

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>NEW SOUTH WALES</b>			
Nationwide	<p><b>Phone Counselling 1800-737-732</b>  <b>Online Counselling via website</b>                      24 Hour counselling service by qualified trauma specialist.                      National sexual assault, domestic and family violence counselling service 24 hours a day 7 days a week.</p>	<p>1800Respect                      Nationwide                      1800-737-732 Counselling</p>	<p><a href="http://www.1800respect.org.au">www.1800respect.org.au</a>                      Contact form on website.</p>
Nationwide	<p><b>Helpline 1300-657-380</b>  <a href="mailto:counsellors@asca.org.au">counsellors@asca.org.au</a>                      Helpline Mon - Sun 9am - 5pm EST                      ASCA is an Australian body which advances the health and wellbeing of people and communities affected by childhood trauma, for this and for future generations.                      Professional support line                      Professional short term counselling                      Referrals for ongoing support.</p>	<p>Adults Surviving Child Abuse (ASCA)                      Nationwide                      1300-657-380 Counselling                      02-8920-3611 Office</p>	<p><a href="http://www.asca.org.au">www.asca.org.au</a>  <a href="mailto:admin@asca.org.au">admin@asca.org.au</a></p>
Nationwide	<p><b>Helpline 02-6273-4885</b>                      We are an alliance of existing groups and individuals supporting people raised in institutional / out-of-home care in Australia in the 20th Century. Join us and find support.</p>	<p>Alliance for Forgotten Australians                      Nationwide                      02-6273-4885</p>	<p><a href="http://www.forgottenaustralians.org.au">www.forgottenaustralians.org.au</a></p>
Nationwide	<p><b>Helpline 1800-272-831</b>  <a href="mailto:rc@bravehearts.org.au">rc@bravehearts.org.au</a>                      On Monday 12 November 2012 the Prime Minister Julia Gillard announced a Royal Commission into Child Sexual Assault. Our organisation can provide general advice on how to share your story. We can assist you with drafting a written statement. Attend private sessions as your support person. Provide support and advice if you are involved in a public enquiry. ON our website we have a dedicated Royal Commission page with info and new updated as it happens.</p>	<p>Bravehearts                      Nationwide                      1800-272-831 Office / Helpline</p>	<p><a href="http://www.bravehearts.org.au">www.bravehearts.org.au</a>  <a href="mailto:admin@bravehearts.org.au">admin@bravehearts.org.au</a></p>
Nationwide	<p><b>Helpline 1800-008-774</b>  <a href="mailto:support@clan.org.au">support@clan.org.au</a>                      CLAN supports anyone who grew up in a home or institutionalised "Care" foster home. Please visit</p>	<p>Care Leavers Australian Network                      Nationwide                      1800-008-774 Office / Helpline</p>	<p><a href="http://www.clan.org.au">www.clan.org.au</a>  <a href="mailto:support@clan.org.au">support@clan.org.au</a></p>

our website for help and support if you were affected by institutional abuse.

**Nationwide**

**Helpline 1800-040-509 Freephone**

We were established in 1987 to address the issues surrounding the deportation of children from Britain. In the post war period children as young as three years old were shipped to Canada, New Zealand, the former Rhodesia and Australia, in a practice that continued as late as 1970. today we can help with Family Reintegration Funds  
Retrieving files from governments  
Obtaining birth certificates  
Family research worldwide  
Professional counselling

Child Migrants Trust  
Nationwide  
1800-040-509 Office / Helpline

[www.childmigrantstrust.com](http://www.childmigrantstrust.com)

**Nationwide**

**Helpline 1800-55-1800**

24 Hour helpline 7 days a week  
FREE 24 hour counselling service for young people aged 5 to 25 years. Counselling is offered by phone, email or over the web.  
Web counselling times for A.C.T. are  
Mon to Fri 1pm - 11pm  
Sat & Sun 11am to 11pm  
Children and teens have separate email sections on the website.

Kids Helpline  
Nationwide  
1800-55-1800 Office / Helpline

[www.kidshelp.com.au](http://www.kidshelp.com.au)

**Nationwide**

**Helpline 07-3636-5206 24 hours**

Living Well is an Australian resource which offers a range of services specifically designed to assist **MEN** who have experienced sexual abuse or sexual assault.  
Telephone counselling, FREE online counselling, email & text counselling. Online groups soon to be available. Please see website for more details.

Living well  
Nationwide  
Contact no 07-3636-5206

[www.livingwell.org.au](http://www.livingwell.org.au)

**Nationwide**

**Helpline 1300-364-277**

We are a non profit community organisation assisting Australians to build strong and positive relationships. FREE and comprehensive support for survivors of child sexual abuse who take part in or are affected by The Royal Commission Into Institutional Responses to Child Sexual Abuse, see website for more details on this.  
Find and Connect service - will help Australians and Former Child Migrants to trace their history and understand the reasons why they were placed into care. For more details call **1800-161-109**.

Relationships Australia  
Nationwide  
1300-364-277 Office / Helpline  
1800-161-109 Find & Connect

[www.racr.relationships.org.au](http://www.racr.relationships.org.au)

Counselling family & Individual  
Family dispute resolution service

<b>Nationwide</b>	<b>Helpline 1800-211-028</b> Helpline 8am - 8pm EST Royal Commission Counselling Australia is a national telephone counselling, information and referral service for anyone who is considering, or making a statement to the Royal Commission into Institutionalised Responses to Child Sexual Abuse. Those who are impacted by the work of the Royal Commission or who have family or friends participating in the Royal Commission are also welcome to ring.	Royal Commission into Institutional Responses to Child Abuse GPO Box 5283 Sydney NSW 2001 1800-211-028 Office / Helpline 61-2-8815-2319 for Overseas <a href="http://www.childabuseroyalcommission.gov.au">www.childabuseroyalcommission.gov.au</a> <a href="mailto:registerinterest@childabuseroyalcommission.gov.au">registerinterest@childabuseroyalcommission.gov.au</a> <a href="http://www.royalcommissioncounselling.org.au">www.royalcommissioncounselling.org.au</a>	
<b>Nationwide</b>	<b>Helpline 1300-657-380 (ASCA)</b> Operates Mon - Sun, 9am - 5pm EST Survivors & Mates Support Network (SAMSN) is a non profit organisation working to increase public aware - ness of the effects that childhood sexual abuse can have on men in their adult lives. Support groups and Workshops are available but only in Sydney NSW at this present time.	Survivors and Mates Support Network Nationwide 0439-838-787 Office	<a href="http://www.samsn.com.au">www.samsn.com.au</a> <a href="mailto:support@samsn.com.au">support@samsn.com.au</a>
<b>Nationwide</b>	<b>Helpline 1800-695-463 24 Hours</b> In any relationship there are things that are black and white and there are grey areas. The Line helps you navigate those grey areas, so you can enjoy healthy and respectful relationships and recognise the behaviour that "Crosses the Line". Weekly online forum, 2 hours closed online forum to discuss some of the edgier issues to do with relation- ships. This is NOT a counselling service.	The Line Nationwide 1800-695-463 Helpline	
<b>Statewide</b>	<b>Helpline 1800-063-060</b> Information website for LGBTIQ who are experiencing domestic violence	Another Closet Statewide 1800-063060	<a href="http://www.anothercloset.com.au">www.anothercloset.com.au</a>
<b>Statewide</b>	<b>Helpline 02-9212-7333</b> We have 40 member organisations across the state of New South Wales These offer equitable & accessible legal services including: Information and referrals. Advice on legal matters. Legal casework and representation. Please see our website for a local centre.	Community Legal Centres NSW Statewide 02-9212-7333 Office / Helpline	<a href="http://www.clcnsw.org.au">www.clcnsw.org.au</a> <a href="mailto:clcnsw@clc.net.au">clcnsw@clc.net.au</a>
<b>Statewide</b>	<b>Helpline 1800-656-463 24 Hours</b>	Domestic Violence Line	<a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>

Our domestic violence helpline is a statewide FREE call number and is available 24/7. We provide telephone counselling to women and same sex partners who are experiencing or have experienced domestic violence.

Statewide  
1800-656-463

**Statewide**

**Helpline 1800-656-463 24 Hours**

DVNSW members work within a feminist framework to empower women and their children to live their lives free from violence. Our members specialise in a series of regionally responsive support and advocacy services including, but not limited to: Outreach, safety planning and support, case management support, advocacy, court assistance, housing and legal assistance, info, training and referrals.

Domestic Violence NSW  
Statewide  
02-9698-9777 Office

[www.dvnsw.org.au](http://www.dvnsw.org.au)  
[admin@dvnsw.org.au](mailto:admin@dvnsw.org.au)

**Statewide**

**Helpline 02-9635-8022**

We are the peak advocacy, info, referral and research body representing the idea and issues of refugee women in NSW. Our domestic violence project provides information, support, crisis counselling, referrals and telephone advice.

Immigrant Women's Speak Out  
statewide  
02-9635-8022 Office / Helpline

[www.speakout.org.au](http://www.speakout.org.au)  
[women@speakout.org.au](mailto:women@speakout.org.au)

**Statewide**

**Helpline 1300-888-529**

**Listen and Speak 1300-555 727**  
FREE government telephone service that provides legal info, referrals and in some cases advice. Domestic violence information  
Court process information.

LawAccess NSW  
Statewide  
1300-888-529 helpline

[www.lawaccess.nsw.gov.au](http://www.lawaccess.nsw.gov.au)

**Statewide**

**Helpline 1300-888-529**

Legal Aid NSW helps people with their legal problems. We find info and can send you factsheets and resources.  
Free one to one advice from a lawyer  
Lawyers to assist you at many of the courts across NSW.  
A listing of all local Legal Aid centres in the state of NSW.

Legal Aid NSW  
Statewide  
1300-888-529 Helpline

[www.legalaid.nsw.gov.au](http://www.legalaid.nsw.gov.au)

**Statewide**

**Helpline 1800-424-017 24 Hours**

We are a telephone and online crisis counselling service for anyone who has experienced sexual violence or domestic violence. Counselling services for women who were sexually abused in childhood are also available.  
See website for details on online

NSW Rape Crisis Centre  
Statewide  
1800-424-017 Helpline  
02-9818-7216 Admin

[www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)  
[info@nswrapecrisis.com.au](mailto:info@nswrapecrisis.com.au)

counselling and for local support.

<b>Statewide</b>	<p>Starting over in a new home, new area, new school, new employment can be too overwhelming for women escaping a violent relationship. The Staying Home Leaving Violence program aims to prevent homelessness by working with the police to remove the perpetrator from the family home. We also provide safety planning, lock changing and improve the security of the family home. We can assist you managing your finances and support you through the court process. We currently operate in 18 areas across NSW and our services are available in 21 languages. Please visit our website for local office details.</p> <p><a href="http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence">www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</a></p>	<p>Staying Home Leaving Violence Statewide</p>	<p><a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a></p>
<b>Statewide</b>	<p><b>Helpline 1800-686-587 Freephone</b> Aboriginal specific services and support for women and children who are experiencing domestic and family violence or sexual assault. FREE legal advice Advocacy and referrals.</p>	<p>Wirringa Baiya Statewide 02-9569-3847 Office</p>	<p><a href="http://www.wirringabaiya.org.au">www.wirringabaiya.org.au</a> <a href="mailto:leonie_mason@clc.net.au">leonie_mason@clc.net.au</a></p>
<b>Statewide</b>	<p><b>Helpline 1800-810-784</b> We are a community legal centre providing women with a wide range of FREE community legal services. Advice and information Domestic violence legal service Indigenous women's legal program</p>	<p>Women's Legal Service NSW Statewide 02-8745-6900 Office</p>	<p><a href="http://www.wlsnsw.org.au/reception@wlsnsw.org.au">www.wlsnsw.org.au/ reception@wlsnsw.org.au</a></p>
<b>Albury</b>	<p><b>Helpline 02-6058-4444 24 Hours</b> We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.</p>	<p>Albury Community Health Centre 596 Smollett Street Albury NSW 2640 02-6058-1800 Office.</p>	<p><a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a></p>
<b>Albury</b>	<p>We provide support for women by women through feminist action. Domestic violence counselling and support with court accompaniment. Counselling for women who were sexually abused in childhood.</p>	<p>The Women's Centre Albury - Wodonga 645 Olive Street Albury NSW 2640 02-6041-1977 Office</p>	
<b>Armidale</b>	<p><b>Helpline 02-6776-9600 24 Hours</b> 24 Hour counselling and support</p>	<p>Armidale Community Health Ctr Rushden Street</p>	<p><a href="http://www.hnehealth.nsw.gov.au">www.hnehealth.nsw.gov.au</a></p>

to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Armidale  
NSW 2350  
02-6776-9600 Office / Helpline  
[www.hnekidshealth.nsw.gov.au/site/mentalhealth](http://www.hnekidshealth.nsw.gov.au/site/mentalhealth)

**Bankstown** Our aim is to support adults and children who have experienced sexual assault . Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procedures. Please call for further service info.

Bankstown Community Health Centre  
36-38 Raymond Street  
Bankstown  
NSW 2200  
02-9780-2777 Office  
[www.swslhd.nsw.gov.au/CommunityHealth/sexualAssault.html](http://www.swslhd.nsw.gov.au/CommunityHealth/sexualAssault.html)

**Bankstown** We have 2 female counsellors and 2 female psychologists. We also have a specialist Child Sexual Assault counsellor for children and adult women. Also offering court support and advocacy. Please visit our website for more details or call us on the office number.

Bankstown Women's Health Ctr  
Level 1  
24-26 Jacobs Street  
Bankstown  
NSW 2200  
02-9790-1378 Office  
[www.bwhc.org.au](http://www.bwhc.org.au)  
[bwhc@sswaha.nsw.gov.au](mailto:bwhc@sswaha.nsw.gov.au)

**Bathurst** We are a community based, non government organisation run by women for women providing a safe space for women to come to. Child, adolescent Trauma service Counselling for domestic and sexual violence victims. Meeting room available for support groups

Central West Women's Health Centre  
20 William Street  
Bathurst  
NSW 2795  
02-6331-4133 Office  
[www.cwwhc.org.au](http://www.cwwhc.org.au)  
[information@cwwhc.org.au](mailto:information@cwwhc.org.au)

**Bathurst** We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Mid Western Sexual Assault Service  
Bathurst Base Hospital  
William Street  
Bathurst  
New South Wales  
02-6330-5677 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

**Bega** **Helpline 02-6492-4416 24 Hours** Our aim is to support adults and children who experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group

Bega Community Health Centre  
McKee Drive  
Bega  
NSW 2550  
02-6492-9620 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims  
of sexual assault and coordinates  
forensic examination with a special  
doctor trained in these procedures.

**Bega**

**Helpline 02-6492-6239**

Staying Home Leaving Violence  
This community service initiative  
aims to increase safety and prevent  
homelessness by enabling the  
person experiencing domestic and  
family violence and their children to  
stay in their home. Working with the  
police we remove the perpetrator  
from the home. The service model  
includes: Outreach, safety planning,  
support and risk assessment, security  
modifications and equipment, court  
support, casework and advocacy.  
Please call if you would like to  
know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence  
Bega  
NSW  
02-6492-6239 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

**Blacktown**

**Helpline 02-9845-5555 Adults**

**Helpline 02-9845-0000 Children**

Our aim is to support adults and  
children who have experienced any  
form of sexual assault.  
Provides counselling and support  
to children, adolescents and non  
offending family members, through  
individual counselling and group  
work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims  
of sexual assault and coordinates  
forensic examination with a special  
doctor trained in these procedures.  
Please call for further details.

Blacktown Sexual Assault  
Service  
Blacktown Community Health Ctr  
Unit 1, Marcel Crescent  
Blacktown  
NSW 2148  
02-9881-8700 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

**Blacktown**

Blacktown Women's and Girls  
Health Centre is a not for profit  
organisation which approaches  
women's health from a feminist and  
holistic perspectives. We offer  
counselling and case management,  
a FREE Well Women's Nurse Clinic,  
access to free reproductive and  
sexual health medical care, a weekly  
FREE early childhood clinic,  
massage and naturopathy, LGBTIQA  
support, FREE legal appointments  
support / advocacy, a lively program  
of therapeutic and health groups,  
a venue for women's organisations  
and outreach support. While a small

Blacktown Women's & Girl's  
Health Centre Inc  
6 Prince Street  
Blacktown  
NSW 2148  
02-9831-2070 Office.

[www.womensandgirls.org.au](http://www.womensandgirls.org.au)  
[info@womensandgirls.org.au](mailto:info@womensandgirls.org.au)

fee is charged for some services,  
no woman is turned away because  
she cannot pay.

## **Blacktown**

### **Helpline 02-9677-1962**

Staying Home Leaving Violence  
This community service initiative  
aims to increase safety and prevent  
homelessness by enabling the  
person experiencing domestic and  
family violence and their children to  
stay in their home. Working with the  
police we remove the perpetrator  
from the home. The service model  
includes: Outreach, safety planning,  
support and risk assesment, security  
modifications and equipment, court  
support, casework and advocacy.  
Please call if you would like to  
know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence  
Blacktown  
NSW  
02-9677-1962 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

## **Bondi**

Support Group For Survivors of  
Incest and Child Sexual Abuse  
Survivors of Incest Anonymous is  
a spiritual, self help group of men  
and women aged 18 years + who  
are guided by a set of 12 steps and  
12 traditions as borrowed from AA,  
along with some SIA slogans and  
serenity prayer. The only requirement  
for membership is that you are a  
victim of child sexual abuse and  
you want to recover.  
Meets Sundays 6 - 7pm  
Survivors only, contact Chana at the  
email address on the right for more  
details about the location.

Survivors of Incest Anonymous  
Bondi  
NSW

[www.siawso.org](http://www.siawso.org)  
[si.sydney.australia@gmail.com](mailto:si.sydney.australia@gmail.com)

## **Bourke**

### **Helpline 1800-665-066 24 Hours**

We aim to help and support adults  
and children who have experienced  
any form of sexual assault.  
We can provide individual and group  
counselling. Court preparation and  
accompaniment. We can help with  
Victim Impact Statements. Provide  
immediate support for recent victims  
of sexual assault and coordinate  
forensic examinations with specially  
trained doctors.

Bourke Sexual Assault Service  
Tarcoon Street  
Bourke  
NSW 2840  
02-6870-8899 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

## **Bowral**

We aim to support adults and  
children who have experienced any  
form of sexual assault.  
Provides counselling and support  
to children, adolescents and non  
offending family members, through  
individual counselling and group  
work. Court preparation

Bowral Sexual Assault Service  
Bendooley Street  
Bowral  
NSW 2576  
02-4861-8000 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)



Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims  
of sexual assault and co ordinates  
forensic examination with a special  
doctor trained in these procededures.  
Please call office for more details.

#### **Broken Hill**

##### **Helpline 08-8080-1333 24 Hours**

We aim to help and support adults  
and children who have experienced  
any form of sexual assault.

We can provide individual and group  
counselling. Court preparation and  
accompaniment. We can help with  
Victim Impact Statements. Provide  
immediate support for recent victims  
of sexual assault and coordinate  
forensic examinations with specially  
trained doctors.

Broken Hill Sexual Assault

Service

Thomas Street

Broken Hill

NSW 2880

08-8080-1333 Office / Helpline

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### **Cabramatta**

We were established in 1987 to  
address the needs of immigrant  
women in regards to health info and  
health services. Our staff can speak  
a variety of languages and we run  
a selection of support groups in  
various languages for various  
cultures.

FREE women's health clinic on a  
fortnightly basis, please call as by  
appointment only.

Immigrant Women's Health

Service

McBurney Road

Cabramatta

NSW 2166

02-9726-1016 Office

[www.immigrantwomenshealth.org.au](http://www.immigrantwomenshealth.org.au)

[iwhs@swsahs.nsw.gov.au](mailto:iwhs@swsahs.nsw.gov.au)

#### **Campbelltown**

##### **Helpline 02-4633-3752**

Staying Home Leaving Violence  
This community service initiative  
aims to increase safety and prevent  
homelessness by enabling the  
person experiencing domestic and  
family violence and their children to  
stay in their home. Working with the  
police we remove the perpetrator  
from the home. The service model  
includes: Outreach, safety planning,  
support and risk assesment, security  
modifications and equipment, court  
support, casework and advocacy.

Please call if you would like to  
know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence

Campbelltown

NSW

02-4633-3752 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

#### **Campbelltown**

W.I.L.M.A is a FREE service run by  
women for women, for all women in  
the local Macarthur area. Support  
groups are available for those  
affected by sexual assault or by  
domestic violence. Please call for  
more information.

W.I.L.M.A. Women's Health Ctr

6 Bugden Place

Campbelltown

NSW 2560

02-4627-2955 Office

[www.wilma.org.au](http://www.wilma.org.au)

#### **Camperdown**

##### **Helpline 02-9515-6111 24 Hours**

Royal Prince Alfred Hospital

24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Missenden Road  
Camperdown  
NSW 2050  
02-9515-9040 Office

**Campsie** We offer counselling for domestic violence and sexual assault victims. Therapeutic and educational groups are periodically run, please call our office or visit our website for further details.

Sydney Women's Counselling Service  
2 Carrington Square  
Campsie  
02-9718-1955 Office  
[www.womenscounselling.com.au](http://www.womenscounselling.com.au)  
[help@womenscounselling.com.au](mailto:help@womenscounselling.com.au)

**Cessnock** **Helpline 02-4937-1927**  
Staying Home Leaving Violence  
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.  
[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence  
Cessnock  
NSW  
02-4937-1927 Office / Helpline  
[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

**Coffs Harbour** Counselling and support to adults, young people and children who have experienced sexual assault. Please call us for further details of our services.

Coffs Harbour Women's Health Centre  
74 Victoria Street  
Coffs Harbour  
NSW 2450  
02-6652-8111 Office  
[bchalmers@chwhc.com.au](mailto:bchalmers@chwhc.com.au)

**Cooma** **Helpline 02-6455-3222 24 Hours**  
Our aim is to support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims of sexual assault and coordinates forensic examination with a special doctor trained in these procedures.

Cooma Community Health Care  
Victoria Street  
Cooma  
NSW 2630  
02-6455-3201 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

**Coonabarabran** **Helpline 02-6885-8632 24 Hours**  
We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group

Coonabarabran Sexual Assault Service  
Cassilis Street  
Coonabarabran  
NSW 2357

counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

02-6842-6402 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### Deniliquin

We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Murray Sexual Assault Service  
Deniliquin Community Health Ctr  
2 Macauley Street  
Deniliquin  
NSW 2710

03-5882-2900 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### Drummoyne

##### **Helpline 1800-424-017 24 Hours**

We provide 24 / 7 help and online crisis counselling to anyone who has or is at risk of experiencing sexual assault or domestic violence. NSW rape crisis counsellors are available in women's centres across the state.

24 hour crisis counselling

Medical care and forensic tests

Counselling in the months after

the assault. Information about the

legal options. Information about

reporting to the police. Help and

support with court preparation

Support groups

New South Wales Rape Crisis  
Centre

PO Box 555

Drummoyne

NSW 2047

02-9818-7216 Office

[www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)

[info@nswrapecrisis.com.au](mailto:info@nswrapecrisis.com.au)

#### Dubbo

##### **Helpline 02 6885-8666 24 Hours**

We aim to help and support adults and children who have experienced any form of sexual assault.

We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Dubbo Sexual Assault Service

Dubbo Community Health Ctr

2 Palmer Street

Dubbo

NSW 2830

02-6885-8999 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### Dubbo

##### **Helpline 02-6883-1561**

Staying Home Leaving Violence

This community service initiative

aims to increase safety and prevent

homelessness by enabling the

person experiencing domestic and

family violence and their children to

stay in their home. Working with the

police we remove the perpetrator

from the home. The service model

Staying Home Leaving Violence

Dubbo

NSW

02-6883-1561 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

<b>East Maitland</b>	<b>Helpline 02-4921-3888 24 Hours</b> 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Lower Hunter Community Health Centre 58 Stronach Avenue East Maitland NSW 2323 02-4931-2000 Office	<a href="http://www.hnehealth.nsw.gov.au">www.hnehealth.nsw.gov.au</a>
<b>Fairfield</b>	We were established in 1987 to address the needs of immigrant women in regards to health info and health services. Our staff can speak a variety of languages and we run a selection of support groups in various languages for various cultures. FREE women's health clinic on a fortnightly basis, please call as by appointment only.	Immigrant Women's Health Service Fairfield Centre 92 Smart Street Fairfield NSW 2165 02-9726-4044 Office <a href="http://www.immigrantwomenshealth.org.au">www.immigrantwomenshealth.org.au</a>	<a href="mailto:iwhs@swsahs.nsw.gov.au">iwhs@swsahs.nsw.gov.au</a>
<b>Fairfield</b>	<b>Helpline 02-9602-7795</b> Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.	Staying Home Leaving Violence Fairfield NSW 02-9602-7795 Office / Helpline	<a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a> <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>
<b>Forbes</b>	<b>Helpline 02-6850-2000 24 Hours</b> We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.	Forbes Sexual Assault Service Forbes Community Health Ctr Church Street & Elgin Street Forbes New South Wales 02-6850-2233 Office <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a>	
<b>Glen Innes</b>	<b>Helpline 02-6739-0200 24 Hours</b> 24 Hour counselling and support	Glen Innes Community Health Centre	<a href="http://www.hnehealth.nsw.gov.au">www.hnehealth.nsw.gov.au</a>

to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

94 Taylor Street  
Glen Innes  
NSW 2350  
02-6739-0100 Office

**Gosford**      **Helpline 02-4320-2111    24 Hours**  
24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Central Coast Health  
Gosford Hospital  
Gosford  
NSW 2250  
02-4320-3175 Office

**Gosford**      Counselling and support to adults, young people and children who have experienced sexual assault. Please call our office for further details of our services.

Central Coast Women's Health Centre  
37 Maindensbrush Road  
Gosford  
NSW 2250  
02-4324-2533 Office

[www.cccwhc.com.au](http://www.cccwhc.com.au)  
Contact Form on website

**Gosford**      **Helpline 02-4350-1730**  
Staying Home Leaving Violence  
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

Staying Home Leaving Violence  
Gosford  
NSW  
02-4350-1730 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

**Goulburn**      **Helpline 02-4827-3111    24 Hours**  
Our aim is to support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedures.

Goulburn Community Health Ctr  
130 Goldsmith Street  
Goulburn  
NSW 2580  
02-4827-3913 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

**Grafton**      **Helpline 02-6621-8000    24 Hours**  
Our aim is to support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through

Grafton Sexual Assault Service  
Arthur Street  
Grafton  
NSW 2460  
02-6640-2402 Office

individual counselling and group work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims of sexual assault and coordinates forensic examination with a special doctor trained in these procedures.

#### Griffith

##### **Helpline 1800-800-944**

We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Griffith Community Health Centre  
39 Yambil Street  
Griffith  
NSW 2680  
02-6966-9900 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### Harris Park

From Surviving to Thriving  
How adult children of personality disordered parents can recover and go on to live happy and meaningful lives. Presented by Dr Kate Wallbank from Essence Psychology. June meeting 29th of June 2016, 7.15pm - 9.15pm at Harris Park Community Centre.

From Surviving to Thriving  
Dr Kate Wallbank  
Harris Park Community Centre  
11 Albion Street  
Harris Park  
NSW

[www.meetup.com/Sanctuary-Support-for-Adult-Children-of-NPD-BPD-Parents/events/231437199/](http://www.meetup.com/Sanctuary-Support-for-Adult-Children-of-NPD-BPD-Parents/events/231437199/)  
For further details please click on the link above.

#### Harris Park

Our centre provides services to women who live in the Parramatta, Holroyd, the Hills and Auburn local government areas. Support and advocacy for women who have experienced violence  
Information and referrals  
Counselling for women on low incomes whose issues relate to past/present experiences of violence  
Regular support groups

Cumberland Womens Health  
Centre IC  
23 Albion Street  
Harris Park  
NSW 2150  
02-9689-3044 Office

[www.cwhc.org.au](http://www.cwhc.org.au)  
contact form on website

#### Holroyd

##### **Helpline 02-9636-8437**

Staying Home Leaving Violence  
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court

Staying Home Leaving Violence  
Holroyd  
NSW  
02-9636-8437 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

support, casework and advocacy.

Please call if you would like to

know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

## Hornsby

Survivor Support Group.

The friendships you develop in a social group can help overcome the isolation and loneliness associated with domestic violence.

We meet to chat over coffee on Saturdays at 11am. Conversation is varied and relaxed as you'd expect in a relaxed coffee shop atmosphere. There is also free informal instruction on digital photography as a creative pass time. Our website is mobile friendly and we meet at Java Lave in the Westfield Shopping complex at Hornsby.

Ross is the contact person and he can be reached on 040-622-9932 or by email at the address on the right.

Hornsby Ku-ring-gai Survivors

Hornsby

Sydney North Shore

Contact Ross 040-622-9932

[www.hornsbykuringgaiwomensshelter.com.au/](http://www.hornsbykuringgaiwomensshelter.com.au/)

## Inverell

**Helpline 02-6721-9500 24 Hours**

24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Inverell Health Service

Swanbrook Road

Inverell

NSW 2360

02-6721-960 Office

[www.hnehealth.nsw.gov.au](http://www.hnehealth.nsw.gov.au)

## Katoomba

We were established in 1981 to provide health services to women in the Blue Mountains. We provide a wide range of women's support groups.

Building Safety - A group for women living with the effects of Childhood Sexual Abuse. The next group starts Tuesday 11th February 2014. The group runs for 9 weeks and booking is essential call 02-4782-5133.

Blue Mountains Women's Health and Resource Centre

124 Lurline Street

Katoomba

NSW 2780

02-4782-5133 Office

[www.bmwhrc.org](http://www.bmwhrc.org)

## Kempsey

**Helpline 02-6562-2272**

Staying Home Leaving Violence

This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to

Staying Home Leaving Violence

Kempsey

NSW

02-6562-2272 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

<b>Kogarah</b>	Counselling and support for adults, adolescents and children who have experienced sexual assault. Please call our office for further details of the services we can offer.	The St. George Hospital Gray Street Kogarah NSW 2217 02-9113-2494 Office <a href="http://www.seslhd.health.nsw.gov.au/Mental_health/StGeorgeMHS.asp">www.seslhd.health.nsw.gov.au/Mental_health/StGeorgeMHS.asp</a>	<a href="http://www.seslhd.health.nsw.gov.au">www.seslhd.health.nsw.gov.au</a>
<b>Lake Macquarie</b>	<b>Helpline 02-4943-9255</b> Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. <a href="http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence">www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</a>	Staying Home Leaving Violence Lake Macquarie NSW 02-4943-9255 Office / Helpline	<a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a> <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>
<b>Leichhardt</b>	Counselling services for women who are survivors of childhood sexual assault.	Leichhardt Women's Community Health Centre 55 Thornley Street Leichhardt NSW 2040 02-9560-3011 Office	<a href="http://www.lwchc.org.au">www.lwchc.org.au</a> <a href="mailto:info@lwchc.org.au">info@lwchc.org.au</a>
<b>Lightning Ridge</b>	<b>Helpline 02-6829-9999 24 Hours</b> We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.	Lightning Ridge Sexual Assault Service Corner Opal & Pandora Streets Lightning Ridge NSW 2834 02-6829-9900 Office <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a>	
<b>Lismore</b>	<b>Helpline 02-6621-9800</b> Mon to Thurs 9am-1pm & 2pm-5pm We offer counselling for those who are affected by domestic violence and sexual assault. Please call us for further details of our services.	Lismore & District Women's Health Centre, Inc 60 Uralba Street Lismore 02-6621-9800 Office / Helpline	<a href="http://www.lismorewomen.org.au">www.lismorewomen.org.au</a> <a href="mailto:mail@lismorewomen.org.au">mail@lismorewomen.org.au</a>
<b>Lismore</b>	<b>Helpline 02-6621-8000</b> Counselling and support for those affected by sexual violence	Richmond Sexual Assault Service PO Box 419 Lismore NSW 2480	



02-6620-2970 Office

**Liverpool**

**Helpline 02-9828-3000 24 Hours**

Liverpool Sexual Assault Service  
Campbell & Goulburn Street  
Liverpool  
NSW 2170  
02-9829-4844 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

Our aim is to help and support adults and children who have experienced sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.

Liverpool Sexual Assault Service  
Campbell & Goulburn Street  
Liverpool  
NSW 2170  
02-9829-4844 Office  
[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

**Liverpool**

We are a community based service run by women for women. All our services are FREE or low cost. Our staff come from a variety of backgrounds and may be able to help you if you have difficulties with English. We can offer:  
Court support for women who are experiencing domestic violence.  
Support services for Aboriginal and Strait Islanders.  
Legal advice from a solicitor from Women's Legal Service NSW.  
Support groups are available  
Individual Counselling  
Women's Health clinic - Tues & Fri  
Young women's clinic - Wed pm  
Legal clinic - Thurs fortnightly  
Our counselling is Mon to Fri and by appointment only.

Liverpool Women's Health Ctr  
26 Bath Street  
Liverpool  
NSW 2170  
02-9601-3555 Office  
[www.liverpoolwomenshealth.org.au](http://www.liverpoolwomenshealth.org.au)

[lwhc@sswahs.nsw.gov.au](mailto:lwhc@sswahs.nsw.gov.au)

**Liverpool**

**Helpline 02-9602-7795**

Staying Home Leaving Violence  
Liverpool  
NSW  
02-9602-7795 Office / Helpline

This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.  
[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence  
Liverpool  
NSW  
02-9602-7795 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

**Maitland**

**Helpline 02-4937-1927**

Staying Home Leaving Violence  
This community service initiative

Staying Home Leaving Violence  
Maitland  
NSW

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.  
[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

#### Maroubra

**Helpline 02-9314-4006**  
Staying Home Leaving Violence  
This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.  
[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence  
Maroubra  
NSW  
02-9314-4006 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

#### Mayfield

Counselling and casework for those who have experienced sexual assault. Legal clinic available  
Groups and workshops  
Out reach counselling, please call our office for further details of our services.

Hunter Women's Centre  
Mayfield  
NSW 2304  
02-4968-2511.

[www.hwc.org.au](http://www.hwc.org.au)  
[admin@hwc.org.au](mailto:admin@hwc.org.au)

#### Mildura

**Helpline 03-5025-5400 24 Hours**  
We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Mallee Sexual Assault Service  
Suite 1  
144-146 Line Avenue  
Mildura  
NSW 3502  
03-5025-5400 Office / helpline

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### Moree

**Helpline 02-6757-0000 24Hours**  
24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Moree Hospital  
Alice Street  
Moree  
NSW 2400  
02-6757-0200 Office

<b>Moree</b>	<p><b>Helpline 02-6752-8027</b>          Staying Home Leaving Violence          This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.  <a href="http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence">www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</a></p>	<p>Staying Home Leaving Violence          Moree          NSW          02-6752-8027 Office / Helpline</p>	<p><a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a>  <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a></p>
<b>Moruya</b>	<p><b>Helpline 02-6492-4416 24 Hours</b>          We help and support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procecedures.</p>	<p>Eurobodalla Sexual Assault Service          Moruya Community Health Ctr          River Street          Moruya          NSW 2537          02-4474-1561 Office  <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a></p>	
<b>Narrabri</b>	<p><b>Helpline 02-6799-2800 24 Hours</b>          24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.</p>	<p>Narrabri Community Health Ctr          11 Cameron Street          Narrabri          NSW 2390          02-6799-2000 Office</p>	<p><a href="http://www.hnehealth.nsw.gov.au">www.hnehealth.nsw.gov.au</a></p>
<b>Newcastle</b>	<p><b>Helpline 02-4926-3677</b>          Staying Home Leaving Violence          This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.  <a href="http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence">www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</a></p>	<p>Staying Home Leaving Violence          Newcastle          NSW          02-4926-3677 Office / Helpline</p>	<p><a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a>  <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a></p>

<b>Nowra</b>	<p><b>Helpline 02-4423-9211 24 Hours</b>          We help and support adults and children who have experienced any form of sexual assault.          Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation          Support through the court process          Victim Impact Statement Help          Immediate support to recent victims of sexual assault and coordinates forensic examination with a special doctor trained in these procedures.</p>	<p>Nowra Sexual Assault Service          Scenic Drive          Nowra          NSW 2540          02-4423-9211 Office / Helpline  <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a></p>
<b>Nowra</b>	<p>We offer a wide range of services including counselling and a wide array of support groups and workshops for women. Our website is currently under construction so please call for further details. This entry dated Jan 2014</p>	<p>Shoalhaven Women's Health Ctr <a href="mailto:swhc@swhc.org.au">swhc@swhc.org.au</a>          5 McGrath Avenue          Nowra          NSW 2541          02-4421-0730 Office  <a href="http://www.shoalhavenwomenshealthcentre.org.au">www.shoalhavenwomenshealthcentre.org.au</a></p>
<b>Nowra</b>	<p><b>Helpline 02-4424-7400</b>          Staying Home Leaving Violence          This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy.          Please call if you would like to know more about this scheme.  <a href="http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence">www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</a></p>	<p>Staying Home Leaving Violence <a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a>  <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>          Nowra          NSW          02-4424-7400 Office / Helpline</p>
<b>Nowra</b>	<p>Waminda aims to empower and support Aboriginal women of the Shoalhaven to make informed decisions about their health. Our centre provides a FREE service for women and children of all ages.          Domestic violence worker - provides information and support and accompaniment at the court.          Sexual Assault worker - provides information and support for women affected by this issue.          Health Clinic - Tues 1.30 - 4.30pm</p>	<p>Waminda <a href="http://www.waminda.org.au">www.waminda.org.au</a>  <a href="mailto:contact@waminda.org.au">contact@waminda.org.au</a>          77 Osborne Street          Nowra          NSW 2541          02-4421-7400 Office</p>
<b>Orange</b>	<p><b>Helpline 02-6393-3000 24 Hours</b>          We help and support adults and children who have experienced any form of sexual assault.</p>	<p>Orange Base Hospital          129 Sale Street          Orange          NSW 2800</p>

Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.

02-6393-3300 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### **Parkes**

##### **Helpline 02-6393-3000 24 Hours**

We aim to help and support adults and children who have experienced any form of sexual assault.

We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.

Parkes Sexual Assault Service

Coleman Road

Parkes

NSW 2870

02-6862-1866 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### **Parramatta**

##### **Helpline 02-9636-8437**

Staying Home Leaving Violence

This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assesment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

Staying Home Leaving Violence

Parramatta

NSW

02-9636-8437 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

#### **Penrith**

We actively address the rights and choices of all women in our community and promote better health outcomes for Aboriginal and Torres Strait Islander women and their families.

Counselling services for women

Domestic Violence Services

Adult Survivors of Childhood Sexual

Abuse support group - Thursdays

10.30am - 12.30 pm Please call

for 2014 start dates and details.

Penrith Women's Health Centre

Penrith

NSW 2750

02-4721-8749 Office

#### **Penrith**

##### **Helpline 02-4734-2000 24 Hours**

We are a network of community based workers who are taking action against domestic violence.

Springfield Cottage

Governor Philip Hospital

Penrith

NSW 2751

We share information with survivors and victims. Please call if you need help or info on local services and support. 02-4734-2512 Office

<b>Penrith</b>	<b>Helpline 02-4721-2499</b> Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme. <a href="http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence">www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence</a>	Staying Home Leaving Violence Penrith NSW 02-4721-2499 Office / Helpline	<a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a> <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>
<b>Port Macquarie</b>	<b>Helpline 02-6581-2000 24 Hours</b> 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Port Macquarie Community Health Centre Morton Street Port Macquarie NSW 2444 02-6588-2882 Office	
<b>Queanbeyan</b>	<b>Helpline 02-9298-9211 24 Hours</b> We help and support adults and children who have experienced any form of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these procedures.	Queanbeyan Sexual Assault Service 26 Antill Street Queanbeyan NSW 2620 02-6298-9233 Office <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a>	
<b>Quirindi</b>	<b>Helpline 02-6746-0200 24 Hours</b> 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Quirindi Health Service Nowland Street Quirindi NSW 2343 02-6746-0200 Office / Helpline	<a href="http://www.hnehealth.nsw.gov.au">www.hnehealth.nsw.gov.au</a>
<b>Redfern</b>	<b>Helpline 02-9699-9036</b> Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to	Staying Home Leaving Violence Redfern NSW 02-9699-9036 Office / Helpline	<a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a> <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>

stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

#### **Rosemeadow**

##### **Helpline 02-9828-3000 24 Hours**

We aim to help and support adults and children who have experienced any form of sexual assault.

Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.

Rosemeadow Sexual Assault Service

5 Thomas Rose Drive  
Rosemeadow  
NSW 2560

02-4633-4100 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

#### **South Coffs Harbour**

Counselling and support to adults, young people and children who are affected by sexual assault. Please call our office for further details of our services.

Coffs Harbour Community Health Centre

345 Pacific Highways  
South Coffs Harbour  
02-6656-7200 Office  
02-6656-7414 Office

[www.mnclhd.health.nsw.gov.au](http://www.mnclhd.health.nsw.gov.au)

[www.mnclhd.health.nsw.gov.au/community-health-centres-2/coffs-harbour-community-health/](http://www.mnclhd.health.nsw.gov.au/community-health-centres-2/coffs-harbour-community-health/)

#### **St. Leonards**

##### **Helpline 02-9926-7111 24 Hours**

We work with adults and children who have been affected by the trauma of sexual assault.

Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation  
Support through the court process  
Victim Impact Statement Help  
Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.  
Please Call for more details

Northern Sydney Sexual Assault Service

Royal North Shore Hospital  
St. Leonards  
NSW 2065

02-9926-7111 Office / Helpline

[www.nslhd.health.nsw.gov.au](http://www.nslhd.health.nsw.gov.au)

[www.nslhd.health.nsw.gov.au/Services/Directory/Pages/SexualAssaultService.aspx](http://www.nslhd.health.nsw.gov.au/Services/Directory/Pages/SexualAssaultService.aspx)

#### **Sydney**

From Surviving to Thriving  
How adult children of personality disordered parents can recover and go on to live happy and meaningful lives. Presented by Dr Kate Wallbank from Essence Psychology. June meeting 29th of

From Surviving to Thriving  
Dr Kate Wallbank  
Harris Park Community Centre  
11 Albion Street  
Harris Park  
NSW

June 2016, 7.15pm - 9.15pm at  
Harris Park Community Centre.

[www.meetup.com/Sanctuary-Support-for-Adult-Children-of-NPD-BPD-Parents/events/231437199/](http://www.meetup.com/Sanctuary-Support-for-Adult-Children-of-NPD-BPD-Parents/events/231437199/)

For more details please click on  
the link.

**Sydney**  
North Shore

Survivor Support Group.  
The friendships you develop in a  
social group can help overcome  
the isolation and loneliness  
associated with domestic violence.  
We meet to chat over coffee on  
Saturdays at 11am. Conversation  
is varied and relaxed as you'd  
expect in a relaxed coffee shop  
atmosphere. There is also free  
informal instruction on digital  
photography as a creative pass time.  
Our website is mobile friendly and  
we meet at Java Lave in the  
Westfield Shopping complex at  
Hornsby.  
Ross is the contact person and he  
can be reached on 040-622-9932  
or by email at the address on the  
right.

Hornsby Ku-ring-gai Survivors  
Hornsby  
Sydney North Shore  
Contact Ross 040-622-9932

[ross@resistance.tips](mailto:ross@resistance.tips)

[www.hornsbykuringgaiwomensshelter.com.au/](http://www.hornsbykuringgaiwomensshelter.com.au/)

**Tamworth**

**Helpline 02-6763-2354**  
Staying Home Leaving Violence  
This community service initiative  
aims to increase safety and prevent  
homelessness by enabling the  
person experiencing domestic and  
family violence and their children to  
stay in their home. Working with the  
police we remove the perpetrator  
from the home. The service model  
includes: Outreach, safety planning,  
support and risk assesment, security  
modifications and equipment, court  
support, casework and advocacy.  
Please call if you would like to  
know more about this scheme.

Staying Home Leaving Violence  
Tamworth  
NSW  
02-6763-2354 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

**Tamworth**

**Helpline 02-6767-7700 24 Hours**  
24 Hour counselling and support  
to adults, young people and children  
who have experienced sexual  
assault. Please call for further  
details of our services.

Tamworth Community Health Ctr  
Dean Street  
Tamworth  
NSW 2340  
02-6767-8100 Office

[www.hnehealth.nsw.gov.au](http://www.hnehealth.nsw.gov.au)

**Taree**

**Helpline 02-6592-9111 24 Hours**  
24 Hour counselling and support  
to adults, young people and children  
who have experienced sexual  
assault. Please call for further  
details of our services.

Taree Community Health Centre  
64 Pulteney Street  
Taree  
NSW 2430  
02-6592-9315 Office

**Tweed Heads**

**Helpline 07-5536-1133 24 Hours**

Tweed Valley Sexual Assault



	24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Service Florence Street Tweed Heads NSW 2485 07-5506-7540 Office	
<b>Wagga Wagga</b>	<b>Helpline 02-6938-6666 24 Hours</b> We aim to help and support adults and children who have experienced any form of sexual assault. We can provide individual and group counselling. Court preparation and accompaniment. We can help with Victim Impact Statements. Provide immediate support for recent victims of sexual assault and coordinate forensic examinations with specially trained doctors.	Wagga Sexual Assault Service Community Health Centre Docker Street Wagga Wagga NSW 2650 02-6938-6411 Office <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a>	
<b>Wagga Wagga</b>	We offer support for women in crisis. Advocacy and information Counselling, support and info for women who have experienced child sexual assault. Please call for further details.	Wagga Women's Health Centre 92 Morgan Street Wagga Wagga NSW 2650 02-6921-3333 Office	<a href="http://www.waggawomen.org.au">www.waggawomen.org.au</a> contact form on website
<b>Wallsend</b>	<b>Helpline 02-4921-3888 24 Hours</b> We offer services to adults and children who have experienced the trauma of sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and coordinates forensic examination with a special doctor trained in these procedures.	Newcastle Sexual Assault Service Longworth Avenue Wallsend NSW 2287 02-4924-6333 Office <a href="http://www.health.nsw.gov.au/sexualassault/pages/default.aspx">www.health.nsw.gov.au/sexualassault/pages/default.aspx</a>	
<b>Warilla</b>	Crisis counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services. Space available for womens issues support groups.	Illawarra Women's Health Service 2-14 Belfast Avenue Warilla NSW 2500 02-4255-6800 Office <a href="http://www.womenshealthcentre.com.au">www.womenshealthcentre.com.au</a> <a href="mailto:info@womenshealthcentre.com.au">info@womenshealthcentre.com.au</a>	
<b>Westmead</b>	<b>Helpline 02-9845-5555 24 Hours</b> 24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.	Westmead Hospital Darcy & Hawksbury Roads Westmead NSW 2145 02-9845-7940 Office	<a href="http://www.wslhd.health.nsw.gov.au">www.wslhd.health.nsw.gov.au</a>
<b>Wollongong</b>	<b>Helpline 02-4255-5333</b> Staying Home Leaving Violence	Staying Home Leaving Violence Wollongong	<a href="http://www.housing.nsw.gov.au">www.housing.nsw.gov.au</a> <a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>

This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

NSW  
02-4255-5333 Office / Helpline

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

### Wollongong

**Helpline 02-4222-5000 24 Hours**

We aim to offer services / support to adults and children who have experienced sexual assault. Provides counselling and support to children, adolescents and non offending family members, through individual counselling and group work. Court preparation Support through the court process Victim Impact Statement Help Immediate support to recent victims of sexual assault and co ordinates forensic examination with a special doctor trained in these proceedings.

Wollongong Sexual Assault Service  
4 Urunga Parade  
Wollongong  
New South Wales  
02-4222-5408 Office

[www.health.nsw.gov.au/sexualassault/pages/default.aspx](http://www.health.nsw.gov.au/sexualassault/pages/default.aspx)

### Wyang

**Helpline 02-4350-1730**

Staying Home Leaving Violence This community service initiative aims to increase safety and prevent homelessness by enabling the person experiencing domestic and family violence and their children to stay in their home. Working with the police we remove the perpetrator from the home. The service model includes: Outreach, safety planning, support and risk assessment, security modifications and equipment, court support, casework and advocacy. Please call if you would like to know more about this scheme.

Staying Home Leaving Violence  
Wyang  
NSW  
02-4350-1730 Office / Helpline

[www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)  
[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

[www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence](http://www.housing.nsw.gov.au/help-with-housing/domestic-and-family-violence)

### Young

**Helpline 1800-677-114 24 Hours**

24 Hour counselling and support to adults, young people and children who have experienced sexual assault. Please call for further details of our services.

Young Community Health Ctr  
Allanan Street  
Young  
NSW 2594  
02-6382-8729 Office