National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED SERVICES INCLUDED

GROUP OR ORGANIZATION

WEB ADDRESS / EMAIL ADDRESS

WASHINGTON STATE

National Helpline Hotline 1-800-4-A-CHILD

Hotline 1-800-422-4453
Crisis counselors available 24/7
Founded in 1957 by Sara O'Meara
and Yvonne Fedderson. Childhelp
is a leading national non-profit
organization dedicated to helping
victims of child abuse and neglect.
Serving the United States, it's
Terrirories and Canada, our hotline
is staffed 24 hours a day 7 days a
week with professional counselors
who, through interpreters can provide
assistance in 170 languages.
We also offer a range of programs,
please see our website for regional

Childhelp

Prevention and Treatment of Child Abuse

www.childhelp.org info@childhelp.org

Email support form on the website

Statewide

Office Hours 1-800-210-2087

details.

Washington Coalition of Sexual Assault Programs www.wcsap.org/

Statewide

State Hotline 1-800-799-7233 TTY Hotline 1-800-787-3224 Washington State Colalition Against Domestic Violence 206-389-2515 Office www.wscadv.org/

Aberdeen

Hotline 1-888-626-2640
24 Hour rape response hotline
We strive to support, educate and
empower all people impacted by
sexual abuse
General advocacy
Medical and legal advocacy
Support group for adult female
survivors of child sexual violence

Support group for adult female survivors of child sexual violence meets Wednesdays 4 - 6 pm Support group for adult male survivors of sexual violence, group meets Fridays 3 - 4.30pm Call 360-533-9751 for details of our groups

313 South 1 Street Aberdeen WA 98520 360-533-9751 Office.

Beyond Survival

www.ghbeyondsurvival.com

Battle Ground

Recovery for Adult Children from Dysfunctional Families Group In this group you will explore how your family of origin played a role in shaping your beliefs about relationships, attachments, how you parent and how those experiences impact you today. Trauma, divorce, alcoholism and major illness can impact us dramatically as children and affect our lives as adults.

Cheryl Butler Battle Ground WA 98604 360-737-4800 Office

www.minormiraclecounseling.com

Meets Wed, Thurs, Fri 9 - 11 am Cost \$30

Bellevue

Hotlines 425-746-1940 (24 hours) Or 1-800-827-8840 (24 hours) We have been providing domestic violence services and programs to the community for over 30 years.

Emergency shelter

Hotel- motel voucher program Housing First program

Legal and personal advocacy

Counseling services

Children's and teens groups Latina outreach program Women's support groups. Lifewire PO Box 6398 Bellevue WA 98008

425-562-8840 Office

www.lifewire.org/ info@lifewire.org

Bellevue

Male Survivors of Abuse Group Men who were sexually abused as children have few places that under stand and support their search for health. Men abused as children are impacted in ways that females are not. We will explore the impact of trauma, shame, guilt and emotional isolation. Meets every other Tues at 6 - 7.30 pm. Cost \$50 - \$70

Dr. Myrna Pinedo Bellevue

WA 98004

425-610-9971 Office

Bellevue

Surviving the Shock Factor: Now forming recovery and therapy group for women (clergy sexual misconduct) Ms Sonja Rudie Bellevue WA 98004

425-449-8171 Office

office@laperlacounseling.com www.laperlacounseling.com/

Bellevue

Women's PTSD Recovery Group Please call 425-739-9483 for more group details.

Ms Sonja Rudie Bellevue WA 98004

425-449-8171 Office

office@laperlacounseling.com www.laperlacounseling.com/

Bellingham

Hotline 1- 877-715-1563
24 Hour help hotline
Our mission is to support indiviuals affected by domestic violence and sexual assault
Medical advocacy & legal support
Advocacy counseling
Domestic violence support group for women who have experienced violence at home past or present.
Support group for adults, male or

Domestic Violence and Sexual Assault Services (DVSAS)

1407 Commercial Street Bellingham

360-671-5714 Office

WA 98225

www.dvsas.org info@dvsas.org

Bingen

Toll Free Hotline 1-844-493-1709 Providing Klickitat Couty residents with domestic violence and sexual assault services. We work through advocacy, safety planning, counseling as well as community

female who have experienced sexual abuse past or present.

Programs for Peaceful Living 115 W. Steuben Street Bingen WA 98648

509-493-2662 Office

outreach and education. www.facebook.com/Programs-for-Peaceful-Living-WA-Gorge-Action-Programs-209040419165707/

Bremerton

Female Adult Survivors of Child

Abuse Group

This is a community based, passthe-basket, no therapy peer led support group. We are not aligned with any agency, treatment center

or counselor.

Meets Wednesdays 6 - 7.30 pm Call Judy on 360-340-7946 for more details about this group.

ASCA- Kitsap **Bremerton**

Washington

360-340-7946 Contact no

www.ascasupport.org

www.stjamesfamilycenter.org

info@hopealliancelc.org

Cathlamet

Local Hotline 360-795-6400

Or 1-866-795-9381 Family violence shelter Sexual Assault Program

Crisis intervention

Medical and legal advocacy Counseling for victims of family

St. James Family Center 1134 Columbia Street

Cathlamet WA 98612

360-795-6401 Office

bhansen@stjamesfamilycenter.org

www.stjamesfamilycenter.org/The-Charlotte-House.html

Chehalis

Local Hotline 360-748-6601 Hotline 800-244-7414 Toll Free Lewis County's accredited victims services provider, dedicated to breaking the cycle of violence and responding with compassion.

Emergency shelter

Accompaniment to legal systems Support group for adult female survivors of domestic violence meets Wednesdays 5 - 7 pm Group in Spanish Tuesdays 5-7 pm Call 360-748-6601 for group details

Hope Alliance

PO Box 337 Chehalis WA 98532

360-748-6601 Office / Hotline

Hope Alliance Lewis County | Facebook

Clarkston

1-888-475-5665 Crisis Hotline All our sexual assault services are FREE of charge. Our sexual assault and abuse program provides 24 hour crisis response, medical and legal advocacy, support & referrals to other agencies. Victims of sexual assault have the right by law to have an advocate accompany them through medical, police, prosecuter and court proceedings.

Quality Behavioral Health 900 Seventh Street

Clarkston WA 99403

509-758-3341 Office

Comprehensive

309 E. 1st Street

509-674-2340 Office.

Cle Elum

WA 98922

www.qbhs.org

Cle Elum

Colville

Local Hotline 509-925-9384 Hotline toll free 866-925-9384 24 Hour crisis hotlines We provide sexual assault services as well ass community education.

Emergency shelter

Medical and legal advocacy

Crisis counseling.

Hotline 509-684-6139

Rural Resources Community Action

www.cwcmh.org

24 Hour domestic violence and

www.ruralresources.org info@ruralresources.org sexual assault hotline Temporary safe shelter Crisis intervention

Assistance with court orders Referrals to appropriate services Therapy for sexual abuse victims www.facebook.com/Rural-Resources-Community-Action-300579630290/ 956 South Main Street

Colville WA 99114

509-684-8421 Office

Davenport Hotline 800-932-0932

Supportive hotline and referral to

appropriate services

Family Resource Center of

Lincoln County PO Box 1130 Davenport WA 99122

509-725-4358 Office

Dayton Hotline 509-529-9922

24 Hour crisis hotline

Through it's individual counseling 8 different support groups, legal and medical advocacy and shelter services, the YWCA domestic violence and sexual assault center makes sure women and children have access to what they need to begin rebuilding their lives.

YWCA - Dayton Dayton General Hospital

Brooker Annex 1012 S. Third

Dayton Washington

509-382-9922 Office

www.ywcaww.org/services/counseling-support-groups/

www.safesj.org/

Eastsound

360-376-1234 Orcas 360-378-2345 San Juan 360-468-4567 Lopez

24 Hour 7 day crisis hotlines We are a duel agency. We provide

direct services to victims of domestic violence and core services for

sexual assault/abuse victims.

Medical and legal advocacy

Accompaniment to court

Help with protectice orders

Support group for women affected by domestic violence 360-376-5979 Therapy for sexual abuse/assault victims, see website for more info. SAFE of the San Juan Islands

PO Box 1516 Eastsound WA 98245

360-376-5979 Office

www.facebook.com/SAFESanJuans/

Ellensburg

Hotline 866-925-9384

If you or someone you know is a victim of domestic violence and you'd like more information call us. All our serces are FREE of charge

Abuse Support and Prevention

Education Now Ellensburg WA 98926 509-925-9384 Office

www.ci.ellensburg.wa.us/794/Domestic-Violence

Ellensburg Hotline 1-866-925-9384

We provide Kittitas County with domestic violence and sexual assault victim services to include: Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness activities and Emergency Shelter. Aspen Victim Advocacy Services

707 North Pearl

Suite K Ellensburg

509-925-7507 Office

Everett Hotline 425-252-2873

Domestic Violence Services of

www.dvs-snoco.org

We are the only program in the County of Snohomish providing emergency shelter and confidential services to all victims of domestic violence and abuse. **Emergency shelter**

Safety planning and information We have 8 support groups meeting throughout Snohomish County. Please call our hotline for details. All our groups are FREE and

Snohomish County PO Box 7 **Everett** WA 98206

425-252-2873 Office / Hotline

info@dvs-snoco.org

Hotline 360-374-2273 **Forks**

24 Hour crisis hotline

Our program is dedicated to the ideal that no one should have to live

with violence.

confidential.

24 Hour emergency shelter Legal & systems advocacy Support group - domestic violence meets Tuesdays 1 - 2.30pm Support group - Sexual assault meets Thursdays 12.30 - 2 pm Call 360-374-6411 for groups info

MARIPOSA House PO Box 1775

Forks WA 98331

360-374-6411 Office

www.mariposahouse.org/

Goldendale

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County

24 Hour crisis hotlines

We provide sexual assault services as well ass community education.

Emergency shelter

Medical and legal advocacy

Crisis counseling

Comprehensive 112 W. Main Street

Goldendale WA 98620

509-773-5801 Office

www.cwcmh.org

Goldendale

Hotline 1-844-493-1709

We provide Klickitat County with domestic violence and sexual assault services including:

Safety planning General advocacy Counseling

shelter.

All our services are FREE of charge

Washington George Programs

for Peaceful Living 116 West Main Goldendale Washington

509-773-6100 Office

Hoquiam

Hotline 1-800-818-2194 (24 hours) We were established over 30 years ago on the harbor and provide advocacy, awareness, intervention, prevention and an emergency

www.facebook.com/Domestic-Violence-

Center-of-Grays-Harbor-120107088045275/

Domestic Violence Center of

Grays Harbor

2306 Sumner Avenue

Hoquiam WA 98550

360-538-0733 Office

Kelso

Hotline 360-425-1176 24 Hour crisis hotline We provide FREE services to victims and survivors of domestic violence and sexual assault. 24 Hour crisis intervention Safe temporary housing

Emergency Support Shelter

PO Box 877 Kelso WA 98626

360-353-5777 Main Office

www.esshelter.com/

Advocacy during medical exams, law enforcement and through the criminal justice system.

Group counseling for female survivors of domestic violence meets Tuesdays 10.30am & 5.30pm These groups are FREE of charge Call 360-425-1176 ext 4 for more details about these groups.

Kennewick

Or 1-800-648-1277 (24 hours)
We are focused on providing the best advocacy and support services for domestic violence victims in our community.
Emergency shelter
Transitional housing
Protection order clinics
Legal advocacy
Support groups in English meet
Wednesday mornings 10 - 11.30am
Wednesday evenings 6 - 7.30 pm
Support group in Spanish meets
Tuesday evenings 6 - 7.30 pm
Childcare provided in the evenings

Domestic Violence Services Kennewick WA 99352 509-735-1295 Office www.dvsbf.org admin@dvsbf.org

Long Beach

Hotline 1-800-435-7276
24 Hour helpline
We have 24 hour staff to answer
your questions with interpreters if
required.
Hearing impaired services
Service information in Spanish
Referrals to appropriate agencies
Support groups call hotline for info
about our groups.

Serving Benton & Franklin Counties

Crisis Support Network 318 2nd Street NE Long Beach WA 98631 360-642-0095 Office www.crisis-support.org csn3@centurytel.net

Moses Lake

Hotline 1-888-560-6027
24 Hour hotline
Emergency shelter available
Medical and legal advocacy
Community advocacy
Protection order clinic
Peer support groups for victims

Peer support groups for victims of domestic violence and sexual assault.

New Hope Domestic Violence & Sexual Assault Services 840 E. Plum Moses Lake WA 98837 509-764-8402 Office

Mount Vernon

Trauma Recovery & Empowerment Group.

Basic education about physical and

sexual abuse and how current behaviors are linked to past abuses An opportunity for men and women to trust their own perceptions about reality and to receive validation from others. Groups are forming all the time and are closed after 4th week. These are 33 week 90 minutes a week \$25 per sessions, please call 316-869-0763 for more details

Ms Dawn Idecker Mount Vernon WA 98273 316-869-0763 Office

www.newhopewa.org

Mount Vernon

Hotline 1-888-336-9591

Skagit domestic violence & sexual assault services is committed to ending violence and assault in

Skagit County. Emergency shelter Legal advocacy

Advocacy based counseling Support groups available SDVSAS - Skagit County

PO Box 301 Mount Vernon WA 98273

360-336-9591 Office / Hotline

www.facebook.com/SkagitDVSAS/

Newport

Hotline 509-447-5483

Or 1-800-548-3133 Toll Free

24 Hour hotlines

Our mission is to provide services to all persons who have been victimized by domestic violence and

sexual assault.

Emergency temporary shelter

Crisis intervention

Medical and legal advocacy Therapy and support groups Pend Oreille Crime Victim Services (POCVS)

PO Box 944 Newport WA 99156

509-447-2274 Office

www.pofcn.org advocate4@pofcn.org

www.cadacanhelp.org/cada@whidbey.net

www.skagitdvsas.org

admin@skagitdvsas.org

Oak Harbor

360-675-2232 North Whidbey

We won't try to talk you into anything, or attempt to change you. Our services are private and confidential please call and let us help you.

24 Hour crisis intervention
Safe emergency shelter
Advocacy based counseling
Legal advocacy & Court support
Therapy services available to clients
who are adult and child victims of

sexual assault / abuse.

Citizens Against Domestic and

Sexual Abuse CADA

PO Box 190 Oak Harbor WA 98277

360-675-2232 North Whidbey

www.facebook.com/cadaoakharbor/

Oak Harbor

SIA Support Meeting Healing Hearts SIA started in 1982 is a 12 step, self help recovery program. The only requirement for membershope is that you were sexually abused as a child and that you

to recover.

Cost \$30 - \$40

Meets Mondays 1.30pm to 3pm

Contact person is Tess

For further details please click on the SIA website meetings directory.

Survivors of Incest Anonymous

Oak Harbor Washington www.siawso.org/

Olympia

Post-Traumatic Growth Group
For people who suffer from
Traumatic Stress Disorders, such
as PTSD. These are anxiety
disorders that some people develop
after living through a dangerous
experience. Symptoms include
intrusive thoughts and memories,
Irrtability, nightmares, hypervigilance
distancing oneself from friends and
loved ones, emotional numbness
and avoiding activities that remind
you of a certain event.
Meets Wednesdays 6.30 - 8.30 pm

Loretta Crawford Kissel Olympia WA 98502

360-489-9151 Office

www.spiralsoffreedom.com Spirals@SpiralsOfFreedom.com Olympia

Hotline 360-754-6300 24 Hour crisis hotline

Safe Place is the only advocacy agency and confidential shelter for survivors of domestic violence and sexual assault in Thurston County. Walk-in advocacy Tues & Weds

Legal clinics bi-monthly

Sexual Assault Program Coordinator Harley Brown 360-786-8754 X 105 Support group for domestic violence survivors meets Weds 6.15 - 7.45 call 360-754-6300 for details. Multi-cultural women's support group in English contact Davy Long on 360-786-8754 ext 107.

Safe Place PO Box 2002 Olympia WA 98507

360-786-8754 Office

www.safeplaceolympia.org safeplace@safeplaceolympia.org

Olympia

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,
who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual

abuse and you want to recover. Meets Mondays 7 - 8.30 pm Women only please

Contact person is Carolyn cataluna316@yahoo.com
For further details please click on SIA website meetings directory

Survivors of Incest Anonymous Olympia

Washington

www.siawso.org

cataluna316@yahoo.com

Omak

Hotline 509-8263221 Or 1-888-826-3221 Toll Free Advocacy for victims and survivors of domestic violence and sexual

assault.

Emergency shelter Crisis intervention

Medical and legal advocacy Individual and group counseling The Support Center

PO Box 3639 Omak WA 98840

509-826-3221 Office / Hotline

information@thesupportcenter.org

Othello

Hotline 1-888-560-6027

24 Hour hotline

Emergency shelter available Medical and legal advocacy Community advocacy

Protection order clinic

Peer support groups for victims of domestic violence and sexual

assault.

New Hope Domestic Violence & Sexual Assault Services

165 N 1st Avenue

Othello WA 99344

509-488-2699 Office

www.newhopewa.org

www.thesupportcenter.org

Pasco

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County

24 Hour crisis hotlines

We provide sexual assault services as well ass community education.

Emergency shelter

Comprehensive

2715 Saint Andrews Loop

Suite C Pasco WA 99301

509-412-1051 Office

www.cwcmh.org

Medical and legal advocacy

Crisis counseling

Port Angeles Hotline 360-452-4357

24 Hour crisis hotline Crisis intervention Emergency shelter

Therapy

Advocacy based counseling Medical and legal advocacy Support groups available Healthy Families of Clallam Co.

1210 E. Front Street

Suite C Port Angeles WA 98362

360-452-3811 Office

www.healthyfam.org healfam@olypen.com

Port Townsend

Hotline 360-385-5291 24 / 7 Crisis hotline

We are a private non profit corp and is Jefferson County's sole provider of FREE and confidential services to victims of domestic violence and

sexual assault. Emergency shelter Walk-in services Mon-Fri Legal and medical advocacy

Individual and group counseling Support groups for victims of domestic violence and sexual asslt 10 Week Thrive support group for adult survivors of childhood sexual abuse. Call 360-385-5292 for more

details about these groups.

Dove House

1045 10th Street Port Townsend WA 98368

360-835-5292 Office

development@dovehousejc.org

www.dovehousejc.org info@dovehousejc.org

Pullman

Hotline 1-877-334-2887 Local Hotline 509-332-4357 Local Hotline 208-883-4357 We provide 24 Hour emergency and supportive services to sexual violence victims and their families. All our services are FREE of charge

Emergency shelter
24 Hour crisis intervention
Medical and legal advocacy

Group counseling

Support groups for victims and

survivors.

Alternatives to Violence of the Palouse (ATVP)

PO Box 37

1125 NW Nye Street

Suite A Pullman WA 99163

509-332-4357 Office / Hotline

www.atvp.org home@atvp.org

Raymond

Hotline 1-800-435-7276

24 Hour helpline

We have 24 hour staff to answer your questions with interpreters if

required.

Hearing impaired services Service information in Spanish Referrals to appropriate agencies Support groups call hotline for info

about our groups

Crisis Support Network 762 Ballentine Street

Raymond Washington

800-435-7276 Office / Hotline

www.crisis-support.org csn3@centurytel.net

Renton

Hotline 888-998-6423

24 Hour resource hotline KCSARC has the expertise to help

victims heal and become survivors.

Crisis intervention

Medical and legal advocacy
Group therapy for adult survivors of

King County Sexual Assault Resource Center (KCSARC)

PO Box 300 Renton WA 98057

425-226-5062 Office.

AdminSupport Staff@kcsarc.org

www.kcsarc.org

childhood sexual abuse. This is a 13 week closed group for women 21 years+ who have specific memories of the abuse in childhood an initial interview is required before group entry. This group is FREE. Call 425-226-5062 for group details.

Renton

SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their presonal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues. Working in small groups SNAP Gatherings begin on Friday at 7pm and end at noon on Sunday. Participants are asked to attend all the sessions of the weekend. There is a power in the group dynamics that is deminished with folks coming and going but exceptions can be made if necessary.

SNAP Gathering Clarion Hotel 3700 East Valley Road Renton WA 98055

312-399-4747

www.snapnetwork.org/events

www.SNAPnetwork.org

Republic

Hotline 1-800-269-2380
24 Houur crisis hotline
All our services are FREE of charge.
Crisis intervention
Legal and medical advocacy
Community education
Therapy for those who have been
sexually abused or assaulted or
are victims of domestic violence.
Therapy may be paid for by crime
victim compentsation or other

insurance but no one will be turned away due to lack of insurance.
Call 509-775-3331 for more details.

Ferry County Connections

PO Box 1158 Republic WA 99166 509-775-3331 Office

Seattle

206-812-1001 Local Hotline
1-855-812-1001 National
hotline@adwas.org
24 Hour hotlines
Short term crisis counseling
Group counseling related to child-hood sexual assault or domestic violence

Abused Deaf Women's Advocacy Services 8623 Roosevelt Way NE Seattle WA 98115 206-922-7088 VP Office

www.facebook.com/ADWAServices/

Seattle

Helpline 1-877-922-4292
Local Helpline 206-325-0325
Helplines Mon - Fri 9am - 5 pm
We aim to provide comprehensive
culturally relevant services for
domestic violence, sexual assault
and human trafficking to the Asian,
South Asian and Pacific Islander
communities.
Human trafficking project

Queer Network Program

API Chaya PO Box 14047 Seattle WA 98114 206-467-9976 Office

www.facebook.com/APIChayaSeattle/

www.apichaya.org/info@apichaya.org

www.adwas.org/ adwas@adwas.org Youth programs

Education and outreach program

Support groups available.

Seattle Hotline 1-800-621-4636

Locally 206-299-2500

These lines are office hours only Broadview residents are domestic violence survivors and two thirds

are children. Our mission is to help residents cope with the displace-

ment and the abuse. Crisis intervention

goal setting and weekly meetings

Legal advocacy

Addiction recovery services Advocacy based counseling

Support groups for adults & children.

Broadview Emergency Shelter

C/o Solid Ground 1501 North 45th Street

Seattle

WA 98103

206-299-2500 Office

www.solid-ground.org info@solid-ground.org

Seattle

Local Hotline 206-461-3222

Hotline 1-888-847-7205

We provide quality intervention, prevention and outreach services to Latina survivors of domestic violence

and sexual assault.

Safety planning

Referrals to emergency shelter

Transportation & food during crisis

Legal advocacy in Spanish

Help filing for Protection orders ect Counseling services for victims of rape, sexual abuse and incest. Consejo Counseling Services 3808 S. Angeline Street

Seattle WA 98118

206-461-4880 Office

www.consejocounseling.org/

Seattle

Hotline 206-744-1600

Advocacy through CPS and criminal

justice systems Medical advocacy Trauma focused therapy

Counseling is available to help individuals who are affected by

child abuse and neglect and exposure to domestic violence.

Harborview Medical Center

401 Broadway Suite 2075 Seattle WA 98104

206-744-1600 Office / Hotline

www.depts.washington.edu/hcsats/

Seattle

Hotline 206-522-9472 (24 hours)

We provide shelter, advocacy and support for battered women and

their children.

Emergency shelter

Children's services and advocacy Legal clinic and legal advocacy Transitional housing program Weekly support groups in Seattle

and Shoreline area's.

New Beginnings PO Box 75125

Seattle WA 98175

206-783-4520 Office

www.newbegin.org

Seattle

Crisis Clinic hotline 886-427-4747

We support the safety of bisexual,

Transgender, Lesbian and Gay

survivors of abuse.
Resources and referrals
Safety and support planning

Basic legal advocacy Advocacy based counseling Northwest Network PO Box 18436

Seattle WA 98118

206-568-7777 Office

www.nwnetwork.org info@nwnetwork.org

Weekly all gender support groups.

Seattle

Since 1985 we have offered comprehensive support services to refugees and immigrant victims to help them break away from an abusive environment by offering support in 11 languages.

Domestic violence advocates
Help with Protection orders
Access to emergency shelter
Help with the legal system
Support groups for battered women

Refugee Women's Alliance PO Box 14373 Seattle WA 98104 206-721-0243 Office. www.rewa.org

Seattle

Women's Sexual Abuse Recovery Group.

Is childhood sexual abuse impacting your ability to enjoy life? This small confidential, supportive women's therapy group is designed to help members decrease isolation and to live more fully in the present.

Meets Tuesdays 5.15 - 6.30 pm

Cost \$35 - \$50

Ms Ellen Rugg Seattle WA 98103

206-547-7844 Office

www.womenstherapygroupsseattle.com

Seattle

Group Therapy for Survivors
Roanoke Park counseling offers a
safe place for adult survivors of
childhood sexual abuse to explore
buried feelings that may have been
unsafe to talk about as children.
All our groups emphasize trust
and authenticity and aim to help
survivors gain a sense of validation
and acceptance. For more details
call Brook Avidon on 206-323-7131
Or email at address on right of page

Roanoke Park Counseling 2601 Broadway E. Seattle WA 98102 206-323-7131 Office

Counseling for Adult Survivors of Childhood Sexual Abuse | Roanoke Park Counseling

Seattle

Male Survivors Support Group
This group is for male survivors of
childhood sexual abuse. Groups
are 21 week closed therapy process
groups led by therapists with
experience in treating survivors.
Intitial FREE 30 minute interview
is required then a commitment to
weekly attendance for length of the
group. Meets weekly 6.30 - 8.30pm
costs \$35 per session please call
Brook Avidon on 206-323-7131 for
for details about this group

Roanoke Park Counseling 2601 Broadway East Seattle WA 98102 206-323-7131 Office

Counseling for Adult Survivors of Childhood Sexual Abuse | Roanoke Park Counseling

Seattle

SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their presonal journeys. The gatherings are for survivors and loved ones who want

SNAP Gathering Seattle 312-399-4747 www.SNAPnetwork.org

to focus on personal issues.

Working in small groups SNAP
Gatherings begin on Friday at 7pm
and end at noon on Sunday.

Participants are asked to attend all
the sessions of the weekend. There
is a power in the group dynamics
that is deminished with folks coming
and going but exceptions can be
made if necessary.

Seattle

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,
who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual
abuse and you want to recover.
Please call for location and time
Men only please

Contact 206-903-9427

Survivors of Incest Anonymous Seattle

Seattle Washington 206-903-9427 www.siawso.org

Seattle

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,
who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual
abuse and you want to recover.
Meets Sundays 11am
Women only please
Contact Becaley 206-903-9427
becaley@gmail.com
For further details please click on

the SIA website meetings directory.

Survivors of Incest Anonymous Seattle Washington 206-903-9427 Becaley www.siawso.org becaley@gmail.com

Seattle

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,
who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual
abuse and you want to recover.
Meets Sundays 1 pm
Men only please
Contact Becaley 206-903-9427
becaley@gmail.com
For further details please click on
the SIA website meetings directory.

Survivors of Incest Anonymous Seattle Washington 206-903-9427 Becaley

www.siawso.org becaley@gmail.com

Seattle

For survivors / victims of domestic violence our program offers:
Emergency shelter referrals
Safety planning
Transitional housing
Community DV legal advocacy

YWCA - Domestic Violence Program Seattle WA 98122 206-280-9961 Office

www.ywcaworks.org

Children's DV services & programs Ongoing support group in South King County and in Seattle. Call office for more details.

Shelton

Hotline 360-432-1212 call or text Or 877-923-1212 Toll Free We provide safety and support serices to domestic violence survivors and their families. Emergency shelter Pet facilities on site Language interpretation Legal advocacy for domestic and sexual violence

Support groups available
All services are FREE of charge

Turning Pointe 210 Pacific Court PO Box 2014 Shelton WA 98584 360-426-1216 Office www.turningpointe.org turningpointe@earthlink.net

www.preetishahcounseling.com

Snohomish

Wounded Heart Group
Wounded Heart is a group that
follows the wounded heart
curriculum to find healing and
freedom from the impacts of sexual
abuse. In this group women will
have the opportunity to find support,
connection, healing, growth, trust,
hope and strength as they journey
together. Call 206-397-0037 for
more details about this group
Cost \$40 - \$50

Preeti Shah Snohomish WA 98290

206-271-5580 Office

preetishahcounseling@gmail.com

Spokane

Hotline 509-326-2255 (24 hours)
Our program supports & advocates
for victims who are experiencing
abuse and violence in their relationships by providing:
Emergency safe shelter
Safety planning
Legal representation and advocacy
Legal hotline 509-477-3656
Transitional housing
Individual and group counseling
Weekly support groups
For more information on the groups
and counseling call 509-789-9297.

Alternatives to Violence -YWCA Spokane

WA 99201 509-326-1190 Office www.ywcaspokane.org

Spokane

866-751-7119 Vicktim crisis
24 Hour crisis hotlines
We are the only crisis response in
the area so our advocates are
available anytime for adults who
have suffered from trauma, sexual,
physical or emotional abuse.
Support groups available, for more
group details call 509-343-5093.

509-624-7273 Sexual assault

Sexual Assault & Family Trauma

Response Center 210 W. Sprague Avenue

Spokane WA 99201

509-747-8224 Office

www.lcsnw.org/spokane/SAFeT.html

Stevenson

Hotline 1-800-597-6850 TTY Hotline 1-800-787-3224 Our Holly House women's and children's center has been serving victims/survivors of domestic Skamania County Council on Domestic & Sexual Violence

Stevenson WA 98648

509-427-4210 Office

violence since 1993
Emergency shelter
Legal and medical advocacy
Community awareness & education
Counseling services.
www.facebook.com/Skamania-Co-Councilon-Domestic-Violence-and-Sexual-Assault106719739383110/

Stevenson

Hotline 1-800-352-5541crisis pager We provide Skamania County with domestic violence and sexual assault services including: Safety planning

General advocacy Counseling

Crisis counseling

All our services are FREE of charge www.facebook.com/pages/category/Social-Service/Programs-for-Peaceful-Living-WA-Gorge-Action-Programs-209040419165707/

Washington George Programs

for Peaceful Living 683 Rock Creek Drive

Stevenson WA 98648

509-493-2662 Office

Sunnyside

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services

as well ass community education.

Emergency shelter

Medical and legal advocacy

Comprehensive 1319 Saul Road Sunnyside WA 98944 509-837-2089 Office www.cwcmh.org

Igarcia@lvcss.org

Sunnyside

24 Hr Hotline 1-800-604-7462 Or Local Hotline 509-837-6689 The Lower Valley Crisis & Support Services (LVCSS) has been serving the lower Yakima Valley since 1978, when it was formed by a froup of citizen volunteers, who together sought a way to address the violence of sexual assault, domestic violence and child abuse. Over the past 30 years LVCSS has provided services to thousands of individuals and families from throughout the Lower Yakima Valley. Our agency provides a 24 hour crisis line, Crisis intervention, legal / medical advocacy, emergency shelter, support groups, education, as well as support towards healing. Our services are FREE and confidential, and available by Spanish speaking staff.

Services PO Box 93 / 600 North Avenue

Lower Valley Crisis and Support

Sunnyside WA 98944

509-837-6689 Office / Hotline

www.facebook.com/lowervalleycrisis/

Tacoma

Hotline 1-888-550-3915 Toll Free
We are a Christian humanitarian
organization dedicated to bringing
healing hope and new life to victims
of domestic violence.
Emergency shelter
Emergency transportation
Transport to important appointments

Family Renewal Shelter 6832 Pacific Avenue

Tacoma WA 98408

253-475-9010 Office & Hotline www.domesticviolencehelp.org/

staff@dvhelp.org

On site kennel

On site warehouse for possessions

Transitional housing.

Tacoma

Hotline 253-474-7273 Or 1-800-756-7273 24 Hour crisis hotlines

The sexual assault center of Pierce County is a community-based agency that advocates for victims-survivors, their family and friends. Medical and legal advocacy Referrals to attorneys Individual and family therapy Individual counseling for male and female survivors. We offer a sliding fee scale and no one is turned aways for financial reasons. Please call 2530474-7273 for more

Rebuilding Hope, The Sexual Assault Center for Pierce Co. 101 E 26th Street

101 E 26th Stree Suite 200

WA 98421 253-597-6424 Office

Tacoma

www.sexualassaultcenter.com

Tukwila

Hotline 425-656-7867 Or 877-465-7234 Toll Free We have grown over the past 30 years to provide community and shelter based services to more than 360,000 survivors of domestic violence. Offerring:

Safety planning & emergency shelter

Free legal clinics Court accompaniment Childrens programs

Weekly support groups in several

locations.

details.

DAWN PO Box 88007 Tukwila WA 98138

425-656-4305 Office

www.facebook.com/dawnonline/

Vancouver

Hotline 360-695-0501
Or 800-695-0167 Toll Free
24 Hour crisis hotlines
We offer non-judgemental support
and informationfor victims and
survivors who have experienced
domestic violence and sexual
assault at any time.
Emergency shelter
Medical and legal advocacy
FREE support groups and weekly
drop-ins for survivors of domestic
abuse.

YWCA - Clark County 3609 Main Street Vancouver WA 98663

360-696-0167 Office

www.facebook.com/ywcacc

info@ywcaclarkcounty.org

www.dawnrising.org/

info@dawnonline.org

Walla Walla

Hotline 509-529-9922
24 Hour crisis hotline
Through it's individual counseling
8 different support groups, legal
and medical advocacy and shelter
services, the YWCA domestic
violence and sexual assault center
makes sure women and children
have access to what they need to
begin rebuilding their lives

YWCA - Walla Walla 213 S. First Avenue Walla Walla WA 99362 509-525-2570 Office www.ywcaww.org

Wenatchee

Hotline 509-663-7446 24 Hour crisis hotline SAGE 710 N. chelan Avenue www.findsafety.org

Emergency shelter

Counseling & professional therapy Support groups for survivors of

domestic violence meets every Wednesday 5.30 - 6.30 pm

Wenatchee WA 98801

509-663-7446 Office / Hotline

White Salmon

509-575-4200 Yakima County 509-925-9861 Kittitas County

1-800-572-8122 Klickitat County

24 Hour crisis hotlines

We provide sexual assault services as well ass community education.

Emergency shelter

Medical and legal advocacy

Crisis counseling.

Comprehensive

432 NE. Tohomish Street

White Salmon WA 98672

509-493-3400 Office

www.cwcmh.org

White Salmon

We provide Klickitat County with

domestic violence and sexual assault services including:

Safety planning General advocacy Counseling

All our services are FREE of charge.

www.facebook.com/pages/category/Social-Service/Programs-for-Peaceful-Living-WA-

Gorge-Action-Programs-209040419165707/

Washington George Programs

for Peaceful Living 32 Pioneer Place White Salmon Washington George 509-493-2662 Main Office

Yakima

Hotline 509-452-9675

We provide Yakima County with domestic violence and sexual assault victim services to include: Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness Aspen Victim Advocacy Services www.cwcmh.org

402 South 4th Ave

Yakima

509-452-9675 Office

Yakima

Hotline 509-248-7796 (24 hours)

activities and Emergency Shelter.

We provide resources and information for those affected by domestic violence. Call our hotline if you have any question or need

help.

YWCA of Yakima

Yakima WA 98902

509-248-7796 Office / Hotline

www.ywcayakima.org/