

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>NEW ZEALAND</b>			
Nationwide	<b>Advocacy Advice 02-7353-3854</b> Ken Clearwater is a victims advocate and director of the Male Survivors of Sexual Abuse organisation of New Zealand.	Ken Clearwater Nationwide Advocate 02-7353-3854 Advice / Advocacy	<a href="http://www.survivor.org.nz">www.survivor.org.nz</a> <a href="mailto:mssat@survivor.org.nz">mssat@survivor.org.nz</a>
Nationwide	We are a national organisation of doctors and nurses, formed in 1988 to develop and maintain standards of best practice in the delivery of medical and forensic services in the area of sexual assault and abuse.	Doctors for Sexual Abuse Care (DSAC) Unit 5, 4 Warnock Street Grey Lynn 09-376-1422 Office	<a href="http://www.dsac.org.nz">www.dsac.org.nz</a> <a href="mailto:admin@dsac.org.nz">admin@dsac.org.nz</a>
Nationwide	<b>Advice Line 03-377-6747</b> All MSSAT organisations offer one to one, peer and group support for survivors and their significant others. Offices in <b>Auckland, Waikato, Wellington, Marlborough</b> and in <b>Christchurch</b> .	Male Survivors of Sexual Abuse (MSSAT) Nationwide PO Box 22 363 Christchurch 8140 03-377-6747 Office / Advice	<a href="http://www.survivor.org.nz">www.survivor.org.nz</a> <a href="mailto:mssat@survivor.org.nz">mssat@survivor.org.nz</a>
Nationwide	<b>Crisis Line 0800-883-300 24/7</b> A national 24 hour crisis helpline for survivors of sexual assault. Listings of Rape Crisis centres across New Zealand.	National Collective Rape Crisis Nationwide 02-474-1592 Office	<a href="http://www.rapecrisisnz.org.nz">www.rapecrisisnz.org.nz</a> <a href="mailto:admin@rapecrisisnz.org.nz">admin@rapecrisisnz.org.nz</a>
Nationwide	<b>Advocacy Advice 02-132-6505</b> On the 15th December 2007 Louise Nicholas was named New Zealander of the year by the New Zealand Herald due to her courage shown during rape trials of former police men. Nicholas has taken a role in pushing for the recognition of victims rights, advocating changes to name suppression law after a prominent entertainer received name suppression after sexually assaulting a 16 year old girl. Nicholas works as an advocate for the national RPE Rape Prevention Education.	Louise Nicholas Nationwide Advocate 02-132-6505 Advice / Advocacy	<a href="http://www.rpe.co.nz">www.rpe.co.nz</a> <a href="mailto:louise@rapecrisis.org.nz">louise@rapecrisis.org.nz</a>
Nationwide	<b>FREE Helpline 0508-744-633</b> At SHINE we have an outstanding team of optimistic and practical staff. In total SHINE has a team of 100 people some full and part time and many volunteers. Some of the services we offer includes: A FREE national helpline	Shine Nationwide 09-815-4601 Office	<a href="http://www.2shine.org.nz">www.2shine.org.nz</a> <a href="mailto:enquiries@2shine.org.nz">enquiries@2shine.org.nz</a>

Around the clock, one to one support for victims of abuse.  
 Safe@Home - Program to secure the homes of high risk victims including safety planning, windows and door locks, security lighting and silent alarm systems.  
 KIDshine - A team dedicated to supporting children distressed by witnessing violence in their homes.  
 The shine safe house offers:  
 Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer.

<b>Nationwide</b>	We are a network of specialist sexual violence response and prevention services situated all over New Zealand. Please visit our website for further information.	TOAH - NNEST Nationwide 04-385-9176 Office.	<a href="http://www.toah-nnest.org.nz">www.toah-nnest.org.nz</a> <a href="mailto:nkmsandz@toah-nnest.org.nz">nkmsandz@toah-nnest.org.nz</a>
<b>Nationwide</b>	<b>Crisis Line 0800-733-843 24/7</b> We are a women's organisation for women and their children, here to help prevent and stop family violence in New Zealand. As an independent, bicultural, community organisation we have support services designed especially for children, young people, Maori women migrant and refugee women. We also assist lesbian women, older women and women with disabilities. FREE 24 hour crisis hotline. A safe house in emergencies where the location is kept secret. Separate advocacy for women, children and young people whether you are leaving your relationship or not. Follow up after an incident in which the police were called. Visits to your home or to a safe place. Outreach contacts for rural areas. Support in court matters. Emergency transport. Referrals to appropriate counsellors and an on line help service. For more details please visit website.	Women's Refuge Nationwide 04-802-5078 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="http://www.womensrefuge.org.nz">www.womensrefuge.org.nz</a> <a href="mailto:info@refuge.org.nz">info@refuge.org.nz</a>
<b>Auckland</b>	<b>Crisis Line 09-623-1700 24/7</b> HELP provides a range of services and support to adults survivors of sexual abuse. We also respond to the needs of survivors with a number of therapeutic services for specific client groups, including children, teenagers and adults. Please visit	Auckland Sexual Abuse HELP Foundation PO Box 10345 Dominion Road Auckland 1446 09-623-1700 Office / Crisis line	<a href="http://www.helpauckland.org.nz">www.helpauckland.org.nz</a> <a href="mailto:info@helpauckland.org.nz">info@helpauckland.org.nz</a>

our website for further information

#### **Auckland**

##### **Advice 09-837-1809**

We provide support to men who are recovering from the consequences of sexual abuse. This support is available throughout the Auckland region. One to one support, Support to help men decide how they wish to move forward. Support with court hearings Weekly support meetings held alternative weeks in **Henderson & Three Kings**. Biannual weekend workshops. Contact person David Passell.

Male Survivors of Sexual Abuse (MSSAT)

Auckland

Contact: David Passell

021-356-400 Office

[www.survivor.org.nz/mssat-in-new-zealand/mssat-auckland/](http://www.survivor.org.nz/mssat-in-new-zealand/mssat-auckland/)

[empoweryou.mssat@xtra.co.nz](mailto:empoweryou.mssat@xtra.co.nz)

#### **Auckland**

##### **Crisis Line 0508-744-633**

At SHINE we have an outstanding team of optimistic and practical staff. In total SHINE has a team of 100 people some full time or part and many volunteers. Some of the services we offer includes:  
A FREE national helpline  
Around the clock, one to one support for victims of abuse.  
Safe@Home - Program to secure the homes of high risk victims including safety planning, windows and door locks, security lighting and silent alarm systems.  
KIDshine - A team dedicated to supporting children distressed by witnessing violence in their homes.  
The shine safe house offers:  
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

SHINE

PO Box 90279

Auckland 1142

09-815-4601 Office

[www.2shine.org.nz](http://www.2shine.org.nz)

[enquiries@2shine.org.nz](mailto:enquiries@2shine.org.nz)

#### **Barrington**

##### **Crisis Line 03-379-0575**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

West Christchurch Women's Refuge

PO Box 33292

Barrington

Christchurch 8244

03-379-0575 Office / Crisis line

[W.W.R@xtra.co.nz](mailto:W.W.R@xtra.co.nz)

#### **Blenheim**

##### **Crisis Line 03-520-9999**

We work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence and the rights of women and Children. All our services are FREE of charge.

Womens Refuge Sexual Assault

Resource Centre

PO Box 699

Blenheim 7240

03-577-9939 Office

[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[www.womensrefuge.org.nz](http://www.womensrefuge.org.nz)

<b>Christchurch</b>	<p><b>Crisis Line 0800-2848-2669 24/7</b>  Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer.</p>	<p>Aviva Christchurch Women's Refuge  PO Box 32034  Christchurch 8143  03-378-3847 Office</p>	<p><a href="http://www.avivafamilies.org.nz/enquiries@avivafamilies.org.nz">www.avivafamilies.org.nz/enquiries@avivafamilies.org.nz</a></p>
<b>Christchurch</b>	<p><b>Crisis Line 0800-117-474</b>  Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Otautahi Women's Refuge  PO Box 5689  Christchurch 8542  03-379-6910 Office  <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	
<b>Christchurch</b>	<p><b>Crisis Line 0800-742-584</b>  Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer  Domestic Violence intervention Crisis Response and a Drop In centre service. Please call for more details.</p>	<p>Shakti Ethnic Women's Support Group Christchurch Inc  PO Box 24238  Christchurch 8642  03-389-2028 Office.</p>	<p><a href="http://www.shakti-international.org/sewsq@shakti.org.nz">www.shakti-international.org/sewsq@shakti.org.nz</a></p>
<b>Christchurch</b>	<p><b>Support Line 03-355-4414</b>  <b>Support Line 021-0253-4425</b>  Timataia Te Mahu Oranga  START is an independent social service agency which is based in Christchurch. Providing counselling for children, youth and adults who have been subject to sexual crime. We employ ACC approved counsellors with no top up fees for these services. Our services are provided from a comfortable suburban house in <b>St Albans</b>, well served with car parking and a near by bus route. Please see our web site for further details about our services.</p>	<p>START Healing  Timataia Te Mahu Oranga  PO Box 21022  Edgware  Christchurch 8143  03-355-4414 Office / Support</p>	<p><a href="http://www.starthealing.org/admin@starthealing.org">www.starthealing.org/admin@starthealing.org</a></p>
<b>Christchurch</b>	<p><b>Support Line 03-381-8472</b>  Te Puna Oranga is a non profit registered Incorporated society established in 1984. Providing sexual abuse counselling and abuse prevention education and training for Maori by Maori. We have five qualified counsellors working at Te Puna Oranga all of which are members of AVZASE NZAC.</p>	<p>Te Puna Oranga  67 Worcester Street  Christchurch  03-381-8472 Office / Support</p>	

<b>Dargaville</b>	<p><b>Crisis Line 0800-883-300</b>          We provide support, advocacy, crisis and family counselling, emergency housing to survivors of sexual abuse and domestic violence. FREE one to one and group counselling.</p>	<p>Support of Sexually Abused (SOS) Kaipara          PO Box 249          Dargaville 0340          09-439-6070 Office</p>	<p><a href="mailto:sos@maxnet.co.nz">sos@maxnet.co.nz</a></p>
<b>Dunedin</b>	<p><b>Support Line 0800-883-300 24 hrs</b>          This is a <b>TOLL FREE</b> support line. Rape Crisis Dunedin is a non profit community agency, run by a number of dedicated women - paid staff and volunteers, all of whom support female survivors of sexual violence towards their healing. Telephone support 24 hours a day Face to face counselling for survivors and support for family and friends. All counselling and support by the Rape Crisis is FREE and completely confidential. Group work is held on Tuesdays 11am - 1pm. Please contact the office for more details.</p>	<p>Rape Crisis Dunedin          1st Floor, Corso Building          111 Moray Place          Dunedin  <b>03-474-1592 Office - 24 Hours</b></p>	<p><a href="http://www.rapecrisisdunedin.org.nz">www.rapecrisisdunedin.org.nz</a>  <a href="mailto:rcrisis@xtra.co.nz">rcrisis@xtra.co.nz</a></p>
<b>Dunedin South</b>	<p><b>Crisis Line 03-477-1229</b>          Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Whare Pounamu Dunedin          Women's Refuge          PO Box 2267          South Dunedin          Dunedin 9044          03-466-3220 Office</p>	
<b>Ellerslie</b>	<p><b>Mobile number 027-437-6995</b>          Community collaboration aiming to provide victims and survivors with a sense of justice.</p>	<p>Project Restore          PO Box 11307          Ellerslie          Auckland 1542          09-948-6984 Office</p>	<p><a href="mailto:projectrestore@me.com">projectrestore@me.com</a></p>
<b>Gisborne</b>	<p><b>Crisis Line 06-867-9427</b>          Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Whare Tu Wahine Gisborne          Women's Refuge          PO Box 450          Gisborne 404          06-867-9427 Office / Crisis line  <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	<p><a href="http://www.womensrefuge.org.nz">www.womensrefuge.org.nz</a></p>
<b>Gore</b>	<p><b>Crisis Line 03-208-9333</b>          Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Gore Women's Refuge Te Whare Piringa O Marua Wai          PO Box 357          Gore 9740          03-208-8384 Office  <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	<p><a href="mailto:refuge@ispnz.co.nz">refuge@ispnz.co.nz</a></p>
<b>Grey Lynn</b>	<p><b>Crisis Line 09-378-7635</b>          Safe short term accommodation for</p>	<p>Auckland Women's Refuge          PO Box 78016</p>	<p><a href="http://www.awrefuge.org.nz">www.awrefuge.org.nz</a>  <a href="mailto:info@awrefuge.org.nz">info@awrefuge.org.nz</a></p>

women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Grey Lynn  
Auckland 4112  
09-378-7635 Office / Crisis line

<b>Hamilton</b>	<b>Crisis Line 07-855-1569</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Hamilton Refuge & Support Services PO Box 4355 Hamilton 3247 07-855-1569 Office / Crisis line	<a href="mailto:refuge@tewhakaruru.org.nz">refuge@tewhakaruru.org.nz</a>
<b>Hamilton</b>	<b>Crisis Line 0800-677-289</b> We are a survivor-focused and lead charitable trust. Sexual abuse of children in New Zealand is prevalent this abuse is committed on both girl and boy children. We are here at MSSAT Waikato especially for the specific needs of our male and youth and adult survivors. Our service is FREE and we offer: Confidential listening and care, one to one and group work support. Referrals to specialized support and support at court hearings.	Male Survivors of Sexual Abuse (MSSAT) PO Box 13071 Hillcrest Hamilton 3251 07-858-4112 Office Contact person: Mike	<a href="http://www.waikatosurvivors.org.nz">www.waikatosurvivors.org.nz</a> <a href="mailto:mssatw@xtra.co.nz">mssatw@xtra.co.nz</a>
<b>Hamilton</b>	<b>Crisis Line 0800-883-300</b> Providing a FREE counselling service and group sessions for all women's issues with specialism in rape and sexual abuse.	Rape and Sexual Abuse Healing Centre 33A Clarence Street Hamilton 07-839-4433 Office	<a href="http://www.rasahc.co.nz">www.rasahc.co.nz</a> <a href="mailto:rasahc@xtra.co.nz">rasahc@xtra.co.nz</a>
<b>Hastings</b>	<b>Crisis Line 06-870-6024</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	PO Box 328 Hastings 4156 06-878-9591 Office	
<b>Hawera</b>	<b>Crisis Line 0800-472-496</b> Please call for support and for more information regarding our services	Hawera Rape Crisis Family Counselling Services Hawera 06-278-6399 Office	
<b>Hawkes Bay</b>	<b>Crisis Line 0800-883-300</b> <b>Advice Line 021-227-6622</b> We provide a listening ear, support, advocacy, growth to well being therapy, through counselling and action therapy designed for each client in a consultative process between client and counsellor. If you require we can find you safe	Hawkes Bay Rape Crisis Hawkes Bay 021-227-6622 Office / Advice	<a href="mailto:rapecrisis.hb@gmail.com">rapecrisis.hb@gmail.com</a>

haven or relocation. People of any age, gender and sexuality may access our services. You do not have to go through the police or court system to receive our advocacy and support. If you chose our pathway we will walk alongside you.

<b>Henderson</b>	<b>Refuge Line 09-836-1987</b> <b>Counselling Line 09-837-2491</b> We offer a range of services to those who have experienced abuse trauma and family violence including: Counselling, support, advocacy, outreach services and a safe refuge.	Family Action PO Box 21593 Henderson Auckland 09-837-2491 Office / advice	<a href="http://www.familyaction.org.nz">www.familyaction.org.nz</a> <a href="mailto:counselling@familyaction.org.nz">counselling@familyaction.org.nz</a>
<b>Invercargill</b>	<b>Support Line 03-216-2079</b> RAASC is a non discriminatory, non judgemental, confidential and FREE service, offering support, information counselling, advice and education to survivors of rape and sexual abuse regardless of how long ago the abuse took place. FREE counselling by highly qualified professionals. Advocacy through police and court proceedings. Coffee morning 10am-1pm on a Wednesday morning and day workshops are also available. <a href="http://www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/#Auckland">www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/#Auckland</a>	Rape and Abuse Support Centre (RAASC) Southland 26 Nelson Street Invercargill 03-216-2079 Office / Support	<a href="mailto:raasc@xtra.co.nz">raasc@xtra.co.nz</a>
<b>Invercargill</b>	<b>Crisis Line 03-218-9790</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Hou Invercargill Women's Refuge PO Box 1117 Invercargill 9840 03-216-1040 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:ingillrefuge@xtra.co.nz">ingillrefuge@xtra.co.nz</a>
<b>Kaikohe</b>	<b>Crisis Line 09-401-1030</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Mid North Wome's Refuge PO Box 730 Kaikohe 0450 09-401-1030 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:midnorth@xtra.co.nz">midnorth@xtra.co.nz</a>
<b>Kaitaia</b>	<b>Crisis Line 09-408-2946 24 Hour</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer Outreach to rural areas available.	Kaitaia Women's Refuge PO Box 598 Kaitaia 09-408-2946 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="http://www.wtho.org.nz">www.wtho.org.nz</a> <a href="mailto:admin@wtho.org.nz">admin@wtho.org.nz</a>

<b>Kerikeri</b>	<p><b>Crisis Line 0800-883-300</b> We provide FREE counselling and support plus advocacy for those affected by rape and sexual abuse. We work with women children and their families.</p>	<p>Mid North Family Support and Rape Crisis 123 Hone Heke Road PO Box 624 Kerikeri 09-407-7511 Office</p>	<p><a href="mailto:womens-support@xtra.co.nz">womens-support@xtra.co.nz</a></p>
<b>Lower Hutt</b>	<p><b>Crisis Line 04-569-1040</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Hutt Valley Women's Refuge PO Box 30 612 Lower Hutt 5010 04-569-1040 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	<p><a href="mailto:refuge.inc@xtra.co.nz">refuge.inc@xtra.co.nz</a></p>
<b>Lower Hutt</b>	<p><b>Crisis Line 0800-226-694</b> <b>Pager 026-363-9421</b> Our mission is to provide FREE support and counselling to women, men and children affected by rape and sexual abuse. We are situated in the <b>Waterloo / Wobrun</b> area of Lower Hutt. <a href="http://www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/#Auckland">www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/#Auckland</a></p>	<p>Hutt Rape Counselling Network PO Box 31468 Lower Hutt 04-566-5517 Office</p>	<p><a href="mailto:irene@hrcn.co.nz">irene@hrcn.co.nz</a></p>
<b>Lower Hutt</b>	<p><b>Crisis Line 04-566-5025 24 Hour</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Kokiri Marae Maori Women's Refuge Lower Hutt 5010 04-566-5025 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	
<b>Marewa</b>	<p><b>Crisis Line 06-843-6515</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Napier Women's Refuge PO Box 4142 Marewa Napier 4142 06-843-6515 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	<p><a href="mailto:napierwomensrefuge@xtra.co.nz">napierwomensrefuge@xtra.co.nz</a></p>
<b>Marlborough</b>	<p>This is a newly formed peer group for male survivors of sexual abuse. Meetings will take place in the Marlborough area. Please contact P Chapman at the address on the right of the page for more details.</p>	<p>Male Survivors of Sexual Abuse Marlborough Contact: P Chapman</p>	<p><a href="http://www.survivor.org.nz">www.survivor.org.nz</a> <a href="mailto:pchapman@ts.co.nz">pchapman@ts.co.nz</a></p>
<b>Masterton</b>	<p><b>Crisis Line 0800-883-300</b> <b>Alternative Line 0800-614-614</b> Our crisis lines are manned 24 hours please call for support or information.</p>	<p>Wairarapa Rape and Sexual Abuse Collective PO Box 286 Masterton 5840 06-370-8446 Office</p>	<p><a href="mailto:rape.crisis@xtra.co.nz">rape.crisis@xtra.co.nz</a></p>
<b>Masterton</b>	<p><b>Crisis Line 06-377-1717</b> Safe short term accommodation for women and children who are at risk</p>	<p>Wairarapa Women's Refuge PO Box 286 Masterton 5840</p>	<p><a href="http://www.wise.net.nz">www.wise.net.nz</a></p>



from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

06-378-2241 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Merivale**

**Crisis Line 03-364-8900**  
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Battered Women's Trust  
PO Box 28057  
Merivale 8146  
03-332-4122 Office  
[office.bwt@xtra.co.nz](mailto:office.bwt@xtra.co.nz)

**Nelson**

This is a newly formed peer group for male survivors of sexual abuse. Meetings will take place in the Nelson area. Please contact P Chapman at the address on the right of the page for more details.

Male Survivors of Sexual Abuse  
Nelson  
Contact: P Chapman  
[www.survivor.org.nz](http://www.survivor.org.nz)  
[pchapman@ts.co.nz](mailto:pchapman@ts.co.nz)

**Nelson**

**Crisis Line Only 0800-163-344**  
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Nelson Women's and Children's  
Refuge Services  
PO Box 212  
Nelson 7040  
03-548-3353 Office  
[Staff.WhakatuRefuge@xtra.co.nz](mailto:Staff.WhakatuRefuge@xtra.co.nz)  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Nelson**

**Support line 03-548-2407**  
SASH-NELSON works with women and children who are seeking healing from rape and sexual abuse both recent and historic. We have a dedicated team of crisis response workers, social workers and counsellors who provide intense support to women and families after a sexual assault.

Sexual Abuse Support and  
Healing (SASH)  
44 Trafalgar Street  
The Wood  
Nelson 7010  
03-548-2407 Office  
[www.nelsonwomenscentre.org.nz](http://www.nelsonwomenscentre.org.nz)  
[sash-nelson@ts.co.nz](mailto:sash-nelson@ts.co.nz)

**New Plymouth**

**Crisis Line 06-769-5553**  
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Taranaki Women's Refuge  
PO Box 5  
New Plymouth 4340  
06-769-5553 Office / Crisis line  
[admin@taranakiwomensrefuge.co.nz](mailto:admin@taranakiwomensrefuge.co.nz)  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Onehunga**

**Crisis Line 0800-733-843 24/7**  
Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Pacific Island Women's Refuge  
PO Box 13175  
Onehunga  
Auckland 1643  
09-634-4662 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

<b>Orewa</b>	<p><b>Crisis Line 0800-321-361</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Rodney Women's Refuge PO Box 580 Orewa 09-427-5154 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	<p><a href="mailto:hestiarwr@xtra.co.nz">hestiarwr@xtra.co.nz</a></p>
<b>Otahuhu</b>	<p><b>Crisis Line 0800-733-843 24/7</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>South Auckland Family Refuge PO Box 22036 Otahuhu Auckland 1640 09-276-8868 Office</p>	<p><a href="mailto:peppertreehouse@xtra.co.nz">peppertreehouse@xtra.co.nz</a></p>
<b>Pakuranga</b>	<p><b>Crisis Line 0800-733-843 24/7</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Eastern Refuge Society Inc PO Box 51 326 Pakuranga Auckland 2140 09-576-6551 Office.</p>	<p><a href="http://www.ewr.org.nz">www.ewr.org.nz</a> <a href="mailto:Rhonda.c@ewr.org.nz">Rhonda.c@ewr.org.nz</a></p>
<b>Palmerston North</b>	<p><b>Crisis Line 06-356-5868</b> Individual support , group support and counselling. We work with all cultural groups and all age groups. ARCS provides a 10 week group program for survivors of sexual abuse. Please call for more info or visit our website listed on the right of this page.</p>	<p>Abuse &amp; Rape Crisis Support (ARCS) Manawatu Linton Court 10 Linton Street Palmerston North 06-356-5868 Office / Crisis line</p>	<p><a href="http://www.arcsmanawatu.org.nz/">www.arcsmanawatu.org.nz/</a> <a href="mailto:admin@arcsmanawatu.org.nz">admin@arcsmanawatu.org.nz</a></p>
<b>Palmerston North</b>	<p><b>Crisis Line 06-356-5585</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Palmerston North Women's Refuge PO Box 573 Palmerston North 4440 06-354-5355 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	<p><a href="mailto:ang@pnwomensrefuge.org.nz">ang@pnwomensrefuge.org.nz</a></p>
<b>Palmerston North</b>	<p><b>Crisis Line 06-355-0626</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer</p>	<p>Te Roopu Whakaruruhau O Nga Whaine Maori PO Box 5222 Palmerston North 4440 06-356-7985 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a></p>	
<b>Papatoetoe</b>	<p><b>Crisis Line 09-277-9324 24 hours</b> We are a specialist sexual violence crisis and counselling service for people living in the Counties of <b>Manukau/South Auckland</b>, the</p>	<p>Counselling Services Centre Charitable Trust 22 Alexander Ave Papatoetoe Auckland</p>	

**Bombay Hills to Otahuh** including **Manukau East and Maraetai**. We also provide services for those who's lives are affected by domestic abuse 09-277-9324 Office / Crisis Line

<b>Paraparaumu</b>	<b>Crisis Line 029-297-2595</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Kapiti Women's Refuge PO Box 451 Paraparaumu 5254 04-297-2595 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:kwrefuge@xtra.co.nz">kwrefuge@xtra.co.nz</a>
<b>Petone</b>	This is a newly formed peer support group for male survivors of sexual abuse meeting weekly in Petone. Contact person: Richard	Male Survivors of Sexual Abuse Petone Wellington Contact Richard 021-118-1043	<a href="http://www.survivor.org.nz">www.survivor.org.nz</a>
<b>Porirua</b>	<b>Support Line 04-499-7532</b> <a href="mailto:support@wellingtonhelp.org.nz">support@wellingtonhelp.org.nz</a> We have been operating our support service in Wellington since 1985 and in Porirua since 2005. Providing a comprehensive rape and sexual abuse counselling and support service. Please see website for further details.	Wellington Sexual Abuse Help Foundation 46 Mungavin Avenue Porirua 04-237-8822 Office	<a href="http://www.wellingtonhelp.org.nz/support@wellingtonhelp.org.nz">www.wellingtonhelp.org.nz support@wellingtonhelp.org.nz</a>
<b>Porirua</b>	<b>Crisis Line 04-237-7027</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Te Whare Tiaki Wahine PO Box 178 Porirua 5240 04-237-7027 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:tiaki.wahine@plwvs.co.nz">tiaki.wahine@plwvs.co.nz</a>
<b>Porirua</b>	<b>Crisis Line 04-234-6118</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Whare Manaaki Incorporated PO Box 50 495 Porirua 5240 04-234-6118 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:wharemanaaki@xtra.co.nz">wharemanaaki@xtra.co.nz</a>
<b>Rotorua</b>	<b>Sexual Abuse Education</b> We offer tailored education programmes to suit diverse groups of people. We also provide information and advice about counseling that relates to sexual abuse. Please see our website for further details.	Prof. Eric Hollis Sexual Abuse Education Hosted by the Ole Schoolhouse 15 Toko Street Rotorua 3010	<a href="http://www.sexualabuse.org.nz/education@sexualabuse.org.nz">www.sexualabuse.org.nz education@sexualabuse.org.nz</a>
<b>Rotorua</b>	<b>Crisis Line 07-349-0852</b> Safe short term accommodation for women and children who are at risk from further harm from domestic	Waiariki Women's Refuge PO Box 704 Rotorua 3040 07-349-0852 Office / Crisis line	

abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

[waiariki.womens.refuge@xtra.co.nz](mailto:waiariki.womens.refuge@xtra.co.nz)

[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Royal Oak**

**Crisis line 0800-742-584 24 hour**

We have two safe refuges in the Auckland area. Also offering self empowerment, therapy, counselling, legal support and advocacy along with a drop in service.

Shakti Asian Womens Centre  
PO Box 24417  
Royal Oak  
Auckland 1061  
09-929-2240 Office

[www.shakti-international.org](http://www.shakti-international.org)  
[Sawc@shakti.org.nz](mailto:Sawc@shakti.org.nz)

**Royal Oak**

**Crisis Line 0800-742-584**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Shakti Safehouse  
PO Box 24417  
Royal Oak  
Auckland 1061  
09-636-8512 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[www.shakti.org.nz](http://www.shakti.org.nz)  
[Saws1@shakti.org.nz](mailto:Saws1@shakti.org.nz)

**Stortford Lodge**

**Crisis Line 06-879-9148**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Oranga Wairua Ki  
Heretauga  
PO Box 2054  
Stortford Lodge  
Hastings 4153  
06-878-2042 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[twowheretaunga@gmail.com](mailto:twowheretaunga@gmail.com)

**Sydenham**

**Support line 03-377-5401**

Our services are confidential, respectful and professional. We provide counselling (both ACC and non ACC). Parent support for those who's children have been sexually abused. Support and advocacy services and facilitated support groups.

Sexual Abuse Survivors Trust  
(Monarch Centre)  
Sydenham  
Christchurch 8011  
03-377-5402 Office / Support.

[www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/](http://www.rpe.co.nz/find-a-sexual-assault-support-centre-near-you/)

**Taumarunui**

**Crisis Line 0800-733-843**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Taumarunui Refuge & Support  
Centre  
PO Box 260  
Taumarunui 3946  
07-896-7869 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[tamcottage@xtra.co.nz](mailto:tamcottage@xtra.co.nz)

**Taupo**

**Crisis Line 07-378-5207**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Oranga Wairua  
PO Box 1195  
Taupo 3351  
07-378-5204 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[twow.taupo1@xtra.co.nz](mailto:twow.taupo1@xtra.co.nz)

**Tauranga**

**Crisis Line 07-579-0532**

Safe short term accommodation for

Shakti Ethnic Women's Support  
Group

[www.shakti-international.org](http://www.shakti-international.org)  
[shakticentral@shakti.org.nz](mailto:shakticentral@shakti.org.nz)

women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer  
Domestic Violence intervention Crisis Response and a Drop In centre service. Please call for more details.

PO Box 15086  
Tauranga 1640  
07-579-0532 Office / Crisis line

#### Tauranga

##### **Crisis Line 0800-863-3843**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Tauranga Moana Women's Refuge  
PO Box 1195  
Tauranga 3110  
07-541-1921 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

#### Te Atatu

##### **Crisis Line 09-838-8700**

Kaupapa Maori provider, delivering counselling, therapy and support to Maori women, children and families affected by violence and abuse. Specialised in domestic violence, rape, incest and sexual abuse. Our counsellors are ACC registered.

Tu Wahine  
247 Edmouton Road  
Te Atatu  
Auckland  
09-838-8700 Office / Crisis line

#### Te Awamutu

##### **Infomation 07-871-8132 24 hours**

We are a social justice resource centre with access for the community to meeting rooms. Offering support for those dealing with sexual violence via our 24 hours phone service. Staff are rape and crisis trained advocates.

Te Awamutu Healing and Rape Crisis Centre  
114 Downes Street  
Te Amamutu  
07-871-8132 Office / Crisis line

[mahuikahouse@ihug.co.nz](mailto:mahuikahouse@ihug.co.nz)

#### Te Kuiti

##### **Crisis Line 0800-155-799**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Waitomo-Waipua Refuge  
PO Box 163  
Te Kuiti 3910  
07-878-5081 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[admin@wwwrefuge.co.nz](mailto:admin@wwwrefuge.co.nz)

#### Timaru

##### **Crisis Line 0800 007-750**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Mid South Island Women's Refuge & Family Services  
PO Box 783  
Timaru 7940  
03-684-8280 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[scwr@farmside.co.nz](mailto:scwr@farmside.co.nz)

#### Tokoroa

##### **Crisis Line 07-886-5553**

Safe short term accommodation for women and children who are at risk

Tokoroa Women's Support Ctr  
PO Box 485  
Tokoroa 3444  
[tokora.wsc@xtra.co.nz](mailto:tokora.wsc@xtra.co.nz)  
[twsc.office@xtra.co.nz](mailto:twsc.office@xtra.co.nz)

from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

07-886-7671 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Wellington**

**Crisis Line 04-473-5921**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Te Whare Rokiroki Maori  
Women's Refuge  
PO Box 24 319  
Wellington 6142  
04-473-5921 Office / Crisis line  
[TWR@maoriwomensrefuge.org.nz](mailto:TWR@maoriwomensrefuge.org.nz)  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Wellington**

Support Line 04-801-8973

[support@wellingtonrapecrisis.org.nz](mailto:support@wellingtonrapecrisis.org.nz)

We are a support centre for survivors of rape and sexual abuse, their families, friends and whanau. We provide support and information over the phone, by email and in person. No appointment is required. We currently have three ACC funded counsellors available at no charge to survivors of rape or sexual abuse. We can offer FREE childcare onsite to clients when they are using our services with prior arrangement.

Wellington Rape Crisis  
Level 3  
Southmark House  
203-209 Willis Street  
Wellington 6011  
04-801-8970 Office  
[www.wellingtonrapecrisis.org.nz/](http://www.wellingtonrapecrisis.org.nz/)  
[office@wellingtonrapecrisis.org.nz](mailto:office@wellingtonrapecrisis.org.nz)

**Wellington**

**Support Line 04-499-7532**

[support@wellingtonhelp.org.nz](mailto:support@wellingtonhelp.org.nz)

We have been operating our support service in Wellington since 1985 and in Porirua since 2005. Providing a comprehensive rape and sexual abuse counselling and support service. Please see website for further details.

Wellington Sexual Abuse Help  
Foundation  
James Smith Building  
Level 2  
55 Cuba Street  
Wellington  
04-499-7530 Office  
[www.wellingtonhelp.org.nz](http://www.wellingtonhelp.org.nz)  
[support@wellingtonhelp.org.nz](mailto:support@wellingtonhelp.org.nz)

**Wellington**

**Crisis Line 04-473-6280**

Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer

Wellington Women's Refuge  
PO Box 11985  
Wellington 6142  
04-939-0455 Office  
[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

**Wellington**

**Crisis Line 0800-733-843 24/7**

We are a women's organisation for women and their children, here to help prevent and stop family violence in New Zealand. As an independent, bicultural, community organisation we have support services designed especially for children, young people, Maori women migrant and refugee women. We also assist lesbian women, older

Women's Refuge  
275 Cuba Street  
Terralink Building  
Ground Floor  
Wellington 6141  
04-802-5078 Office  
[www.womensrefuge.org.nz](http://www.womensrefuge.org.nz)  
[info@refuge.org.nz](mailto:info@refuge.org.nz)

women and women with disabilities. FREE 24 hour crisis hotline. A safe house in emergencies where the location is kept secret. Separate advocacy for women, children and young people whether you are leaving your relationship or not. Follow up after an incident in which the police were called. Visits to your home or to a safe place. Outreach contacts for rural area's. Support in court matters. Emergency transport. Referrals to appropriate counsellors and an on line help service. For more details please visit website.

<b>Westport</b>	<b>Crisis Line 0800-833-300 24 hours</b> Support and counselling for women affected by sexual abuse.	Rape and Sexual Abuse Support (West Coast) PO Box 412 Westport 7866 03-789-7700 Office	<a href="mailto:w.coast.r.c@xtra.co.nz">w.coast.r.c@xtra.co.nz</a>
<b>Westport</b>	<b>Crisis Line 03-789-8025</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	West Coast Women's Refuge PO Box 319 Westport 0378 03-789-8025 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:westcoast-refuge@xtra.co.nz">westcoast-refuge@xtra.co.nz</a>
<b>Whakatane</b>	<b>Crisis Line 0800-733-843 24 hour</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer	Whanua Awhina Whakatane Refuge PO Box 2092 Whakatane 3351 07-308-5531 Office <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:wawr@xtra.co.nz">wawr@xtra.co.nz</a>
<b>Whanganui</b>	<b>Advice 06-343-3416</b> We exist to promote healing and the prevention of sexual abuse in our community. We provide FREE professional and confidential therapy and counselling for survivors and family members for all cultural groups and age groups.	Whanganui Safe and Free PO Box 4223 Whanganui 4541 06-343-3416 Office / Advice <a href="mailto:administration@whanganuisafe.org.nz">administration@whanganuisafe.org.nz</a>	
<b>Whanganui</b>	<b>Crisis Line 06-344-2204</b> Safe short term accommodation for women and children who are at risk from further harm from domestic abuse. Staff can provide information about work, income benefits, where to find support groups, counselling and how to find a lawyer. We work extensively in the community with women leaving violent partners, we assist with the justice system,	Women's Refuge Whanganui PO Box 3212 Whanganui 4541 06-344-2204 Office / Crisis line <a href="http://www.womensrefuge.org.nz/contact/find-your-local-refuge/">www.womensrefuge.org.nz/contact/find-your-local-refuge/</a>	<a href="mailto:wrwhanganui@xtra.co.nz">wrwhanganui@xtra.co.nz</a>

Protection and Parenting Orders,  
with lawyers and seek out financial  
support for women and children.

**Whangarei**

**Crisis Line 09-437-2127**

Safe short term accommodation for  
women and children who are at risk  
from further harm from domestic  
abuse. Staff can provide information  
about work, income benefits, where  
to find support groups, counselling  
and how to find a lawyer

Te Puna O Te Aroha

PO Box 826

Whangarei 0140

09-437-2127 Office / Crisis line

[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[tpota@ihug.co.nz](mailto:tpota@ihug.co.nz)

**Whangarei**

**Crisis Line 09-437-6576**

Safe short term accommodation for  
women and children who are at risk  
from further harm from domestic  
abuse. Staff can provide information  
about work, income benefits, where  
to find support groups, counselling  
and how to find a lawyer

Tryphina House

PO Box 5044

Whangarei 0140

09-437-5635 Office

[www.womensrefuge.org.nz/contact/find-your-local-refuge/](http://www.womensrefuge.org.nz/contact/find-your-local-refuge/)

[tryphina@igrin.co.nz](mailto:tryphina@igrin.co.nz)

**Whangarei**

**Crisis Line 0800-883-300**

We provide a number of bicultural  
services to women and their families  
who are affected or impacted by  
sexual violence. Services include:  
Support work and advocacy, 24 hour  
crisis support, court support  
Drop in facility and group work.  
All our services are FREE of charge.

Whangarei Rape Crisis

114a Robert Street

Whangarei 0110

09-438-6221 Office

[whgrcrisis@xtra.co.nz](mailto:whgrcrisis@xtra.co.nz)