

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
IOWA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1800-284-7821 Sexual assault Statewide Hotline and information.</p>	<p>Iowa Coalition Against Sexual Assault</p>	<p>www.iowacasa.org</p>
Statewide	<p>1-800-770-1650 Domestic violence Statewide hotline and information</p>	<p>Iowa Coalition Against Domestic Violence</p>	<p>www.icadv.org</p>
Adel	<p>Hotline 800-400-4884 Crisis hotline Emergency shelter for homeless Information and referrals</p>	<p>Crisis Intervention & Advocacy Adel IA 50003 515-993-4095 Office www.enlivenedwellness.com/crisis-intervention-advocacy-center/</p>	<p>www.enlivenedwellness.com/Megan@ciac91.org</p>
Algona	<p>800-479-9071 Sexual Assault 855-424-9133 Domestic Abuse 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling</p>	<p>Crisis Intervention Service Algona 515-295-8646 Office</p>	<p>www.cishelps.org cis@CISHELPS.org</p>
Algona	<p>Hotline 877-295-6958 Supportive hotline, information and referrals</p>	<p>Family Crisis Center of North Iowa, Inc PO Box 642 Algona IA 50511 877-295-6958 Office</p>	
Ames	<p>1-855-983-4641 Domestic Abuse Or 1-800-203-3488 Sexual Assault 1-855-696-2980 Shelter crisis Line Safe tempoary shelter for women and their children Crisis response services</p>	<p>Access PO Box 1429 Ames IA 50014 515-292-0500 Office</p>	<p>www.assaultcarecenter.org director@assaultcarecenter.org</p>

Short term counseling to adult survivors of child sexual abuse and domestic violence.
Support groups for children who have witnessed family violence
Serving Boone and Green Counties

Atlantic	Hotlines 712-243-6615 Or 1-800-696-5123 Serving Adair, Audubon, Cass, Shelby, Fremont, Mills, Montgomery and Page.	Family Crisis Support Network PO Box 11 Atlantic IA 50022 712-243-6615 Office www.womenslaw.org/gethelp_state_type.php?type_id=1284&state_code=IA	
Burlington	1-800-228-1625 Sexual Assault 1-800--373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge.	Family Resources 218 N 3rd Street Suite 515-16 Burlington IA 52601 886-921-3356	www.famres.org
Burlington	Hotline 1-800-693-1399 Safe shelter for women and children Medical, legal and court advocacy Individual counseling Domestic violence support group Sexual assault support group	YWCA: domestic Violence Shelter & Sexual Assault Center 616 North 8th Street Burlington IA 52501 319-752-0606 Office	ywshelterruby@mchsi.com
Carroll	Hotline 800-382-9744 Crisis hotline	Domestic and Sexual Assault Outreach Center Carroll IA 51401 712-792-6722 Office	
Cedar Rapids	Healing from Sexual Abuse and Trauma	Richelle Derfus Cedar Rapids IA 52404 319-936-7008 Office	www.richellederfus.com/ rderfus@gmail.com
Cedar Rapids	Support for adult survivors of sexual abuse, incest, domestic violence, rape and sexual assault Contact Margie for group info margie@lamplighters.com	Lamplighters Movement Cedar Rapids Iowa	www.thelamplighters.com margie@lamplighters.org
Cedar Rapids	Hotlines 319-363-2093 Or 800-208-0388 We provide shelter and support to individuals who are in crisis due to homelessness, poverty, domestic violence or sexual assault. Emergency shelter Domestic violence victims services	Waypoint 318 fifth Street SE Cedar Rapids IA 52401 319-365-1458 Office.	www.waypointservices.org
Charles City	Hotline 800-479-9071 Or 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims	Crisis Intervention Service Charles City 641-228-0015 Office	www.cishelps.org cis@CISHELPS.org

of domestic and sexual violence
Emergency shelter
Crisis counseling

Cherokee	Hotline 1-800-225-7233 Crisis & follow up counseling Group counseling Emergency safe shelter Legal and personal advocacy Services for survivors of domestic abuse, adult sexual abuse and survivors of incest in Cherokee, Ida and Sac.	Council Against Domestic Abuse and Sexual Assault PO Box 963 Cherokee IA 51012 712-225-5003 Office	
Clinton	1-800-228-1625 Sexual Assault 1-800-373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resources - Domestic Violence and Sexual Assault Resource Center 511 South 3rd Street 1st Floor Clinton IA 52732 866-921-3356 Office	www.famres.org
Council Bluffs	Hotline 712-328-0266 Crisis hotline Counseling for sexual abuse Emergency shelter Legal advocacy, hospital response Education and support groups	Phoenix House Catholic Charities DV/SA Program Council Bluffs IA 51503 712-328-3086 Office 712-256-2059 sheter office	communications@dmdiocese.org www.dmdiocese.org/domestic-violence.cfm
Creston	641-782-6632 Local hotline Or 1-888-782-6632 24 Hour crisis hotlines Referrals to emergency shelter Crisis intervention Medical and legal advocacy Counseling Support groups as available Serving Adams, Clarke, Decatur, Ringgold, Taylor & Union Counties Plus Corning-Adams Mt. Ayr-Ringgold Bedford-Taylor	Rural Iowa Crisis Center PO Box 384 Creston IA 50801 888-782-6632 Office	
Davenport	1-800-228-1625 Sexual Assault 1-800-373-1043 Domestic Violence 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resources 2800 Eastern Avenue Davenport IA 52803 563-326-6431 Office	www.famres.org
Decorah	Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups.	Domestic & Sexual Abuse Resource Center Services Decorah IA 52101 563-837-1720 Office.	info@helpingservices.org

www.helpingservices.org/

Des Moines	Hotline 1-800-942-0333 We have been restoring hope, building futures and changing lives for Iowa's most vulnerable for 125 years. Our domestic violence services provide a unique approach to helping victims rebuild their lives. Emergency shelter Resources, referrals and assistance Medical and legal advocacy Individual and group counseling Community counseling and support groups in Polk and Warren Counties	Children & Families of Iowa 1111 University Avenue Des Moines IA 50314 515-288-1981 Office www.cfiowa.org/programs/domestic-violence/	www.cfiowa.org contactus@cfiowa.org
Des Moines	Hotline 515-286-3600 We provide crisis intervention and on going supportive services regardless of law enforcement involvement or the length of time since the assault or abuse occurred . Law and judicial advocacy Counseling sessions Support groups Art therapy for children traumatized by violent crime Referrals to appropriate services All services FREE of charge.	Polk County Crisis & Advocacy Services 2309 Euclid Avenue Des Moines IA 50310 515-286-3600 Office / Hotline www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/	
Dubuque	Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups	Domestic & Sexual Abuse Resource Center Services Dubuque IA 52001 563-582-5317 Office	www.helpingservices.org info@helpingservices.org
Dubuque	Hotline 800-332-5899 We serve three Counties in North east Iowa: Dubuque, Delaware and Buchanan. Offering safe emergency shelter, supportive counseling. Medical and legal advocacy	Dubuque Community Domestic Violence Program PO Box 1301 Dubuque IA 52004 563-588-0048 Office www.dubuquey.org/social-responsibility/victim-services-shelter/	
Dubuque	1-800-228-1625 Sexual Assault 1-800-373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resources Nesler Building, 799 Main Suite 224, Dubuque IA 52001 866-921-3356 Office	www.famres.org
Dubuque	888-707-8155 Sexual assault 815-777-3680 Domestic violence 24 Hour hotline Emergency shelter Medical and legal advocacy Individual and group counseling Services FREE of charge	Riverview Center 2600 Dodge Street Dubuque IA 52003 563-557-0310 Office	www.riverviewcenter.org info@riverviewcenter.org

Serving Buchanan, Delaware,
Dubuque Counties

Eldora	Hotline 1-888-746-4673 Information for victims of domestic violence	Seeds of Hope Eldora IA 50627 641-939-8186 Office	www.seedsofhope.org/
Forest City	Hotline 800-479-9071 Or 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Forest City 641-585-1050 Office	www.cishelps.org cis@CISHELPS.org
Fort Dodge	Hotline 515-955-2273 Or 1-888-356-2006 Toll free 24 Hour crisis lines Safe shelter for victims of domestic violence and sexual assault Individual counseling Support groups in English/Spanish Public awareness education	YWCA of Fort Dodge 826 1st Avenue North Fort Dodge IA 50501 515-573-3931 Office www.ywca.org/site/pp.asp?c=ljZJ6MLluE&b=2619087	
Grinnell	Grinnell College Advocates is a staff supervised, student organization that aims to create greater awareness about issues surrounding sexual assault and dating violence on and around campus. On Call peer advocates can be reached on 641-260-1615	Grinnell Advocates Grinnell College PO Box 805 Grinnell IA 50112 Advocate 641-260-1615 Crisis Services800-270-1620 www.grinnell.edu/about/offices-services/crssj/support	
Grundy Center	Hotline 1-888-746-4673 Information for victims of domestic violence	Seeds of Hope Grundy Center IA 50638 319-824-5522 Office	seedsofhope@hotmail.com
Hampton	Sexual Assault 800-479-9071 Domestic Abuse 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Hampton 641-456-8949 Office	www.cishelps.org cis@CISHELPS.org
Iowa City	Hotline 1-800-373-1043 Our mission is to provide the most comprehensive support and advocacy services to victims and survivors, focusing on immediate and long term safety, empowerment dignity and hope. Information and resources for those needing to flee an abusive situation Serving Iowa to Cedar, Johnson, and Washington Counties.	Domestic Violence Intervention Program PO Box 3170 Iowa City IA 52244 319-351-1043 Office	www.dvipiowa.org/ dvip@dvipiowa.org
Keokuk	Hotline 800-498-5095	Tri-State Coalition Against	

	Serving Lee and Van Buren, Clarke (Missouri) Hancock (Illinois)	Domestic & Sexual Violence PO Box 494 Keokuk IA 52632 319-524-8520 Office	
Marshalltown	Sexual Assault 1-800-203--3488 Domestic Abuse 855-983-4641 We are a dual agency working with victims /survivors of sexual assault and domestic violence in Marshall, Jasper, Poweshiek, and Tama We offer support groups	Domestic Violence / Sexual Assault Center PO Box 1507 Marshalltown IA 50158	dvassc@marshallnet.com www.assaultcarecenter.org/
Mason City	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Mason City 641-424-9071 Office	www.cishelps.org cis@CISHELPS.org
Manchester	888-707-8155 Sexual assault 815-777-3680 Domestic violence 24 Hour hotline Emergency shelter Mediacal and legal advocacy Individual and group counseling Services FREE of charge Serving Buchanan, Delaware, Dubuque Counties	Riverview Center 118 West Main Street Manchester IA 52057 563-927-1524 Office	www.riverviewcenter.org info@riverviewcenter.org
Muscatine	Hotline 563-326-9191 866-921-3354 Toll free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resource 119 Sycamore Street Suite 200 Muscatine IA 52761 563-263-0067 Office	www.famres.org
Osage	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Osage 641-832-8456 Office	www.cishelps.org cis@CISHELPS.org
Ottumwa	Hotline 641-683-3122 Or 1-800-464-8340 Toll free An emergency shelter for women survivors of domestic violence and sexual assault. Support groups Service area: Appanoose, Davis, Jefferson, Monroe, Wapello and Wayne.	Crisis Center and Women's Shelter Ottumwa IA 52501 641-683-3122 Office 641-683-1750 Office	
Postville	Hotline 800-383-2988	Domestic & Sexual Abuse	www.helpingservices.org

24 Hour crisis hotline
Medical and legal advocacy
Individual counseling
Support groups

Resource Center Services
Postville
IA 52162
563-864-7163 Office

info@helpingservices.org

Sioux Center

Hotline 1-800-382-5603
722-4404 Sioux County
472-9626 Lyon County
754-4547 Osceola County
324-9744 O'Brien County
Safe shelter housing
Medical and legal advocacy
Community outreach program
Counseling available
Peer Support groups
All services FREE of charge.

Family Crisis Center
PO Box 295
Sioux Center
IA 51250
712-722-4404 Office

www.familycrisiscenters.org

Sioux City

1-800-982-7233 Toll free
712-258-7233 Sioux City
712-546-6764 LeMars
24 Hour crisis hotlines
Safe emergency shelter
Medical and legal advocacy
FREE short term counseling
Support groups for domestic
violence victims
Multicultural outreach program

Council on Sexual Assault and
Domestic Violence
Sioux City
IA 51102
712-277-0131 Office

www.csadvsiouxland.org/

Waterloo

Local hotline 319-352-0037
Toll Free 1-800-410-7233
Information for victims of domestic
violence.

Friends of Families Inc
Waterloo
IA 50702
319-234-0232 Office

www.cvfriensofthefamily.org/

Waverly

Hotline 319-352-0037
Or 1-800-410-7233
24 Hour crisis hotlines
Safe shelter for victims of domestic
violence or sexual assault
Counseling for survivors
Support groups for domestic
violence and sexual assault

Cedar Valley Friends of the
Family
Waverly
IA 50677
319-352-1108 Office

www.cvfriensofthefamily.org
admin@cvfriensofthefamily.org