

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>IOWA</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of Child Abuse</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Statewide</b>	<p>1800-284-7821 Sexual assault Statewide Hotline and information.</p>	<p>Iowa Coalition Against Sexual Assault</p>	<p><a href="http://www.iowacasa.org">www.iowacasa.org</a></p>
<b>Statewide</b>	<p>1-800-770-1650 Domestic violence Statewide hotline and information.</p>	<p>Iowa Coalition Against Domestic Violence</p>	<p><a href="http://www.icadv.org">www.icadv.org</a></p>
<b>Adel</b>	<p>Hotline 800-400-4884                      Crisis hotline                      Emergency shelter for homeless                      Information and referrals.</p>	<p>Crisis Intervention &amp; Advocacy Adel                      IA 50003                      515-993-4095 Office  <a href="http://www.enlivenedwellness.com/crisis-intervention-advocacy-center/">www.enlivenedwellness.com/crisis-intervention-advocacy-center/</a></p>	<p><a href="http://www.enlivenedwellness.com/Megan@ciac91.org">www.enlivenedwellness.com/Megan@ciac91.org</a></p>
<b>Algona</b>	<p>800-479-9071 Sexual Assault                      855-424-9133 Domestic Abuse                      24 Hour crisis hotlines                      Support and advocacys for victims of domestic and sexual violence                      Emergency shelter                      Crisis counseling</p>	<p>Crisis Intervention Service Algona                      515-295-8646 Office</p>	<p><a href="http://www.cishelps.org">www.cishelps.org</a>  <a href="mailto:cis@CISHELPS.org">cis@CISHELPS.org</a></p>
<b>Algona</b>	<p>Hotline 877-295-6958                      Supportive hotline, information and referrals.</p>	<p>Family Crisis Center of North Iowa, Inc                      PO Box 642                      Algona                      IA 50511                      877-295-6958 Office</p>	<p><a href="http://www.familycrisiscenters.org/">www.familycrisiscenters.org/</a></p>
<b>Ames</b>	<p>1-855-983-4641 Domestic Abuse                      Or 1-800-203-3488 Sexual Assault                      1-855-696-2980 Shelter crisis Line                      Safe tempoary shelter for women and their children                      Crisis response services</p>	<p>Access                      PO Box 1429                      Ames                      IA 50014                      515-292-0500 Office</p>	<p><a href="http://www.assaultcarecenter.org">www.assaultcarecenter.org</a>  <a href="mailto:director@assaultcarecenter.org">director@assaultcarecenter.org</a></p>

Short term counseling to adult survivors of child sexual abuse and domestic violence.  
Support groups for children who have witnessed family violence  
Serving Boone and Green Counties

<b>Atlantic</b>	Hotlines 712-243-6615 Or 1-800-696-5123 Serving Adair, Audubon, Cass, Shelby, Fremont, Mills, Montgomery and Page.	Family Crisis Support Network PO Box 11 Atlantic IA 50022 712-243-6615 Office	<a href="http://www.familycrisiscenters.org/">www.familycrisiscenters.org/</a>
<b>Burlington</b>	1-800-228-1625 Sexual Assault 1-800--373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge.	Family Resources 218 N 3rd Street Suite 515-16 Burlington IA 52601 886-921-3356	<a href="http://www.famres.org">www.famres.org</a>
<b>Burlington</b>	Hotline 1-800-693-1399 Safe shelter for women and children Medical, legal and court advocacy Individual counseling Domestic violence support group Sexual assault support group	YWCA: domestic Violence Shelter & Sexual Assault Center 616 North 8th Street Burlington IA 52501 319-752-0606 Office <a href="http://www.burlingtony.org/womens-shelter">www.burlingtony.org/womens-shelter</a>	<a href="mailto:ywshelterruby@mchsi.com">ywshelterruby@mchsi.com</a>
<b>Carroll</b>	Hotline 800-382-9744 Crisis hotline	Domestic and Sexual Assault Outreach Center Carroll IA 51401 712-792-6722 Office	<a href="http://www.familycrisiscenters.org/">www.familycrisiscenters.org/</a>
<b>Cedar Rapids</b>	Healing from Sexual Abuse and Trauma	Richelle Derfus Cedar Rapids IA 52404 319-936-7008 Office	<a href="http://www.richellederfus.com/">www.richellederfus.com/</a> <a href="mailto:rderfus@gmail.com">rderfus@gmail.com</a>
<b>Cedar Rapids</b>	Support for adult survivors of sexual abuse, incest, domestic violence, rape and sexual assault Contact Margie for group info <a href="mailto:margie@lamplighters.com">margie@lamplighters.com</a>	Lamplighters Movement Cedar Rapids Iowa	<a href="http://www.thelamplighters.com">www.thelamplighters.com</a> <a href="mailto:margie@lamplighters.org">margie@lamplighters.org</a>
<b>Cedar Rapids</b>	Hotlines 319-363-2093 Or 800-208-0388 We provide shelter and support to individuals who are in crisis due to homelessness, poverty, domestic violence or sexual assault. Emergency shelter Domestic violence victims services.	Waypoint 318 fifth Street SE Cedar Rapids IA 52401 319-365-1458 Office.	<a href="http://www.waypointservices.org">www.waypointservices.org</a>
<b>Charles City</b>	Hotline 800-479-9071 Or 641-424-9133 24 Hour crisis hotlines	Crisis Intervention Service Charles City 641-228-0015 Office	<a href="http://www.cishelps.org">www.cishelps.org</a> <a href="mailto:cis@CISHELPS.org">cis@CISHELPS.org</a>

Support and advocacys for victims  
of domestic and sexual violence  
Emergency shelter  
Crisis counseling

**Cherokee**

Hotline 1-800-225-7233  
Crisis & follow up counseling  
Group counseling  
Emergency safe shelter  
Legal and personal advocacy  
Services for survivors of domestic  
abuse, adult sexual abuse and  
survivors of incest in Cherokee, Ida  
and Sac.

Council Against Domestic  
Abuse and Sexual Assault  
PO Box 963  
Cherokee  
IA 51012  
712-225-5003 Office

[www.iowacasa.org/get-help](http://www.iowacasa.org/get-help)

**Clinton**

1-800-228-1625 Sexual Assault  
1-800-373-1043 Domestic Abuse  
24 Hour crisis hotlines  
Emergency shelter  
Medical and legal advocacy  
Counseling groups  
Support groups  
All services FREE of charge

Family Resources - Domestic  
Violence and Sexual Assault  
Resource Center  
511 South 3rd Street  
1st Floor  
Clinton  
IA 52732  
866-921-3356 Office

[www.famres.org](http://www.famres.org)

**Council Bluffs**

Hotline 712-328-0266  
Crisis hotline  
Counseling for sexual abuse  
Emergency shelter  
Legal advocacy, hospital response  
Education and support groups

Phoenix House  
Catholic Charities DV/SA  
Program  
Council Bluffs  
IA 51503  
712-328-3086 Office  
712-256-2059 sheter office

[communications@dmdiocese.org](mailto:communications@dmdiocese.org)

[www.dmdiocese.org/domestic-violence.cfm](http://www.dmdiocese.org/domestic-violence.cfm)

**Creston**

641-782-6632 Local hotline  
Or 1-888-782-6632  
24 Hour crisis hotlines  
Referrals to emergency shelter  
Crisis intervention  
Medical and legal advocacy  
Counseling  
Support groups as available  
Serving Adams, Clarke, Decatur,  
Ringgold, Taylor & Union Counties  
Plus Corning-Adams  
Mt. Ayr-Ringgold  
Bedford-Taylor

Rural Iowa Crisis Center  
PO Box 384  
Creston  
IA 50801  
888-782-6632 Office

[www.facebook.com/notes/slutwalk-  
des-moines/iowa-sexual-assault-  
and-domestic-abuse-  
programs/498855656819255/](https://www.facebook.com/notes/slutwalk-des-moines/iowa-sexual-assault-and-domestic-abuse-programs/498855656819255/)

**Davenport**

1-800-228-1625 Sexual Assault  
1-800-373-1043 Domestic Violence  
24 Hour crisis hotlines  
Emergency shelter  
Medical and legal advocacy  
Counseling groups  
Support groups  
All services FREE of charge.

Family Resources  
2800 Eastern Avenue  
Davenport  
IA 52803  
563-326-6431 Office

[www.famres.org](http://www.famres.org)

<b>Decorah</b>	Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups.	Domestic & Sexual Abuse Resource Center Services Decorah IA 52101 563-837-1720 Office.	<a href="mailto:info@helpingservices.org">info@helpingservices.org</a>
<a href="http://www.helpingservices.org/services/domestic-advocacy-services/">www.helpingservices.org/services/domestic-advocacy-services/</a>			
<b>Des Moines</b>	Hotline 1-800-942-0333 We have been restoring hope, building futures and changing lives for Iowa's most vulnerable for 125 years. Our domestic violence services provide a unique approach to helping victims rebuild their lives. Emergency shelter Resources, referrals and assistance Medical and legal advocacy Individual and group counseling Community counseling and support groups in Polk and Warren Counties.	Children & Families of Iowa 1111 University Avenue Des Moines IA 50314 515-288-1981 Office	<a href="http://www.cfiowa.org">www.cfiowa.org</a> <a href="mailto:contactus@cfiowa.org">contactus@cfiowa.org</a>
<a href="http://www.cfiowa.org/programs/domestic-violence/">www.cfiowa.org/programs/domestic-violence/</a>			
<b>Des Moines</b>	The Lamplighters Movement. This Chapter provides support to adult MALE survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further information please see our website.	The Lamplighters Movement Male Chapter Des Moines Iowa	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a>
<a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>			
<b>Des Moines</b>	Hotline 515-286-3600 We provide crisis intervention and on going supportive services regardless of law enforcement involvement or the length of time since the assault or abuse occurred . Law and judicail advocacy Counseling sessions Support groups Art therapy for children traumatized by violent crime Referrals to appropriate services All services FREE of charge.	Polk County Crisis & Advocacy Services 2309 Euclid Avenue Des Moines IA 50310 515-286-3600 Office / Hotline	<a href="http://www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/">www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/</a>
<a href="http://www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/">www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/</a>			
<b>Dubuque</b>	Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups	Domestic & Sexual Abuse Resource Center Services Dubuque IA 52001 563-582-5317 Office	<a href="http://www.helpingservices.org">www.helpingservices.org</a> <a href="mailto:info@helpingservices.org">info@helpingservices.org</a>
<a href="http://www.helpingservices.org/services/">www.helpingservices.org/services/</a>			
<b>Dubuque</b>	Hotline 800-332-5899 We serve three Counties in North east Iowa: Dubuque, Delaware and Buchanan. Offering safe emergency shelter, supportive counseling. Medical and legal advocacy	Dubuque Community Domestic Violence Program PO Box 1301 Dubuque IA 52004 563-588-0048 Office	<a href="http://www.dubuquey.org/social-responsibility/victim-services-shelter/">www.dubuquey.org/social-responsibility/victim-services-shelter/</a>
<a href="http://www.dubuquey.org/social-responsibility/victim-services-shelter/">www.dubuquey.org/social-responsibility/victim-services-shelter/</a>			
<b>Dubuque</b>	1-800-228-1625 Sexual Assault 1-800-373-1043 Domestic Abuse	Family Resources Nesler Building,	<a href="http://www.famres.org">www.famres.org</a>

24 Hour crisis hotlines  
Emergency shelter  
Medical and legal advocacy  
Counseling groups  
Support groups  
All services FREE of charge

799 Main  
Suite 224,  
Dubuque  
IA 52001  
866-921-3356 Office

**Dubuque**

888-707-8155 Sexual assault  
815-777-3680 Domestic violence  
24 Hour hotline  
Emergency shelter  
Medical and legal advocacy  
Individual and group counseling  
Services FREE of charge  
Serving Buchanan, Delaware,  
Dubuque Counties

Riverview Center  
2600 Dodge Street  
Dubuque  
IA 52003  
563-557-0310 Office

[www.riverviewcenter.org](http://www.riverviewcenter.org)  
[info@riverviewcenter.org](mailto:info@riverviewcenter.org)

**Eldora**

Hotline 1-888-746-4673  
Information for victims of domestic  
violence

Seeds of Hope  
Eldora  
IA 50627  
641-939-8186 Office

[www.seedsofhope.org/](http://www.seedsofhope.org/)

**Forest City**

Hotline 800-479-9071  
Or 641-424-9133  
24 Hour crisis hotlines  
Support and advocacys for victims  
of domestic and sexual violence  
Emergency shelter  
Crisis counseling

Crisis Intervention Service  
Forest City  
641-585-1050 Office

[www.cishelps.org](http://www.cishelps.org)  
[cis@CISHELPS.org](mailto:cis@CISHELPS.org)

**Fort Dodge**

Hotline 515-955-2273  
Or 1-888-356-2006 Toll free  
24 Hour crisis lines  
Safe shelter for victims of domestic  
violence and sexual assault  
Individual counseling  
Support groups in English/Spanish  
Public awareness education

YWCA of Fort Dodge  
826 1st Avenue North  
Fort Dodge  
IA 50501  
515-573-3931 Office

[www.ywca.org/site/pp.asp?c=ljJZJ6MLluE&b=2619087](http://www.ywca.org/site/pp.asp?c=ljJZJ6MLluE&b=2619087)

**Grinnell**

Grinnell College Advocates is a  
staff supervised, student  
organization that aims to create  
greater awareness about issues  
surrounding sexual assault and  
dating violence on and around  
campus. On Call peer advocates  
can be reached on 641-260-1615

Grinnell Advocates  
Grinnell College  
PO Box 805  
Grinnell  
IA 50112  
Advocate 641-260-1615  
Crisis Services 800-270-1620

[www.grinnell.edu/about/offices-services/crssi/support](http://www.grinnell.edu/about/offices-services/crssi/support)

**Grundy Center**

Hotline 1-888-746-4673  
Information for victims of domestic  
violence

Seeds of Hope  
Grundy Center  
IA 50638  
319-824-5522 Office

[www.angelfire.com/ia2/seedsofhope/home.html](http://www.angelfire.com/ia2/seedsofhope/home.html)

[seedsofhope@hotmail.com](mailto:seedsofhope@hotmail.com)

**Hampton**

Sexual Assault 800-479-9071  
Domestic Abuse 641-424-9133  
24 Hour crisis hotlines  
Support and advocacys for victims  
of domestic and sexual violence  
Emergency shelter

Crisis Intervention Service  
Hampton  
641-456-8949 Office

[www.cishelps.org](http://www.cishelps.org)  
[cis@CISHELPS.org](mailto:cis@CISHELPS.org)

Crisis counseling

<b>Iowa City</b>	Hotline 1-800-373-1043 Our mission is to provide the most comprehensive support and advocacy services to victims and survivors, focusing on immediate and long term safety, empowerment dignity and hope. Information and resources for those needing to flee an abusive situation Serving Iowa to Cedar, Johnson, and Washington Counties.	Domestic Violence Intervention Program PO Box 3170 Iowa City IA 52244 319-351-1043 Office	<a href="http://www.dvipiowa.org/">www.dvipiowa.org/</a> <a href="mailto:dvip@dvipiowa.org">dvip@dvipiowa.org</a>
<b>Keokuk</b>	Hotline 800-498-5095 Serving Lee and Van Buren, Clarke (Missouri) Hancock (Illinois)	Tri-State Coalition Against Domestic & Sexual Violence PO Box 494 Keokuk IA 52632 319-524-8520 Office <a href="http://www.iawf.org/get-the-facts/statewide-directory/">www.iawf.org/get-the-facts/statewide-directory/</a>	
<b>Marshalltown</b>	Sexual Assault 1-800-203--3488 Domestic Abuse 855-983-4641 We are a dual agency working with victims /survivors of sexual assault and domestic violence in Marshall, Jasper, Poweshiek, and Tama We offer support groups	Domestic Violence / Sexual Assault Center PO Box 1507 Marshalltown IA 50158	<a href="mailto:dvassc@marshallnet.com">dvassc@marshallnet.com</a> <a href="http://www.assaultcarecenter.org/">www.assaultcarecenter.org/</a>
<b>Mason City</b>	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Mason City 641-424-9071 Office	<a href="http://www.cishelps.org">www.cishelps.org</a> <a href="mailto:cis@CISHELPS.org">cis@CISHELPS.org</a>
<b>Manchester</b>	888-707-8155 Sexual assault 815-777-3680 Domestic violence 24 Hour hotline Emergency shelter Mediacal and legal advocacy Individual and group counseling Services FREE of charge Serving Buchanan, Delaware, Dubuque Counties	Riverview Center 118 West Main Street Manchester IA 52057 563-927-1524 Office	<a href="http://www.riverviewcenter.org">www.riverviewcenter.org</a> <a href="mailto:info@riverviewcenter.org">info@riverviewcenter.org</a>
<b>Muscatine</b>	Hotline 563-326-9191 866-921-3354 Toll free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resource 119 Sycamore Street Suite 200 Muscatine IA 52761 563-263-0067 Office	<a href="http://www.famres.org">www.famres.org</a>
<b>Osage</b>	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines	Crisis Intervention Service Osage 641-832-8456 Office	<a href="http://www.cishelps.org">www.cishelps.org</a> <a href="mailto:cis@CISHELPS.org">cis@CISHELPS.org</a>

Support and advocacys for victims  
of domestic and sexual violence  
Emergency shelter  
Crisis counseling

<b>Ottumwa</b>	Hotline 641-683-3122 Or 1-800-464-8340 Toll free An emergency shelter for women survivors of domestic violence and sexual assault. Support groups Service area: Appanoose, Davis, Jefferson, Monroe, Wapello and Wayne. <a href="http://www.facebook.com/Crisis-Center-Womens-Shelter-240735002943890/">www.facebook.com/Crisis-Center-Womens-Shelter-240735002943890/</a>	Crisis Center and Women's Shelter Ottumwa IA 52501 641-683-3122 Office 641-683-1750 Office	
<b>Postville</b>	Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups	Domestic & Sexual Abuse Resource Center Services Postville IA 52162 563-864-7163 Office <a href="http://www.helpingservices.org/services/">www.helpingservices.org/services/</a>	<a href="http://www.helpingservices.org">www.helpingservices.org</a> <a href="mailto:info@helpingservices.org">info@helpingservices.org</a>
<b>Sioux Center</b>	Hotline 1-800-382-5603 722-4404 Sioux County 472-9626 Lyon County 754-4547 Osceola County 324-9744 O'Brien County Safe shelter housing Medical and legal advocacy Community outreach program Counseling available Peer Support groups All services FREE of charge.	Family Crisis Center PO Box 295 Sioux Center IA 51250 712-722-4404 Office	<a href="http://www.familycrisiscenters.org">www.familycrisiscenters.org</a>
<b>Sioux City</b>	1-800-982-7233 Toll free 712-258-7233 Sioux City 712-546-6764 LeMars 24 Hour crisis hotlines Safe emergency shelter Medical and legal advocacy FREE short term counseling Support groups for domestic violence victims Multicultural outreach program	Council on Sexual Assault and Domestic Violence Sioux City IA 51102 712-277-0131 Office	<a href="http://www.csadvsioxland.org/">www.csadvsioxland.org/</a>
<b>Waterloo</b>	Local hotline 319-352-0037 Toll Free 1-800-410-7233 Information for victims of domestic violence.	Friends of Families Inc Waterloo IA 50702 319-234-0232 Office	
<b>Waverly</b>	Hotline 319-352-0037 Or 1-800-410-7233 24 Hour crisis hotlines Safe shelter for victims of domestic violence or sexual assault Counseling for survivors Support groups for domestic violence and sexual assault.	Cedar Valley Friends of the Family Waverly IA 50677 319-352-1108 Office <a href="http://www.shelterlistings.org/details/31400/">www.shelterlistings.org/details/31400/</a>	<a href="mailto:admin@cvfriendsofthefamily.org">admin@cvfriendsofthefamily.org</a>