

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
OREGON			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1-888-235-5333 Statewide crisis hotline and resource information on local services for those affected by domestic and sexual violence.</p>	<p>Oregon Coalition Against Domestic and Sexual Violence</p>	<p>www.ocadsv.org</p>
Astoria	<p>Hotline 503-325-5735 24 Hour crisis hotline We are a community that works together to break the cycle of domestic violence and sexual assault</p>	<p>Clatsop County Women's Resource Center PO Box 1342 Astoria OR 97103 503-325-3426 Office</p>	<p>www.harbornw.org/ juliewrc@qwestoffice.net</p>
Baker City	<p>Hotline 888-213-4134 Supportive hotline for those who are or have experienced domestic violence</p>	<p>May Day, Inc Safe Homes Baker City OR 97814 514-523-9472 Office</p>	<p>www.endviolence.org endviolenceproject@gmail.com</p>
Beaverton	<p>Breaking The Silence Group Womens group: Healing from trauma is a courageous act. I specialize in past trauma in an environment that is safe and healing Group therapy is extremely helpful in moving forward in your recovery from sexual abuse. Please call for a screening appointment Meets Mondays 6 - 8 pm Cost \$50</p>	<p>Ms Janiene Beauchene Beaverton OR 97005 503-573-8718 Office</p>	
Beaverton	<p>Hotline 503-640-5311 Or 1-888-640-5311 24 Hour crisis hotlines Hospital accompaniment</p>	<p>Sexual Assault Resource Ctn 4900 SW. Griffith Drive Suite 100 Beaverton</p>	<p>www.sarcoregon.org/</p>

Services for Latino's
Counseling for men and women
12 week support group 3 times a
year, for adult female survivors of
sexual assault

OR 97005
503-626-9100 Office

Bend

Hotline 541-389-7021
Or 866-504-8992 Toll Free
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Counseling and therapy
Education and outreach
Support group for women affected
by domestic violence
Meets Tuesdays 6- 7.30 pm
Call 541-382-4420 for group details

Saving Grace
1425 NW Kingston Avenue
Bend
OR 97701
541-382-9227 Office

www.saving-grace.org
info@saving-grace.org

Burns

Hotline 541-573-7176
24 Hour Crisis hotline
Supportive hotline for those affected
by domestic or sexual violence

Hhope
Burns
OR 97720
541-573-2726 Office

Christmas Valley

Hotline 800-850-4838
Supportive help and hotline

New Beginings Intervention Ctn
Christmas Valley
OR 97641
541-576-3009 Office

Coos Bay

Hotline 541-756-7000
Or 1-800-793-5612 Toll Free
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Support groups available call the
office or hotlines for details

Women's Safety and Resource
Center
1681 Newmark Avenue
Coos Bay
OR 97420
541-888-1048 Office

Corvallis

Hotline 541-754-0110
Or 800-927-0197
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Education and outreach program
Support groups for survivors of
domestic violence & sexual assault

Center Against Rape and
Domestic Violence (CARDV)
PO Box 914
Corvallis
OR 97339
541-758-0219 Office

www.cardvservices.org

Dallas

Trauma Survivor's Support Group
Going through a traumatic event is
bad enough, having to relive it over
and over is more than anyone
should have to bear. Finding some
one to talk to about the traumatic
event can be difficult, most people
have no idea what you have gone
through. This support group is a
place to meet others who have
similar experiences and won't
judge you. Meets on Wednesday
evenings 7 - 8 pm

Ron Fritz
Dallas
OR 97338
503-374-9784 office

ron@newphoenixcs.com

Dallas

Hotline 503-623-4033

Sable House

www.sablehouse.org

Or 1-866-305-3030
24 Hour crisis hotlines
Legal advocacy
Sexual Assault Response Team
Support groups to help victims work through trauma associated with domestic violence & sexual assault

PO Box 783
Dallas
OR 97338
503-623-6703 Office

Enterprise

Hotline 541-426-6565 (24 hours)
Services for victims of domestic and sexual violence.
Secure temporary shelter
Medical and legal advocacy
Sexual Assault Response Team
Criminal justice advocacy
Assistance with protection orders
Support and empowerment groups

Safe Harbors
764 NW First
Enterprise
OR 97828
541-426-4004 Office

www.wcsafeharbors.com
safe@eoni.com

Estacada

Hotline 503-654-2288
Or 888-654-2288
24 Hour Crisis hotlines
Culturally specific services
FREE counseling for victims of domestic violence / sexual assault
Peer based support groups
Call 503-722-2366 ex 108 for info

Clackamas Women's Services
Estacada
OR 97023
503-722-2366 ext 115 Office

www.cwsor.org
info@cwsor.org

Eugene

Hotline 541-343-7277
Or 1-800-788-4727 Toll Free
Providing support for survivors of sexual violence.
Medical and legal advocacy
FREE support groups
Monday night drop in 7 - 8.30pm
door locked at 7.10pm sharp for safety and confidentiality
Closed support groups of 90 min to 2 hours with 2 facilitators running for 8 - 10 weeks.
Call 541-484-9791 ext 315 or email the address on the right of this page.
Mens meetup for survivors of sexual assault drop in group on the first Monday of each month 6pm to 7.30 held at NAMI (2411 Martin Luther King Blvd across from Autzen Stadium in the Lane Court Mental Health Building). Doors open at 5.50 to 6.05pm.

Sexual Assault Support Services
591 West 19th Avenue
Eugene
OR 97401
541-484-9791 Office

www.sass-lane.org
supportgroup@sass-lane.org

Eugene

We have provided services to victims of crime since 1985. This program utilizes volunteers that are assigned to the court advocacy unit, the protective order unit and the family violence unit.
www.doj.state.or.us/victims/assistance.shtml

Victim Services Program
125 E. 8th Avenue
Room 400
Eugene
OR 97401
541-682-4523 Office

lori.silano@co.lane.or.us

Eugene

Hotlines 541-485-6513
Or 1-800-281-2800 Toll Free

Womenspace
PO Box 50127

www.womenspaceinc.org
info@womenspaceinc.org

Our mission is to prevent domestic violence in intimate partner relationships in Lane County.
Emergency shelter
Transitional program
Legal and rural advocacy
Community education
Weekly support groups in English and Spanish, call 541-485-6513 for times and locations

Eugene
OR 97405
541-485-8232 Office
541-868-7735 Mobile

Florence	Hotline 541-997-4444 24 Hour 365 day Hotline Emergency shelter Medical and legal advocacy Women's support groups for both domestic violence and sexual assault. All services FREE of charge	Siuslaw Outreach Services PO Box 19000 Florence OR 97439 541-997-2816 Office	www.florencesos.org pamela@florencesos.org marie@florencesos.org
Gold Beach	Hotline 1-800-447-1167 (24 hours) Emergency shelter, safe house Resource information and referrals Emergency appointment transport Court advocacy info and guidance Accompaniment by Sexual Assault Task Force advocate to the hospital Peer led support groups.	Oasis Shelter Home PO Box 932 Gold Beach OR 97444 541-425-5238 Office	
Grants Pass	Hotline 541-479-9349 24 Hour 365 day crisis hotline We are dedicated to ending the cycle of domestic violence and sexual assault in Josephine County 24 Hour response teams Family and court advocacy Support group for women who have been victims of domestic violence	Women's Crisis Support Team Grants Pass OR 97526 541-476-3877 Office	www.wcstjoco.org
Hillsboro	Hotline 503-469-8620 Or 1-866-469-8600 Toll Free Monika's House emergency shelter Protective order advocacy Services for adults who have experienced domestic violence at any time in their lives, all services FREE and bilingual Individual counseling Children's counseling Education and support groups.	Domestic Violence Resource Ctr PO Box 494 Hillsboro OR 97123 503-640-5352 Office	www.dvrc-or.org dvrc@dvrc-or.org
Hood River	Hotline 541-386-6603 24 Hour crisis hotline Medical and legal advocacy Young women's center ages 16-24 Education and presentations Support groups available call the office for group details	Helping Hands Against Violence Hood River OR 97031 541-386-4808 Office	www.helpinghandsoregon.com grants hh@gorge.net
Klamath Falls	541 884-0390 Domestic Violence 541-883-7273 Rape Crisis Line	Klamath Crisis Center PO Box 1358	www.klamathcrisiscenter.org klacri@aol.com

	Martha's house shelter provides a safe place for women and children. Help with protective orders Court preparation and advocacy Sexual Assault Response Team Individual counseling support groups for those affected by domestic violence or sexual assault.	Klamath Falls OR 97601 541-850-8939 Office	Website Temporarily off line 01/17
La Grande	Hotline 541-963-9261 Emergency hotline for those who are affected by domestic violence and or sexual assault	Shelter From The Storm La Grande OR 97850 541-963-7226 Office	
Lake Oswego	Seeking Safety: Trauma & Addiction Seeking Safety is a powerful treatment with researched effectiveness for individuals dealing with the twin challenges of trauma and addiction. We do not focus on the specifics of traumatic events but rather on the difficult emotions experienced in the present and on creating a feeling of safety and empowerment. This is an open group, individuals can enter at any time. Every Saturday 12 - 1 pm Cost \$20 - \$30	David Corse Lake Oswego OR 97035 503-451-6603 office	www.davidcorse.com
Lakeview	Hotline 541-947-2449 Or 800-338-7590 24 Hour crisis hotlines Temporary shelter Medical and legal advocacy Bi-lingual advocacy Peer support groups available All services to survivors of domestic and sexual violence are FREE	Lake County Crisis Center 726 North First Street PO Box 774 Lakeview OR 97630 541 947- 2498 Office	www.lakecountycrisiscenter.org lccrisiscenter@gmail.com
Madras	Hotline 541-389-7021 Or 866-504-8992 Toll Free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling and therapy Education and outreach Support group for women affected by domestic violence Call 541-475-1880 for group details	Saving Grace 35 SE C Street Suite B Madras Oregon 541-475-1880 Office.	www.saving-grace.org info@saving-grace.org
McMinnville	Hotline 503-472-1503 (24 hours) 503-583-1402 Spanish hotline We have been providing domestic and sexual violence advocacy to Yamhill County since 1981. Emergency shelter Supports groups in the community Willamina Thursday 12.30- 2 pm Support group for sexual assault	Henderson House PO Box 26 610 SE. 1st Street McMinnville OR 97128 503-472-0244 Office	www.hendersonhouse.org

and adults molested as children
meets 6 - 7.30 pm in McMinnville

Medford	Hotline 541-779-4357 Or 1-855-216-2111 Toll Free Our trained volunteers and staff address concerns regarding domestic violence, sexual assault, panic, depression and isolation. Our services are FREE of charge	Community Works 201 W. Main Street Suite 3 D Medford OR 97501 541-779-2393 ext 200 Office	www.community-works.org info@community-works.org
Mill City	Hotline 1-503-897-2327 (24 hour) Since 1985 we have provided domestic violence services to rural communities in the North Santiam Canyon. Please call if you have any concerns.	Canyon Crisis & Resource Ctr Mill City OR 97360 503-897-2327 Office / Hotline	ccrisisc@gmail.com
Newport	Hotline 541-994-5959 Or 800-841-8325 24 Hour crisis hotlines We support victims facing domestic violence and sexual assault in Lincoln County Emergency shelter Safety planning and court advocacy Information and referrals	My Sister's Place. Newport OR 97365 541-574-9424 Office	www.mysistersplace.us info@mysistersplace.us
Ontario	Hotline 1-800-889-2000 24 Hour crisis hotline We offer safe refuge and support to victims of domestic and sexual violence. Bilingual services Emergency shelter Support groups in English and Spanish for survivors of domestic violence	Project DOVE Ontario OR 97914 541-889-6316 Office	www.projectdoveor.org dove@projectdoveor.org
Oregon City	Hotline 971-673-7112 We are a private, non profit medical assessment center, children are referred to the center when there is a concern of sexual abuse, physical abuse, neglect and emotional abuse. Everyday brings requests from families for information and support, referrals from law enforcement and the Department of Human Services regarding children needing assessments and community requests for child abuse prevention training. Forensic Medical Assessments Forensic interviewing services Case management Caregiver support group. The Family Support team at Children's Center offers structured support groups for caregivers of children who have been sexually abused, regardless of	Children's Center 1713 Penn Lane Oregon City OR 97045 Office 503-655-7725	www.childrenscenter.cc office@childrenscenter.cc

whether the child was seen at the Center

Oregon City	Hotline 503-654-2288 Or 888-654-2288 24 Hour Crisis hotlines Culturally specific services FREE counseling for victims of domestic violence / sexual assault Peer based support groups	Clackamas Women's Services 256 Warner Milne Road Oregon City OR 97045 503-557-8600 Office Cell Phone 503-308-2421	www.cwsor.org info@cwsor.org
Pendleton	Hotline 1-800-833-1161 24 Hour crisis hotline Our mission is to help ALL victims of domestic violence and sexual assault regardless of their age or gender. No one will be refused help Emergency shelter for women Temporary shelter for men Support groups available for men and women please call office for support group details.	Domestic Violence Services Pendleton OR 97801 541-276-3322 Office www.domesticviolenceservices-or.org administrator@domesticviolenceservices-or.org	
Portland	Hotline 503-281-2442 (24 hours) Emergency shelter Transitional services LGBTQ services Healing roots for African American women survivors of domestic abuse Advocates in the community Support groups.	Bradly Angle House Inc Portland OR 97217 503-232-1528 Office	www.bradleyangle.org
Portland	Sexual Abuse Survivors: Life After Trauma Group The group address the ongoing effects of trauma after sexual abuse and how to create a life for yourself that can find freedom from guilt and is nourishing and hopeful. This is a closed group that runs for 12 weeks then opens for new members before it's next cycle. Cost \$50	Marie Cacao Portland OR 97215 503-985-8377 Office	
Portland	Group classes in Mindfulness for male survivors, female survivors, their partners and other trauma survivors. See website for details	Blue Space Wisdom Portland Oregon	www.bluespacewisdom.org das.chapin@gmail.com
Portland	Male Survivors Support Group We are a male peer support group of all ages and all orientations. An initial interview will be required before joining the group. A monthly contribution towards the rental of meeting room would be welcome. Meets Thursdays 5.30 - 6.45 pm Contact Das Chapin at the email address given on the right of page.	Male Survivors Group Das Chapin Portland Oregon	www.malesurvivor.org das.chapin@gmail.com
Portland	Support groups held about 10 times	Compassionate Gathering	

a year. About half the groups are held indoors and half outside as walking groups during the summer months in the beautiful setting of Portland. Our support groups are open to anyone trying to cope with surviving abuse.

www.oasisoregon.org/2010/03/compassionate-gathering-walk-across-oregon/

Portland
OR 97213
503-866-6163 Office

compassion500@gmail.com

Portland

Hotline 971-275-5271
Have you been hurt in the sex industry? We have a support group
Meets Thursdays 7.30 - 9 pm
Call for location and details

Counseling for Prostitution
Alternatives, Inc
Portland
OR 97239
971-275-5271 Office / Hotline.

Portland

Support Group for Adult Survivors of Child Abuse
For adult survivors of child sexual abuse, incest, domestic violence, rape and sexual assault. To join this group contact Margie Mckinnon at the email address on the right of our page.

Lamplighter Movement
Portland
Oregon

www.thelamplighters.org
margie@thelamplighters.org

Portland

Support Group for Survivors of Domestic Violence & Sexual Abuse
We are here here for adult survivors of child abuse in all it's forms who often struggle with low self esteem, depression, poor boundries and other issues. This support groups nurtures listening skills and self calming skills along with gentle outreach and awareness.
Walking groups in beautiful settings during the summer months. For more information and to join this group click on the meetup address on the right of this page.

Meetup Support Group
Portland
Oregon
www.meetup.com/topics/abusesurvivors/all/

Portland

Our website lists the services and shelters for the state of Oregon. We offer a map of the state which you can click on for services for that county.

Oregon Coalition Against Domestic Violence
1737 NE Alberta Street
Suite 205
Portland
OR 97211
503-230-1951 Office

www.ocadsv.org

Portland

Women's Trauma Support Group
Identifying and coping with effects of child and adult trauma on relationships, work, parenting and personal happiness.
Every Tuesday 6.30 - 8.30 pm
Cost \$ 20 +

Catherine Pivetti
Portland
OR 97232
503-388-9028 Office

Portland

Hotline 503-235-5333
Or 1-888-235-5333 Toll Free
24 Hour Crisis hotlines
Emergency shelter

Portland Women's Crisis Line
Portland
OR 97242
503-232-9751 Office.

www.pwcl.org
info@pwcl.org

In Person sexual response
Outreach and volunteer program
Sex workers outreach project
FREE support group for sexual
assault survivors
Support group for adult survivors of
childhood trauma
Call 503-235-5333 for group details

Portland	Hotline 503-222-6222 We are a multi-faceted domestic violence agency dedicated to ending intimate partner violence for good. Emergency shelter Transitional housing program Domestic Violence Response Team Youth program Advocacy center for non residents Support groups.	Raphael House 4110 SE Hawthorne Blvd Suite 503 Portland OR 97214 503-222-6507 Office	www.raphaelhouse.com tlorenzen@raphaelhouse.com
Portland	Hotline 503-777-3437 Russian Oregon Social Services provides culturally specific domestic violence and sexual assault services to Russian speaking immigrants and refugees. Translation Services Crisis intervention services Advocacy referrals Legal and housing assistance Support groups for domestic and sexual violence	Russian Oregon Domestic Violence Services 4033 SE Woodstock Blvd Portland OR 97202 503-777-3437 Office / Hotline	www.emoregon.org/ross.php
Portland	Surviving and Thriving Therapy Support Group This is a small, weekly therapy support group limited to six people. Group therapy can be an opportunity to gain support, validation and increase positive social connections with others Meets Tuesdays 6.30 - 8 pm Cost \$50	Mrs Alexandra Saperstein Portland OR 97205 503-406-3068 Office	www.alexandrasaperstein.com portlandlpc@gmail.com
Portland	Hotline 503-778-7386 The South Asian Women's Empowerment and Resource Alliance is dedicated to serving women and children in abusive relationships Translation services Safety planning Referrals to counseling Referrals to medical care & housing Transportation where necessary Support groups for victims of DV Kids Club for children exposed to domestic violence.	South Asian Women's Empowerment & Resource Alliance (SAWERA) PO Box 91242 Portland OR 97291 503-641-2425 Office	www.sawera.org sawera@sawera.org
Portland	Recovery Group for Adult Male	Mr Lee Scher LPC	

Survivors.
Healing from childhood sexual abuse requires a strong commitment to oneself and a lot of support. Participating in a survivors' group can be an important part of this process. Over the last year our group has grown into a strong, supportive community, we've already come along way together. We welcome new participants. Cost \$35 per group, sliding scale available. Facilitator is Lee Scher, LPC Licensed Professional Counselor, specialist in relational trauma.

Portland
OR 97209
503-998-2297 Office
www.goodtherapy.org/therapists/profile/lee-scher-20160331

Portland

Survivors of Incest Anonymous
We are a spiritual self help group of men and women 18+ who are guided by a set of suggested 12 steps and 12 traditions towards recovery.
Meets Sundays 5.30 - 6.30pm
Women Survivors only
Contact Saskia at the email address on the right of this page

Survivors of Incest Anonymous
Portland
Oregon
www.siawso.org
Wildwriter767@yahoo.com
www.siawso.org/Sys/PublicProfile/2690200/7166

Portland

Survivors of Incest Anonymous
We are a spiritual self help group of men and women 18+ who are guided by a set of suggested 12 steps and 12 traditions towards recovery.
Meets Sundays 5 - 6 pm
Women only, newcomers welcome
Contact Amy at the addresses on the right of this page

Survivors of Incest Anonymous
Portland
Oregon
www.siawso.org
sianewcomers@gmail.com
www.siawso.org/Sys/PublicProfile/6151057/7166

Portland

Female Survivors of Childhood Sexual Abuse Group
I offer a group for female survivors of childhood sexual abuse that runs in 12 week cycles. We explore topics such as healthy coping, intimate relationships, trust, loss, guilt and the effects of trauma. An intake interview will be required
Contact me to find out when next group is starting
Meets Mondays 4 - 6 pm
Cost \$30 - \$50

Beth VanBuecken
Portland
OR 97211
503-303-8689 Office
www.linkedin.com/in/beth-vanbuecken-lmft-rdt-b6755a8b

Portland

Adult Survivors of Childhood Sexual Abuse Group
If you or someone you know has been sexually abused, then you know the soul-deadening effects of this form of abuse. Healing is possible, shame, powerlessness,

Maryjane Wilt
Portland
Or 97213
971-238-5110 Office
www.mjipc.com
info@mjipc.com

confusion and the fear of betrayal and abandonment. This 35 week faith based therapy group asks hard questions that must be answered in order to heal
Cost \$40 - \$50

Portland	Women's Abuse Recovery Group A safe, supportive group for women who were molested or sexually abused as a child or teen. Cost \$30 - \$40	Faith Winters Portland OR 97229 503-446-5014 Office	www.faithwinters.com
Portland	The newly transitioned Yolanda House facility is a long term communal housing program that provides women and their children a safe haven to get back onto their feet after escaping the trauma of domestic violence	Yolanda House 1111 SW 10th Avenue Portland OR 97205 503-294-7400 Office www.ywcapdx.org/what-we-do/domestic-violence-services/	www.ywcapdx.org connect@ywcapdx.org
Prineville	Hotline 541-389-7021 Or 866-504-8992 Toll Free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling and therapy Education and outreach Support group for women affected by domestic violence Meets Tuesdays 5.30 - 6.30 pm Call 541-410-2114 for group details	Saving Grace 203 NE Court Street Prineville Oregon 541-410-2114 Office	www.saving-grace.org info@saving-grace.org
Redmond	Hotline 541-389-7021 Or 866-504-8992 Toll Free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling and therapy Education and outreach	Saving Grace 1004 NW Milwaukee Suite 100 Redmond 541-504-2550 Office	www.saving-grace.org info@saving-grace.org
Roseburg	Hotline 541-673-7867 Or 800-464-6543 Toll Free 24 Hour crisis Hotlines Emergency shelter Legal advocacy Hospital and medical advocacy Sexual assault crisis intervention Peer counseling Support groups are available	Battered Persons Advocacy 1202 SE Douglas Roseburg OR 97470 541-957-0288 Office	www.peaceathome.com
Salem	To Report Abuse 503-378-6704 Liberty House is a child abuse assessment center serving Marion and Polk Counties. We offer a safe, comfortable and friendly environment for children and their families who are referred for concerns of abuse or neglect. Core services include a medical check up and an interview.	Liberty House Child Abuse Assessment Center 2685 4th NE Salem OR 97301 503-540-0288 Office	www.libertyhousecenter.org

The specially trained interviewer also helps the child in a neutral and sensitive manor to talk about what has happened to them. We offer for the family and serve children from birth to the age of 18. Our services are voluntary and FREE of charge to the family.

Salem	Survivors Reunite Helping Domestic Violence Victims Heal Group We are a support group which helps each other through the healing process. For more details or to join this group click on the meetup address on the right of this page	Meetup Support Group Salem Oregon www.meetup.com/topics/abusesurvivors/all/
Salem	Hotline 503-399-7722 (24 hours) 1-866-399-7722 Toll Free Winston House Emergency shelter Crisis intervention & support Transitional services 911 Cell phones available	Mid Valley Women's Crisis Ctr 795 Winter Street NE. Salem OR 97301 503-378-1572 Office www.mvwcs.com
Sandy	Hotline 503-654-2288 Or 888-654-2288 24 Hour Crisis hotlines Culturally specific services FREE counseling for victims of domestic violence / sexual assault Peer based support groups Call 503-722-2366 ex 108 for info	Clackamas Women's Services Sandy OR 97055 503-722-2366 ext 115 Office www.cwsor.org rural@cwsor.org
Sisters	Hotline 541-389-7021 Or 866-504-8992 Toll Free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling and therapy Education and outreach Support group for women affected by domestic violence Call 541-549-1210 for group details	Saving Grace 225 N. Oak Sisters Oregon 541-549-1210 Office www.saving-grace.org info@saving-grace.org
St. Helens	Hotlines 503-397-6161 (24 Hours) Or 1-866-397-6161 Toll Free We exist as a non profit agency to provide services to survivors of domestic violence and sexual assault.	Columbia County Women's Resource Center PO Box 22 St. Helens OR 97051 503-397-7110 Office
Tillamook	Hotline 503-842-9486 Or 1-800-992-1679 Toll Free Emergency shelter Peer Counseling Civil / legal assistance Support group for women who have experienced domestic or sexual violence in their life. Meets Thursdays 1 - 2 pm	Tillamook County Women's Resource Center 1902 2nd Street Tillamook County Women's OR 97141 503-842-9486 Office / Hotline www.tcwrc.net kathleen@tcwrc.net

Support group using art to express the trauma of violence domestic or sexual. Tuesdays 5.30 - 6.30 pm
Call 503-842-9486 for group details

Wilsonville

Trauma Recovery Group
This group provides a safe and nurturing environment for teenage girls to share their experiences, with a strong focus on developing healthy coping skills, healthy relationships and a positive self image. Every Tuesday 5 - 6.30 pm
Cost \$40 +.

Mrs Marisha Anne Senyo
Wilsonville
OR 97070
503-404-3680 Office