicon Valley
375 S. Third Street
San Jose
CA 95112
408-295 4011 Office

www.ywca-sv.org
tcrosby@ywca-sv.org

San Leandro

Hotline 1-866-292-9688 Toll Free
Our mission is to build communities
with underserved women and
children where they are safely and
supportively house free from domestic
violence.
20 Bed emergency shelter
Community support groups

Building Futures
1395 Bancroft Avenue
San Leandro
CA 94577
510-357-0205 Office

www.bfwc.org
lvarela@bfwc.org

San Luis Obispo

24/7 Crisis Line 855-866-7473
Counseling (Individual or Group)
Crisis Services (available in Spanish
and English)
Emergency Safe Houses
Advocacy / Accompaniment
Temporary Restraining Orders
Weekly Support Groups
Services for Survivors, and family /
friends / loved ones.

RISE
51 Zaca Lane
Suite 100
San Luis Obispo
CA 93401
805-226-5400 Office

www.riseslo.org
contact@RISEslo.org

San Luis Obispo

Incest Survivors Group
Closed group call office for
details
Meets every other Sat 12 - 1 pm

Ms Marian A Willingham
San Luis Obispo
CA 93401
805-317-4310 Office

Cost \$20 - \$30

www.facebook.com/Marian-Andrea-Willingham-LMFT-537093286315326/

San Luis Obispo	Hotline 805-781-6400 Emergency shelter Information and referrals Advocacy services counseling and support groups	Women's Shelter Program PO Box 125 San Luis Obispo CA 93406 805-781-6401 Office	wsp@callamerica.net www.standstrongnow.org/
San Marcos	Court room accompaniment Help with restraining orders Shelter referrals Counseling referrals.	North County Family Violence Prevention Center 330 Rancheros Drive Suite 116 San Marcos CA 92069 760-798-2835 Office	www.ncapssd.org/
San Pablo	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project.	Community Violence Solutions San Pablo CA 94806 510-237-0113 Office	www.cvsolutions.org admin@cvsolutions.org
San Pedro	ASCA Meeting / Support Group Meets Sundays 5pm - 6.30pm Meetings are FREE but donations are welcome. The contact person is Tom 424-224-8222.	ASCA Meeting 1386 "A" West 7th Street San Pedro 424-224-8222.	
San Pedro	Victims of Violence Support Group For adult female survivors of sexual abuse and assault Every other Thurs 7 - 8 pm Cost \$20	Ms Christine Enerio San Pedro CA 90732 424-570-1173 Office	christine.enerio@gmail.com
San Pedro	310-547-9343 English & Spanish We have 2 shelters, a thirty day shelter called Rainbow House and a transition shelter where you and your children can stay for up to one year. Our community outreach program provides individual and group counseling, legal advocacy and childrens enrichment programs.	Rainbow Services 453 West 7th Street San Pedro CA 90731 310-548-5450 Office	www.rainbowservicesdv.org
San Rafael	415-924-6616 English hotline 415-924-3456 Spanish hotline Emergency shelter Second Step transition house Accompaniment to court Legal services assistance Peer led support groups: Providing domestic violence, education and emotional support on a drop-in basis. Several groups meet each week, led by a trained facilitator and are open to women at any stage of an abusive relationship. Call our	Center for Domestic Peace 734 A Street San Rafael CA 94901 415-457-2464 Office 415-457-6457 FAX www.centerfordomesticpeace.org	administrator@c4dp.org

hotline for more details.

San Rafael	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions San Rafael CA 94903 415-259-2850 Office	www.cvsolutions.org admin@cvsolutions.org
San Rafael	Healing from Sexual Abuse Middle School Girls Support group for middle school girls who have been sexually abused in the past and could benefit from a safe place to talk with other's of their own age Cost \$40 - \$50	Liz Kughn San Rafael CA 94901 415-800-2596 Office or 415-721-5555	lizkughn@att.net
San Rafael	Women Healing from Trauma and Abuse Group for women who have experienced sexual abuse/assault or other trauma. Each woman will be interviewed prior to the start of each group Meets on Fridays Cost \$40 - \$50	Liz Kughn San Rafael CA 94901 415-800-2596 Office or 415-721-5555	lizkughn@att.net
San Rafael	Trauma Group for Women in Recovery A 20 week closed group teaching skills to help women in recovery who are struggling with traumatic activation. This group is especially appropriate for women with PTSD and sexual abuse histories. Meet Tuesday & Wednesday Cost \$30 - \$40.	Ms Daphne Lowe San Rafael CA 94901 415-799-4218 Office	www.daphnelowe.com daphnelowmft@gmail.com
San Ysidro	Family and group counseling along with individual counseling to those who have been physically sexually or emotionally abused Some insurance accepted Fees \$0 - \$10.	Trauma Counseling Program 7277 Howard Avenue San Ysidro San Diego CA 92173 619-428-7186 Office	www.rchsd.org refsvc@rchsd.org
Santa Ana	Sexual Abuse Survivors Group this is an on going 14 week psychoeducational group. Great care is taken to maintain the groups warm, safe and open environment. Women only	Susan Choe Santa Ana CA 92705 949-613-5774 Office	
Santa Ana	Hotline 714-842-6600 24 Hour emergency hotline Shelter for abused children in their teens Juvenile services Individual & family counseling	Wayfinders 1821 East Dyer Road Suit 200 Santa Ana CA 92705 949-250-0488 Office	www.wearewayfinders.org generalinfo@CSPinc.org

Truancy reduction program

Santa Ana	Say No To Abuse Group facilitated by an MFT and discusses specifically domestic violence and sexual assault Group is held in Spanish and is for women only Every Friday 10 - noon Cost \$20 +	Dr Ana L Nogales Santa Ana CA 92701 213-384-7660 Office	www.nogalespsychological.com
Santa Barbara	24 Hour Crisis Line 805-964-5245 Emergency shelter Transitional housing DVERT emergency response FREE support groups for victims and survivors of domestic violence. For group details 805-964-5245	Domestic Violence Solutions for Santa Barbara County PO Box 1536 Santa Barbara CA 93102 805-962-3778 Office 805-965-6214 FAX	www.dvsolutions.org
Santa Barbara	Hotline 805-564-3696 24 Hour crisis hotline Sexual assault response team Medical advocacy Legal advocacy Community education Counseling groups Support Groups English and Spanish spoken.	Santa Barbara Rape Crisis Ctr 433 E. Canon Peridido Street Santa Barbara CA 93101 805-963-6832 Office	www.sbrapecrisiscenter.org sbrcc@sbrcc.net
Santa Barbara	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 12 - 1.15 pm Contact Robert on 805-962-4003 Or Mike on 805-680-0496	Survivors of Incest Anonymous Santa Barbara CA 805-962-4003 Office	www.slawso.org buddylloyd2011@gmail.com
Santa Clara	Male Survivor Support Group Meets on a week night every two weeks call Tom for more details support group FREE of charge	Tom Burns Santa Clara California 408-230-6567 Office	www.malesurvivor.org
Santa Clara	Recovery from Spiritual Group Abuse Drop in group for those who were born or raised in an abusive spiritual group This is not a therapy group third Saturday 10am Free of charge	Wendy J Taylor Santa Clara CA 95050 408-659-6581 Office www.thecrossroadsofchange.com/	wendy@wendytaylormft.com
Santa Clarita	This is a peer group and not a therapy group. Topic include Trauma Survivors, surviving sexual abuse and healing using the ASCA format	Santa Clara ASCA (Adult Survivors of Child Abuse) Santa Clara CA www.meetup.com/Santa-Clarita-ASCA/	www.ascasupport.org www.ascasantaclarita.org/ ascasantaclarita@yahoo.com
Santa Clarita	Hotline 661-253-0258	Strength United	

Hotline 818-886-0453
We are a non profit multi cultural organization dedicated to the elimination of sexual and inter - personal violence through healing.
24 Hour crisis team
Systems accompaniments
We counsel male survivors and adult survivors of child abuse

Santa Clairta
CA 91355
818-787-9700 Office.
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/?fref=ts

Santa Cruz

Male Survivor Support Group
This is a 12 week group with the option to continue longer term.
Contact Survivors Healing Center for start dates and times see web address on right of page
Meets Tuesdays 5 pm
costs \$ 45 per session.

Michael Leimbach
Santa Cruz
California
831-423-7601 Office

www.survivorshalingcenter.org
programsfsa@gmail.com
www.malesurvivor.org

Santa Cruz

Survivors Support Groups
Our center offers six women's groups for female survivors of child sexual abuse.
In Santa Cruz we offer:
Male Survivor Support Group
Marlon Guarino
Meets Tuesdays 7 pm
Cost sliding scale \$25 - \$100 per session. We also bill Medical (Central Coast Alliance for Health).
Women's groups
Mens groups
Teen's group
A group for mothers of survivors
A group for partners of survivors
A group for service providers who are survivors.
A Spanish speaking group - women
A Spanish speaking mother's group
A Spanish speaking group for men
For more information about any of the groups listed above please call 831-423-7601

Survivors Healing Center
104 Walnut Avuenue
Suite 201
Santa Cruz
CA 95060
831-423-7601 Office

www.survivorshalingcenter.org
programsfsa@gmail.com

Santa Cruz

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meet Sunday 7.30 - 9 pm
Contact David

Survivors of Incest Anonymous
Santa Cruz
CA
831-425-4501 Office

www.siaawso.org
buddha@baymoon.com

Santa Cruz

See website for crisis phone numbers and hotlines
English and Spanish services
Emergency shelter
Peer support drop in groups for domestic violence or sexual assault survivors Wed 6 - 7.30pm

The Women's Center
Santa Cruz
CA 95065
831-425-4030 Office

care@ucsc.edu
www.facebook.com/WalnutAvenueWomensCenter/

Santa Maria	Hotline 805-928-3554 Services for adult and child survivors of sexual assault and child abuse. 24 Hour Crisis line Crisis intervention and advocacy counseling for victims of sexual assault or violence.	North County Rape Crisis and Child Protection Center Santa Maria Office 805-922-2994	www.sbcountyrapecrisis.org
Santa Monica	Hotline 310-883-1222 Emergency shelter No services for child abuse survivors.	Ocean Park Community Center SAFE HAVEN Santa Monica CA 90404 310-883-1222 Office / Hotline	www.opcc.net customerservice@opcc.net
Santa Monica	Hotline 310-319-4000 911 is an information services Support for sexual assault victims A safe way to learn how to get help using resources Sections for college students and how to help a friend No Services for survivors of childhood abuse.	Rape Treatment Center Santa Monica UCLA Medical Center Santa Monica CA 90001 310-319-4503 Office	www.therapefoundation.org/programs/rape-treatment-center/
Santa Monica	Trauma survivors, surviving sexual abuse and healing using the ASCA format	Santa Monica ASCA (Adult Survivors of Child Abuse) Santa Monica	www.ascasupport.org www.meetup.com/Santa-Monica-ASCA/
Santa Monica	Healing From Sexual Trauma Group for female survivors of childhood abuse Cost \$50 +	Saturday Center of Psychotherapy Santa Monica CA 90403 310-829-7997	www.saturdaycenter.org
Santa Monica	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Tuesday 7 - 8.30 pm Contact Sarah	Survivors of Incest Anonymous Santa Monica CA	www.siaawso.org santa_monica_sia@yahoo.com
Santa Rosa	Men Survivors/victims of Sexual Abuse An indepth group for adult male survivors/victims of sexual abuse Group is a small ongoing closed group meets every Wed 12 noon Cost \$40	Bob Greenberg Santa Rosa CA 95404 707-579-5928 Office	www.bgreenbergmft.com/
Santa Rosa	Women Survivors of Childhood Trauma Group members receive a free pre group interview before joining a 16 week group. The group focuses on the impact your early trauma	L Reyna Seminara Santa Rosa CA 95404 707-385-1968 Office	

has on your life now.
Meets Every Wed 3 - 4.30 pm
Cost \$20 - \$50

www.therapists.psychologytoday.com/rms/name/L+Reyna_Seminara_LMFT_Santa+Rosa_California_81274

Santa Rosa	Hotline 707-545-7273 24 Hour crisis line Support groups for survivors of Sexual assault For women & teen girls mon 6-7 For Spanish speaking adults & teens wed 7 - 8 pm Girls support group age 14-18 Male support groups LGBTQ individual therapy Fees from \$25.	Verity 835 Piner Road Santa Rosa CA 95403 707-545-7270 ext 14	www.ourverity.org info@ourverity.org
Santa Rosa	We provide advocacy FREE of charge for victims of rape, domestic violence and child abuse in the Latina and under served communities of Sonoma County.	Women's Justice Center PO Box 7510 Santa Rosa CA 95407 707-575-3150 Office	www.justicewomen.com rdjustice@monitor.net
Santa Rosa	Hotline 707-546-1234 24 Hour crisis hotline Call now for advice on what you can do to prepare to leave an abusive relationship. We offer emergency shelter and support groups.	YWCA - Sonoma County PO Box 3506 Santa Rosa CA 95402 707-546-9922 Office.	www.ywcasc.org/site/c.7pLNLVPpEbLWH/b.7965763/k.BE50/Home.htm
Seal Beach	Hotlines 562-594-4555 Or 714-891-8121 We have been providing services to individuals and families affected by domestic violence since 1979. Emergency shelter Legal assistance and advice Human trafficking awareness Individual or group counseling.	Interval House PO Box 3356 Seal Beach CA 90740 562-594-9492 Office	www.intervalhouse.org admin@intervalhouse.org
Seaside	Hotline 831-372-6300 24 Hour supportive domestic violence crisis hotline Legal advocacy	YWCA of Monterey County 915 Hilby Avenue Suite 26 Seaside CA 93955 831-655-9222 Office	www.ywca.org/site/pp.asp?c=anJHKMNrFqG&b=483519
Simi Valley	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief	Grief Recovery Workshops Seventh-Day Adventist Church 1636 Sinaloa Road Simi Valley CA Sandi Atmore 323-698-5570 Kathy Malhotra 805-813-5285	www.freedomfromgrief.com www.griefunchained.com/

Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.

Meets Wednesdays 7 - 9 pm
Call Kathy Malhorta 805-813-5285
Or Sandi Atmore 323-698-5570
Certified Grief Recovery Specialists

Sherman Oaks

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Wednesdays 7pm - 9pm

Grief Recovery Workshops
Jocelyn Jackson
4622 Van Nuys Blvd
Upstairs Suite B
Sherman Oaks
323-304-8709 Office

www.freedomfromgrief.com
jociack@yahoo.com

www.griefunchained.com

Sherman Oaks

Teen Sexual Abuse Survivors
Helping girls feel they are not
alone. Very supportive group
Meets every Wed 7 - 8pm
Cost \$30 +

Rachel Thomasian
Sherman Oaks
CA 91403
818-396-8465 Office

www.glendaletherapy.org/
Rachelthomasian@gmail.com

Sonora

Hotline 209-533-3401
We support the right of all people
to live their lives free from inter -
personal violence.
Resources and information for
those affected by sexual violence or
domestic violence. We have an
emergency shelter and can offer
you peer counseling.

Center for a Non violent
Community
19043 - B Standard Road
Sonora
CA 95370
209-588-9305 Office

[www.nonviolentcommunity.org/
info@nonviolentcommunity.org](http://www.nonviolentcommunity.org/info@nonviolentcommunity.org)

South Lake Tahoe

Hotline 530-544-4444
24 Hour Crisis line
Peer support and advocacy for
victims & survivors of sexual
assault or domestic violence
Emergency shelter
Weekly drop in support group for
women who have experienced
domestic violence
Individual counseling for survivors
of sexual assault
all services in English & Spanish.

Live Violence Free
2941 Lake Tahoe Boulevard
South Lake Tahoe
CA 96150
530-544-2118 Office

[www.liveviolencefree.org
info@liveviolencefree.org](http://www.liveviolencefree.org/info@liveviolencefree.org)

Saint Helena

Men: Adult Survivors of Childhood

Patricia Gray psyD. JD

drpatriciagray@vom.com

Sexual Abuse Group. St Helena
 Healing from Childhood Sexual CA 94574
 Abuse . This is a men's support and 707-889-4066 Cell
 psychoeducational group. Great 707-539-2825 Main Number
 care is taken to maintain a 707-539-5612 FAX
 comfortable, safe and open
 environment. Focus is on
 understanding acquired adaptive
 behavior to childhood sexual trauma
 and how it may be interfering with
 your life now. Next group meets
 weekly for two hours, and beginning
 Tuesday June 28th 2016. The fee is
 \$240 per month, paid in advance,
 Please call or email Dr. Gray for
 further details or to schedule one
 session with her before joining the
 group. Adults Only Session details
 \$50 - \$60 per session.

www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD.JD_Saint+Helena_California_119752

Saint Helena

Women: Adult Survivor of Childhood Patricia Gray psyD. JD
 Sexual Abuse. St Helena
 Adult survivors of childhood sexual CA 94574
 abuse meet to discuss common 707-889-4066 Cell
 issues that are residual to their 707-539-2825 Main Number
 childhood trauma. The group will be 707-539-5612 FAX
 facilitated by a trained
 psychotherapist and meet one a
 week for two hours. Call or email
 Dr. Gray to schedule one session
 with her before starting the group.
 Session fees are to be paid one
 month in advance.
 Issues: Sexual abuse, neglect
 Adults only. Session cost \$50 -\$60
 per session.

drpatriciagray@vom.com

www.therapists.psychologytoday.com/rms/name/Patricia_Gray_PsyD.JD_Saint+Helena_California_119752

Stockton

209-465-4878 Domestic violence Women's Center
 209-465-4997 Sexual assault Stockton
 800-769-4357 Youth line toll free CA 95202
 24 hour helplines 209-941-2611 Office
 Immediate safe haven
 Advocacy and referrals
 Teen survivors group
 Domestic violence groups in
 English and in Spanish
 Adult survivors of sexual assault
 group for women
 Adults molested as children
 support group meets once a week
 for a 13 week contact Robin
 Petersen on 209-941-2611

www.womenscenteryfs.org

Sunnyvale

Hotline 1-800-572-2782 Support Network for Battered
 We are the only domestic violence Women
 agency in North Santa Clara County. 1257 Tasman Drive
 Emergency shelter, Information and Suite C
 referrals, safety planning, legal Sunnyvale

www.ywca-sv.org/programs/SN/

	services, community education. Counseling and support groups.	CA 94089 408-541-6100 Office	
Susanville	Hotline 530-257-5004 or 1-888-289-5004 toll free 24/7 Services at no cost Domestic violence & sexual aslt Emergency shelter Legal aid court advocacy Child abuse treatment program	Lassen Family Services 1306 Riverside Drive Susanville CA 96130 530-257-4599 Office	www.lassenfamilyservices.org
Taft	Hotline 661-736-4357 Offering Emergency shelter Community education	Alpha House PO Box 712 Taft CA 93268 661-763-4357 Office / Hotline	www.alphahouse.us aalphahouse@bak.rr.com
Tahoe City	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program.	Tahoe Safe Alliance Ride Out Community Center 740 Timberland Lane Tahoe City CA 96145 530-583-3440 ext 15 Office	www.tahoosafealliance.org
Temecula	Survivors of Sexual Abuse A group for women who are survivors of sexual abuse or incest Meets every Tues 7 -8.30 pm Cost \$40	Dr Linda Comin Temecula CA 92592 951-290-0559 Office.	www.drcomin.com linda@drcomin.com
Temecula	S.A.F.E is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence. We can provide: Basic needs assistance Case management Domestic violence serices Emergency assistance (shelter) In home visitations Pal Equstrian program.	SAFE Alternatives for Everyone (Domestic Violence) 28910 Pujol Street Temecula CA 92590 951-587-3900 Office	www.safefamiliesca.org june@safefamiliesca.org
Torrance	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program	Grief Recovery Workshops Sherri Lugo First Christian Church 2930 El Dorado Street Torrance CA 562-400-2573	www.freedomfromgrief.com www.griefunchained.com

Participant must join by the third class.
Meets Saturdays 10.30 - 12.30 pm
Contact Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Tracy	209-465-4878 Domestic violence 209-465-4997 Sexual assault 800-769-4357 Youth line toll free 24 hour helplines Immediate safe haven Advocacy and referrals Teen survivors group Domestic violence groups in English and in Spanish Adult survivors of sexual assault group for women Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611	Women's Center - San Joaquin County 35 East 10th Street Tracy CA 95376 209-833-0300 Office	www.womenscenteryfs.org
Truckee	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program	Tahoe Safe Alliance PO Box 1105 12257 Business Park Drive Unit 6 Truckee CA 96161 530-582-9117 Office	www.tahoosafealliance.org
Twin Peaks	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley 26696 Highway 189 Twin Peaks California 909-337-1900 Office	www.doves4help.org/
Ukiah	Hotline 463-HELP (4357) Inland or 964-HELP for coastal region Help and planning for leaving an abusive relationship	Project Sanctuary 564 S Dora Street Ukiah CA 95482 707-462-9196	www.projectsanctuary.org info@projectsanctuary.org
Valley Springs	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling	The Resource Connection Valley Springs CA 95252 209-772-9319 Office	www.trcac.org info@trcac.org

Van Nuys	<p>818-886-0453 and 661-253-0258 24Hour support and referral lines. the Family Justice Center is a unique, public-private owned partnership that links the various agencies responsible for responding to child abuse and domestic and sexual violence. Services include: 24 Hour response, Family support and empowerment Domestic violence advocacy and counseling. Sexual assault advocacy and counseling. Child maltreatment advocacy and counseling. Education & prevention programs. Group programs and classes.</p>	<p>Strength United 14651 Oxnard Street Van Nuys CA 91405 818-787-9700 office www.csun.edu/eisner-education/strength-united www.facebook.com/StrengthUnited/?fref=ts</p>
Van Nuys	<p>Domestic Violence Support Group Group provides education and support to those who have in the past or are experiencing any form of abuse or trauma. Groups are in english and spanish and is free to those who qualify through VOC and \$15 to those who don't Every Tues & Sat 2.30 - 3.30 pm</p>	<p>Ms Laleh Rokni Van Nuys CA 91401 818-581-4169 Office www.iaba.com/iaba_dw_website/iaba_about.html</p>
Ventura	<p>A New ASCA meeting has been started in Ventura. The meetings will be weekly on Fridays from 10am to 11am. The first meeting will be held on Friday 1st of July 2016. The Asca meetings will be held in a private room in the Coffee Bean and Tea Leaf, 4360 E. Main Street. Lola Redpath is the facilitator and you may reach her via the Meetup Link.</p>	<p>ASCA Support Group Coffee Bean and Tea Tea 4360 E. Main Street Ventura CA 93003 www.meetup.com/meetup-group-KEJYQIHp/</p>
Ventura	<p>We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meet Wednesdays 5.30 - 6.30 pm & Saturdays 11.00 to 12.30pm Contact Kelsey</p>	<p>Survivors of Incest Anonymous www.siaawso.org Ventura kelseybarkan@gmail.com CA 805-815-6484 Office www.siaawso.org/Sys/PublicProfile/7096366/7166</p>
Victorville	<p>Hotline 866-228-2059 Support groups available for victims of domestic violence.</p>	<p>A Better Way PO Box 2825 Victorville CA 92393 760-955-8723 Office / Hotline www.abetterwaydomesticviolence.org</p>

Victorville	<p>Hotlines 760-949-4357 Or 1-866-770-7867 Toll Free Help with safety planning Emergency shelter We provide domestic violence support groups. Some groups are peer led and others are with a therapist. We also have an Art Healing group.</p>	<p>High Desert Domestic Violence Program 15075 7th Street Victorville CA 92395 760-843-0701 Office www.facebook.com/FamilyAssistanceProgram/</p>	<p>darryl@familyassist.org</p>
Visalia	<p>559-732-5941 domestic violence 599-732-7371 sexual assault 24 Hour 7 day hotlines Domestic violence services and support groups Sexual assault services and support groups Supportive housing Community education</p>	<p>Family Services - Tulare County 815 W. Oak Visalia CA 93291 559-741-7310 Office</p>	<p>www.fstc.net/ info@fstc.net</p>
Walnut Creek	<p>Trauma Survivors Support Group Traumatic life experiences often have long term emotional and physical consequences. There is a way out of depression & anxiety created by these events. Meets every Tues 7 - 9 pm Cost \$40</p>	<p>Joseph Charles Bentz Walnut Creek CA 94596 925-301-8748 Office</p>	<p>www.vitalcounseling.com joebentzmfti@gmail.com</p>
Walnut Creek	<p>SNAP meeting for those abused by priests. Contact Melanie Sakoda by mail on melanie.sakoda@gmail.com or telephone 925-708-6175 (c) Directions and parking details: John Muir Hospital Walnut Creek 601 Ygnacio Valley Road Sterns Room Wednesdays 7-9pm There is parking at 133 La Casa Via Or you may use the main hospital garage. At the main hospital entrance tell the desk attendant that you are for the SNAP meeting in Sterns. They will give you a visitors badge and directions. If you can't find us call give Melanie a call on 925-708-6175.</p>	<p>SNAP Survivors Network OF Those Abused BY Priests. Walnut Creek California 925-708-6175 Contact no</p>	<p>www.snapnetwork.org/ melanie.sakoda@gmail.com</p>
Watsonville	<p>Male Survivor Support Group Marlon Guarino Meets Tuesdays 7pm Cost Sliding scale \$25-\$100 per session. We also bill Medical (Central Coast Alliance for Health). Womens groups Mens groups Teen's group A group for mothers of survivors A group for partners of survivors A group for service providers who</p>	<p>Survivors Healing Center 11 Alexander Street Watsonville CA 95076 831-423-7601 Office</p>	<p>www.survivorsh healingcenter.org programsfsa@gmail.com</p>

are survivors
A Spanish speaking group -Women
A Spanish speaking mother's group
A Spanish speaking group - men
For more information about any of
the groups listed above please
call 831-423-7601

Watsonville	Hotline 1-888-900-4232 24 Hour crisis hotline English and Spanish services Emergency shelter Peer support drop in groups for domestic violence or sexual assault survivors Tue 6 - 7.30pm.	Monarch Support Services Watsonville CA 95076 831-722-4532 Office	www.monarchsc.org/
Weaverville	Hotline 1-800-623-HELP 24 Hour crisis line Services for domestic and sexual abuse victims Domestic violence women's group meets weekly Peer counseling for victims of sexual assault Services for child victims All services are free of charge	Human Response Network Po Box 2370 111 Mountain View Street Weaverville CA 96093 530-623-2024 Office	www.humanresponsenetwork.org
West Covina	Hotline 262-967-0658 Our WINGS domestic violence services provide safe emergency and transitional shelter. Support groups are also available.	YWCA - San Gabriel Valley 943-N. Grand Avenue West Covina CA 91724 926-960-2995 Office	www.ywcasgv.org info@ywcasgv.org
West Point	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling	The Resource Connection West Point CA 95255 209-754-2255 ext 3617 Office	www.trcac.org info@trcac.org
Woodland	Hotline 530-662-1133 or 916-371-1907 24 Hour 7 days a week Se habla Espanol Alternative to violence program Domestic violence response team Women's domestic violence support group Monday 9am Monday 2pm, Tuesday noon Thursday 9am Thursday 3pm some groups in English some in Spanish call office for details.	Sexual Assault and Domestic Violence Center 175 Walnut Street Woodland CA 95695 530-661-6336 Office www.facebook.com/EmpowerYolo	info@sadvc.org
Yreka	Hotline 1-877-842-4068 24 Hour crisis hotline All services are free of charge Emergency shelter 24 Hour crisis response	Siskiyou Domestic Violence and Crisis Center 118 Ranch Lane Yreka CA 96097	sdvcc@snowcrest.net

Legal advocacy
Individual / group counseling.

530-842-6629 Office.
www.facebook.com/SiskiyouDomesticViolenceCrisisCenter

Yuba City

Hotline 530-674-5400
We are a refuge providing protection
to those caught in the cycles of
domestic violence, sexual assault
and child abuse.
We offer a 24 hour hotline
Safe emergency shelter
Serving the Counties of Sutter,
Colusa and Beale Air Force base.

Casa de Esperanza
PO Box 56
Yuba City
CA 95991
530-674-5400 Office / Hotline

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