

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MINNESOTA</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of Child Abuse.</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Statewide</b>	<p>1-866-223-1111 Domestic Violence Statewide information hotline</p>	<p>Minnesota Coalition for Battered Women                      651-646-6177 Office</p>	<p><a href="http://www.mcbw.org">www.mcbw.org</a></p>
<b>Statewide</b>	<p>24 hour helpline 701-293-7273 or 1-800-344--7273                      Statewide Toll Free Helpline</p>	<p>Minnesota Coalition Against Sexual Assault                      St. Paul                      651-209-9993 Office</p>	<p><a href="http://www.mncasa.org">www.mncasa.org</a>  <a href="mailto:info@mncasa.org">info@mncasa.org</a></p>
<b>Ada</b>	<p>Hotline 218-784-3312                      1-877-233-5642 Toll Free                      1-800-510-9967 After hours cells                      The victim assistance program is funded via VOCA and state grants. Accopaniments and supports victims through the criminal justice process. Transportation to attend court and other appointments. Crisis counseling for victims and their families.</p>	<p>Norman County Victim Assistance Program                      402 3rd Avenue East                      Suite 9                      Ada                      MN 56510                      218-784-3312 Office / hotline</p>	<p><a href="http://www.co.norman.mn.us">www.co.norman.mn.us</a>                      Click the VAP button on right of page</p>
<b>Aitkin</b>	<p>Hotlines 218-927-2327                      Or 1-888-276-1720                      AADA works to end violence through education and advocacy and empowers people experiencing domestic violence to heal their lives. AADA services provided to local communities include:                      Safe emergency housing and longer term supportive housing                      information and referrals                      One to one and group support</p>	<p>Advocates Against Domestic Abuse                      PO Box 153                      Aitkin                      Minnesota                      218-927-2327 Office / Hotline  <a href="http://www.advocatesagainstdomesticabuse.org">www.advocatesagainstdomesticabuse.org</a></p>	

<b>Aitkin</b>	<p>Hotline 218-927-6226  Or 1-866-747-5008 Toll free  24 Hour crisis hotlines  For support to anyone dealing with sexual violence  Assistance with P.P.O.  SMART and SANE Programs  Community education  Ongoing counseling  Support group available  All services FREE of charge.</p>	<p>Support Within Reach  312 Minnesota Avenue  Suite 2009  Aitkin  MN 56431  218-927-6226 Office/Hotline</p>	<p><a href="http://www.supportwithinreach.org">www.supportwithinreach.org</a>  <a href="mailto:contact@supportwithinreach.org">contact@supportwithinreach.org</a></p>
<b>Albert Lea</b>	<p>Hotline 507-373-2223  We provide assistance with  Orders of Proctetion  Safe Housing  Victim advocacy  Court accompaniment  Groups for children who witness violence and educational groups for women.</p>	<p>Freeborn County Crime Victim's  Crisis Center  411 South Broadway  Albert Lea  MN 56007  507-337-5454 Office  <a href="http://www.co.freeborn.mn.us/192/Crime-Victims-Crisis-Center">www.co.freeborn.mn.us/192/Crime-Victims-Crisis-Center</a></p>	<p><a href="mailto:lisa.appelhof@co.freeborn.mn.us">lisa.appelhof@co.freeborn.mn.us</a></p>
<b>Albert Lea</b>	<p>Hotlines 651-222-4731  Or 651-224-7301 For seniors  Or 1-888-575-2954 Rural Counties  100 Years strong: And the ongoing pursuit of equal rights and equal justice. Our protection from domestic abuse and child custody program, protects the safety of children and parents who have experienced physical or sexual abuse. We closely coordinate with bettered women's shelters.  Serving Faribault, Freeborn, Mower, Rice and Steele Counties.</p>	<p>SMRLS  Albert Lea  MN 56007  507-377-2831 Office</p>	<p><a href="http://www.smrls.org">www.smrls.org</a>  <a href="mailto:albertlea@smrls.org">albertlea@smrls.org</a></p>
<b>Alexandria</b>	<p>Hotline 800-974-3359  24 Hour crisis hotline  Medical and legal advocacy service  Community education  Support groups for domestic violence and sexual assault  Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties.</p>	<p>SomePlace Safe  Alexandria  MN 56308  302-762-1995 Office</p>	<p><a href="http://www.someplacesafe.info/info@someplacesafe.info">www.someplacesafe.info/info@someplacesafe.info</a></p>
<b>Alexandria</b>	<p>WINGS is an advocate for and provides services for vulnerable and less fortunate children and their families.  Transitional housing program is for families who are fleeing from domestic violence.  Plus kids is a program designed to reduce childrens vulnerability to violence and trauma</p>	<p>WINGS Family Support Services  1417 Broadway  Alexandria  MN 56308  320-763-6638 Office  <a href="http://www.wcmca.org/programs/plus-kids-program/">www.wcmca.org/programs/plus-kids-program/</a></p>	
<b>Austin</b>	<p>Hotline 507-437-6680 24 Hours</p>	<p>Crime Victim's Resource Center</p>	

For victims and survivors of domestic violence  
Serving those in Mower County  
[www.mayoclinichealthsystem.org/locations/austin/medical-services/domestic-abuse](http://www.mayoclinichealthsystem.org/locations/austin/medical-services/domestic-abuse)

Austin  
MN 55912  
507-437-6680 Office

**Bagley** Hotline 1-800-939-2199  
We are a non profit agency dedicated to serving all victims of domestic violence and child abuse.

Family Crisis Center  
PO Box 3  
Bagley  
MN 56621  
218-694-2931 Office  
[www.headwatersinterventioncenter.org/](http://www.headwatersinterventioncenter.org/)

[hicdirector@arvig.net](mailto:hicdirector@arvig.net)

**Baudette** Hotline 218-634-3233  
Or 1-888-344-3264 Toll free  
24 Hour hotlines  
Temporary safe shelter  
Advocacy for domestic abuse and sexual violence victims  
Referrals to local support groups

Friends Against Abuse  
PO Box 977  
Baudette  
MN 56623  
218-634-3233 Office/Hotline

[www.friendsagainstabuse.com](http://www.friendsagainstabuse.com)  
[info@friendsagainstabuse.com](mailto:info@friendsagainstabuse.com)

**Belle Plaine** Hotline 952-873-4212  
We offer services including Private safe homes where women and children may stay for up to 3 day while shaping their longer term plans. Legal advocacy  
FREE on-site childcare for women attending our support groups  
Call 952-873-2414 for group info

Southern Valley Alliance for Battered Women  
551 East Park Street  
Belle Plaine  
MN 56011  
952-873-4214 Office

[www.southernvalleyalliance.org](http://www.southernvalleyalliance.org)  
[info@svabw.org](mailto:info@svabw.org)

**Bemidji** Hotlines 218-751-0211  
Or 800-588-6229 Toll Free  
The mission of NCFS is to provide a safe environment, to empower women and children and to change aspects of society that perpetuate the oppression and the victimization of women and children.  
Emergency shelter and services

Northwoods Coalition for Family Safety  
PO Box 563  
Bemidji  
MN 56619  
218-444-1395 Office

[www.northwoodsfamilysafety.org](http://www.northwoodsfamilysafety.org)

**Bemidji** Hotline 1-800-708-2727  
24 Hour crisis hotline  
Advocate accompaniment service  
FREE individual & group sessions for survivors of rape and childhood sexual abuse.  
Call 800-708-2727 for group details  
Serving Beltrami, Cass & Hubbard

Sexual Assault Program  
PO Box 1472  
Bemidji  
MN 56619  
218-444-9524 Office

[www.sapbchc.org](http://www.sapbchc.org)  
[info@sapbchc.org](mailto:info@sapbchc.org)

**Benson** Hotline 1-800-792-4210 Toll Free  
Safe Avenues provides advocacy services, parenting time services and a shelter for victims of abuse.  
We serve the counties of **Chippewa, Kandiyohi, Lac qui Parle, Mcleod, Meeker, Renville and Swift.**  
Please see our website for further information

Safe Avenues  
PO Box 53  
Benson  
MN 56215  
320-842-3206 Office

[www.willmarshelter.com](http://www.willmarshelter.com)  
[safeplace@willmarshelter.com](mailto:safeplace@willmarshelter.com)

**Blaine** Hotline 763-780-2330

Alexandra House

[www.alexandrahouse.org](http://www.alexandrahouse.org)

Or 888-780-2332 Toll free  
24 Hour crisis hotlines  
Emergency shelter  
Legal and hospital advocacy  
Community education  
Domestic violence walk-in support group Thursday 6.30 - 8 pm  
Closed domestic violence recovery support group Monday 6 - 8 pm  
Open sexual violence recovery support group Monday 6 - 8 pm  
Open self esteem support group Wednesday 6.30 - 8 pm  
Restorative Parenting Mon 1-2pm  
Coffe & converstions educational group Tuesdays 10 - 11am  
Call 763-656-1366 for group details and to register for a group.

PO Box 490039  
Blaine  
MN 55449  
763-780-2332 Office/Hotline

**Bloomington**

Bloomington hotline 952-884-0330  
Cornerstones mission is to prevent domestic abuse. We educate, advocate and lead the way to social change providing children and adults with services that will revive their human spirit.  
Day one Emergency shelter  
child, youth and family therapy  
Open and time limited support groups, call office for details

Cornerstone  
1000 East 80th Street  
Bloomington  
MN 55420  
952-884-0376 Office

[www.cornerstonemn.org](http://www.cornerstonemn.org)  
[info@cornerstonemn.org](mailto:info@cornerstonemn.org)

**Bloomington**

1-866-232-1111 Domestic violence  
24 Hour crisis hotline  
Statewide help for victims of domestic violence. Please click on website map for services in your area  
Emergency housing available  
24 Hour crisis services  
Support groups for adults and children

Day One  
1000E 80th Street  
Bloomington  
MN 55420  
952-884-0376Office

[www.dayoneservices.org](http://www.dayoneservices.org)  
[safety@dayoneservices.org](mailto:safety@dayoneservices.org)

**Bloomington**

Hotline 612-881-2499  
Domestic violence counseling and support.

United Battered Families  
Network  
Bloomington  
MN 55431  
612-881-1872 Office

[www.womenshelters.org/det/united\\_battered\\_families\\_network](http://www.womenshelters.org/det/united_battered_families_network)

**Blue Earth**

Hotline 1-800-477-0466  
CADA Blue Earth  
24 Hour crisis hotline  
Emergency shelter for domestic and sexual violence  
Legal advocacy  
Support for victims and survivors

CADA of Faribault County  
Blue Earth  
125 North Main Street  
PO Box 203  
507-625-8688 Office

[www.cadaMN.org](http://www.cadaMN.org)

**Blue Earth**

We provide services for those who are affected by domestic violence.  
Accompaniment to court

Faribault County Violence  
Intervention Project.  
119 North Main, #4

Safety planning  
Community education  
Information and Referrals

PO Box 203  
Blue Earth  
MN 56013  
507-526-5275 office

**Brainerd** Hotlines 218-828-1216  
Or 888-777-1248 Toll Free  
The Women's Center has been  
empowering women and children  
through a variety of programs since  
1978. Offering legal advocacy  
Two FREE community support  
groups. One for battered women  
and one for children from violent  
homes. Both meet on Tuesday  
evenings. Call 218-828-1216 for  
group details.

Women's Center Mid Minnesota  
PO Box 602  
Brainerd  
MN 56401  
218-828-1216 Office / Hotline

[www.womenscenteronline.org/](http://www.womenscenteronline.org/)

**Breckenridge** Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic  
violence and sexual assault  
Serving Big Stone, Douglas, Grant,  
Otter Tail, Pope, Stevens, Traverse,  
Wadena and Wilkin Counties.

SomePlace Safe  
Breckenridge  
MN 56520  
218-643-3109 Office

[www.someplacesafe.info/](http://www.someplacesafe.info/)  
[info@someplacesafe.info](mailto:info@someplacesafe.info)  
[wilkin.co@someplacesafe.info](mailto:wilkin.co@someplacesafe.info)

**Brooklyn Center** Crisis Hotline 612-379-6363  
Or 1-866-379-6363  
24 Hour crisis hotlines  
We are dedicated to offering hope  
and help to people who struggle  
with domestic and sexual abuse.  
A wide range of counseling and  
psychiatry available.

Canvas Health  
Brooklyn Center  
MN 55430  
612-676-1604 Office

[www.canvashealth.org](http://www.canvashealth.org)

**Brooklyn Park** Female Survivors Support Group  
This is a group for teens and young  
adults who are survivors of sexual  
trauma. The groups lasts for 10  
weeks and is 1.5 hours per week.  
The group provides education on  
triggers, flashbacks PTSD and  
anxiety. Most insurance companies  
will cover this  
Cost \$30 - \$40

Ms Amanda Holmberg  
Brooklyn Park  
MN 55443  
763-482-9598 Office

[www.rumrivercounseling.com](http://www.rumrivercounseling.com)  
[www.sexualwellnessinstitute.com/](http://www.sexualwellnessinstitute.com/)

**Brooklyn Park** Trauma Group  
This is a structured group using the  
workbook "Life After Trauma" by  
MB Williams, D Rosenbloom and  
BE Watkins.  
Meets Monday 6 -8 pm  
Cost \$60 - \$80.

Mrs Krista Newman  
Brooklyn Park  
MN 55443  
763-503-3747 Office  
[www.foundationsofwellness.org/](http://www.foundationsofwellness.org/)

**Burnsville** 651-405-1500 Sexual assault  
651-452-7288 Domestic violence  
24 Hour crisis hotlines  
Lewis House emergency shelter

360 Communities  
501 East Highway 13  
Suite 102  
Burnsville

[info@360Communities.org](mailto:info@360Communities.org)

Womens domestic violence groups  
Tues 7pm, Wed 10am, Thurs 7pm  
Women's sexual assault group  
Thursday 7 - 8.30 pm  
Call 651-452-7288 for group details

MN 55337  
952-985-5300 Office  
[www.facebook.com/360Communities](http://www.facebook.com/360Communities)

**Cambridge**

Hotline 1-800-338-7233  
We are a multi community agency  
who's primary purpose is to provide  
supportive services for people who  
are currently involved or have been  
involved in an abusive relationship.  
24 Hour crisis intervention  
Emergency shelter / safe housing  
Personal and legal advocacy  
Support through the court system  
FREE confidential support group  
Mondays 10 - 11.30am call the office  
for more details.

The Refuge Network  
1700 East Rum River Drive S.  
Suite E  
Cambridge  
MN 55008  
763-689-3532 Office

[www.therefugenetwork.org](http://www.therefugenetwork.org)

**Cass Lake**

Hotline 800-442-3912 Toll Free  
We strive to do our best in  
supporting any person affected by  
family violence.  
Emergency transportation to shelter  
Legal and systems advocacy  
Weekly support groups

Leech Lake Family Violence  
Program  
113 Balsam Avenue NW  
Cass Lake  
MN 56633  
218-335-3560 Office  
[www.llojbwe.org/hs/familyviolenceprevention.html](http://www.llojbwe.org/hs/familyviolenceprevention.html)

**Champlin**

Support group for adult survivors  
of childhood sexual abuse, incest  
violence, rape and sexual assault.  
to join this chapter contact Margie  
[margie@thelamplighters.org](mailto:margie@thelamplighters.org)

Lamplighter Movement  
Champlin  
Minnesota

[www.thelamplighters.org](http://www.thelamplighters.org)  
[margie@thelamplighters.org](mailto:margie@thelamplighters.org)

**Chaska**

Hotline 612-871-5111  
24 Hour FREE crisis hotline  
Medical and legal advocacy  
10 FREE crisis counseling sessions  
A variety of support groups available  
to men, women and children  
Call 612-871-5111 for group details

SVC  
500 N. Pine Street  
Suite 203  
Chaska  
MN 55318  
612-871-5111 Office / Hotline

[www.sexualviolencecenter.org](http://www.sexualviolencecenter.org)

**Chisago City**

Hotline 1-800-338-7233  
We are a multi community agency  
who's primary purpose is to provide  
supportive services for people who  
are currently involved or have been  
involved in an abusive relationship.  
24 Hour crisis intervention  
Emergency shelter / safe housing  
Personal and legal advocacy  
Support through the court system  
FREE confidential support group  
Mondays 6 - 8 pm call the office  
for more details.

The Refuge Network  
10625 Railroad Avenue  
Suite 204  
Chisago City  
MN 55013  
651-257-2890 Office

[www.therefugenetwork.org](http://www.therefugenetwork.org)

**Coon Rapids**

Anoka County 763-755-3801  
Or 651-777-1117  
24 Hour crisis hotlines  
We are dedicated to offering hope

Canvas Health  
Coon Rapids  
MN 55448  
763-489-7499 Office

[www.canvashealth.org](http://www.canvashealth.org)

and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available

<b>Cottage Grove</b>	Hotline 612-379-6363 Or 651-777-1117 24 Hour crisis hotlines We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Cottage Grove MN 55016 651-777-5222 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Crookston</b>	Hotline 1-800-342-7756 Advocacy services included: Shelter assistance Transportation assistance Coordination with legal systems Court advocacy Access to counseling Services in English & Spanish	Battered Women's Program & Sexual Assault Intervention Crookston Minnesota 1-800-342-7756 Office / Hotline <a href="http://www.chsclinics.org/locations/crookston/">www.chsclinics.org/locations/crookston/</a>	
<b>Detroit Lakes</b>	Hotline 218-847-7446 Or 877-754-9683 24 Hour crisis hotlines Help and support to those who are experiencing domestic violence or have experienced sexual assault including: rape, incest, and child sexual abuse. Emergency shelter available	Lakes Crisis & Resource Ctn PO Box 394 Detroit Lakes MN 56502 218-847-8572 Office	<a href="http://www.lakescrisis.com/">www.lakescrisis.com/</a> <a href="mailto:lcrctl@lakescrisis.com">lcrctl@lakescrisis.com</a>
<b>Duluth</b>	Since the early 1980's Duluth has been an innovator of ways to hold batterers accountable and keep victims safe. Taking the blame off the victim and placing accountability for abuse on the offender. Women's support groups, call Pat Goodman on 218-722-2781 ext 106 Or Alex Feltus ext 108 for group info	Domestic Abuse Intervention Programs 202 Est Superior Street Duluth MN 55802 218-722-2781 Office	<a href="http://www.theduluthmodel.org">www.theduluthmodel.org</a> <a href="mailto:gswensen@theduluthmodel.org">gswensen@theduluthmodel.org</a>
<b>Duluth</b>	Hotline 218-726-1931 Or 866-229-7425 24 Hour crisis hotline Medical and legal advocacy Sexual Assault Nurse Examiner Multi-disciplinary Team Trafficking Task Force Community education & awareness Individual counseling and support groups are coming soon.	PAVSA 32 E 1st Street Suite 200 Duluth MN 55802 218-726-1442 Office.	<a href="http://www.pavsa.org">www.pavsa.org</a> <a href="mailto:charsh@pavsa.org">charsh@pavsa.org</a>
<b>Duluth</b>	Hotline 218-728-6481 Shelter We can offer safety, space and the time to heal in the first few critical weeks after a women leaves her home and her abuser. Emergency shelter	Safe Haven Shelter & Resource Shelter 414 West 1st Street duluth MN 55802 218-623-1000 Office	<a href="http://www.safehavenshelter.org">www.safehavenshelter.org</a>

Information and useful resources  
Off the street service open every  
Monday to Friday 8 - 4.30pm.

<b>Edina</b>	Hotline 952-924-8200 Emergency shelter for women and their children fleeing a domestic violence situation.	Fairview Womenkind 6401 France Ave South Edina MN 55435 952-924-5775 Office	
<b>Elbow Lake</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties	SomePlace Safe Elbow Lake MN 56531 218-685-4203 Office	<a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a> <a href="mailto:grant.co@someplacesafe.info">grant.co@someplacesafe.info</a> <a href="https://www.facebook.com/someplacesafegrant/?ref=page_internal">www.facebook.com/someplacesafegrant/?ref=page_internal</a>
<b>Faribault</b>	Hotline 800-607-2330 24 Hour safe hotline Help for survivors of sexual and domestic violence Transportation to safe house Legal advocacy Community education Support groups for survivors of domestic violence & sexual assault Contact Kari 507-332-0882 for info	Hope Center 1003 7th Street N.W. Faribault MN 55021 507-332-0882 Office	<a href="http://www.hopecentermn.org">www.hopecentermn.org</a>
<b>Fergus Falls</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties	SomePlace Safe Fergus Falls MN 56358 218-739-2853 Office	<a href="http://www.someplacesafe.info/">www.someplacesafe.info/</a> <a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>
<b>Forest Lake</b>	Hotline 612-379-6363 Or 651-777-1117 24 Hour crisis hotlines We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Forest Lake MN 55025 651-777-522 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Gaylord</b>	Hotline 1-800-477-0466 24 Hour Crisis Hotline Emergency shelter for domestic and sexual violence victims. Legal advocacy. Support for victims and survivors.	Cada of Sibley County 112 5th Street Gaylord MN 55334 507-299-6000 Office	<a href="http://www.cadamn.org">www.cadamn.org</a>
<b>Glenwood</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service	SomePlace Safe Glenwood MN 56334	<a href="http://www.someplacesafe.info/">www.someplacesafe.info/</a> <a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>



	Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties	302-634-3483 Office	<a href="mailto:pope.co@someplacesafe.info">pope.co@someplacesafe.info</a>
<b>Golden Valley</b>	Offering a 9 step, 19 week support group for women who are dealing with the effects of childhood sexual abuse Call 763-566-0088 for group details	Christian Recovery Counseling 8441 Wayzata Blvd Suite 160 Golden Valley MN 55426 763-566-0088 Office	<a href="http://www.christianrecoverycenter.org">www.christianrecoverycenter.org</a> <a href="mailto:crc@christianrecoverycenter.org">crc@christianrecoverycenter.org</a>
<b>Grand Marais</b>	Hotline 218-387-1237 24 hours We have been in existence for over twenty five years and our mission has remained the same, serving men, women and children affected by violence. ort term safe housing Short term safe housing Information and referrals Support and educational groups	Violence Prevention Center 21 West Second Street PO Box 134 Grand Marais MN 55604 218-387-1262 Office <a href="http://www.violencepreventioncenter.org/">www.violencepreventioncenter.org/</a>	<a href="mailto:hope4u@boreal.org">hope4u@boreal.org</a>
<b>Grand Rapids</b>	Hotline 1-800-909-8336 Intervention Program for women Emergency safe shelter Advocacy for victims of domestic violence 13 Steps to Empowerment group These groups provide a safe space for battered women to discuss their abuse and to learn the 13 steps designed to walk them through the fundamentals of becoming self empowered.	Advocates for Family Peace 1611 NW 4th Street Grand Rapids MN 55744 218-326-0388 Office	<a href="http://www.stopdomesticabuse.org">www.stopdomesticabuse.org</a>
<b>Grand Rapids</b>	Hotline 800-708-2727 Or 1-866-747-5008 Toll free 24 Hour crisis hotlines For support to anyone dealing with sexual violence Assistance with P.P.O. SMART and SANE Programs Ongoing counseling Support group available All services FREE of charge	Support Within Reach 1325 N.W. 4th Street Grand Rapids MN 55744 218-326-5008 Office	<a href="http://www.supportwithinreach.org">www.supportwithinreach.org</a> <a href="mailto:contact@supportwithinreach.org">contact@supportwithinreach.org</a>
<b>Granite Falls</b>	Hotline 800-639-2350 Toll Free Our mission is to eliminate the problem of domestic violence in the communities of Southwest Minnesota by providing battered women's services and referrals to lawyers, doctors, counselors and financial advisors.	Women's Rural Advocacy Programs PO Box 87 Granite Falls MN 56241 320-564-2422	<a href="http://www.letswrap.com">www.letswrap.com</a> <a href="mailto:yellowmedicine@letswrap.com">yellowmedicine@letswrap.com</a>
<b>Hibbing</b>	Hotline 1-800-909-8336 Intervention Program for women	Advocates for Family Peace 2125 East 2nd Avenue	<a href="http://www.stopdomesticabuse.org">www.stopdomesticabuse.org</a>

Emergency safe shelter  
Advocacy for victims of domestic violence  
13 Steps to Empowerment group  
These groups provide a safe space for battered women to discuss their abuse and to learn the 13 steps designed to walk them through the fundamentals of becoming self empowered.

Suite 44  
Hibbing  
MN 55746  
218-263-8344 Office

**Hinckley**

Hotline 24/7 320-384-7113  
24 Hour crisis hotline  
Network of safe homes  
Medical and legal advocacy  
Education for schools / community  
Support groups available

WINDOW  
PO Box 739  
Hinckley  
MN 55037  
320-384-7113 Office / Hotline

**Hokah**

Hotline 1-866-367-4297  
We provide no judgemental, crisis intervention, advocacy, support and resources to victims of domestic violence, sexual assault, child abuse and homelessness.  
Emergency shelter  
Personal and legal advocacy  
Domestic violence support groups  
Sexual assault support groups  
[www.facebook.com/pages/Bluff-Country-Family-Resources/158302514212247](http://www.facebook.com/pages/Bluff-Country-Family-Resources/158302514212247)

Bluff Country Family Resources  
114 Main Street  
PO Box 294  
Hokah  
MN 55941  
507-894-2676 Office

[b CFR@acegroup.cc](mailto:b CFR@acegroup.cc)

**Hopkins**

Hotline 952-933-7422  
Sojourner Truth was a courageous and selfless woman, who worked tirelessly for justice, equality and women's rights. We offer safe, secure shelter and confidentiality for women and their children who are unsafe in their homes. community advocates provide assistance with protection orders  
Two support groups in the western Suburban area. The community out reach number 952-935-1004.

Sojourner Project  
PO Box 272  
Hopkins  
MN 55343  
952-933-7433 Office

[www.sojournerproject.org](http://www.sojournerproject.org)  
[info@sojournerproject.org](mailto:info@sojournerproject.org)

**Hutchingson**

Hotline 320-234-7933  
Or 1-800-934-0851  
We serve men, women and children throughout Mcleod County. We provide safety planning  
Emergency shelter & transportation  
Legal options and advocacy  
Help filing for protection orders  
Spanish speaking advocates  
Support group is available.

McLeod Alliance for Victims of Domestic Violence  
PO Box 939  
101 Main Street South  
Hutchingson  
MN 55350  
320-234-7933 Office

[www.mcleodalliance.org](http://www.mcleodalliance.org)  
[info@mcleodalliance.org](mailto:info@mcleodalliance.org)

**International Falls**

Hotline 218-285-7220  
Or 1-888-344-3264 Toll free  
24 Hour hotlines  
Temporary safe shelter  
Advocacy for domestic abuse and

Friends Against Abuse  
International Falls  
MN 56649  
218-285-7220 Office/Hotline

[www.friendsagainstabuse.com](http://www.friendsagainstabuse.com)  
[info@friendsagainstabuse.com](mailto:info@friendsagainstabuse.com)

sexual violence victims  
Referrals to local support groups

**International Falls**

Support group for adult survivors of childhood sexual abuse, incest violence, rape and sexual assault. to join this chapter contact Margie [margie@thelamplighters.org](mailto:margie@thelamplighters.org)

Lamplighter Movement  
International Falls  
Minnesota

[www.thelamplighters.org](http://www.thelamplighters.org)  
[margie@thelamplighters.org](mailto:margie@thelamplighters.org)

**International Falls**

Hotline 218-283-9334  
Support for Sexual abuse survivors  
Provides support groups for non-offending women  
Serving Koochiching County

Sunrise Center Against Sexual Abuse  
203 3rd Street  
International Falls  
MN 56649  
218-283-9334 Office/Hotline

[jessica@thesunrisecenterifmn.com](mailto:jessica@thesunrisecenterifmn.com)

**Jackson**

Hotline 800-376-4311  
We provide crisis advocacy  
Information and referrals  
Safe emergency shelter  
Help with protection orders  
Emergency transportation  
General support.

Southwest Crisis Center  
Jackson  
MN 56143  
507-800-1260 Office

[info@mnsbcc.org](mailto:info@mnsbcc.org)  
[www.mnsbcc.org/](http://www.mnsbcc.org/)

**Kasson**

24 Hour Hotline 507-285-1010  
We provide services for battered women and their children.  
Shelter, Advocacy, Intervention  
Court services  
Criminal court advocacy  
Transportation / Accompany to appointments.

Dodge County Advocacy Program. A program of Women's Shelter, Inc  
PO Box 457  
Rochester MN 55903  
507-285-1938 Office  
507-287-0553 Fax

[www.womens-shelter.org](http://www.womens-shelter.org)  
[info@womens-shelter.org](mailto:info@womens-shelter.org)

**Lake Elmo**

Hotline 651-770-8544  
We are dedicated to ending the problem of domestic violence and child abuse in the Lake Elmo area

Family Violence Network  
PO Box 854  
Lake Elmo  
MN 55042  
651-770-8544 Office

**Lakeville**

Recovering from Sexual Abuse  
This is a six month group allowing the participants to explore the impact and healing practice of recovery from sexual abuse  
Meets Saturday 10 am  
Cost \$40 - \$60

Kris Ayd  
Lakeville  
MN 55044  
952-808-1400 Office

[www.lakevilletherapy.com](http://www.lakevilletherapy.com)  
[krisaydt@lakevilletherapy.com](mailto:krisaydt@lakevilletherapy.com)

**Le Center**

Assistance with legal and court procedures, assistance with filing for Protection Orders, assistance at the court hearings, referrals and information about other agencies.

La Sueur County Victim/witness Program  
88 South Park Avenue  
Le Center  
MN 56057  
507-357-8512 Office

[www.co.le-sueur.mn.us/departments/victim\\_witness/index.php](http://www.co.le-sueur.mn.us/departments/victim_witness/index.php)

**Little Falls**

Hotline 320-632-4878  
Or 1-888-454-4878 Toll free  
24 Hour Helplines  
Emergency safe housing  
Support and advocacy for people

Hands of Hope Resource Ctn  
PO Box 67  
Little Falls  
MN 56345  
320-632-1657 Office

[www.handsofhope.net](http://www.handsofhope.net)  
[advocates@handsofhope.net](mailto:advocates@handsofhope.net)

who have been sexually abused  
or assault or have been battered  
emotionally, physically, sexually  
or psychologically.  
Individual or group support available

**Long Prairie**

Hotline 800-682-4547  
Or 1-888-454-4878 Toll free  
24 Hour Helplines  
Emergency safe housing  
Support and advocacy for people  
who have been sexually abused  
or assault or have been battered  
emotionally, physically, sexually  
or psychologically  
Individual or group support available

Hands of Hope Resource Ctn  
PO Box 171  
Long Prairie  
MN 56347  
320-732-2319 Office

[www.handsofhope.net](http://www.handsofhope.net)  
[advocates@handsofhope.net](mailto:advocates@handsofhope.net)

**Luverne**

Hotline 800-376-4311  
We provide crisis advocacy  
Information and referrals  
Safe emergency shelter  
Help with protection orders  
Emergency transportation  
General support

Southwest Crisis Center  
Luverne  
MN 56156  
507-283-9917 office

[info@mnsbcc.org](mailto:info@mnsbcc.org)  
[www.mnsbcc.org/](http://www.mnsbcc.org/)

**Mahnomen**

Hotline 800-474-9319  
We were established in 1996 to  
provide support and assistance to  
victims of crime  
Help filing for protection orders  
Accompaniment to medical exams  
Assistance with safety planning  
Accompaniment to court and to  
legal proceedings  
Referrals to other agencies for  
assistance.

Mahnomen County Victim  
Services  
311 North Main Street  
Mahnomen County Victim  
MN 56557  
218-935-9319 Office  
[www.co.mahnomen.mn.us/victim\\_witness.html](http://www.co.mahnomen.mn.us/victim_witness.html)

**Mankato**

Hotline 1-800477-0466  
CADA Mankato  
24 Hour crisis hotline  
Emergency shelter for domestic  
and sexual violence  
Legal advocacy  
Support for victims and survivors.

CADA Inc  
Mankato  
100 Stadium Court  
PO Box 466  
Mankato

[www.cadaMN.org](http://www.cadaMN.org)

**Mankato**

Hotlines 651-222-4731  
Or 651-224-7301 For seniors  
Or 1-888-575-2954 Rural Counties  
100 Years strong: And the ongoing  
pursuit of equal rights and equal  
justice. Our protection from domestic  
abuse and child custody program,  
protects the safety of children and  
parents who have experienced  
physical or sexual abuse. We closely  
coordinate with bettered women's  
shelters.  
Serving Blue Earth, Brown, LeSueur,  
Martin, Mcleod, Nicollet, Sibley,  
Waseca and Watonwan Counties

SMRLS  
Mankato  
MN 56001  
507-387-2321 Office.

[www.smrls.org](http://www.smrls.org)  
[mankato@smrls.org](mailto:mankato@smrls.org)

<b>Maplewood</b>	<p>Hotline 612-825-0000</p> <p>We help women, children and families with relationship violence. We are the states largest provider of domestic violence services with over 20% of Minnesota beds for women and children experiencing family violence.</p> <p>2 Metro comestic violence shelters</p> <p>Affordable transitional housing</p> <p>Criminal court advocacy</p> <p>Legal clinics call 612-870-2426</p> <p>Eldercare Rights Alliance</p> <p>Youth support groups</p> <p>"Pieces of Peace" support group meets Tuesdays at 7 - 8.30 pm</p> <p>"It's time for me" support group meets Mondays at 4.30 - 5.30 pm.</p>	<p>Tubman Family Crisis and Support Services.</p> <p>1725 Monastery Way</p> <p>Maplewood</p> <p>MN 55109</p> <p>551-789-6770 Office</p>	<p><a href="http://www.tubman.org">www.tubman.org</a></p>
<b>Marshall</b>	<p>Hotline 1-800-881-7493 Toll free</p> <p>24 Hour 7 day hotline</p> <p>Help with HRO and OFP</p> <p>Medical and legal advocacy</p> <p>Crisis Counseling</p>	<p>New Horizons Crisis Center</p> <p>Marshall</p> <p>MN 56258</p> <p>507-532-5764 Office</p>	<p><a href="mailto:nhcc@iw.net">nhcc@iw.net</a></p> <p><a href="http://www.facebook.com/NewHorizonsCrisisC/?ref=page_internal">www.facebook.com/NewHorizonsCrisisC/?ref=page_internal</a></p>
<b>Marshall</b>	<p>Hotline 800-639-2350 Toll Free</p> <p>Our mission is to eliminate the problem of domestic violence in the communities of Southwest Minnesota by providing battered women's services and referrals to lawyers, doctors, counselors and finacial advisors.</p>	<p>Women's Rural Advocacy Programs</p> <p>PO Box 1193</p> <p>Marshall</p> <p>MN 56258</p> <p>507-532-9532 Office</p>	<p><a href="http://www.letswrap.com">www.letswrap.com</a></p> <p><a href="mailto:lyon@letswrap.com">lyon@letswrap.com</a></p>
<b>McGregor</b>	<p>Please call if you have domestic violence issues and you need information.</p>	<p>Mille Lacs Band of Chippewa Indians Women's Programs</p> <p>PO Box 416</p> <p>McGregor</p> <p>MN 55670</p> <p>218-768-4412 Office</p>	<p><a href="http://www.circle.red/mlbo/welcome/">www.circle.red/mlbo/welcome/</a></p>
<b>Milaca</b>	<p>1-800-933-6914 Domestic violence</p> <p>1-800-522-2055 Sexual assault</p> <p>We will support survivors of domestic and sexual violence through direct services, prevention and community awareness.</p> <p>Help finding emergency shelter</p> <p>Help filing for protection order</p> <p>Accompaniment to court hearings</p> <p>Accompaniment to hospitals and with law enforcement</p> <p>Weekly support groups for domestic and sexual violence survivors.</p>	<p>Pearl Crisis Center</p> <p>PO Box 42</p> <p>Milaca</p> <p>MN 56353</p> <p>320-982-2901 Office</p>	<p><a href="http://www.pearlcrisiscenter.com">www.pearlcrisiscenter.com</a></p>
<b>Minneapolis</b>	<p>Hotline 612-724-8823</p> <p>We are made up of men and women who believe in every women's right to a life of peace and happiness.</p>	<p>Asian Women United of MN</p> <p>PO Box 6223</p> <p>Minneapolis</p> <p>MN 55406</p>	<p><a href="http://www.awum.org">www.awum.org</a></p> <p><a href="mailto:awum@awum.org">awum@awum.org</a></p>

That includes a life free from emotional, physical or sexual abuse  
Safe shelter, court room advocacy, help with Protection Orders, Personal and group support.

612-724-0756 Office

**Minneapolis**

Hotline 612-626-9111  
Our mission is to serve all victims, survivors or concerned people of sexual and relationship violence at the univeristy of Minnesota.  
We provide a range of services. On campus support groups, for details call 612-626-9111

Aurora Center  
Suite 117 Appleby Hall  
128 Pleasant Street SE  
Minneapolis  
MN 55455  
612-626-2929 Office

[www.aurora.umn.edu/  
aurora@umn.edu](http://www.aurora.umn.edu/aurora@umn.edu)

**Minneapolis**

Hotlines 612-343-9842  
Or 800-313-2666  
We seek justice for women by removing barriers, empowering victims and ensuring they have access to skilled effective advocates. Stalking Response Program  
Immigrant Battered women's initiative and DIVC teams to oversee the legal processes. See website for details.

BWLAP  
1611 Park Avenue  
Suite 2  
Minneapolis  
MN 55404  
612-343-9842 Office / Hotline

[www.bwlap.org](http://www.bwlap.org)

**Minneapolis**

Provides listings of ongoing support groups for women who are victims of domestic violence  
Serving Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington Counties

Domestic Abuse Project  
Minneapolis  
MN 55404  
612-874-7063 Office

[www.domesticabuseproject.org](http://www.domesticabuseproject.org)

**Minneapolis**

Our programs are delveloped to reflect the needs of our families and tailored to address issues that significantly affect their wellbeing. Our treatment program Nokomis Endaad addresses the intersection of sexual trauma, chemical dependency and mental illness as experienced by Native American women, and Sacred Journey which includes sexual assault advocacy and harm reduction programs for women of all ages including those who have been sex trafficked

Minnesota Indian Women's Resource Center  
2300 15th Avenue South  
Minneapolis  
MN 55404  
612-728-2000 Office

[www.miwrc.org](http://www.miwrc.org)  
[hreynolds@miwrc.org](mailto:hreynolds@miwrc.org)

**Minneapolis**

Hotlines 612-822-0127 Option 3  
Or 800-800-0350  
We offer advocacy services to LGBTQA-identified survivors of partner violence, sexual assault or hate crimes.  
For more information call Rebecca Waggoner on 612-822-0127x7656

Outfront Minnesota  
310 East 38th Street  
Suite 204  
Minneapolis  
MN 55409  
612-822-0127 Office / Hotline

[www.outfront.org](http://www.outfront.org)  
[ewood@outfront.org](mailto:ewood@outfront.org)

**Minneapolis**

The SAFE program provides culturally-specific support for

Sister's Advocating for Empowerment (S.A.F.E)

African, African American and multi-cultural women who are involved in or are survivors of domestic violence SAFE education, assistance and support groups are offered to develop and maintain safe and stable living situations.  
For support group details contact Dona Evans on 612-238-2393

Minneapolis  
MN 55408  
612-238-2393 Office

**Minneapolis**

Hotline 612-871-5111  
24 Hour FREE crisis hotline  
Medical and legal advocacy  
10 FREE crisis counseling sessions  
A variety of support groups available to men, women and children  
Call 612-871-5111 for group details

SVC  
3757 Fremont Avenue N.  
Minneapolis  
MN 55412  
612-871-5100 Office

[www.sexualviolencecenter.org](http://www.sexualviolencecenter.org)

**Minneapolis**

Hotline 612-825-0000  
We help women, children and families with relationship violence. We are the states largest provider of domestic violence services with over 20% of Minnesota beds for women and children experiencing family violence.  
2 Metro domestic violence shelters  
Affordable transitional housing  
Criminal court advocacy  
Legal clinics call 612-870-2426  
Eldercare Rights Alliance  
Youth support groups  
"Pieces of Peace" support group meets Tuesdays at 7 - 8.30 pm  
"It's time for me" support group meets Mondays at 4.30 - 5.30 pm

Tubman Family Crisis and Support Services.  
3111 First Avenue South  
Minneapolis  
MN 55408  
612-825-3333 Office

[www.tubman.org](http://www.tubman.org)

**Minneapolis**

Abuse survivors group open to men and women who have been sexually abused in childhood or adolescence. For group details call Peter on 952-334-1603  
Paul on 651-214-1603

Twin Cities Men's Center  
3249 Hennepin Avenue South  
Suite 55  
Minneapolis  
MN 55408  
612-822-5892 Office

[www.tcmc.org](http://www.tcmc.org)

**Minneapolis**

Fun, fast effective way to blast through your trauma. Meetings will be intense and confidential  
Fee \$20 per meeting contact Kim and join this meetup group

Twin cities Trauma, Abuse, PTSD Freedom Finders  
Minneapolis  
Minnesota

[www.meetup.com/TAP-FreedomFinders-TwinCities/](http://www.meetup.com/TAP-FreedomFinders-TwinCities/)

**Montevideo**

Hotline 1-866-223-1111 Toll Free  
Or 1-807-92-4210 Shelter Toll Free  
The safe Avenues mission is to provide safety, support and empowerment for victims of abuse and for families in turmoil.  
Emergency shelter  
Domestic violence advocacy  
Sexual assault advocacy  
Criminal justice intervention program

Safe Avenues  
PO Box 54  
Montevideo  
MN 56365  
320-321-1199 Office

[www.willmarshelter.com](http://www.willmarshelter.com)  
[jeni@willmarshelter.com](mailto:jeni@willmarshelter.com)

Project impact youth.

<b>Monticello</b>	Support group for adult survivors of childhood sexual abuse, incest violence, rape and sexual assault. To join this chapter contact Margie <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighter Movement Monticello Minnesota	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>Monticello</b>	763-295-3433 24 hour crisis line Abuse victims support group .There are two weekly evening support groups for women who have been physically, emotionally verbally or sexually abused. One group meets in Sherburne County the other in Wright County Call for further details	Rivers of Hope PO Box 511 Monticello MN 55362 763-295-3433 Office	<a href="http://www.riversofhope.org">www.riversofhope.org</a> <a href="mailto:info@riversofhope.org">info@riversofhope.org</a>
<b>Moorhead</b>	Hotline 1-800-556-9661 Advocacy services included: Shelter assistance Transportation assistance Coordination with legal systems Court advocacy Access to counseling Services in English & Spanish	Battered Women's Program & Sexual Assault Intervention Moorhead Minnesota 1-800-556-9661 Office / Hotline	
<b>Mora</b>	Hotline 1-800-338-7233 We are a multi community agency who's primary purpose is to provide supportive services for people who are currently involved or have been involved in an abusive relationship. 24 Hour crisis intervention Emergency shelter / safe housing Personal and legal advocacy Support through the court system FREE confidential support group Thursday 10-11.30am call the office for more details.	The Refuge Network 310 Forest Avenue East Mora MN 55051 320-679-1737 Office	<a href="http://www.therefugenetwork.org">www.therefugenetwork.org</a>
<b>Morris</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties.	SomePlace Safe Morris MN 56267 320-589-3208 Office	<a href="http://www.someplacesafe.info/">www.someplacesafe.info/</a> <a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>  <a href="mailto:stevens.co@someplacesafe.info">stevens.co@someplacesafe.info</a>
<b>Nett Lake</b>	Hotline 1-800-747-1218 Our services are offered to domestic violence and sexual assault victims. We provide safety planning and emergency shelter, help filing for protection orders, legal advocacy, obe to one and group support.	Bois Forte Victim Services 13071 Nett Lake Road Suite B Nett Lake MN 55771 218-757-3295 Office <a href="http://www.boisforte.com/divisions/human_services.htm">www.boisforte.com/divisions/human_services.htm</a>	
<b>New Ulm</b>	Hotline 1-800477-0466	CADA of Brown County	<a href="http://www.cadaMN.org">www.cadaMN.org</a>



24 Hour crisis hotline  
Emergency shelter for domestic  
and sexual violence  
Legal advocacy  
Support for victims and survivors  
Se website for more information

700 North Broadway  
PO Box 671  
New Ulm  
507-233-6663 Office

**Oakdale**

Hotline 612-379-6363  
Or 651-777-1117  
24 Hour crisis hotlines  
We are dedicated to offering hope  
and help to people who struggle  
with domestic and sexual abuse.  
A wide range of counseling and  
psychiatry available

Canvas Health  
Oakdale  
MN 55128  
651-777-5222 Office

[www.canvashealth.org](http://www.canvashealth.org)

**Olivia**

Hotline 1-866-223-1111 Toll Free  
Or 1-800-792-4210 Shelter Toll Free  
The safe Avenues mission is to  
provide safety, support and  
empowerment for victims of abuse  
and for families in turmoil.  
Emergency shelter  
Domestic violence advocacy  
Sexual assault advocacy  
Criminal justice intervention program  
Project impact youth.

Safe Avenues  
PO Box 65  
Olivia  
MN 56277  
320-523-1015 Office

[www.willmarshelter.com](http://www.willmarshelter.com)  
[jenj@willmarshelter.com](mailto:jenj@willmarshelter.com)

**Ortonville**

Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic  
violence and sexual assault  
Serving Big Stone, Douglas, Grant,  
Otter Tail, Pope, Stevens, Traverse,  
Wadena and Wilkin Counties

SomePlace Safe  
Ortonville  
MN 56278  
320-839-2331 Office

[www.someplacesafe.info/](http://www.someplacesafe.info/)  
[info@someplacesafe.info](mailto:info@someplacesafe.info)  
[bigstone.co@someplacesafe.info](mailto:bigstone.co@someplacesafe.info)

**Owatonna**

Hotline 800-451-1202 24 hours  
We provide support and services  
to victims of domestic violence,  
sexual assault, child abuse and  
children who have witnessed abuse.  
Advocacy and Support  
Court Accompaiment  
Crisis Information  
Safety planning and Support groups.

Crisis Resource Center  
of Steele County  
Owatonna  
MN 55060  
507-451-1202 Office

[www.helpinghandsofsteel.com/crisisresourcecenter.html](http://www.helpinghandsofsteel.com/crisisresourcecenter.html)

**Park Rapids**

Hotline 1-800-939-2199  
We are a non profit agency dedicated  
to serving all victims of domestic  
violence and child abuse.

Family Crisis Center  
Headwaters Intervention Ctr  
Park Rapids  
MN 56470  
218-732-7415 Office

[www.headwatersinterventioncenter.org/](http://www.headwatersinterventioncenter.org/)

**Pipestone**

Hotline 800-376-4311  
We provide crisis advocacy  
Information and referrals  
Safe emergency shelter  
Help with protection orders

Southwest Crisis Center  
Pipestone  
MN 56164  
507-825-5688 Office

[info@mnsbcc.org](mailto:info@mnsbcc.org)  
[www.mnsbcc.org/](http://www.mnsbcc.org/)

Emergency transportation  
General support

<b>Plymouth</b>	Hotline 763-559-4945 We opened in 1980 providing battered women with immediate safety and the opportunity to explore alternatives to living with a violent partner. Emergency shelter Our community program serves residents of northwest Hennepin County, providing direct legal advocacy, access to civil & criminal remedies through the court system and education and support groups FREE child care available	Home Free Shelter Plymouth MN 55441 763-559-9008 Office <a href="http://www.missionsinc.org/programs/home-free">www.missionsinc.org/programs/home-free</a>	
<b>Preston</b>	24 Hour Hotline 507-285-1010 We provide services for battered women and their children. Shelter, Advocacy, Intervention Court services Criminal court advocacy Transportation / Accompany to appointments.	Fillmore County Advocacy Program. A program of Women's Shelter, Inc PO Box 457 Rochester MN 55903 507-765-2550 Office 507-287-0553 Fax	<a href="http://www.womens-shelter.org">www.womens-shelter.org</a> <a href="mailto:info@womens-shelter.org">info@womens-shelter.org</a>
<b>Redwood Falls</b>	Hotline 1-800-881-7493 Toll free 24 Hour 7 day hotline Help with HRO and OFP Medical and legal advocacy Crisis Counseling	New Horizons Crisis Center Redwood MN 56283 507-637-5570 Office	<a href="mailto:nhcc@iw.net">nhcc@iw.net</a>
<b>Redwood Falls</b>	Hotline 800-639-2350 Toll Free Our mission is to eliminate the problem of domestic violence in the communities of Southwest Minnesota by providing battered women's services and referrals to lawyers, doctors, counselors and financial advisors.	Women's Rural Advocacy Programs PO Box 183 Redwood Falls MN 56283 507-637-3040 Office	<a href="http://www.letswrap.com">www.letswrap.com</a> <a href="mailto:redwood@letswrap.com">redwood@letswrap.com</a>
<b>Richfield</b>	Hotline 612-379-6363 Or 651-777-1117 24 Hour crisis hotlines We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Richfield MN 55423 612-676-1604 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Robbinsdale</b>	Hotline 763-581-3940 24 Hour hotline Advocacy services Domestic abuse support groups Call 763-581-3942 for group details <a href="http://www.northmemorial.com/safejourneyvolunteers">www.northmemorial.com/safejourneyvolunteers</a>	North Memorial Hospital - Domestic Abuse Advocacy Robbinsdale MN 55422 763-581-3940 Office/ Hotline	<a href="mailto:SafeJourney@northmemorial.com">SafeJourney@northmemorial.com</a>
<b>Rochester</b>	Hotlines 651-222-4731 Or 651-224-7301 For seniors	SMRLS Rochester	<a href="http://www.smrls.org">www.smrls.org</a> <a href="mailto:rochester@smrls.org">rochester@smrls.org</a>

Or 1-888-575-2954 Rural Counties MN 55902  
100 Years strong: And the ongoing 507-292-0080 Office  
pursuit of equal rights and equal  
justice. Our protection from domestic  
abuse and child custody program,  
protects the safety of children and  
parents who have experienced  
physical or sexual abuse. We closely  
coordinate with bettered women's  
shelters.

**Rochester** Hotline 507-289-0636 Victim Services [www.co.olmsted.mn.us](http://www.co.olmsted.mn.us)  
24 Hour crisis hotline Rochester  
Advocacy and support to help meet MN 55904  
the needs of crime victims 507-328-7270 Office  
[www.co.olmsted.mn.us/cs/victimservices/Pages/VictimServices.aspx](http://www.co.olmsted.mn.us/cs/victimservices/Pages/VictimServices.aspx)

**Rochester** Hotline 507-285-1010 Women's Shelter Inc [www.womens-shelter.org](http://www.womens-shelter.org)  
We provide services for battered PO Box 457  
women and their children. Rochester [info@womens-shelter.org](mailto:info@womens-shelter.org)  
Shelter, Advocacy, Intervention. MN 55903  
Legal assistance, court services 507-285-1938 Office  
Criminal Court advocacy 507-287-0553 Fax  
Childrens programs  
Weekly support group  
Transportation / Accompany to  
appointments.

**Shakopee** Hotlines 651-222-4731 SMRLS [www.smrls.org](http://www.smrls.org)  
Or 651-224-7301 For seniors Shakopee [shakopee@smrls.org](mailto:shakopee@smrls.org)  
Or 1-888-575-2954 Rural Counties MN 55379  
100 Years strong: And the ongoing 952-402-9890 Office  
pursuit of equal rights and equal  
justice. Our protection from domestic  
abuse and child custody program,  
protects the safety of children and  
parents who have experienced  
physical or sexual abuse. We closely  
coordinate with bettered women's  
shelters.

**Slayton** Hotline 1-800-881-7493 Toll free New Horizons Crisis Center  
24 Hour 7 day hotline Slayton [nhcc@iw.net](mailto:nhcc@iw.net)  
Help with HRO and OFP MN 56172  
Medical and legal advocacy 507-836-6272 Office  
Crisis Counseling

**Stillwater** Hotline 612-379-6363 Canvas Health [www.canvashealth.org](http://www.canvashealth.org)  
Or 651-777-1117 Stillwater  
24 Hour crisis hotlines MN 55082  
We are dedicated to offering hope 651-777-5222 Office  
and help to people who struggle  
with domestic and sexual abuse.  
A wide range of counseling and  
psychiatry available

**Stillwater** Peer to Peer Organization serving EmpowerSurvivors [www.empowersurvivors.net/](http://www.empowersurvivors.net/)  
Adult Survivors of Childhood Abuse. Stillwater  
Weekly peer support group held in MN  
Stillwater MN. Contact no. 651-300-9180

Please visit our web site for further details.

[www.facebook.com/EmpowerSurvivors/](http://www.facebook.com/EmpowerSurvivors/)  
[www.facebook.com/groups/EmpowerSurvivorsMinnesota/](http://www.facebook.com/groups/EmpowerSurvivorsMinnesota/)

<b>St. Cloud</b>	Women on a mission empowering night support group Wed 6.30-745 Women investigating new goals & solutions group Tues 1.30 - 3.30 pm Call 320-253-6900 for group details	Anna-Marie's Alliance PO Box 367 St. Cloud MN 320-253-6900 Office	<a href="http://www.annamaries.org/">www.annamaries.org/</a>
<b>St. Cloud</b>	Hotline 1-800-237-5090 FREE empowerment and assertiveness support group for adult female assault victims Call 320 251-4357 for group details.	Central Minnesota Sexual Assault Center St Cloud MN 56304 320-251-4357 Office	<a href="http://www.cmsac.org">www.cmsac.org</a> <a href="mailto:cmsac@cmsac.org">cmsac@cmsac.org</a>
<b>St. Cloud</b>	Support group for adult survivors of childhood sexual abuse, incest violence, rape and sexual assault. to join this chapter contact Margie <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighter Movement St. Cloud Minnesota	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>St. James</b>	Hotline 1-800-477-0466 24 Hour crisis hotline Emergency shelter for domestic and sexual violence Legal advocacy Support for victims and survivors For more information see website.	CADA of Watonwan County 55 8th Street South PO Box 245 St James 507-375-3040 Office	<a href="http://www.cadamn.org">www.cadamn.org</a>
<b>St. Paul</b>	Our mission is to educate and provide services to women and girls who have been victims of abuse and commercial sexual exploitation and need assistance escaping their violent lives. We offer advocacy and educational support groups, Relapse prevention groups, legal services and criminal justice advocacy programs. Pre court diversion which enables law enforcement to intervene on the victims behalf, transitional housing and permanent supportive housing and a street and prison outreach program.	Breaking Free PO Box 4366 St. Paul MN 55104 651-645-6557 Office	<a href="http://www.breakingfree.net">www.breakingfree.net</a> <a href="mailto:breakingfree@breakingfree.net">breakingfree@breakingfree.net</a>
<b>St. Paul</b>	Hotline 651-772-1611 We are a latina organization in both staffing and approach, we work to improve social capital because we believe that it decreases domestic violence. We offer youth education information and education El Regugio emergency shelter Family advocates working for women and their children Court advocacy and advocates for Latinas that choose to stay in their homes.	Casa de Esperanza PO Box 40115 St Paul MN 55104 651-646-5553 Office	<a href="http://www.casadeesperanza.org">www.casadeesperanza.org</a> <a href="mailto:info@casadeesperanza.org">info@casadeesperanza.org</a>

<b>St. Paul</b>	<p>Trauma Resolution Group  This group is focused on resolving childhood trauma, abuse, neglect. By accessing body, emotion and cognitive memory of childhood events that are unresolved  Every Thursday 3.30 - 6 pm  Cost \$60 - \$70</p>	<p>Mr Michael Kogan-White  St Paul  MN 55104  651-964-0945 Office  <a href="http://www.cornerstonetherapyandrecovery.com">www.cornerstonetherapyandrecovery.com</a></p>	<p><a href="mailto:ctrpa@comcast.net">ctrpa@comcast.net</a></p>
<b>St. Paul</b>	<p>Hotline 651-643-3022  FREE open support group for those who have experienced rape or childhood sexual abuse  Meets Mondays 6 - 7.30 pm  Call 651-643-3022 for group details</p>	<p>Ramsey County S.O.S.  St Paul  MN 55104  651-643-3022 Office/Hotline</p>	<p><a href="http://www.ramseycounty.us/residents/health-medical/clinics-services/sos-sexual-violence-services">www.ramseycounty.us/residents/health-medical/clinics-services/sos-sexual-violence-services</a></p>
<b>St. Paul</b>	<p>Hotlines 651-222-4731  Or 651-224-7301 For seniors  Or 1-888-575-2954 Rural Counties  100 Years strong: And the ongoing pursuit of equal rights and equal justice. Our protection from domestic abuse and child custody program, protects the safety of children and parents who have experienced physical or sexual abuse. We closely coordinate with bettered women's shelters.</p>	<p>SMRLS  1000 Alliance Bank Center  55 East 5th Street  St. Paul  MN 55101  651-222-5863 Office</p>	<p><a href="http://www.smrls.org">www.smrls.org</a>  <a href="mailto:smrls.administration@smrls.org">smrls.administration@smrls.org</a></p>
<b>St. Paul</b>	<p>Hotline 651-645-2824  888-575-3367 Toll Free  We exist to eliminate domestic violence against women and children and the social system's responses which condone or allow it to happen  Acute intervention services  Systems advocacy program  Hospital/clinic advocacy program  Multicultural outreach projects.</p>	<p>St. Paul Domestic Abuse Intervention Project  1509- Marshall Avenue  St. Paul  MN 55104  651-645-2824 Office / Hotline</p>	<p><a href="http://www.stpaulintervention.org">www.stpaulintervention.org</a></p>
<b>St. Paul</b>	<p>Hotline 651-251-1620 Shelter  Eagles Nest emergency shelter providing a safe secure shelter for women and their children.  Outreach community engagement  Community education and legal advocacy, we also offer support groups, one on one's and home visits.</p>	<p>Women of Nations  PO Box 7125  St. Paul  MN 55107  651-251-1620 Office / Hotline</p>	<p><a href="http://www.women-of-nations.org">www.women-of-nations.org</a></p>
<b>Thief River Falls</b>	<p>Hotline 218-681-0881  Our mission is to protect your rights as a victim. We offer FREE advocacy and information.</p>	<p>Pennington County Crime Victim Services  PO Box 396  Thief River Falls  MN 56701  218-681-0881 Office / Hotline</p>	<p><a href="mailto:kstavnes@co.pennington.mn.us">kstavnes@co.pennington.mn.us</a></p>
<b>Thief River Falls</b>	<p>Hotline 1-800-660-6667</p>	<p>Violence Intervention Project</p>	

Anonymous calls are accepted  
VIP is a private non profit agency  
that serves victims of domestic  
violence in Pennington and Red  
Lake Counties.  
Emergency housing  
Legal advocacy  
Help filing for protection orders  
Accompaniment to court hearings  
and other important appointments  
(Umbrella Tree) program for children  
Support groups for victims of abuse.

PO Box 96  
Thief River Falls  
MN 56701  
218-681-5557 Office  
[www.violenceintervention.org/default.aspx](http://www.violenceintervention.org/default.aspx)

**Tower**

Hotline 1-800-747-1218  
Our services are offered to domestic  
violence and sexual assault victims.  
We provide safety planning and  
emergency shelter, help filing for  
protection orders, legal advocacy,  
obe to one and group support.

Bois Forte Victim Services  
1610 Farm Road South  
Tower  
MN 55790  
218-753-2347 Office  
[www.boisforte.com/divisions/human\\_services.htm](http://www.boisforte.com/divisions/human_services.htm)

**Two Harbors**

Hotline 1-800-834-5923  
24 Hour crisis hotline  
Emergency shelter  
Medical and legal advocacy  
Prevention and education  
Support groups for all ages

North Shore Horizons  
Two Harbors  
MN 55616  
218-834-5924 Office

[www.northshorehorizons.org](http://www.northshorehorizons.org)  
[info@northshorehorizons.org](mailto:info@northshorehorizons.org)

**Wabasha**

24 Hour Hotline 507-285-1010  
We provide services for battered  
women and their children.  
Shelter, Advocacy, Intervention  
Court services  
Criminal court advocacy  
Transportation / Accompany to  
appointments.

Wabasha County Advocacy  
Program. A program of Women's  
Shelter, Inc  
PO Box 457  
Rochester MN 55903  
507-565-4112 Office  
507-287-0553 Fax

[www.womens-shelter.org](http://www.womens-shelter.org)  
[info@womens-shelter.org](mailto:info@womens-shelter.org)

**Wadena**

Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic  
violence and sexual assault  
Serving Big Stone, Douglas, Grant,  
Otter Tail, Pope, Stevens, Traverse,  
Wadena and Wilkin Counties

SomePlace Safe  
Wadena  
MN 56482  
218-631-3311 Office

[www.someplacesafe.info/](http://www.someplacesafe.info/)  
[info@someplacesafe.info](mailto:info@someplacesafe.info)  
[wadena.co@someplacesafe.info](http://wadena.co@someplacesafe.info)

**Walker**

Hotline 800-324-8151  
We are a non profit organization  
dedicated to providing confidential  
advocacy, support and referral  
sevices to domestic violence victims  
and their children.  
Emergency transportation  
Personal and legal advocacy  
Help with protection orders  
Accompaniment to court hearings  
Women's weekly support groups.

Family Safety Network  
PO Box 1162  
Walker  
MN 56484  
218-547-1636 Office

[www.familysafetynetwork.net](http://www.familysafetynetwork.net)  
[familysafety34@hotmail.com](mailto:familysafety34@hotmail.com)

**Warren**

Hotline 1-866-977-4357

Marshall County Victims Services

Our mission is to provide support and advocate for those affected by violence and abuse. All our services are FREE and confidential  
 Referrals to emergency safe shelter  
 Help filing for protection orders  
 Accompaniment to law enforcement to court hearings or attorney's office  
 Transport to appointments  
 accompaniment to medical exams

208 East Colvin Avenue  
 Suite 2  
 Warren  
 MN 65762  
 218-745-5523 Office  
[www.co.marshall.mn.us/departments/victim\\_services/index.php](http://www.co.marshall.mn.us/departments/victim_services/index.php)

<b>Waseca</b>	Hotline 1-800-477-0466 24 Hour crisis hotline Emergency shelter for domestic and sexual violence Legal advocacy Support for victims and survivors See website for more information	CADA of Waseca & Le Sueur 105 South State Street PO Box 348 Waseca MN 56093 507-385-7828 Office	<a href="http://www.cadaMN.org">www.cadaMN.org</a>
<b>West St. Paul</b>	Hotline 612-379-6363 Or 651-777-1117 24 Hour crisis hotlines We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health West St. Paul MN 55118 612-676-1604 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Wheaton</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties	SomePlace Safe Wheaton MN 56296 320-563-4121 Office	<a href="http://www.someplacesafe.info/info@someplacesafe.info">www.someplacesafe.info/info@someplacesafe.info</a>  <a href="mailto:traverse.co@someplacesafe.info">traverse.co@someplacesafe.info</a>
<b>Willmar</b>	Hotline 1-866-223-1111 Toll Free Or 1-80792-4210 Shelter Toll Free The safe Avenues mission is to provide safety, support and empowerment for victims of abuse and for families in turmoil. Emergency shelter Domestic violence advocacy Sexual assault advocacy Criminal justice intervention program Project impact youth.	Safe Avenues PO Box 568 Willmar MN 56201 320-235-0962 Office	<a href="http://www.willmarshelter.com">www.willmarshelter.com</a> <a href="mailto:jeni@willmarshelter.com">jeni@willmarshelter.com</a>
<b>Windom</b>	Hotline 800-376-4311 We provide crisis advocacy Information and referrals Safe emergency shelter Help with protection orders Emergency transportation General support	Southwest Crisis Center Windom MN 56101 507-831-2244 Office	<a href="mailto:info@mnsbcc.org">info@mnsbcc.org</a>
<b>Winona</b>	Hotlines 651-222-4731 Or 651-224-7301 For seniors	SMRLS Winona	<a href="http://www.smrls.org">www.smrls.org</a> <a href="mailto:winona@smrls.org">winona@smrls.org</a>

Or 1-888-575-2954 Rural Counties  
100 Years strong: And the ongoing  
pursuit of equal rights and equal  
justice. Our protection from domestic  
abuse and child custody program,  
protects the safety of children and  
parents who have experienced  
physical or sexual abuse. We closely  
coordinate with bettered women's  
shelters.  
Serving Dodge, Fillmore, Goodhue,  
Houston, Olmsted, Wabasha and  
Winona Counties

MN 55897  
507-454-6660 Office

**Winona**

24 Hour Hotline 507-452-4453  
We believe in creating a safer  
community by eliminating sexual  
and domestic violence.  
Our trained advocates are available  
to respond to immediate and on-  
going needs of victims of domestic  
and sexual violence.

Women's Resource Center  
of Winona  
77 East 5th Street  
Winona  
MN 55987

[www.wrcofwinona.org](http://www.wrcofwinona.org)  
[wrc@wrcofwinona.org](mailto:wrc@wrcofwinona.org)

**Worthington**

Hotlines 651-222-4731  
Or 651-224-7301 For seniors  
Or 1-888-575-2954 Rural Counties  
100 Years strong: And the ongoing  
pursuit of equal rights and equal  
justice. Our protection from domestic  
abuse and child custody program,  
protects the safety of children and  
parents who have experienced  
physical or sexual abuse. We closely  
coordinate with bettered women's  
shelters.  
Serving Cottonwood, Jackson,  
Murray, Nobles, Pipestone, Rock  
and Redwood Counties

SMRLS  
Worthington  
MN 56187  
507-372-7368 Office

[www.smrls.org](http://www.smrls.org)  
[worthington@smrls.org](mailto:worthington@smrls.org)

**Worthington**

Hotline 800-376-4311  
We provide crisis advocacy  
Information and referrals  
Safe emergency shelter  
Help with protection orders  
Emergency transportation  
General support.

Southwest Crisis Center  
Worthington  
MN 56187  
507-376-4311 Office / Hotline

[info@mnsbcc.org](mailto:info@mnsbcc.org)  
[www.mnsbcc.org/](http://www.mnsbcc.org/)