# National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

### AREA COVERED SERVICES INCLUDED

### **GROUP OR ORGANIZATION**

WEB ADDRESS / EMAIL ADDRESS

WASHINGTON **STATE** 

National Helpline Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453

Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Terrirories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional

Childhelp

Prevention and Treatment of

Child Abuse

www.childhelp.ora info@childhelp.org

Email support form on the website

**Aberdeen** 

Hotline 1-888-626-2640

24 Hour rape response hotline We strive to support, educate and empower all people impacted by

sexual abuse General advocacy Medical and legal advocacy Support group for adult female survivors of child sexual violence meets Wednesdays 4 - 6 pm Support group for adult male survivors of sexual violence, group meets Fridays 3 - 4.30pm

Call 360-533-9751 for details of

our groups

Beyond Survival 313 South 1 Street

Aberdeen WA 98520

360-533-9751 Office.

www.ghbeyondsurvival.com

**Battle Ground** 

Recovery for Adult Children from Dysfunctional Families Group In this group you will explore how your family of origin played a role in shaping your beliefs about relationships, attachments, how you parent and how those experiences impact you today. Trauma, divorce, alcoholism and major illness can impact us dramatically as children and affect our lives as adults. Meets Wed, Thurs, Fri 9 - 11 am

Cheryl Butler **Battle Ground** WA 98604 360-529-3614 Office www.minormiraclecounseling.com

Cost \$30

**Bellevue** Hotlines 425-746-1940 (24 hours) Or 1-800-827-8840 (24 hours)

Lifewire PO Box 6398 www.lifewire.org/ email@lifewire.org We have been providing domestic violence services and programs to

the community for over 30 years.

**Emergency shelter** 

Hotel- motel voucher program

Housing First program

Legal and personal advocacy

Counseling services

Children's and teens groups Latina outreach program Women's support groups. Bellevue WA 98008

425-562-8840 Office

#### **Bellevue**

Male Survivors of Abuse Group Men who were sexually abused as children have few places that under stand and support their search for health. Men abused as children are impacted in ways that females are not. We will explore the impact of trauma, shame, guilt and emotional isolation. Meets every other Tues at 6 - 7.30 pm. Cost \$50 - \$70 Dr. Myrna Pinedo Bellevue WA 98004 425-610-9971 Office

www.therapists.psychologytoday.com/rms/name/M.Pinedo,PhD++Associates Bellevue Washington 35317

### **Bellevue**

Surviving the Shock Factor: Now forming recovery and therapy group for women (clergy sexual misconduct) Ms Sonja Rudie Bellevue WA 98004 425-739-9483 Office

www.sonjarudie.com sonja@sonjarudie.com

### **Bellevue**

Women's PTSD Recovery Group Please call 425-739-9483 for more group details.

Hotline 360-715-1563

Ms Sonja Rudie Bellevue WA 98004 425-739-9483 Office

360-671-5714 Office

www.sonjarudie.com sonja@sonjarudie.com

## Bellingham

Or 866-715-1563
24 Hour help hotlines
Our mission is to support indiviuals affected by domestic violence and sexual assault
Medical advocacy & legal support Advocacy counseling
Domestic violence support group for women who have experienced violence at home past or present.
Support group for adults, male or female who have experienced sexual abuse past or present.
Call 360-715-1563 for more details.

Domestic Violence and Sexual Assault Services (DVSAS) 1407 Commercial Street Bellingham WA 98225 www.dvsas.org

## Bellingham

Hotlines 360-734-3438 (24 hours)
Or 1-877-227-3360 (24 hours)
Womencare Shelter is an empowerment based organization working
to end domestic violence.
Emergency shelter
Safety planning
Housing First program
Immigration advocacy
Legal advocacy

Womencare Shelter Bellingham WA 98226 360-671-8539 Office www.womencareshelter.org/

Children's advocacy
Advocacy based counseling
Support groups with childcare

## **Bingen**

Toll Free Crisisline 1-844-493-1709 Providing Klickitat Couty residents with domestic violence and sexual assault services. We work through advocacy, safety planning, counseling as well as community outreach and education.

Programs for Peaceful Living 115 W. Steuben Street

Bingen WA 98648

509-493-2662 Office

www.wgap.ws

## Bremerton

Female Adult Survivors of Child Abuse Group

This is a community based, passthe-basket, no therapy peer led support group. We are not aligned with any agency, treatment center or counselor

Meets Wednesdays 6 - 7.30 pm Call Judy on 360-340-7946 for more details about this group. ASCA- Kitsap Bremerton Washington

360-340-7946 Contact no

www.ascasupport.org

www.stjamesfamilycenter.org

#### Cathlamet

Hotline 800-795-6400 Family violence shelter Sexual Assault Program Crisis intervention

Medical and legal advocacy Counseling for victims of family

violence

St. James Family Center 1134 Columbia Street

Cathlamet WA 98612

360-795-6401 Office

bhansen@stjamesfamilycenter.org

www.stjamesfamilycenter.org/The-Charlotte-House.html

### Chehalis

Hotline 800-244-7414 Toll Free Lewis County's accredited victims services provider, dedicated to breaking the cycle of violence and responding with compassion. Emergency shelter Accompaniment to legal systems

Accompaniment to legal systems
Support group for adult female
survivors of domestic violence
meets Wednesdays 5 - 7 pm
Group in Spanish Tuesdays 5-7 pm
Call 360-748-6601 for group details

Human Response Network

PO Box 337 Chehalis WA 98532

360-748-6601 Office

www.hrnlc.org info@hrnlc

## Clarkston

All our sexual assault services are FREE of charge. Our sexual assault and abuse program provides 24 hour crisis response, medical and legal advocacy, support & referrals to other agencies. Victims of sexual assault have the right by law to have an advocate accompany them through medical, police, prosecuter and court proceedings.

Quality Behavioral Health 900 Seventh Street Clarkston WA 99403 509-758-3341 Office www.qbhs.org

# Cle Elum

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services Comprehensive 309 E. 1st Street Cle Elum WA 98922 509-674-2340 Office.

www.cwcmh.org

as well ass community education.

**Emergency shelter** 

Medical and legal advocacy

Crisis counseling.

Colville Hotline 509-684-6139

24 Hour domestic violence and

sexual assault hotline

Temporary safe shelter Crisis intervention

Assistance with court orders

Referrals to appropriate services Therapy for sexual abuse victims

509-684-8421 Office

www.facebook.com/Rural-Resources-Community-Action-300579630290/

Action

Colville WA 99114

**Davenport** Hotline 800-932-0932

Supportive hotline and referral to

appropriate services

Family Resource Center of Lincoln County

Rural Resources Community

956 South Main Street

PO Box 1130 Davenport

WA 99122

509-725-4358 Office

laurie@frcoflincolncounty.org

www.ywcaww.org/contact-us/

www.ruralresources.org

info@ruralresources.org

**Dayton** Hotline 509-529-9922

24 Hour crisis hotline

Through it's individual counseling 8 different support groups, legal and medical advocacy and shelter services, the YWCA domestic violence and sexual assault center makes sure women and children

have access to what they need to begin rebuilding their lives.

YWCA - Dayton

Dayton General Hospital

**Brooker Annex** 1012 S. Third Dayton

Washington 509-382-9922 Office

www.ywcaww.org/services/counseling-support-groups/

**Eastsound** 

360-376-1234 Orcas 360-378-2345 San Juan

360-468-4567 Lopez 24 Hour 7 day crisis hotlines

We are a duel agency. We provide direct services to victims of domestic

violence and core services for sexual assault/abuse victims. Medical and legal advocacy Accompaniment to court Help with protectice orders

Support group for women affected by domestic violence 360-376-5979 Therapy for sexual abuse/assault victims, see website for more info.

SAFE of the San Juan Islands

PO Box 1516 Eastsound WA 98245

360-376-6742 Office

www.facebook.com/SAFESanJuans/

Ellensburg Hotline 866-925-9384

If you or someone you know is a victim of domestic violence and you'd like more information call us.

All our serces are FREE of charge

Abuse Support and Prevention

**Education Now** Ellensburg WA 98926

509-925-9384 Office / Hotline

www.ci.ellensburg.wa.us/794/Domestic-Violence

**Ellensburg** 

Hotline 1-866-925-9384

We provide Kittitas County with domestic violence and sexual assault victim services to include: Aspen Victim Advocacy Services

707 North Pearl

Suite K Ellensburg Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness activities and Emergency Shelter. WA 98926 www.comphc.org/yakima-valley-mental-health-victim.php

**Everett** Hotline 425-252-2873

We are the only program in the County of Snohomish providing emergency shelter and confidential services to all victims of domestic violence and abuse.

Emergency shelter
Safety planning and information
We have 8 support groups meeting
throughout Snohomish County.
Please call our hotline for details.
All our groups are FREE and

Domestic Violence Services of Snohomish County

PO Box 7 Everett WA 98206

425-252-2873 Office / Hotline

www.dvs-snoco.org info@dvs-snoco.org

**Everett** 

Hotline 425-252-4800
24 Hour crisis hotline
Medical and legal advocacy
Support group services

Call 425-297-5771 for support

group details.

confidential.

Providence Assault and Abuse

Services Everett WA 98201

425-297-5774 Office

www.providence.org/

Key Assualt and Abuse Services into the Providence search Box.

**Forks** 

Hotline 360-374-2273
24 Hour crisis hotline
Our program is dedicated to

Our program is dedicated to the ideal that no one should have to live

with violence.

24 Hour emergency shelter
Legal & systems advocacy
Support group - domestic violence
meets Tuesdays 1 - 2.30pm
Support group - Sexual assault
meets Thursdays 12.30 - 2 pm
Call 360-374-6411 for groups info

Forks Abuse Program

PO Box 1775

Forks WA 98331

360-374-6411 Office

www.forksabuseprogram.org

Goldendale

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines

We provide sexual assault services as well ass community education.

Emergency shelter

Medical and legal advocacy

Crisis counseling

Comprehensive 112 W. Main Street

Goldendale WA 98620

509-773-5801 Office

www.comphc.org/yakima-valley-mental-health-victim.php

Goldendale

Hotline 1-800-352-5541 crisis pager We provide Klickitat County with domestic violence and sexual assault services including:
Safety planning

General advocacy

Counseling

All our services are FREE of charge

Washington George Programs

for Peaceful Living 116 West Main Goldendale Washington

509-773-6100 Office

www.wgap.ws

www.cwcmh.org

**Hoquiam** Hotline 1-800-818-2194 (24 hours)

Domestic Violence Center of

We were established over 30 years

ago on the harbor and provide

advocacy, awareness, intervention, prevention and an emergency

shelter.

Grays Harbor

2306 Sumner Avenue

Hoquiam WA 98550

360-538-0733 Office

www.facebook.com/Domestic-Violence-Center-of-Grays-Harbor-120107088045275/

Kelso

Hotline 360-425-1176 24 Hour crisis hotline

We provide FREE services to victims and survivors of domestic

violence and sexual assault.
24 Hour crisis intervention
Safe temporary housing

Advocacy during medical exams, law enforcement and through the

criminal justice system.

Group counseling for female survivors of domestic violence meets Tuesdays 10.30am & 5.30pm These groups are FREE of charge Call 360-425-1176 ext 4 for more details about these groups.

**Emergency Support Shelter** 

PO Box 877 Kelso WA 98626

360-425-8629 Office.

www.esshelter.com/

sherriet@cascadenetworks.net

Kennewick

Hotlines 509-582-9841 (24 hours) Or 1-800-648-1277 (24 hours) We are focused on providing the best advocacy and support services for domestic violence victims in our

community.
Emergency shelter
Transitional housing
Protection order clinics
Legal advocacy

Support groups in English meet
Wednesday mornings 10 - 11.30am
Wednesday evenings 6 - 7.30 pm
Support group in Spanish meets
Tuesday evenings 6 - 7.30 pm
Childcare provided in the evenings
Serving Benton & Franklin Counties

**Domestic Violence Services** 

Kennewick WA 99352

509-582-9841 Office / Hotline

www.dvsbf.org

wenner1211@gmail.com

Long Beach

Hotline 1-800-435-7276

24 Hour helpline

We have 24 hour staff to answer your questions with interpreters if

required.

Hearing impaired services Service information in Spanish Referrals to appropriate agencies Support groups call hotline for info

about our groups.

Crisis Support Network 318 2nd Street NE Long Beach

WA 98631

360-642-0095 Office

www.crisis-support.org csn3@centurytel.net

**Moses Lake** 

Hotline 1-888-560-6027

24 Hour hotline

Emergency shelter available
Medical and legal advocacy
Community advocacy
Protection order clinic

Peer support groups for victims of

New Hope Domestic Violence & Sexual Assault Services

840 E. Plum Moses Lake WA 98837

509-764-8402 Office

www.grantcountywa.gov/new-hope/

domestic violence and sexual assault.

## **Mount Vernon**

Trauma Recovery & Empowerment

Group.

Basic education about physical and sexual abuse and how current

behaviors are linked to past abuses An opportunity for men and women to trust their own perceptions about reality and to receive validation from others. Groups are forming all the time and are closed after 4th week. These are 33 week 90 minutes a week \$25 per sessions, please call 316-869-0763 for more details Ms Dawn Idecker Mount Vernon WA 98273

316-869-0763 Office

www.therapists.psychologytoday.com/rms/name/Dawn\_Ideker\_LMHC\_Mount+Vernon\_Washington\_91370\_

**Mount Vernon** 

Hotline 1-888-336-9591

Skagit domestic violence & sexual assault services is committed to ending violence and assault in

Skagit County.
Emergency shelter
Legal advocacy

Advocacy based counseling Support groups available SDVSAS - Skagit County

PO Box 301 Mount Vernon WA 98273

360-336-9591 Office / Hotline

www.skagitdvsas.org admin@skagitdvsas.org

Newport

Hotline 509-447-5483

Or 1-800-548-3133 Toll Free

24 Hour hotlines

Our mission is to provide services to all persons who have been

victimized by domestic violence and

sexual assault.

Emergency temporary shelter

Crisis intervention

Medical and legal advocacy Therapy and support groups Pend Oreille Crime Victim

Services (POCVS) PO Box 944 Newport WA 99156

509-447-2274 Office

www.pofcn.org advocate4@pofcn.org

Oak Harbor

360-675-2232 North Whidbey

1-800-215-5669 South Whidbey 1-800-215-5669 Camano Is.

We won't try to talk you into anything, or attempt to change you. Our services are private and confidential

please call and let us help you.
24 Hour crisis intervention
Safe emergency shelter
Advocacy based counseling
Legal advocacy & Court support
Therapy services available to clients

who are adult and child victims of

sexual assault / abuse.

Citizens Against Domestic and

Sexual Abuse CADA

PO Box 190 Oak Harbor WA 98277

360-675-2232 North Whidbey 1-800-215-5669 South Whidbey 1-800-215-5669 Camano Is. kimberly@cadacanhelp.org

www.facebook.com/CADA-Citizens-Against-Domestic-Sexual-Abuse-201584039866583/

Olympia

Post-Traumatic Growth Group For people who suffer from Traumatic Stress Disorders, such as PTSD. These are anxiety Loretta Crawford Kissel Olympia WA 98502 360-489-9151 Office www.spiralsoffreedom.com Spirals@SpiralsOfFreedom.com disorders that some people develop after living through a dangerous experience. Symptoms include intrusive thoughts and memories, Irrtability, nightmares, hypervigilance distancing oneself from friends and loved ones, emotional numbness and avoiding activities that remind you of a certain event. Meets Wednesdays 6.30 - 8.30 pm Cost \$30 - \$40 Call 360-489-9151 for more details

## Olympia

Hotline 360-754-6300 24 Hour crisis hotline Safe Place is the only advocacy agency and confidential shelter for survivors of domestic violence and sexual assault in Thurston County. Walk-in advocacy Tues & Weds Legal clinics bi-monthly Sexual Assault Response program Advocacy in Cambodian & Spanish Closed support group for survivors of sexual assault contact Michelle Dixon-Wall on 360-786-8754 X 114. Support group for domestic violence survivors meets Weds 6.15 - 7.45 call 360-754-6300 for details. Multi-cultural women's support group in English contact Davy Long on 360-786-8754 ext 107.

Safe Place PO Box 2002 Olympia WA 98507 360-786-8754 Office www.safeplaceolympia.org safeplace@safeplaceolympia.org

## Olympia

12 Step Self Help Group We are a spiritual self help group of individuals aged 18 and older, who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is that you are a victim of child sexual abuse and you want to recover. Meets Mondays 7 - 8.30 pm Women only please Contact Carolyn 360-866-8015 or email at address on right of page Survivors of Incest Anonymous Olympia Washington

360-866-8015 Carolyn

www.siawso.org/Sys/PublicProfile/4068444/7166

www.siawso.org

cataluna316@yahoo.com

www.thesupportcenter.org

**Omak** 

Hotline 509-8263221 Or 1-888-826-3221 Toll Free Advocacy for victims and survivors of domestic violence and sexual assault. **Emergency shelter** Crisis intervention

The Support Center PO Box 3639 Omak WA 98840 509-826-3221 Office / Hotline

information@thesupportcenter.org

Othello

Hotline 1-888-560-6027 24 Hour hotline Emergency shelter available

Medical and legal advocacy Individual and group counseling

> New Hope Domestic Violence & Sexual Assault Services 165 N 1st Avenue

Medical and legal advocacy
Community advocacy

Protection order clinic

Peer support groups for victims of domestic violence and sexual

assault.

Othello WA 99344

509-488-2699 Office

www.grantcountywa.gov/new-hope/

Pasco 509-575-4200 Yakima County

509-925-9861 Kittitas County 1-800-572-8122 Klickitat County

24 Hour crisis hotlines

We provide sexual assault services

as well ass community education.

**Emergency shelter** 

Medical and legal advocacy

Crisis counseling

Therapy

Comprehensive

2715 Saint Andrews Loop

Suite C Pasco WA 99301

509-412-1051 Office

www.comphc.org/yakima-valley-mental-health-victim.php

Port Angeles Hotlin

Hotline 360-452-4357
24 Hour crisis hotline
Crisis intervention
Emergency shelter

Advocacy based counseling Medical and legal advocacy Support groups available Healthy Families of Clallam Co.

1210 E. Front Street Suite C Port Angeles WA 98362

360-452-3811 Office

www.healthyfam.org healfam@olypen.com

www.cwcmh.org

**Port Townsend** 

Hotline 360-385-5291 24 / 7 Crisis hotline

We are a private non profit corp and is Jefferson County's sole provider of FREE and confidential services to victims of domestic violence and

sexual assault.

Emergency shelter

Walk-in services Mon-Fri
Legal and medical advocacy
Individual and group counseling
Support groups for victims of
domestic violence and sexual asslt
10 Week Thrive support group for
adult survivors of childhood sexual
abuse. Call 360-385-5292 for more
details about these groups.

Dove House 1045 10th Street Port Townsend WA 98368

360-835-5292 Office

www.dovehousejc.org info@dovehousejc.org

Pullman

Hotline 1-877-334-2887

We provide 24 Hour emergency and supportive services to sexual violence victims and their families. All our services are FREE of charge

Emergency shelter 24 Hour crisis intervention Medical and legal advocacy

Group counseling

Support groups for victims and

survivors.

Alternatives to Violence of the

Palouse (ATVP) PO Box 37

1125 NW Nye Street

Suite A Pullman WA 99163

509-332-0552 Office

www.atvp.org home@atvp.org

Raymond

Hotline 1-800-435-7276 24 Hour helpline

We have 24 hour staff to answer your questions with interpreters if

Crisis Support Network 762 Ballentine Street Raymond

Raymond Washington

www.crisis-support.org csn3@centurytel.net required.

Hearing impaired services
Service information in Spanish
Referrals to appropriate agencies
Support groups call hotline for info

800-435-7276 Office / Hotline

Renton

Hotline 888-998-6423
24 Hour resource hotline
KCSARC has the expertise to help
victims heal and become survivors.

Crisis intervention

about our groups

Medical and legal advocacy
Group therapy for adult survivors of
childhood sexual abuse. This is a
13 week closed group for women
21 years+ who have specific
memories of the abuse in childhood
an initial interview is required before
group entry. This group is FREE.
Call 425-226-5062 for group details.

King County Sexual Assault Resource Center (KCSARC)

PO Box 300 Renton WA 98057

425-226-5062 Office.

www.kcsarc.org

AdminSupport Staff@kcsarc.org

Renton

SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their presonal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues. Working in small groups SNAP Gatherings begin on Friday at 7pm and end at noon on Sunday. Participants are asked to attend all the sessions of the weekend. There is a power in the group dynamics that is deminished with folks coming and going but exceptions can be made if necessary.

SNAP Gathering Clarion Hotel 3700 East Valley Road Renton

Renton WA 98055 312-399-4747 www.SNAPnetwork.org bblaine@snapnetwork.org

Republic

Hotline 1-800-269-2380 Or 1-877-876-9186 24 Houur crisis hotlines

All our services are FREE of charge.

Crisis intervention

Legal and medical advocacy

Community education

Therapy for those who have been sexually abused or assaulted or are victims of domestic violence. Therapy may be paid for by crime victim compentsation or other insurance but no one will be turned away due to lack of insurance. Call 509-775-3331 for more details.

Ferry County Connections

PO Box 1158 Republic WA 99166

509-775-3331 Office

www.ferry-county.com/Connections.html

www.ferry-county.com

www.facebook.com/Rural-Resources-Community-Action-300579630290/

Seattle

206-812-1001 Local 1-855-812-1001 National Abused Deaf Women's Advocacy Services

www.adwas.org adwas@adwas.org 24 Hour hotlines

Short term crisis counseling Group counseling related to child-

hood sexual assault or domestic

violence

8623 Roosevelt Way NE

Seattle WA 98115

206-922-7088 VP Office

Seattle

Helpline 206-325-0325 (NOT 24/7) Helpline Mon - Fri 9am - 5 pm We aim to provide comprehensive culturally relevant services for domestic violence, sexual assault and human trafficking to the Asian, South Asian and Pacific Islander

communities.

Human trafficking project Queer Network Program

Youth programs

Education and outreach program

Support groups available.

API Chaya PO Box 14047

Seattle WA 98114

206-467-9976 Office

www.facebook.com/APIChayaSeattle/

Seattle

Hotline 1-877-622-3122 Toll Free Broadview residents are domestic violence survivors and two thirds are children. Our mission is to help residents cope with the displacement and the abuse.

Crisis intervention

goal setting and weekly meetings

Legal advocacy

Addiction recovery services Advocacy based counseling

Support groups for adults & children.

**Broadview Emergency Shelter** 

C/o Solid Ground 1501 North 45th Street

Seattle WA 98103

206-299-2500 Office

www.solid-ground.org info@solid-ground.org

www.apichaya.org/

info@apichaya.org

Seattle

Hotline 206-461-4880 8-5pm only Hotline 206-753-7006 After hours We provide quality intervention, prevention and outreach services to Latina survivors of domestic violence and sexual assault.

Safety planning

Referrals to emergency shelter Transportation & food during crisis Legal advocacy in Spanish Help filing for Protection orders ect Counseling services for victims of

rape, sexual abuse and incest.

Consejo Counseling Services 3808 S. Angeline Street

Seattle WA 98118

206-461-4880 Office

www.consejonew.consejocounseling.org/

**Seattle** Hotline 206-744-1600

Advocacy through CPS and criminal

justice systems

Medical advocacy

Trauma focused therapy

Counseling is available to help individuals who are affected by

child abuse and neglect and exposure to domestic violence.

Harborview Medical Center

401 Broadway Suite 2075 Seattle WA 98104

206-744-1600 Office / Hotline

www.depts.washington.edu/hcsats/

Seattle

Women and Trauma Group Childhood trauma can lead to attachment disorders that predict Brooke Kennaugh Seattle WA 98109 www.brookekennaugh.com
Website under construction Sept 2018

206-673-5217 Office

future addictions. These addictions could be anything from alcohol and drug abuse, codependency, love addiction, sex addiction or other compulsive behaviors. Our focus will be on trauma resolution, facing and replacing behaviors that are no longer satisfying with ones that are personally live giving. Meets Wednesdays 10 - 11.30 am

www.therapists.psychologytoday.com/rms/n ame/Brooke\_Kennaugh\_MA,LMHC,CSAT Mount+Vernon Washington 112636

Seattle Hotline 206-522-9472 (24 hours)

Cost \$50+

We provide shelter, advocacy and support for battered women and

their children.

Emergency shelter

Children's services and advocacy Legal clinic and legal advocacy Transitional housing program Weekly support groups in Seattle and Shoreline area's.

**New Beginnings** PO Box 75125 Seattle

WA 98175

206-783-4520 Office

www.newbegin.org

Seattle Crisis Clinic hotline 886-427-4747

We support the safety of bisexual, Transgender, Lesbian and Gay

survivors of abuse.

Resources and referrals

Safety and support planning

Basic legal advocacy

Advocacy based counseling

Weekly all gender support groups.

PO Box 14373

Seattle

Seattle

WA 98118

206-568-7777 Office

206-721-0243 Office.

Northwest Network www.nwnetwork.org PO Box 18436 info@nwnetwork.org

Seattle Since 1985 we have offered

> comprehensive support services to refugees and immigrant victims to help them break away from an

abusive environment by offering support in 11 languages.

Domestic violence advocates Help with Protection orders

Access to emergency shelter Help with the legal system

Support groups for battered women

Refugee Women's Alliance

WA 98104

www.rewa.org

Seattle

Women's Sexual Abuse Recovery

Group.

Is childhood sexual abuse impacting your ability to enjoy life? This small confidential, supportive women's therapy group is designed to help members decrease isolation and to live more fully in the present. Meets Tuesdays 5.15 - 6.30 pm Cost \$35 - \$50

Ms Ellen Rugg Seattle

WA 98103

206-535-2123 Office

www.womenstherapygroupsseattle.com

### Seattle

Group Therapy for Survivors
Shepheards counseling offers a
safe place for adult survivors of
childhood sexual abuse to explore
buried feelings that may have been
unsafe to talk about as children.
All our groups emphasize trust
and authenticity and aim to help
survivors gain a sense of validation
and acceptance. For more details
call Brook Avidon on 206-323-7131
Or email at address on right of page

Shepherd's Counseling Service 2601 Broadway E. Seattle WA 98102 206-323-7131 Office www.shepherdstherapy.org brook@shepherdstherapy.org

## Seattle

Male Survivors Support Group
This group is for male survivors of
childhood sexual abuse. Groups
are 21 week closed therapy process
groups led by therapists with
experience in treating survivors.
Intitial FREE 30 minute interview
is required then a commitment to
weekly attendance for length of the
group. Meets weekly 6.30 - 8.30pm
costs \$35 per session please call
Brook Avidon on 206-323-7131 for
for details about this group

Shepherds Counseling Service 2601 Broadway East Seattle WA 98102 206-323-7131 Office www.shepherdstherapy.org brook@shepherdstherapy.org

### Seattle

SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their presonal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues. Working in small groups SNAP Gatherings begin on Friday at 7pm and end at noon on Sunday. Participants are asked to attend all the sessions of the weekend. There is a power in the group dynamics that is deminished with folks coming and going but exceptions can be made if necessary.

SNAP Gathering Seattle 312-399-4747 www.SNAPnetwork.org bblaine@snapnetwork.org

## Seattle

Circle of Healing from Verbal Abuse To live with an emotionally abusive person is to live with chronic stress. Not only does it wear on your self-esteem and productivity, but you may experience problems with anxiety and depression. Verbally abusive relationships are complex and recovery requires a supportive comprehensive straategy.

Meets Tuesdays 6.30 - 8.30 PM Cost \$50

Ms Noreen Wedman Seattle WA 98119 206-745-4814 Office

Seattle

12 Step Self Help Group

Survivors of Incest Anonymous

www.siawso.org

We are a spiritual self help group of individuals aged 18 and older, who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is that you are a victim of child sexual abuse and you want to recover. Please call for location and time Men only please Contact 206-903-9427

Seattle
Washington
206-903-9427
www.siawso.org/Sys/PublicProfile/2427441/7166

Seattle

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who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual
abuse and you want to recover.
Meets Sundays 10 am
Women only please
Contact Becaley 206-903-9427
Or email at the address on right of
this page

Survivors of Incest Anonymous <a href="www.siawso.org">www.siawso.org</a>
Seattle <a href="mailto:becaley@gmail.com">becaley@gmail.com</a>
Washington
206-903-9427 Becaley
<a href="www.siawso.org/Sys/PublicProfile/2427441/7166">www.siawso.org/Sys/PublicProfile/2427441/7166</a>

Seattle

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abuse and you want to recover.
Meets Sundays 1 pm
Men only please
Contact Becaley 206-903-9427
Or email at the address on right of
this page.

Survivors of Incest Anonymous Seattle Washington 206-903-9427 Becaley

www.siawso.org becaley@gmail.com

Seattle

For survivors / victims of domestic violence our program offers:
Emergency shelter referrals
Safety planning
Transitional housing
Community DV legal advocacy
Children's DV services & programs
Ongoing support group in South
King County and in Seattle. Call office for more details.

YWCA - Domestic Violence Program Seattle WA 98122 206-280-9961 Office www.ywcaworks.org

**Shelton** 

Hotline 360-490-5228 Supportive hotline Mason County Council on Abuse and Neglect Shelton WA 98584 360-426-6925 Office

Shelton

Hotline 360-432-1212 (24 hours)

**Turning Pointe** 

www.turningpointe.org

Or 877-923-1212 Toll Free We provide safety and support serices to domestic violence survivors and their families.

Emergency shelter
Pet facilities on site
Language interpretation
Legal advocacy for domestic and

sexual violence

Support groups available
All services are FREE of charge

210 Pacific Court PO Box 2014 Shelton WA 98584 360-426-1216 Office turningpointe@earthlink.net

### **Snohomish**

Wounded Heart Group
Wounded Heart is a group that
follows the wounded heart
curriculum to find healing and
freedom from the impacts of sexual
abuse. In this group women will
have the opportunity to find support,
connection, healing, growth, trust,
hope and strength as they journey
together. Call 206-397-0037 for
more details about this group
Cost \$40 - \$50

Preeti Shah Snohomish WA 98290 206-397-0037 Office www.preetishahcounseling.com

### **Spokane**

Hotline 509-326-2255 (24 hours)
Our program supports & advocates
for victims who are experiencing
abuse and violence in their relationships by providing:
Emergency safe shelter
Safety planning
Legal representation and advocacy
Legal hotline 509-477-3656
Transitional housing
Individual and group counseling
Weekly support groups
For more information on the groups

Alternatives to Violence -YWCA Spokane WA 99201

509-326-2255 Office / Hotline 509-789-9297 Counseling www.ywcaspokane.org

## **Spokane**

509-624-7273 Sexual assault 866-751-7119 Vicktim crisis 24 Hour crisis hotlines We are the only crisis response in the area so our advocates are available anytime for adults who have suffered from trauma, sexual, physical or emotional abuse. Support groups available, for more group details call 509-343-5093.

and counseling call 509-789-9297.

Sexual Assault & Family Trauma Response Center 210 W. Sprague Avenue

Spokane WA 99201 509-747-8224 Office

www.lcsnw.org/spokane/SAFeT.html

## Stevenson

Our Holly House women's and children's center has been serving victims/survivors of domestic violence since 1993 Emergency shelter Legal and medical advocacy

Community awareness & education

Counseling services.

Skamania County Council on Domestic & Sexual Violence Stevenson WA 98648 509-427-4210 Office rbryan@skamaniadvsa.org

www.facebook.com/Skamania-Co-Council-on-Domestic-Violence-and-Sexual-Assault-106719739383110/

Stevenson

Hotline 1-800-352-5541 crisis pager We provide Klickitat County with

domestic violence and sexual assault services including:

Safety planning
General advocacy

Counseling

All our services are FREE of charge

Washington George Programs

for Peaceful Living 683 Rock Creek Drive

Stevenson WA 98648

509-427-8229 Office

www.cwcmh.org

Igarcia@lvcss.org

www.wgap.ws

Sunnyside

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County

24 Hour crisis hotlines

We provide sexual assault services as well ass community education.

**Emergency shelter** 

Medical and legal advocacy

Crisis counseling

Comprehensive 1319 Saul Road

Sunnyside WA 98944

509-837-2089 Office

www.comphc.org/yakima-valley-mental-health-victim.php

Sunnyside

24 Hr Hotline 1-800-604-7462

Or Local Hotline 509-837-6689 The Lower Valley Crisis & Support

Services (LVCSS) has been serving the lower Yakima Valley since 1978, when it was formed by a froup of

citizen volunteers, who together sought a way to address the violence of sexual assault, domestic violence and child abuse. Over the past 30 years LVCSS has provided services to thousands of individuals and

families from throughout the Lower Yakima Valley. Our agency provides

a 24 hour crisis line,

Crisis intervention, legal / medical advocacy, emergency shelter, support groups, education, as well as support towards healing. Our services are FREE and confidential, and available by Spanish speaking staff.

Lower Valley Crisis and Support

Services

PO Box 93 / 600 North Avenue

Sunnyside WA 98944

509-837-6689 Office / Hotline

www.facebook.com/lowervalleycrisis/

Tacoma

Hotline 1-888-550-3915 Toll Free We are a Christian humanitarian organization dedicated to bringing healing hope and new life to victims

of domestic violence. Emergency shelter

Emergency transportation

Transport to important appointments

On site kennel

On site warehouse for possessions

Transitional housing.

Family Renewal Shelter

6832 Pacific Avenue

Tacoma WA 98408

253-475-9010 Office

www.facebook.com/Family-Renewal-Shelter-164455610276703/

Tacoma

Hotline 253-474-7273
Or 1-800-756-7273
24 Hour crisis hotlines
The sexual assault center of Pierce
County is a community-based

Rebuilding Hope, The Sexual Assault Center for Pierce Co. 101 E 26th Street

Suite 200 Tacoma www.sexualassaultcenter.com

tasha@hopesacpc.org

staff@dvhelp.org

agency that advocates for victimssurvivors, their family and friends. Medical and legal advocacy Referrals to attorneys Individual and family therapy Individual counseling for male and female survivors. We offer a sliding fee scale and no one is turned aways for financial reasons. Please call 2530474-7273 for more details. WA 98421 253-597-6424 Office

Tukwila

Hotline 425-656-7867 Or 877-465-7234 Toll Free We have grown over the past 30 years to provide community and shelter based services to more than 360,000 survivors of domestic violence. Offerring:

Safety planning & emergency shelter

Free legal clinics
Court accompaniment
Childrens programs

Weekly support groups in several

locations.

DAWN PO Box 88007 Tukwila WA 98138

425-656-4305 Office

www.dawnonline.org info@dawnonline.org

Vancouver

Hotline 360-695-0501
Or 800-695-0167 Toll Free
24 Hour crisis hotlines
We offer non-judgemental support
and informationfor victims and
survivors who have experienced
domestic violence and sexual
assault at any time.
Emergency shelter
Medical and legal advocacy
FREE support groups and weekly
drop-ins for survivors of domestic
abuse.

YWCA - Clark County 3609 Main Street Vancouver WA 98663 360-696-0167 Office Or 800-696-0167 Toll Free

www.ywcaclarkcounty.com info@ywcaclarkcounty.org

Walla Walla

24 Hour crisis hotline
Through it's individual counseling
8 different support groups, legal
and medical advocacy and shelter
services, the YWCA domestic
violence and sexual assault center
makes sure women and children
have access to what they need to
begin rebuilding their lives

Hotline 509-529-9922

Hotline 509-663-7446

YWCA - Walla Walla 213 S. First Avenue Walla Walla WA 99362 509-525-2570 Office

www.ywcaww.org

Wenatchee

Or 509-888-4357
24 Hour crisis hotlines
Emergency shelter
Counseling & professional therapy
Support groups for survivors of
domestic violence meets every
Wednesday 5.30 - 6.30 pm

SAGE 710 N. chelan Avenue Wenatchee WA 98801

509-663-7446 Office / Hotline

www.findsafety.org jessiej@nwi.net White Salmon

509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County

24 Hour crisis hotlines

We provide sexual assault services

as well ass community education.

**Emergency shelter** 

Medical and legal advocacy

Crisis counseling.

Comprehensive

432 NE. Tohomish Street

White Salmon WA 98672

509-493-3400 Office

www.comphc.org/yakima-valley-mental-health-victim.php

www.cwcmh.org

www.wgap.ws

White Salmon

Hotline 1-800-352-5541 crisis pager

We provideKlickitat County with domestic violence and sexual assault services including:

Safety planning General advocacy

Counseling

All our services are FREE of charge.

Washington George Programs

for Peaceful Living 32 Pioneer Place White Salmon

Washington George Programs

509-493-1533 Office

Yakima

Hotline 509-452-9675

We provide Yakima County with domestic violence and sexual assault victim services to include: Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness

activities and Emergency Shelter.

Aspen Victim Advocacy Services www.cwcmh.org

402 South 4th Ave

Yakima WA 98902

www.comphc.org/yakima-valley-mental-health-victim.php

Yakima

Hotline 509-248-7796 (24 hours) We provide resources and information for those affected by domestic violence. Call our hotline if you have any question or need

help.

YWCA of Yakima

Yakima WA 98902

509-248-7796 Office / Hotline

www.ywcayakima.org/