National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED SERVICES INCLUDED GROUP OR ORGANIZATION WEB ADDRESS / EMAIL ADDRESS

NEBRASKA

National Helpline Hotline 1-800-4-A-CHILD

Hotline 1-800-422-4453
Crisis counselors available 24/7
Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Terrirories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages.

Childhelp

Prevention and Treatment of

Child Abuse.

www.childhelp.org info@childhelp.org

Email support form on the website

assistance in 170 languages.

We also offer a range of programs, please see our website for regional

details.

1-800-652-1999 Child Abuse

1-800-652-1999 Vulnerable adults 1-877-215-0167 Spanish hotline.

Nebraska Domestic Violence

Sexual Assault Coalition

www.nebraskacoalition.org/

www.brighthorizonsne.org

Ainsworth Ho

Statewide

Hotline 877-379-3798
24 Hour crisis hotline
Emergency shelter
Bi-lingual advocacy

Court and legal advocacy Community education

Weekly peer support group for those who have experienced domestic voilence 402-379-2026 for details

Bright Horizons Ainsworth

402-382-5676 Office

ExecutiveDirector@brighthorizonsne.org

Alliance Hotline 866-953-6837

877-215-0167 Espanol
24 Hour crisis hotlines
Emergency safe shelter
Medical and legal advocacy
Individual Support Sessions are
available. Prevention and
awareness education. Bilingual
advocacy. Serving the following
counties: Scotts Bluff, Morrill, Banner,
Kimball Chevenne Dawes

Kimball, Cheyenne, Dawes, Box Butte, Sioux and Sheridan.

DOVES Program 519 W 3rd Street PO Box 981 Alliance NE 69301 www.DOVESProgram.com hilary@DOVESProgram.com

Auburn Hotline 800-456-5764

24 Hour crisis hotline
Project response is a crisis center
that provides FREE and confidential
support and advocacy to victims
of domestic violence and sexual

Project Response 908 13th Street Auburn

Auburn NE 68305 402-274-5092 www.projectresponseinc.org/

assault

Serving Otoc, Nemaha, Richardson, Johnson and Pawnee Counties

Beatrice

Hotline 1-877-388-4673 Hope Crisis Center

24 Hour crisis hotline Beatrice

Bi-lingual advocacy 402-223-6635 Office

Temporary Shelter www.facebook.co

Medical and legal advocacy Information and referrals to support services . All services FREE Serving Gage, Fillmore, Jefferson, Saline, Seward, Thayer and York www.facebook.com/Hope-Crisis-Center-182801581729954/

Bellevue

Adults moslested as children can

become members of this support

group.

Parents group and children's group Group for young people up to 18

Call 402-342-7007 for group details

All services FREE of charge

Daughters and Sons United 730 Fort Crook Road North

Bellevue NE 68005

402-595-1338 Support groups

www.lfsneb.org/service/sexual-abuse/

Broken Bow

Toll Free Hotline 800-942-4040

Spanish Hotline 877-215-0167

24 Hour hotlines Emergency shelter

Education prevention programs

Peer support groups for survivors of domestic and sexual violence All services FREE of charge Serving Custer, Garfield, Greeley Loup, Sherman, Valley and Wheeler.

Healing Hearts and Families

724 South D. Street

Broken Bow NE 68822

308-872-2420 Office

www.facebook.com/healingheartsandfamilies/

Chadron

Hotline 866-953-6837 877-215-0167 Espanol 24 Hour crisis hotlines Emergency safe shelter Medical and legal advocacy Individual Support Sessions are available. Prevention and awareness education. Bilingual advocacy. Serving the following

Kimball, Cheyenne, Dawes, Box Butte, Sioux and Sheridan DOVES Program 342 Main Street

Chadron NE 69337 www.DOVESProgram.com hilary@DOVESProgram.com

hhfed1@yahoo.com

Columbus Hotline 800-658-4482

Women's abuse support group Meets 2nd 3rd 4th Monday 6.30-8pm Call 402-564-2155 for details

counties: Scotts Bluff, Morrill, Banner,

or jonathan@centerforsurvivors.net

Center for Sexual Assault and Domestic Violence Survivors

PO Box 42 3103 13th Street Columbus NE 68602

402-564-2155 Office

<u>www.centerforsurvivors.net</u> centerforsurvivors@citlink.net

Crete

Hotline 1-877-388-4673

24 Hour crisis hotline

Bi-lingual advocacy
Temporary Shelter

Medical and legal advocacy
Information and referrals to support

Hope Crisis Center

Crete

402-826-5727 Office

www.facebook.com/Hope-Crisis-Center-182801581729954/

services . All services FREE Serving Gage, Fillmore, Jefferson, Saline, Seward, Thayer and York

Hotline 1-877-388-4673 **Fairbury**

24 Hour crisis hotline Bi-lingual advocacy Fairbury NE 68352 Temporary Shelter

Medical and legal advocacy Information and referrals to support

services . All services FREE Serving Gage, Fillmore, Jefferson, Saline, Seward, Thayer and York

Hope Crisis Center

PO Box 365

402-729-2570 Office

www.facebook.com/Hope-Crisis-Center-182801581729954/

Fremont Hotline 402-7272-7777

> Or 1-888-721-4340 24 Hour crisis hotline Confidential shelter

Medical and legal advocacy Support group for domestic violence

victims 402-721-4340 for details All services are FREE of charge

Crisis Center Fremont

114 East Military Avenue

Fremont NE 68025

402-721-4340 Office

www.knowanddowhatsright.com

Gering

Hotline 866-953-6837 877-215-0167 Espanol 24 Hour crisis hotlines PO Box 98 Emergency safe shelter Gering Medical and legal advocacy NE 69341

Individual Support Sessions are

available. Prevention and awareness education. Bilingual advocacy. Serving the following counties: Scotts Bluff, Morrill, Banner,

Kimball, Cheyenne, Dawes, Box Butte, Sioux and Sheridan **DOVES Program** 2035 10th Street

308-436-4357 Office / Hotline

www.DOVESProgram.com hilary@DOVESProgram.com

Grand Island

Hotline 308-381-0555 Or 866-995-4422 Toll free 24 Hour crisis hotlines

Safe shelter Medical and legal assistance

Weekly peer support groups for domestic violence Tues 5.30 - 7pm 2 Incest and sexual assault groups All services FREE of charge Serving Hall, Hamilton, Howard

and Merrick Counties

Crisis Center, Inc 2251 N Webb Road

Grand Island NE 68803

308-382-8250 Office

www.gicrisis.org spointer@gicrisis.org

Hartington

Hotline 1-800-440-4633 24 Hour crisis hotline

Emergency shelter for victims of domestic violence and sexual

assault.

community education

Peer support groups available All services FREE and confidential. Haven House Family Services

Hartington NE 68739

402-254-2553 Office

www.havenhousefsc.com havenhouse@hartel.net

Hotline 877-322-7272 **Hastings**

Or 402-463-5806 Espanol 24 Hour emergency hotline SASA

220 South Burlington

Suite 4

www.sasacenter.org

imanzer@hastingssasa.com

Emergency shelter

Medical and legal advocacy

On going support groups for domestic violence & sexual assault

Call 402-463-4677 for group details

402-463-5810 Office

Hastings

NE 68901

All services are FREE of charge.

Hotline 308-237-2599

1-877-237-2513 Toll free 1-877-215-0167 Espanol

24 Hour crisis hotlines Providing FREE and confidential

services for individuals who have

experienced domestic and sexual

violence.

Emergency shelter

Support groups available Serving Buffalo, Franklin, Harlan,

Kearney and Phelps Counties.

The S.A.F.E Center 3710 Central Avenue

Suite 10 Kearnev NE 68847

308-237-2599 Office / Hotline

www.safecenter.org

safecenter@safecenter.org

Lexington

Kearney

Hotline 1-800-215-3040

1-308-324-3040

1-866-351-9594 Espanol 24 Hour crisis hotlines **Emergency shelter**

Medical and legal advocacy

Support groups in English and Spanish for victims of domestic violence and sexual assault Serving Dawson and Gosper

Parent-Child Center 1001 N. Washington

PO Box 722 Lexington NE 68850

308-324-2336 Office

www.facebook.com/parentchildcenter/home

Lincoln

1-800-652-1999 Child Abuse

1-800-652-1999 Vulnerable abdults 1-877-215-0167 Spanish hotline

We are a state wide advocacy organization committed to the prevention and elimination of sexual

and domestic violence.

Nebraska Domestic Violence Sexual Assault Coalition

245 S. 84th Street

Suite 200 Lincoln NE 68510

402-476-6256 Office

www.nebraskacoalition.org/

Lincoln

Hotline 402-427-9302

We exist is support, shelter and advocate for women and children who are victims of domestic abuse.

Crisis counseling Confidential shelter

Advocacy

Childrens services including age appropiate support groups.

Friendship Home Safe Shelter

PO Box 30268

Lincoln NE 68503

402-437-9302 Office / Hotline.

www.friendshiphome.org info@friendshiphome.org

Lincoln

Wounded Heart Support Group This is a group for adult survivors of sexual abuse, using a Christian

approach to healing. The group runs for aprox 40 weeks and is sponsored through Lincoln Berean Church. There is a waiting list

Meets on Thursdays

Mrs Deborah K Perrin

Lincoln NE 68506

402-982-4065 Office

www.therapists.psychologytoday.com/rms/name/Deborah K Perrin MA,LMHP,CPC Lincoln Nebraska 73406

Lincoln

Victim-Survivor-Thriver Group

Dr Linda J Vermooten

This group is for survivors of childhood sexual abuse. It is informative and interactive in nature. We cover one topic per week and the group runs for 8 weeks. Each session has handouts and personal application to be followed during the week call 402-440-4537 for

further details

Meets Wednesday, Friday

Cost \$30 - \$40

www.voicesofhopelincoln.org

www.dasas.net

das@dasas.net

Lincoln Hotline 402-475-7273

McCook

24 Hour crisis hotline

FREE drop in support groups for victims of domestic violence, incest and sexual assault 402-476-2110

for group details

Hotline 877-345-5534

24 Hour crisis hotline

Emergency shelter

402-476-2110 Office

322 Norris Avenue

Voices of Hope 2545 N. Street

Lincoln

NE 68510

Medical and legal advocacy 2nd Floor Community education/awareness Support groups available McCook All services FREE of charge

Serving Chase, Dundy, Frontier,

Hayes, Hitchcock and Red Willow

Domestic Abuse/Sexual Assault

Services (DASAS)

PO Box 714 NE 69001

Lincoln

NE 68506

402-449-2855 Appointments

308-345-1612 Office

www.brighthorizonsne.org

Norfolk Hotline 877-379-3798

24 Hour crisis hotline

Emergency shelter Bi-lingual advocacy

Court and legal advocacy

Community education

Weekly peer support group for those who have experienced domestic voilence 402-379-2026 for details

Bright Horizons

305 N. 4th Street

Norfolk NE 68701

402-379-2026 Office

ExecutiveDirector@brighthorizonsne.org

North Platte Hotline 308-534-3495

Or 1-888-534-3495 24 Hour Hotline

Emergency short term shelter Medical and legal advocacy

Community edication

Support groups for adults and children 308-532-0624 for details Serving Lincoln, Logan, Hooker Hooker, Thomas and McPerson

Rape and Domestic Abuse

Program North Platte NE 69103

308-532-0624 Office

www.nprdap.org

Hotline 308-284-6055 Ogallala

24/7 Crisis hotline **Emergency shelter** Crisis counseling

Protection order assistance

Public education publications Support groups available Serving Arthur, Deuel, Garden, Grant, Keith and Perkins Counties Sandhills Crisis Intervention

Program

100 E 11th Street

Ogallala NE 69153

308-284-8477 Office

www.scipogallala.com/index.html

katbauerscip@gmail.com

Omaha

Breaking the Cycle Our mission is to reduce the incidence, trauma and secrecy of Child Sexual Abuse by providing peer guided self help groups for adult survivors, non offending parents, spouses and others who are affected by childhood sexual abuse. Please email for further

Breaking the Cyle 120 S - 24th Omaha Nebraska 844-562-4325

breakingthecycle@outlook.com

www.facebook.com/BreakingtheCycleSupportGroup/

www.breakingthecycleomaha.com/

Omaha

Hotline 402-558-5700 24 Hotline for those experiening

domestic violence Emergency shelter. Catholic Charities - Omaha

FrancesH@ccomaha.org Omaha

NE 68104

402-558-5700 Office / Hotline

www.ccomaha.org/what-we-do/domestic-violence-services.html

Omaha

Adults moslested as children can become members of this support

group.

details.

Parents group and children's group Group for young people up to 18 Call 402-342-7007 for group details All services FREE of charge.

Daughters and Sons United 120 South 24th Street

Suite 100 Omaha NE 68102

402-978-5635 Office

www.lfsneb.org/service/sexual-abuse/

Omaha

Professional counseling for survivors of abuse and trauma. Save Haven transitional shelter and or support groups for survivors of

domestic violence. Criminal justice advocacy

Community education and training.

Heartland Family Services 2101 South 42nd Street

Omaha NE 68105

402-552-7400 Counseling

www.heartlandfamilyservice.org info@HeartlandFamilyService.org

Omaha

Support group for adult survivors of child sexual abuse, incest, domestic violence, rape and sexual assault. to join this chapter email Margie at margie@thelamplighters.org

The Lamplighter Movement

Omaha Nebraska www.thelamplighters.org margie@thelamplighters.org

Omaha

Sexual abuse support group \$100 per hour with sliding fee scale

Accepts medicaid

Serving Douglas, Sarpy and Washington Counties.

Real Solutions

11414 West Center Road

Suite 250 Omaha NE 68144

402-571-4984 Office

Omaha

Hotline 402-345-7273 402-672-7118 Espanol 24 Hour crisis hotline Services for domestic violence and

sexual assault

Legal services and advocacy Crisis counseling for men, women

and children.

Classes and groups available.

Women's Center for

Advancement 222 S.29th Street

Omaha NE 68131

402-345-6555 Office

www.wcaomaha.org

O'Neill

Hotline 877-379-3798 24 Hour crisis hotline **Emergency shelter** Bi-lingual advocacy

Bright Horizons 318 E. Douglas Street

O'Neill NE 68763 www.brighthorizonsne.org

Court and legal advocacy Community education

Weekly peer support group for those who have experienced domestic voilence 402-379-2026 for details

402-336-1774 Office

ExecutiveDirector@brighthorizonsne.org

Papillion Hotline 800-523-3666

24 Hour crisis hotline

Safe haven transitional shelter for victims of domestic violence Professional counseling Criminal justice advocacy

Community education and training Support groups for those who have experienced domestic violence All services are FREE of charge Heartland Family Services 302 American Parkway

Papillion NE 68046

402-339-2544 Office

www.heartlandfamilyservice.org info@HeartlandFamilyService.org

Seward

Hotline 1-877-388-4673

24 Hour crisis hotline

Bi-lingual advocacy

Temporary Shelter

Medical and legal advocacy Information and referrals to support services . All services FREE Serving Gage, Fillmore, Jefferson, Saline, Seward, Thayer and York Hope Crisis Center

Seward

402-643-3056 Office

www.facebook.com/Hope-Crisis-Center-182801581729954/

Sidney

Hotline 866-953-6837
877-215-0167 Espanol
24 Hour crisis hotlines
Emergency safe shelter
Medical and legal advocacy
Individual Support Sessions are
available. Prevention and
awareness education. Bilingual
advocacy. Serving the following
counties: Scotts Bluff, Morrill, Banner,

Kimball, Cheyenne, Dawes, Box Butte, Sioux and Sheridan.

DOVES Program

Sidney NE www.DOVESProgram.com hilary@DOVESProgram.com

South Sioux City

Hotline 1-800-440-4633 24 Hour crisis hotline

Emergency shelter for victims of domestic violence and sexual

assault.

community education

Peer support groups available
All services FREE and confidential

Haven House Family Services

South Sioux City

NE 68776

402-494-7592 Office

www.havenhousefsc.com havenhouse@hartel.net

Valentine

Hotline 877-376-2080

Services for victims of domestic violence and sexual assault.

North Central Quad Counties

DV/SA Services Valentine

402-376-2045 Office

ncqcvalentine@gmail.com

Wayne

Hotline 1-800-440-4633 24 Hour crisis hotline

Emergency shelter for victims of domestic violence and sexual

assault.

Haven House Family Services

Wayne NE 68787

NE 69201

402-375-5433 Office

www.havenhousefsc.com havenhouse@hartel.net community education
Peer support groups available
All services FREE and confidential.