# National Association of Adult Survivors of Child Abuse www.NAASCA.org

Childhelp

Child Abuse

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

### AREA COVERED SERVICES INCLUDED

## **GROUP OR ORGANIZATION**

Prevention and Treatment of

WEB ADDRESS / EMAIL ADDRESS

Email support form on the website

www.childhelp.org

info@childhelp.org

## **ONTARIO**

National Helpline Hotline 1-800-4-A-CHILD

Hotline 1-800-4-A-CHILD
Hotline 1-800-422-4453
Crisis counselors available 24/7
Founded in 1957 by Sara O'Meara
and Yvonne Fedderson. Childhelp
is a leading national non-profit
organization dedicated to helping
victims of child abuse and neglect.
Serving the United States, it's
Terrirories and Canada, our hotline

assistance in 170 languages. We also offer a range of programs, please see our website for regional

is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide

details.

Province wide

OAITH is a coalition of 1st Stage emergency women's shelters, 2nd stage housing organizations and community-based womens organizations who work towards ending violence against all women. We achieve this through training, education, advocacy, public awareness and government relations.

Ontario Association of Interval and Transition Houses. Province Wide 416-977-6619 Office www.oaith.ca/ info@oaith.ca

Province wide

The Mission of "I'm 1 in 5" is to raise awareness of the issues that surround sexual abuse and assault Founded by Paulie O'Byrne himself a survivor and is currently raising awearness by stick handling a hockey ball across Canada while raising awareness of the abuse that can happen in sporting environments such as hockey and football.

1 in 5 Paulie O'Byrne Ontario www.facebook.com/im1in5/

Province wide

Hotline 1-800-668-8258 Toll Free TTY Hotline 1-800-855-0511
Legal Aid Ontario funds 77 clinics in the communities throughout the province. 13 of these clinics provide specialty legal services. Each is a non-profit legal centre governed by an independent board of directors. To find a clinic near you key your post code into the websites search box Or call toll free 1-800-668-8258 during regular business hours. All services in French and English.

Legal Aid Ontario
Province wide
Ontario
416-979-1446 Toronto Office

www.legalaid.on.ca info@lao.on.ca

### Province wide

Voicefound is a nationally registered non profit organization that focuses on education to prevent sexual abuse of children and support for

adult survivors. Prevention workshops Resources for survivors Ontario

VoiceFound

613-736-5332 Office 1-866-239-0558 Toll Free www.voicefound.ca info@voicefound.ca

### Belleville

1-877-544-6424 Toll Free Sexual assault victims support

agency offering Counselling services Resources and information

Group therapy

Paths to Courage Healing Program a one week therapeutic program for survivors of sexual violence. The program is available to all residents (men and women) in Ontario 16

years and older.

Serving Hastings and Prince

**Edward Counties.** 

Sexual Assault Centre - Quinte

41 Octavia Street

Belleville

Ontario K8P 3P1 613-967-6300 Office

## **Bracebridge**

Hotline 1-800-461-2929

We provide individual and group therapy to women survivors of sexual abuse or assault.

For the Suvivor to Survivor Program

Call 705-783-8882

Sexual Assault Intervention for Living (SAIL)

29-1 Manitoba Street Bracebridge

Ontario P1L 1S4 705-646-2122 Office

www.facebook.com/mpssas/

## www.mpssas.org/

# **Brampton**

We are a non-profit organization offering services to francophone women aged 16+ in the Greater Toronto area and in Hatton Peel. Transitional and housing support

Counselling

Art therapy groups

Contact office for more details

Oasis Centre des Femmes

PO Box 74089 150 Main Street Brampton

Ontario L6V 1M0 905-454-3332 Office www.oasisfemmes.org services@oasisfemmes.org

# **Brampton**

Hotline 800-810-0180 24 Hour crisis hotline

Providing individual and group counselling to women who have experienced sexual violence in

their lives.

Workshops and therapeutic groups

Sexual Assault Crisis Centre of

Peel

2250 Boyaird Drive East

Unit 610 Brampton

Ontario L6R 0W0 905-792-0821 Office www.hope247.ca/ info@hopeplace.ca

# **Brampton**

SA Helpline 1-866-863-0511 TTY Hotline 1-866-863-7868 French Hotline 1-877-336-2433 French TTY Line 1-866-860-7082 We help men and women who have been sexually assaulted within the Safe unit "Chantel's House" have incurred recent injuries as a result of domestic violence. Safe unit "Chantel's House"

FREE counselling for recent abuse Counselling for those 12 years + who have experienced peer assault in the past.

Regional Sexual Assault and **Domestic Violence Services** 

60 West Drive Suite 110

Safe Centre of Peel

Brampton

Ontario L6T 3T6 905-848-7689 Office

905-848-7580 Ext 2549 SA Nurse

Sexual Assault Support Centre Ottawa | Facebook

## www.trilliumhealthpartners.ca/patientservices/womens/Pages/sexualassault.aspx

**Brantford** 

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres Brantford General Sitel 200 Terrace Street

Brantford Ontario

519-751-5544 ext 4449

info@sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca/find-a-centre/

**Brantford** 

Hotline 519-751-3471
24 Hour crisis hotline
All our services are FREE and
confidential. We offer a 24 hour
crisis and support line for Male and
and female survivors of sexual
violence. FREE counselling (bus

tickets are available)
Hospital accompaniments
Police & court accompaniment

Sexual Assault Centre of Brant

Brantford Ontario N3T 3J1 519-751-1164 Office

sexualassaultcentre@sacbrant.ca

**Brockville** 

Hotline 613-345-3881 Or 1-800-567-7415

Offering services to women, men teens and children affected by sexual assault, sexual abuse or

domestic violence. Support groups such as: Healthy relationships group Growing up again group Healing Arts Workshop. Assault Response & Care Ctn

70 Charles Street

Suite 201 Brockville Ontario K6V 1T3

613-345-3881 Office / Hotline

bgharcc@brockvillegeneralhospital.ca

**Brockville** 

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

Brockville General Hospital

70 Charles Street

Suite 201 Brockville Ontario

613-345-3881 Office

www.sadvtreatmentcentres.ca/find-a-centre/

**Burlington** 

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres
Nina's Place

Joseph Brant Hospital 1230 North Shore Blvd.

Burlington Ontario

905-632-3737 ext 5708

www.sadvtreatmentcentres.ca/find-a-centre/

Chatham

Hotline 519-354-8688 24 hour 7 day hotline Chatham - Kent Sexual Assault Crisis Centre www.cksacc.org cksacc@cksacc.org

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca

www.sacbrant.ca

www.arc-c.ca arcc@bgh-on.ca We believe that survivors are the experts of their own experience.
24 Hour crisis intervention
Support and advocacy
Community outreach

405 Riverview Drive Unit 101 Chatham

Ontario N7M 5J5

nity outreach 519-354-8908 Office & TTY Line

Chatham

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

Chatham-Kent Health Alliance 80 Grand Avenue West

Chatham Ontario

519-352-6400 ext 6382

www.sadvtreatmentcentres.ca/find-a-centre/

Chatham

Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page. Silence to Hope Project

Chatham Ontario

1-877-676-7613 Office

www.malesurvivor.org

silencetohope@hotmail.com

www.sadvtreatmentcentres.ca

Cornwall

1-866-863-0511 Womens hotline 1-866-887-0015 Mens hotline All our services are bilingual, FREE and confidential.

Referrals to other agencies
Public education to community
Advocacy - help with paperwork

Accompaniment - police, courts and

at the hospital

Individual and group counselling

Group therapy

Talking cirles support groups for

men and women.

Adult Community Healing

Resource Centre. PO Box 1192 Cornwall

Ontario K6H 5V3

613-932-1755 ext 29 Office

adultcommunityhealingresource@gmail.com

Cornwall

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres

Cornwall Community Hospital

Second Street Site 510 Second Street East

Cornwall Ontario

613-932-3300 ext 4202

www.sadvtreatmentcentres.ca/find-a-centre/

Demorestville

Counselling and advocacy for victims of sexual assault since '91. Our residential healing program is one of a kind, pioneered by the sexual assault center of Quinte. Paths of Courage is to provide survivors with safe opportunities to make the healing journey to self awareness and wholeness.

Paths of Courage Healing and Retreat Centre 336 Sprague Road

Demorestville Ontario K0K 1W0 613-967-6300 Office TTY 613-967-5902 info@pathsofcourage.com

Dryden

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

Dryden Regional Health Centre

58 Goodall Street

Dryden Ontario

807-223-7427 Office

www.sadvtreatmentcentres.ca/find-a-centre/

Guelph

Sexual Abuse Healing Group
We are committed to working with
survivors to achive self healing. We
help sexual abuse survivors develop
the tools they need to live a more
satisfying life. You will be invited to
attend a healing group, sharing
experiences and advice with others

Family Counseling and Support

Services

109 Surrey Street

Guelph ON N1H 3P7 519-824-2431 Office info@familyserviceguelph.on.ca

www.sadvtreatmentcentres.ca

www.gwwomenincrisis.org

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca

Guelph

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources. Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres Guelph General Hospital

115 Delhi Street

Guelph Ontario

519-837-6440 ext 2758

www.sadvtreatmentcentres.ca/find-a-centre/

Guelph

Hotline 519-836-5710
Or 1-800-265-7233
Emergency shelter
Sexual assault center
Rural women's support program
Support groups for victims of
domestic violence

Individual and group counseling for women who have experienced childhood sexual assault or incest All our serices are FREE of charge. Women in Crisis 38 Elizabeth Street

Guelph

ON N1H 6N9 519-836-1110 Office.

adminsac@gwwomenincrisis.org

Hamilton

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres
Hamilton health Sciences
McMaster University
1200 Main Street West

Hamilton Ontario

905-521-2100 ext 73557

www.sadvtreatmentcentres.ca/find-a-centre/

Hamilton

Hotline 905-525-4162 24 Hour support line We are a feminist organization that believes all women have a human right to live without violence SACHA 75 MacNab Street South

3rd Floor Hamilton ON L8P 3C1 www.sacha.ca

Individual and group counseling "Women's voices" supper group for survivors of sexual assault / abuse "Women's relationships" is a ten week group for women who are survivors of childhood sexual abuse Meets on Tuesdays 5.30 - 7.30 pm Call Eliabeth 905-525-4573 ext 229 Or Maria on 905-525-4573 ext 226 for more info about these groups.

905-525-4573 Office.

Kenora

Hotlines 807-468-7233 Or 1-800-565-6161 Toll Free 24 Hour crisis hotlines Legal, medical and finacial referrals

Advocacy and information Hospital & police accompaniment Long & short term counselling Women's groups and workshops

Kenora Sexual Assault Centre

201-136 Main Street

Kenora Ontario

807-468-7958 Office.

www.kenorasexualassaultcentre.ca/

Kenora

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Lake of the Woods District

Hospital

21 Sylvan Street West

**Treatment Centres** 

Kenora Ontario

807-468-9861 ext 2428

www.sadvtreatmentcentres.ca/find-a-centre/

Kingston

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

Kingston General Hospital 76 Stuart Street

Kingston Ontario

613-549-6666 ext 4880

www.sadvtreatmentcentres.ca/find-a-centre/

**Kingston** 

Hotlines 613-544-6424 Or 1-877-544-6424 24 Hour crisis hotlines Since 1977 we have been providing FREE and confidential non judgemental support to survivors of sexualized violence. Counselling services and programs

Crisis support

Young women's program 12-18 Group counselling available.

Sexual Assault Centre Kingston

PO Box 1461 Kingston

Ontario K7L 5C7 613-545-0762 Office www.sackingston.com sack@sackingston.com

ksac@kmts.ca

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca

Kitchener

Peer Support Groups Our Revive program supports men and women who are healing from sexual trauma. Separate peer support groups for

males and females. These groups

Community Justice Initiative 49 Queen Street North 3rd Floor Kitchener ON N2H 2G9 519-744-6549 Office

www.cjiwr.com info@cjiwr.com are art base.

Kitchener

Support Group for Adult Survivors of Child Abuse

A support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual assault. To join this chapter email Margie McKinnon at the address on the right of this page

Lamplighter Movement Kitcherner Ontario

www.thelamplighters.org margie@thelamplighters.org

Kitchener

Hotline 519-741-8633 24 Hour support hotline We support those who have been sexually assaulted as children or as adults by providing FREE of charge:

Individual & group counselling Information and referrals Accompaniment to court, hospitals, police station and other hearings. Emergency pratical assistance

Sexual Assault Support Centre of the Waterloo Region 201-151 Frederick Street Kitchener Ontario N2H 2M2

www.sascwr.org info@sascwr.org

London

Male Survivors Support Group A 12 week group that helps male survivors of childhood sexual abuse over the age of 18. We focus on trust and personal strengths, understand the effects of childhood sexual abuse and connect with other men who are survivors. Groups run in winter, spring and falland usually meets Wednesday evenings. Screening interview is required and there is no fee for for the groups.

Male Survivors Group John Field London Ontario 519-284-2263 Office

519-571-0121 Office.

www.malesurvivor.org

London

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence **Treatment Centres** St. Joseph's Health Care 268 Grosvenor Street London Ontario 519-646-6100 ext 64224

www.sadvtreatmentcentres.ca

sacl@sacl.ca

www.sadvtreatmentcentres.ca/find-a-centre/

London

Hotline 519-642-3000 24 Hour crisis & support line which is also avaiable for male survivors If you have experienced sexual violence including sexual assault or childhood sexual abuse at any time in your life, you no longer have to feel alone.

Acommpaniment and advocacy Public education and outreach Individual and group counseling for women aged 15 and over, please call 519-439-0844 for group details

**ANOVA** 

255 Horton Street 3rd Floor Suite 5 London ON N6B 1L1 519-642-3003 Office

www.facebook.com/AnovaFuture/

www.anovafuture.org/

All our services are FREE of charge.

### London

Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page. Silence to Hope Project London Ontario 1-877-676-7613 Office www.malesurvivor.org silencetohope@hotmail.com

# Midland

Hotline 705-737-2008 Or 1-800-987-0799 24 Hour crisis hotlines Support for women aged 16+ who have experienced sexual abuse as children and/or adults. Services available in Alliston, Barrie, Orillia, Collingwood and Midland. Advocacy on behalf on women Information and referrals Legal support at the police station at the hospital and in the courts 9 week support group for those who have experienced abuse in their intimate relationships running in the Spring and Fall. For group info contact 705-526-3221-ext 231. Athena's Sexual Assault Counselling & Advocacy Centre PO Box Box 54 Midland Ontario L4R 4K6 705-737-2884 for Appointments www.huroniatransitionhomes.ca

## Midland

North Simcoe 1-800-461-1750
24 Hour hotlines
We believe that all violence against women and children must end. We are committed to providing shelter to abused women and their children and to provide counselling to women survivors of sexual assault. Rosewood Emergency shelter Advocacy, information & referrals Legal support, individual counsel Out reach services for women who have left or are leaving an abusive relationship. Support groups

South Simcoe 1-800-987-0799

Huronia Transition Homes PO Box 54 Midland Ontario L4R 4K6 705-526-3221 Office www.huroniatransitionhomes.ca

## Mississauga

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care Crisis intervention

Collection of forensic evidence

Medical follow up & counselling

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres The Trillium Health Centre 100 Queensway West Mississauga Ontario www.sadvtreatmentcentres.ca

905-848-7580 ext 2548

www.sadvtreatmentcentres.ca/find-a-centre/

# Mississauga

We help men and women who have been sexually assaulted within the Safe unit "Chantel's House" have incurred recent injuries as a result of domestic violence. Safe unit "Chantel's House"

Referrals to community resources

Regional Sexual Assault and Domestic Violence Services 100 Queensway West Mississauga Ontario 905-848-7689 Counselling FREE counselling for recent abuse Counselling for those 12 years + who have experienced peer assault

in the past

www.trilliumhealthpartners.ca/patientservices/womens/Pages/sexualassault.aspx

Mr David Fine

**Morriston** Women Experiencing Partner Abuse

Morriston Ontario N0B 2C0 Meets Thursdays 7 - 9 pm Cost \$20 - \$30 per session

226-909-0848 Office Contact 519-900-1607 for details

www.finecoaching.ca/index.html

Newmarket

Male Survivors Support Group Our groups are offered in three 10 week cycles, winter, spring and fall. They are closed groups so members are admitted in January, April and September. The group is facilitated by 2 trained professionals A face to face interview is required before joining the group. NO sex offenders will be admitted. Meets Thursdays 6 - 8 pm There is no fee for the group, for more info contact Brent Diaz 905-853-3040

York Region Abuse Program

Newmarket Ontario

905-853-3040 ext 314 cedar@cedarcentre.ca www.malesurvivor.org www.cedarcentre.ca/

david@finetherapy.ca

Newmarket

Hotline 1-800-263-6734 We sere women who have experienced childhood or adult sexual abuse, sexual assault, sexual harassment, date rape ect. Counselling support and advocacy All services are FREE of charge.

extention 314 or email him at the address on the right of our page.

> Women's Support Network of York Region

1110 Stellar Drive **Unit 109** Newmarket

Ontario L3Y 7B7 905-895-3646 Office

info@womenssupportnetwork.ca

**North Bay** 

Hotline 705-476-3355 24 Hour crisis hotline Our paid staff provide individual and group counselling 12 Week individual counselling for women who have experienced childhood sexual abuse. 2 Group counselling Models. 1st group - childhood sexual abuse 2nd group - Beyond the trauma these groups run for 12 weeks.

Amelia Rising

101 Worthington Street East

Suite 11 North Bay

Ontario P1B 1G5 705-840-2403 Office

www.womenssupportnetwork.ca

www.ameliarising.ca info@ameliarising.ca

**North Bay** 

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

North Bay Regional Health Ctn

50 College Drive North Bay Ontario

705-474-8600 ext 4478

www.sadvtreatmentcentres.ca/find-a-centre/

**Oakville** Hotline 905-875-1555

Sexual Assault and Violence

www.savisofhalton.org

Or 1-877-268-8416 Toll Free 24 Hour crisis hotlines SAVIS is a non profit organization provincaially funded by the Ministry of the Attorney General. We provide FREE, confidential and non judgemental 24 hour support to all survivors of sexual violence. Advocacy and accompaniment to the hospital, courts and lawyers Education programs grades 1 to 12

savis@savisofhalton.org

## Orangeville

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care Crisis intervention

Collection of forensic evidence

Individual and group counselling Drop-in service Fridays 1 - 3 pm Spanish drop-in Tuesdays 1-3pm.

> Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Orangeville Campus 100 rolling Hills Drive Orangeville Ontario 519-941-2702 ext 2519

Intervention Services

1515 Rebecca Street

Ontario L6L 5G8

905-825-3622 Office

Suite 227

Oakville

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca

Crisis intervention

Collection of forensic evidence

Medical follow up & counselling

Referrals to community resources

## Orillia

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care Crisis intervention

Collection of forensic evidence

Crisis intervention
Collection of forensic evidence
Medical follow up & counselling
Referrals to community resources

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Soldiers Memorial Hospital 170 Colborne Street West Orillia

Ontario 1-877-377-7438 Office

www.sadvtreatmentcentres.ca/find-a-centre/

www.sadvtreatmentcentres.ca/find-a-centre/

## Orillia

Hotline 705-327-9155
Or 1-877-377-7438 Toll Free
We are located at the Orillia
Soldier's Hospital. Our treatment
centre provides emergency medical
care and treatment options to
victims of sexual and domestic
that has happened within a 72 hour
period. We have specialist nurses
to treat domestic violence victims
We also have a suspected chlid
abuse and neglect program.
www.osmh.on.ca/programsservices/RegionalWomenandChildrenProg
ram/sadv/overview.aspx

Simcoe County and Miscoca Regional Sexual Assault Care and Treatment Centre. Orillia

Ontario L3V 2Z3 705-327-9155 Office / Hotline www.osmh.on.ca info@osmh.on.ca

# Oshawa

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres 115 Simcoe Street South Oshawa Ontario 905-721-6128 ext 2787

Crisis intervention
Collection of forensic evidence
Medical follow up & counselling

Referrals to community resources

www.sadvtreatmentcentres.ca/find-a-centre/

Ottawa

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres
The Ottawa Hospital
Civic Campus
1053 Carling Avenue

Ottawa Ontario

613-798-5555 ext 13770

www.sadvtreatmentcentres.ca/find-a-centre/

Ottawa

Hotline 613-562-2333
24 Hour crisis hotline
We are a pro-active, anti racist
feminist organization providing help
and support to women who have
been affected by childhood sexual
abuse and or incest.
Public awareness & education prog
Crisis counselling
Long term counselling
Group counselling and workshops.

Ottawa Rape Crisis Centre PO Box 20206 Ottawa Ontario K1N 9P4

613-562-2334 Office

www.orcc.net orcc@orcc.net

www.sadvtreatmentcentres.ca

Ottawa

The Mens Project
Phase 1 Thursday evenings
Phase 2 Mondays & Thursdays
Phase 1 is an 8 week psycho educational program focusing on
trauma and recovery.
Phase 2 is a longer term process
oriented group therapy. For more

details about this project contact

the Office.

The Men's Project Ottawa Ontario 613-482-9363 Office www.malesurvivor.org www.themensproject.ca

Ottawa

Support Line 613-234-2266 Individual counselling for women who have experienced violence is available upon request. We offer 8 week support & 6 month support To be on our waiting list please call 613-725-2160 ext 227 for details Support groups for survivors of sexual assault usually 20 weeks. Drop-in for advocacy and workshops at various sites in the community Ritual Abuse program Public awareness and education.

The Sexual Assault Support Centre of Ottawa (SASC) PO Box 4441 Station B Ottawa Ontario K1S 5B4

613-725-2160 Office

www.sascottawa.com/info@sascottawa.com

**Owen Sound** 

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care Crisis intervention

Ontario Network of Sexual Assault / Domestic Violence Treatment Centres the Greey Bruce Regional Health Centre 1800- 8th Street East Owen Sound Ontario

Collection of forensic evidence Medical follow up & counselling Referrals to community resources 519-376-2121 ext 2458 www.sadvtreatmentcentres.ca/find-a-centre/

**Parry Sound** 

Hotline 1-800-461-2929

24 Hour hotline

We offer various sexual assault services such as referrals and advocacy, counselling,

Crisis concerns A drop- in program Court, police or medical support

Drop in available Thursdays 10-12. Survivor to Survivor Program call

705-783-8882 for details.

Mental Health Line 1-866-996-0991

Individual and group counselling for sexual abuse victims male or

female.

click "social work services" on web

site.

Sexual Assault Counselling -

www.facebook.com/mpssas/

Pembroke Hospital 705 MacKay Street

Muskoka Parry Sound

Services.

Suite 5

7 William Street

Ontario P2A 1V2

705-774-9083 Office

Parry Sound

Coordinated Sexual Assault

Pembroke

Ontario K8A 1G8 613-732-8770 Ext 8006

www.pemreghos.org/adultcounselling

**Pembroke** 

**Pembroke** 

Hotline 1-800-663-3060

24 hour 7 day hotline

We provide emotional support, information and advocacy to women and girls who have been affected by sexual violence whether it has

happened recently or in the past.

Women's Sexual Assault Centre

of Renfrew County. PO Box 1274

Pembroke Ontario K8A 6Y6

1-800-663-3060 Office / Hotline

Perth

The emergency departments of Perth and Smith Falls districts hospitals, Carlton Place & district hospital and the Almmonte general hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes:

Crisis intervention Crisis counselling Safety planning

Forensic evidence collection.

Lanark County Sexual Assault **Domestic Violence Program** 

33 Drummond Street West

Perth

Ontario K7H 2K1 613-283-2330 Ext 1258 www.psfdh.on.ca

ksac@nexicom.net

www.wsac.ca

directorwsac@vianet.ca

www.mpssas.org/

www.pemreghos.org

pr@pemreghos.org

Peterborough

24hr Hotline 1-866-298-7778

TEXT Mon to Fri 705-710-5234

24 Hour crisis hotlines

through qualified trauma specialists men and women survivors of past

and recent assault receive professional, well developed and responsive healing support. Accompaniment to medical and

legal appointments.

Indvidual & group counselling Workshops for men and women Out reach services in Peterborough, Northumberland, Haliburton and

Kawartha Lakes.

Kawartha Sexual Assault Centre

411 Water Street

Suite 102 Peterborough Ontario K9H 3L9 705-748-5901 Office.

www.kawarthasexualassaultcentre.com

Peterborough

We are made up of 35 hospital

Ontario Network of Sexual

based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Assault / Domestic Violence

**Treatment Centres** 

Women's Health Care Centre

157 Charlotte Street Peterborough

Ontario

705-743-4132 Office

www.sadvtreatmentcentres.ca/find-a-centre/

## Renfrew

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres

Renfrew Victoria Hospital 499 Raglan Street North

Renfrew Ontario

613-432-4851 ext 818

www.sadvtreatmentcentres.ca/find-a-centre/

### **Richmond Hill**

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

Mackenzie Richmond Hill Hsptl

10 Trench Street Richmond Hill Ontario

905-832-1406 ext 2 Office

www.sadvtreatmentcentres.ca/find-a-centre/

# Sarnia

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres Bluewater Health 8 Norman Street

Sarnia Ontario

519-464-4522 Office

www.sadvtreatmentcentres.ca/find-a-centre/

## Sarnia

Hotline 519-337-3320
24 Hour crisis hotline
We are currenty funded by the
Ministry of the Attorney General. We
offer a full range of services to
victims/survivors of sexual assault
and sexual abuse aged 16+. Men
and women are welcome to call us.
Public education program
Rural outreach in Petrolia & Forest
Advocacy & accompaniment to the
police station, hospitals and courts.

Counselling for survivors of childhood sexual abuse and incest Group counselling for sexual abuse Sexual Assault Survivors Centre

Sarnia - Lambton 189 Wellington Street

Unit 3 Sarnia

Ontario N7T 1G6 519-337-3154 Office

www.facebook.com/sascsarnia

www.sadvtreatmentcentres.ca

www.sadvtreatmentcentres.ca

and incest in childhood.

Male Survivors Support Group Sarnia

This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613

for more details or email the

address on the right of our page.

Silence to Hope Project

Sarnia Ontario

1-877-676-7613 Office

www.malesurvivor.org

silencetohope@hotmail.com

Sault Ste. Marie

Hotline 705-759-5143 8am-4pm Services for women, children and men plus significant others. Medical response for sexual

assault or partner assault. Individual counselling

Groups for victims of sexual abuse

or assault.

Interpreters available in multiple

languages.

Sexual Assault - Partner Assault

Clinic.

Asult Area Hospital 915 Queen Street East Sault Ste. Marie

Ontario P6A 2C4

705-759-5143 Office / Hotline

www.sacc.to email@sacc.to

Sault Ste. Marie

Hotlines 705-759-1230

Or 1-877-759-1230 24 Hour crisis hotlines 24 Hour shelter and support Abuse counselling and therapy

Public awareness & education

Family court support

Telephone/walk in crisis counselling Sexual abuse long term counselling languages: English, French and

Italian spoken.

Women in Crisis (Algoma Inc)

23 Oakland Avenue Sault Ste. Marie Ontario P6A 2T2

705-759-1230 Office / Hotline

www.womenincrisis.ca

Scarborough

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

416-704-6705

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

**Treatment Centres** 

The Scarborough Hospital

**Grace Campus** 

3030 Birchmount Road

Scarborough Ontario 416-495-2555

www.sadvtreatmentcentres.ca/find-a-centre/

Scarborough

Male Survivors Support Group We offer three groups,

Wednesdays 1-3pm 2 on Wednesdays 6.45 - 8.45 pm

Our groups are process oriented groups. All work is focused on understanding the damage that early childhood sexual abuse and trauma does to one's life and sense of self. We explore all issues from anxiety, depression, suicidal thoughts, addictions and anger. Fees are covered by O.H.I.P. Pre group interview is required, NO adult sexual offenders will be admitted. Contact Jim Hall on

Wolf Wood Canada Scarborough

Ontario

416-704-6705 Office

www.wolfwoodcanada.com/default.html

jim@wolfwoodcanada.com

www.sadvtreatmentcentres.ca

www.malesurvivor.org

#### Simcoe

Crisis Hotline 1-800-265-8076 TTY Hotline 1-800-815-6419 We are a charitable, non profit corporation governed by an elected board of directors. In addition to the services and programs for those who have experienced abuse and children who have witnessed abuse we educate and advocate for social change. Shelter program for women 16+ with or without children Sexual assault/abuse program for women who have experienced sexual abuse recently or in the past. Legal advocacy

Haldimand & Norfolk Women's Services

Simcoe Ontario

519-426-8048 Office

www.hnws.on.ca hnws@hnws.on.ca

## Sioux Lookout

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Systems accompaniment Short and long term counselling Groups for female survivors

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence **Treatment Centres** 

Meno Ya Win Health Centre

60 1/2 Front Street Upper Level Sioux Lookout

807-737-3030 Switchboard 807-737-6565 Direct Line

www.sadvtreatmentcentres.ca/find-a-centre/

## **Smith Falls**

The emergency departments of Perth and Smith Falls districts hospitals, Carlton Place & district hospital and the Almmonte general hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes: Crisis intervention Crisis counselling Safety planning

Lanark County Sexual Assault Domestic Violence Program 60 Cornelia Street West

Smith Falls Ontario

613-283-2330 Ext 1258

www.sadvtreatmentcentres.ca

## **Smith Falls**

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care Crisis intervention

Forensic evidence collection.

Hotline 905-682-4584

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence **Treatment Centres** 

Perth and Smith Falls Distict

Hospital

60 Cornelia Street Smith Falls

Ontario

613-283-2330 ext 1258

www.sadvtreatmentcentres.ca/find-a-centre/

# St. Catharines

24 Hour crisis hotline We are a non profit, community based organization which provides counselling and support services

Niagara Region Sexual Assault Centre

43 Church Street Suite 503

St. Catharines

www.sexualassaultniagara.org

www.psfdh.on.ca

for women, by women, who have survived sexual assault and incest. Individual and group counselling Emergency counselling available Court and medical accompaniment Workshops and support groups Out reach counselling in Niagara Falls, Welland, Beamsville, Port Colborne, Fort Erie and Grimsby.

Ontario L2R 7E1 905-682-7258 Office

### St. Catharines

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Niagra Health Systems St. Catharines General Site 142 Queenston Street

St. Catharines Ontario

905-684-7271 ext 45300

www.sadvtreatmentcentres.ca/find-a-centre/

## St. Thomas

Hotline 1-800-265-4305
24 Hour crisis hotline
Love is not about control and fear.
Emergency shelter
Drop-in counselling
FREE legal consultations
Counselling for adults abused as

children.

Community education in schools Services available across Elgin County. Violence Against Women Services Elgin County 300 Talbot Street Suite 26

St. Thomas Ontario N5P 4E2 519-633-0155 Office www.vawsec.on.ca info@vawsec.on.ca

www.sadvtreatmentcentres.ca

## Sudbury

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres

St Joseph's Health Centre

700 Pan's Street

Sudbury Ontario

705-675-4743 Office

www.sadvtreatmentcentres.ca/find-a-centre/

## Sudbury

Hotlines 705-675-4760
Or 1-877-841-1101 Toll Free
We provide barrier free support
services to female survivors of
historic and current sexual violence.
Referrals, advocacy and support at
medical, court and hearings
Public & community education
Individual and group counselling.

Sudbury Sexual Assault Crisis

Centre Sudbury Ontario

705-675-8071 Office 705-671-5495 Office www.voicesforwomen.ca/ VFW@hsnsudbury.ca

www.sadvtreatmentcentres.ca

# **Thunder Bay**

Support Group for Adult Survivors of Child Abuse
A support group for adult survivors of childhood sexual abuse, incest, domestic violence, rape and sexual

assault. To join this chapter email

Lamplighter Movement Thunder Bay Ontario.

www.thelamplighters.org margie@thelamplighters.org Margie McKinnon at the address on the right of this page

## **Thunder Bay**

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual

Assault / Domestic Violence

Treatment Centres

Thunder Bay Regional HSC

980 Oliver Road Thunder Bay

Ontario

807-684-6750 Office

www.sadvtreatmentcentres.ca/find-a-centre/

## **Thunder Bay**

Hotline 807-344-4502
24 Hour crisis hotline
We serve victims who may have been victimized years ago in their childhood or just recently.
Crisis intervention
Information and advocacy
Community outreach and education
Professional individual counselling
8 Week group counselling course for males and females, for more details call 807-345-0894. Intake interview will be required.

Thunder Bay Sexual Assault & Sexual Abuse Counselling &

Crisis Centre 385 Mooney Street

Thunder Bay Sexual Assault &

Ontario P7B 5L5 807-345-0894 Office 807-633-5738 Cell Phone

Sexual Abuse Centre Thunder Bay | Facebook

## **Timmis**

Hotlines 705-268-8380
Or 1-877-286-8380 Toll Free
Our family court program provides
support for female victims of
domestic violence who are involved
in the family court process.
Information - court accompaniment
Safety planning advice
HER Place Safe shelter
Our Sexual Assault Center offers:
Individual and group counselling
and support to women aged 16+
Individual and group counselling
for those affected by incest and
childhood sexual abuse.

Timmis & Area Women in Crisis Timmis

Ontario

705-268-8381 Office

www.tawc.ca info@tawc.ca

info@tbsasa.org

www.sadvtreatmentcentres.ca

## **Toronto**

TTY Hotline 1-866-863-7868
Or 1-866-863-0511 Toll Free
Or 1-877-336-2433 En Francais
We provide FREE 24 hour 7 days
a week crisis counselling, referrals,
emotional support and information
via the telephone in up to 154
languages completely confidential
and anonymous

Assaulted Women's Helpline

PO Box 369 Station B Toronto

Ontario M5T 2W2 416-364-4144 Office 1-888-364-1210 Toll Free. www.awhl.org www.femaide.ca

## Toronto

The Gatehouse is a peer led support program for survivors of childhood sexual abuse.

Services are offered to both men and women and all programs are FREE of charge.

The Gatehouse offers a 15 week

The Gatehouse
3101 Lakeshore Blvd. W
Toronto
Ontario M8V 3W8
416-255-5900
tmahipat@thegatehouse.org

www.thegatehouse.org/

group that goes through topics related to the effects of trauma and there is a separate group for men and women. Other programs include phase 2, young adults program, drop in group, partner support workshop and group and art therapy.

www.facebook.com/TheGatehouseChildAbuseInvestigationSupportSite/

### **Toronto**

Male Survivors Support Group supported by the Martin Kruze memorial fund, survivors of childhood sexual abuse experiences of hope and recovery. This group is on going, survivors attend as long as they need to. Intake interview is required. Meets Mondays 5.30-7.30 Contact Lynne MacDonell for more details 416-996-4050 or email her at address on the right of the page.

The Martin Kruze Foundation Toronto Ontario

416-996-4050 Office

www.malesurvivor.org lmtherapy@gmail.com

## **Toronto**

We are a non-profit organization offering services to francophone women aged 16+ in the Greater Toronto area and in Hatton Peel. Transitional and housing support

Counselling
Art therapy groups

Contact office for more details

Oasis Centre des Femmes

PO Box 46085 College Park Toronto

Ontario M5G 2P6 416-591-6565 Office www.oasisfemmes.org services@oasisfemmes.org

# Toronto

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres 76 Grenville Street

Toronto

Ontario M5S 1B2 416-323-6040 Office

www.sadvtreatmentcentres.ca/find-a-centre/

# Toronto

Hotline 416-759-0138 24 Hour crisis hotline Crisis intervention SOS Femmes PO Box 46018 College Park Toronto

Ontario M5G 2P6

416-759-0138 Office / Hotline

# **Toronto**

Childhood Trauma Survivors
We are adult survivors of child
physical, sexual, emotional, mental,
verbal, psychological, ritual abuse,
incest, domestic violence,
narssasitic parents, neglect or
abandonment.
We meet biweekly or monthly on
weekends to listen, learn and to

support each other. We share experiences and resources.
Please note that this is NOT a

Childhood Trauma Survivors

Toronto Ontario

1 (647) 868-2244

www.facebook.com/GhadirElGhafri

www.sadvtreatmentcentres.ca

gghafri@gmail.com

therapy, a counselling, a coaching or a crisis group. It's just a support group to create a safe community to empower survivors.

For more information call Ghadir on +1 (647) 868 2244 or email at gghafri@gmail.com

### **Toronto**

Survivors Support Group We are a spiritual, self help group of men and women aged 18+ who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. There are no fee or dues, everything that is said in the group must be held in strict confidence. SIA is not a replacement for therapy, the only requirement is that you are a victim of childhood sexual abuse and that you want to recover. Meets 2nd & 4th Wednesday at 6.30 - 8 pm. For more information contact Jenny at her email address on the right of this page.

Survivors of Incest Anonymous Toronto

Ontario

www.siawso.org www.the519.org jlceltic@hotmail.com

### **Toronto**

Intimacy Issues with Victims of Sexual Assault Group
If you are a victim of sexual assault, abuse or incest, you may have issues with intimacy in your future relationships. You may aviod intimacy or be "hot and cold" and not know why. Through various means including writing and art therapy we will help you work through these stumbling blocks.

Cost \$80 - \$120

Ms Sandra Tenus Toronto Ontario M5J 2Y2 416-691-0033 Office

www.harbourfrontpsychotherapy.com help@BeachesPsychotherapy.com

## **Toronto**

Hotline 416-597-8808
We believe survivors of sexual violence are experts in their own healing. Together we work towards healing with survivors of all back grounds, genders and spiritualities. In person one to one counselling available Mondays - Fridays call 416-597-1171 ext 228 for details Public education and workshops Advocacy and court accompaniment Latin american women's program Support groups for survivors.

Toronto Rape Crisis Centre / Multicultural Women Against Rape Toronto

Ontario 416-597-1171 Office www.trccmwar.ca info@trccmwar.ca

## Trenton

Reclaining Sexuality from Child Sexual Abuse Group Contact office for more information about this group. Cost \$50 - \$90 per session Jessica Ford Trenton Ontario K8V 6B1 613-801-0243 Office

info@jafordgroup.com

## **Trenton**

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually Ontario Network of Sexual Assault / Domestic Violence Treatment Centres Quinte Health Centre

assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources 242 King Street West

Trenton Ontario

613-392-2540 ext 5024

www.sadvtreatmentcentres.ca/find-a-centre/

Waterloo

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence.

Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual Assault / Domestic Violence

Treatment Centres

St Mary's General Hospital

400 Queen Street

Waterloo Ontario

519-749-6994 office

www.sadvtreatmentcentres.ca/find-a-centre/

Wayside Niagara

Male Survivors Support Group Peer support group for adult male survivors of childhood sexual abuse and or sexual assault. Meets Tuesdays at 7 pm Contact Glenn Allan 905-975-6455 Niagara Region Sexual Assault

Centre

Wayside Niagara

Ontario

905-682-7258 Office

Welland

Hotlines 403-327-7905
Or 1-888-787-2880
If you are struggling with the very

difficult to cope with symptoms of childhood abuse in your adulthood, and you feel at your wits end with no place to turn. Turn to us

Distress Line of Southwestern

Alberta Welland

Ontario L3C 5Z4 403-327 7905 Office. www.yourlifecounts.org

www.sadvtreatmentcentres.ca

www.sexualassaultniagara.org

Whitby

Hotline 905-668-9200 24 Hour crisis hotline

We work to provide support services to recent as well as historical or childhood survivors of sexual abuse. We are a feminist organization that believes in the equality of all. Advocacy and accompaniment dealing with healthcare, help with legal matters and support through

the justice system

Men of Courage Group

FREE individual counselling FREE group counseling including a group for survivors of childhood sexual assault. For more details contact Donna 905-444-9672 ex 24 **Durham Rape Crisis Centre** 

PO Box 567 Whitby

Ontario L1N 5V3 905-444-9672 Office www.drcc.ca info@drcc.ca donna@drcc.ca

Whitby

Men of courage is a 10 week group programdesigned for adult men recovering from childhood sexual and or physical abuse. The group will help members to understand the impact of trauma - identify and manage the triggers, feelings and flashbacks - improve relationships and build trust - reduce feelings of

Mr Derek Wright Whitby

Ontario L1N 5Z5 289-893-0811 Office www.wrightpath.ca

counselling@wrightpath.ca

shame, loneliness and guilt. Cost \$40 - \$50 per session

### Windsor

We are made up of 35 hospital based centres that provide 24/7 emergency care to women, children and men who have been sexually assaulted or who are victims or survivors of domestic violence. Emergency medical nursing care

Crisis intervention

Collection of forensic evidence Medical follow up & counselling Referrals to community resources Ontario Network of Sexual

Assault / Domestic Violence Treatment Centres

Windsor Regional Hospital

Grace Campus 1995 Lens Avenue

Windsor Ontario

519-255-2234 Office

www.sadvtreatmentcentres.ca/find-a-centre/

### Windsor

Hotline 519-253-9667 If you are a child, adolescent or an adult, male or female and have been sexually violated whether in

the past or recently we can help!

Crisis intervention

Public education program

Counselling for male and female
survivors of sexual abuse or incest.

Sexual Assault Crisis Centre

1407 Ottawa Street

Unit G Windsor

Ontario N8X 2G1 519-253-3100 Office

www.facebook.com/SACCWindsor/

## Windsor

Male Survivors Support Group This is a 12 week group run three times a year supported by the Silence to Hope Project. Contact Tom Wilken on 1-877-676-7613 for more details or email the address on the right of our page.

Hotline 519-539-4811

Or 1-800-265-1938 Toll Free

Silence to Hope Project

Windsor Ontario

1-877-676-7613 Office

www.malesurvivor.org silencetohope@hotmail.com

www.sadvtreatmentcentres.ca

## Woodstock

Text Hotline 519-788-9993 We are leaders in providing crisis intervention, shelter, counselling and advocacy for women and their children impacted by abuse in Oxford county. Safe short term accomodation Transitional housing support prog Sexual assault counselling for women aged 16+ who have been sexually abused 519-539-7488 ext 226 for more details Weekly support groups open to all women impacted by abuse now or in the past 519-539-7488 ext 234 for more group details. Outreach program including counselling sessions in Tillsonburg and Ingersoll.

Domestic Abuse Services 975-James Street Woodstock ON N4S 8X8 519-539-7488 Office

www.daso.ca rhonda@daso.ca